

**BACHELOR OF SCIENCE
MAJOR: ATHLETIC TRAINING**

Fall 2017

UNIVERSITY REQUIREMENTS

ENGL110 Critical Reading/Writing (3) _____
(minimum grade of C-)
First Year Experience (FYE) _____
• *Satisfied by KAAP155 in Major Requirements*
Discovery Learning Experience (DLE) _____
• *Satisfied via the AT practicum sequence*
Multi-cultural course (may count toward a breadth Requirement below) _____

University Breadth Requirements (minimum grade of C- required) (12)

A college education requires some breadth of knowledge across diverse fields and perspectives. With this in mind, all students are required to complete a minimum of 12 credits from the list of University breadth courses. This includes 3 credits from each of the following categories. Students must earn a minimum grade of C- in each course to meet this requirement:

- Creative Arts and Humanities 3
- History and Cultural Change 3
- Social and Behavioral Sciences 3
- Mathematics, Natural Sciences & Technology 3

Note that students must take breadth courses from four different subject areas (e.g. the four-letter subject code ACCT, HIST, etc.). Students may not use a course that is cross-listed with a subject area that has already been used to satisfy a university breadth requirement. Students enrolled in a single major may not satisfy the breadth requirement with courses in the subject area of that major (e.g. athletic training majors may not use KAAP courses). Students who are enrolled in more than one major or degree are allowed to meet the University breadth requirement by taking approved breadth courses from within the subject areas of their majors. The requirement may be fulfilled through a course or courses taken to complete other degree requirements, subject to the limitations above.

*** The University of Delaware requires an assessment of your mathematical knowledge prior to enrolling in a math course. ---
http://www.math.udel.edu/placement/pt_ALEKS.html

**MAJOR REQUIREMENTS (113 credits)
(C- or better required)**

BISC 207	Introductory Biology	4
CHEM 103	General Chemistry	4
HLTH 241	Ethical Aspects of Health Care	3
MATH 114	College Math & Stats (or higher MATH course)	3
MEDT 200	The Language of Medicine	3
NTDT 200	Nutrition Concepts	3
PSYC 100	General Psychology	3
STAT 200	Basic Statistical Practice	3
KAAP 155	Lifestyle Awareness – Athletic Trainers	3
KAAP 210	Emergency Management of Injuries and Illnesses	3
KAAP 220	Fundamentals of Anatomy and Physiology I	3
KAAP 221	Fundamentals of Anatomy and Physiology II	3
KAAP 240	Introduction to Athletic Training	3
KAAP 257	Athletic Training Practicum I	3
KAAP 258	Advanced Taping and Bracing Techniques	1
KAAP 320	Principles of Strength/Conditioning	4
KAAP 350	Basic Concepts in Kinesiology	3
KAAP 357	Athletic Training Practicum II	3
KAAP 358	Athletic Training Practicum III	3
KAAP 395	Sports Medicine Pharmacology	3
KAAP 400	Research Methods	3
KAAP 405	Rehabilitation of Athletic Injuries I	3
KAAP 406	Rehabilitation of Athletic Injuries II	3
KAAP 407	Prevention/Recognition/Athletic Injuries	3
KAAP 409	Therapeutic Modalities	4
KAAP 420	Functional Human Anatomy	5
KAAP 425	Biomechanics of Human Motion	4
KAAP 430	Exercise Physiology	4
KAAP 448	Organization & Administration/Athletic Training	3
KAAP 449	Advanced Topics in Sports Medicine	3
KAAP 457	Athletic Training Practicum IV	3
KAAP 458	Athletic Training Practicum V	3
KAAP 459	Athletic Training Practicum VI	3
KAAP 480	Upper Extremity and Spine Evaluation	3
KAAP 481	Lower Extremity and Spine Evaluation	3
KAAP 488	Upper Extremity and Spine Evaluation Laboratory	1
KAAP 489	Lower Extremity and Spine Evaluation Laboratory	1

ELECTIVES

After required courses are completed, sufficient elective credits must be taken to meet the minimum credit requirement for the degree.

MINIMUM CREDITS TO GRADUATE: 120

** For those AT students wishing to pursue graduate education in physical therapy, physician assistant, or other allied health professions, it is highly recommended that CHEM104, BISC208, PHYS201 and 202, and PSYC325 or 334 be taken at some point during their tenure as a student! Please check with your academic advisor for further assistance.

PROGRAM OF STUDY**Freshman Year**

Fall Semester		Spring Semester	
NTDT200 or PSYC100 (satisfies S&BS breadth)	3	ENGL110	3
KAAP155	3	CHEM103	4
KAAP220	3	NTDT200 or PSYC100 (satisfies S&BS breadth)	3
MATH COURSE (satisfies NS & T breadth)	3	KAAP210	3
MEDT200	<u>3</u>	KAAP240 (Spring Only)	<u>3</u>
Total	15	Total	16

Sophomore Year

KAAP257 (Fall Only)	3	BISC207	4
KAAP258 (Fall Only)	1	KAAP320	4
KAAP409 (Fall Only)	4	KAAP357 (Spring Only)	3
KAAP480 (Fall Only)	3	KAAP481 (Spring Only)	3
KAAP488 (Fall Only)	1	KAAP489 (Spring Only)	<u>1</u>
STAT200	<u>3</u>	Total	15
Total	15		

Junior Year

KAAP350	3	KAAP395 (Spring Only)	3
KAAP358 (Fall Only)	3	KAAP406 (Spring Only)	3
KAAP405 (Fall Only)	3	KAAP407 (Spring Only)	3
KAAP221	3	KAAP425 (Spring Only)	4
Breadth- History & Cultural Change *	<u>3</u>	KAAP457 (Spring Only)	<u>3</u>
Total	15	Total	16

Senior Year

KAAP420 (Fall Only)	5	KAAP400	3
KAAP448 (Fall Only)	3	KAAP430	4
KAAP449 (Fall Only)	3	KAAP459 (Spring Only)	3
KAAP458 (Fall Only)	<u>3</u>	HLTH241 (satisfies CA&H breadth)	<u>3</u>
Total	14	Total	13

*students are encouraged to take a class that will also satisfy the University multi-cultural course requirement