

It Takes Two To Talk[®]

The Hanen Program[®] for Parents

Do you have a child under 5 years old who has a language delay? This program might be the right answer for your family.

PROGRAM DETAILS

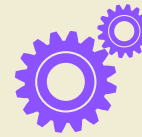
The *It Takes Two to Talk* Program is for parents of children up to 5 years old who have language delays. It focuses on teaching you to naturally incorporate language in everyday activities to help your child communicate.



Who Is Involved?

- Hanen-certified speech-language pathologist (SLP)
- Group sessions include the SLP and small groups of parent participants
- Individual sessions include the SLP, you, and your child

How Does It Work?



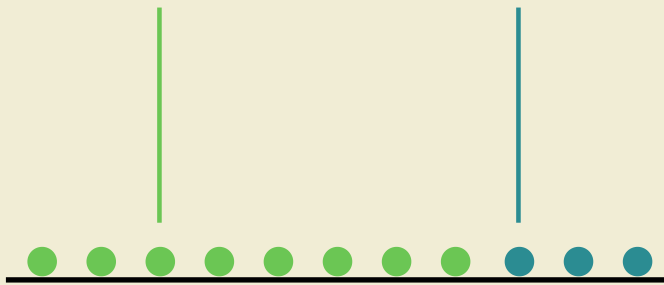
The program teaches you how to...

- Modify your routines to encourage communication
- Integrate language in your everyday interactions
- Follow your child's lead in communication

Program Time Commitment: 23 hours

8 Group Sessions
(1 weekly for 2.5 hours)

3 One-on-One Sessions
(1 weekly for 1 hour)



Parent Strategies

OWL: *Creating opportunities for your child to lead*



- O**bserve what your child is saying and doing
- W**ait for your child to communicate first
- L**isten, focus, and be present with your child

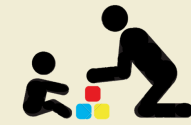
4 S's: *Highlight your language to help your child understand*



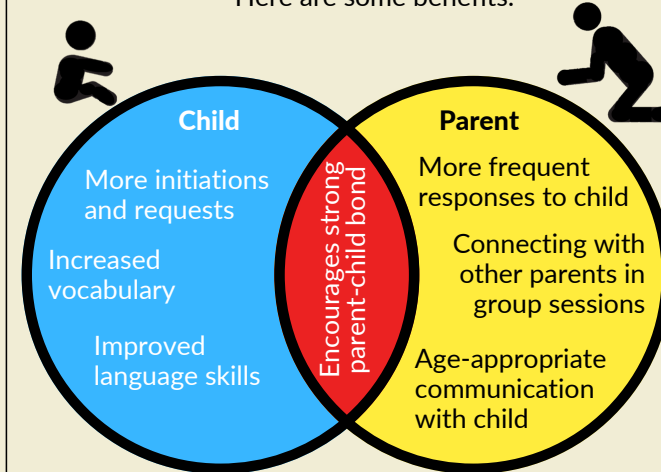
- S**ay Less: use short, simple sentences
- S**tress: make important words stand out
- S**low: slow down your speech
- S**how: use gestures, pictures, or actions

EVIDENCE

Outcomes and Benefits



Research has shown that this program can be as effective as speech therapy directly with an SLP. Here are some benefits:



Next Steps

If you think that the *It Takes Two to Talk* Program may be effective for your child and your family, click here to visit The Hanen Centre's website for more information and to find a program near you.

<http://www.hanen.org/Programs/For-Parents/It-Takes-Two-to-Talk.aspx>

Sources:

- Baxendale, J., & Hesketh, A. (2003). Comparison of the effectiveness of the Hanen Parent Programme and traditional clinic therapy. *International Journal of Language & Communication Disorders*, 38(4), 397-415.
- Fong, N. W. Y., Ho, S. K. Y., So, B. J. W., & Lian, W. B. (2012). Evaluation of the Hanen It Takes Two to Talk intervention programme. *Proceedings of Singapore Healthcare*, 21 (4), 251-256.
- It Takes Two to Talk[®] - The Hanen Program[®] for parents of children with language delays . (n.d.). Retrieved from <http://www.hanen.org/Programs/For-Parents/It-Takes-Two-to-Talk.aspx>
- Pennington, L. (2009). Effects of It Takes Two to Talk - The Hanen Program for parents of preschool children with cerebral palsy: Findings from an exploratory study. *Journal of Speech, Language, and Hearing Research*, 52 (5), 1121-1138.
- Pennington, L., & Thomson, K. (2007). It Takes Two to Talk - The Hanen Program[®] and families of children with motor disorders: A UK perspective. *Child: Care, Health and Development*, 33(6), 691-702.



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