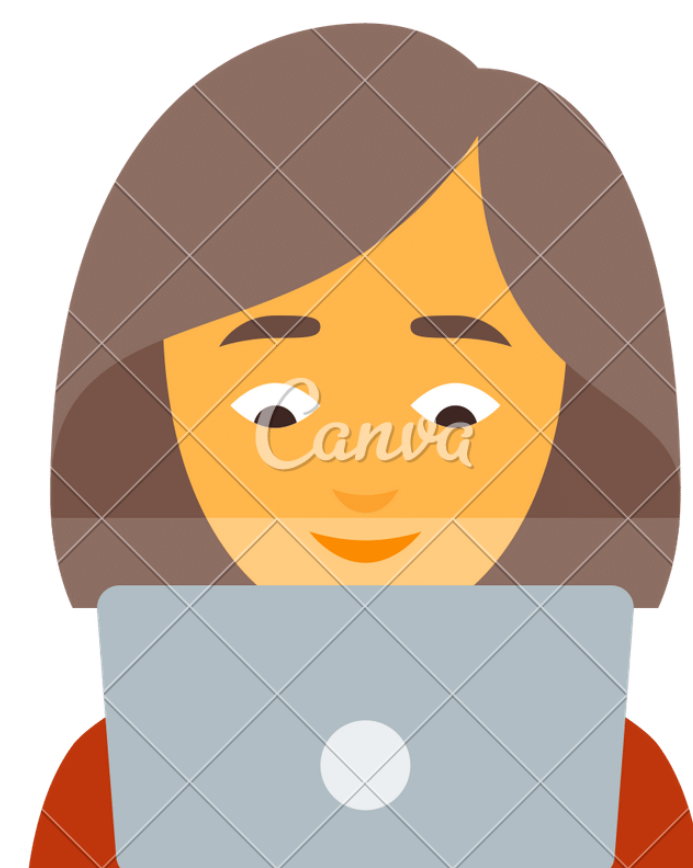


# NUTRITION MESSAGING RESEARCH: PARTICIPANTS NEEDED!

We are conducting a research study on nutrition messaging, heart rate, and mood in college women with the goal of better understanding how young women are impacted by nutrition messaging.

## ARE YOU ELIGIBLE? PARTICIPANTS SHOULD:

- be between 18 - 29 years old
- be an undergraduate or graduate student
- self-identify as female



## PARTICIPATION INCLUDES:

- Wearing a heart rate monitor while watching a 10 minute nutrition video and taking a 5 minute online survey assessing your mood before and after the video

You can earn a \$15 gift card or Chapter Accreditation Points (CAP)

Scan the QR code or visit the link  
below to begin the survey:  
[tinyurl.com/UDNutritionMoodStudy](https://tinyurl.com/UDNutritionMoodStudy)

Questions? Email us at [DEDEResearch@udel.edu](mailto:DEDEResearch@udel.edu)

