

Insurance Questions:

We accept most insurance plans and are participating providers with:

- Blue Cross Blue Shield
- Highmark
- Aetna
- CIGNA
- Medicare

As a courtesy to you, our staff will verify your insurance benefits prior to your first visit. For further information about insurance and our billing procedures call UDPT clinic at **(302) 831-8893**.



**University of Delaware
Physical Therapy is Ranked
#1 in the Nation by US
News and World Report!**

**We staff Board Certified
Specialists in the areas
of Orthopedics, Sports,
Geriatric, and Neurologic
physical therapy.**



**Delaware
Physical Therapy Clinic**

540 S. College Ave., Suite 160
Newark, DE 19713
Phone: (302) 831-8893
Fax: (302) 831-4468
www.udptclinic.com



**Delaware
Physical Therapy Clinic**

Open to the public

**Specializing in Sports,
Orthopedics, Neurological,
and Older Adults**



Our Mission

University of Delaware Physical Therapy was ranked #2 in the U.S. for physical therapy schools by US News and World Report. Our mission is to provide superior educational exposure for graduate students and patient care.

Provide the highest quality Physical Therapy for orthopedic and sports injuries, older adults and persons with neurologic conditions.

- Our physical therapy services are provided by leading experts in the field.
- Our patients achieve successful return to function.
- Our friendly physical therapy staff considers the whole person in their evaluation and care.



What types of cases do we commonly treat?

Neurologic Diagnosis:

- Stroke
- Traumatic Brain Injury
- Parkinson's Disease
- Spinal Cord Injury
- Peripheral Neuropathy
- Dizziness and Vertigo
- Concussion

Older Adult Diagnosis:

- Balance and Falls
- Difficulty Walking
- Osteoporosis
- Osteoarthritis
- Rheumatoid Arthritis
- Weakness
- Posture Problems
- Back and Neck Pain
- Fractures
- Post-Surgical cases
- Total Joint Replacement (knee, hip, shoulder)

Sports & Orthopedics Diagnosis:

- ACL Pre and Post Surgical
- Return to Sport after Injury
- Back & Neck Pain
- Shoulder Pain
- Patellofemoral Pain
- Hip Pain
- Ergonomic and Work Injuries
- Foot & Ankle Pain

Be treated by experts in the field of physical therapy!

All clinicians are board-certified specialists in orthopedics, sports, neurologic, and/or geriatric physical therapy.

Our Goals for the Patient:

- Provide you with education on your condition and develop a plan to address your goals.
- Customize exercises to address your specific needs.
- Return you to work, sports, hobbies, and daily activities.



Call today to schedule an appointment. We are on campus and open to the public!

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