

Nutrition and Dietetics Club

Meeting Minutes

Date: 9/09/19

Start time: 7:00 pm

Location: Willard 110

Executive Board Present: Liana Williams, Nicole Boylan, WenXin (Jennifer) Tang, AnnaMarie Couce, Julia Horowitz, Zoe Plataras, Becca Magno, Abigail Malle, Mitchell Remondi, Ashleigh Ling, and Vanessa Keir

Executive Board Absent: Samantha Shapiro

1. Announcements

- **Coffee and Correlations** will be held on 9/25 at 3:30 pm. It will meet in CSB 018 (basement of lil bob)
- We are collecting **membership dues** at the next upcoming meetings. It is \$10 for the year or \$5 + a canned good. Contact our Treasurer, Julia Horowitz (juliahor@udel.edu), with any questions.
- **Food Bank Volunteer Trips** introduction see this Good Doc: <https://drive.google.com/file/d/1hu5jfHtiB98ePVbbvqY8wtnY0NjMGrS2/view?usp=sharing>
- **Food Bank Volunteer Trips** sign up see this Google Doc: <https://docs.google.com/document/d/1rhi9EVXYwcz1q9Tefr-utTjY88RXcC3PYEaRRphPjec/edit?usp=sharing>
- You need 10 points by the end of the year to obtain a certificate for the club.
- **FNCE** is this October. It is a great way to network and get nutrition experience. Check out this link to register for the event.
 - i. <https://eatrightfnce.org/attend/registration/>
- Go onto our facebook page and join our group!
- We have **new events and opportunities** that will be coming up in the next few weeks.
 - i. Apple picking day at Milburn Orchards poll.
 - ii. Swipe out Hunger Campaign
 - iii. Newark Community Day- this Sunday
 - iv. Hunger and Homelessness Week- November

- Health Professionals Council information
 - i. Attached in email

2. Club activity (speaker, panel, etc.)

Irene Soucy, MS, RD, CSG, LDN

Irene Soucy spoke at our first club meeting. Ms. Soucy is a Licensed, Registered Dietitian, with over 25 years of experience in clinical, community and home care dietetics. She holds both a Master's and a Bachelor's Degree in Nutrition from Penn State University and completed her Dietetic Internship with York Hospital, in York, PA. She is the CEO of Dietary Directions, Inc. and an adjunct instructor at the University of Delaware. Ms. Soucy is the current President of the Delaware Academy of Nutrition and Dietetics and was awarded 'Outstanding Dietitian of the Year, 2015' by the Delaware affiliate.

Here is her email to contact her with any questions.

<mailto:isoucy@udel.edu>