Interviewing People with Arm Movement Impairments About Their Challenges and Solutions Related to Dressing

The Move to Learn team at the University of Delaware (UD) has a new study aimed to help researchers understand people’s dressing needs when they have difficulty using both of their arms and hands.

Why are we doing this study?

Dressing is an important task we all do multiple times each day. We know that this task can be very hard to complete independently for people who have difficulty moving their hands or arms. We want to create resource lists that share solutions people have found to dressing challenges. We also want to learn more about how researchers can create new solutions, such as new types of laces or zippers, to help people dress on their own.

Who can participate and what is involved?

People 18 years or older can participate if they: 1) have trouble using both arms and hands and need help or a lot of time to open and/or close fasteners like buttons, zippers, snaps, or laces when dressing, 2) can communicate in English, 3) have good thinking and speaking skills, 4) and are available to come to STAR Campus at UD for one, approximately 2-hour visit. Participants in this study will be asked questions about their challenges with dressing and solutions they have found. They will also have their arm and hand strength, flexibility, and function tested.

How can I get more information about the project?

If you would like more information about the project, please contact Jennifer Marmon, jmarmon@udel.edu, or 302-831-4615. If you have any questions about the rights of research participants, please contact UD at (302) 831-2137.