



## NCC LINKS Present: Adult Appetizer and Snack Contest

### COMPETITION RULES

- Contest is open to Parents, Grandparents, 4-H Volunteers, Links, Alumni and Cooperative Extension Staff
- Bring a canned good for the Delaware Food Bank as your entry fee.
- Participants must do all preparation and the table setting portion of the contest on their own
- Dishes must be ready to serve upon arrival; heating and cooling cannot be done at the competition
- Recipe must be appetizer or snack.
- Junior participants will serve as judges of the competition; scores are rated 1-5; 1 being the lowest and 5 being the highest scores
- Scores will be tallied at the end of the competition. The three highest scores will be named the winner and receive a small prize.

NCC LINKS  
INVITES PARENTS  
AND GUARDIANS  
TO COME  
JOIN THE  
FUN

*Junior Participants  
will get a chance to  
Judge the Adults!!*



HELD IN CONJUNCTION  
WITH THE ANNUAL  
FAVORITE FOODS  
COMPETITION

# ADULT APPETIZER CONTEST

## **SELECTING THE RECIPE**

Select a recipe that involves an unusual ingredient, imaginative garnish or method of preparation instead of a basic recipe.

## **RECIPE WRITING**

List all ingredients in order of use and then write out the instructions in order of preparation. You may want to number the directions to clarify when to do a step. Include cooking temperature and number of servings.

## **PLACE SETTING**

The size 18" x 3' is approximate and tables may vary. You will set the place setting for one person. It will include only the food prepared for the contest. You are encouraged to add a centerpiece following a theme of your place setting, the food or whatever you choose. Refer to the information on table service on the next pages for further help.

*Remember, neatness counts!*

# ADULT APPETIZER CONTEST TABLE SERVICE

There always seems to be questions regarding table settings at the Favorite Foods Contest. Remember, **your place setting should be just for the course in which your entry falls.**

## APPETIZER CATEGORY

- To serve an appetizer, you need a plate and the appropriate fork or spoon.

## GLASSWARE

- There is nothing wrong with using just one glass...after all, isn't that what you usually use?
- If you have individual glasses for water and milk, they should be arranged as used.
- Place the water glass at the tip of the knife.
- If milk, iced tea, or other drinks are served, place them to the right of the water glass and a little nearer to the edge of the table.
- If coffee or tea is served with the main course, it is found to the right of the teaspoon with the handle parallel to the table edge. A water goblet may be at the same setting directly above the knife.

# ADULT APPETIZER CONTEST TABLE SERVICE

Since you will have a space of approximately 18" deep x 3' your table covering can be anything, You can use any material you'd like to simulate a table cloth, a place mat, a runner or nothing at all.

## NAPKINS

- Traditionally napkins are found with the fold to the extreme left and placed at the left of the fork.
- It is also correct to fold a napkin into a triangle and have the point to the left.
- It is correct to place the napkin folded in a unique manner and placed above the plate on the table or even in an water glass.

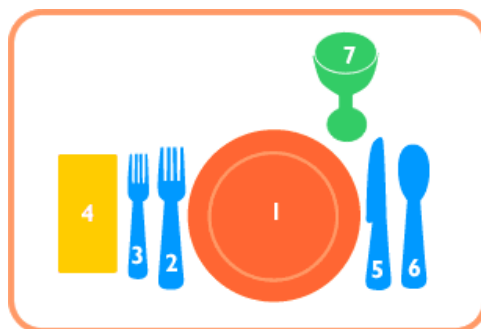
## CENTERPIECES

Please do not go out and spend a fortune on fresh flower for a centerpiece. There are so many other, more interesting items which can be used. Your imagination should really go to work.

- One year a contestant used cut up vegetables which she made to look like flowers in a miniature water can.
- How about a milk carton candle?
- Maybe you have an interesting sea shell collection to use or a small piece of driftwood.
- Fruits, nuts, vegetables, dried flowers and leaves, a straw basket or interesting figurines all make fine centerpieces.
- One thing you should remember, never have anything in the center of the table which you cannot see over. You will certainly want to see the person opposite you!

## REMEMBER

- Avoid clutter in your place setting...every item should have a use.
- Be prepared to answer any questions the junior judges might ask you about your menu, place setting, food or recipe during the judging, you want them to give you a "5"
- Do not go out and buy new dishes or table linens; use what is available at home or share within your club.
- Use originality and your imagination for the contest...your score will be higher.



**Adult APPETIZER Competition**  
**Saturday, January 25, 2020**  
**Registration Deadline: Jan. 10, 2020**  
**Participation Fee: Bring a canned good**

LOCATION: George V. Kirk Middle School, 140 Brennen Drive Newark, DE

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NCC 4-H Office 461  
Wyoming Rd.  
Newark, DE 19716  
FAX-302-831-8934  
serenac@udel.edu

Bring your canned good the day of the contest.

Name:

Club if Applicable:

Phone Number:

E-mail:

I am a: 4-H Volunteer    [Link](#)    Alumni    Extension Employee    Parent    Grandparent

Recipe Title:

**RETURN THIS WITH YOUR ENTRY FORM!!!!**

**RECIPE**

Recipe Title:

- Be sure the amounts of ingredients are accurate!
- List ingredients first in order of use... then directions!
- Don't forget to include temperature and number of servings!
- **NEATNESS COUNTS!**