# PHYSICAL THERAPIST STUDENT EVALUATION:

# CLINICAL EXPERIENCE AND CLINICAL INSTRUCTION

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**PREAMBLE** 

The purpose of developing this tool was in response to academic and clinical educators' requests to provide a voluntary, consistent and uniform approach for students to evaluate clinical education as well as the overall clinical experience. Questions included in this draft tool were derived from the many existing tools already in use by physical therapy programs for students to evaluate the quality of the clinical learning experience and clinical instructors (CIs), as well as academic preparation for the specific learning experience. The development of this tool was based on key assumptions for the purpose, need for, and intent of this tool. These key assumptions are described in detail below. This tool consists of two sections that can be used together or separately: Section 1-Physical therapist student assessment of the clinical experience and Section 2-Physical therapist student assessment of clinical instruction. Central to the development of this tool was an assumption that students should actively engage in their learning experiences by providing candid feedback, both formative and summative, about the learning experience and with summative feedback offered at both midterm and final evaluations. One of the benefits of completing Section 2 at midterm is to provide the CI and the student with an opportunity to modify the learning experience by making midcourse corrections.

# **Key Assumptions**

- The tool is intended to provide the student's assessment of the quality of the clinical learning experience and the quality of clinical instruction for the specific learning experience.
- The tool allows students to objectively comment on the quality and richness of the learning experience and to provide information that would be helpful to other students, adequacy of their preparation for the specific learning experience, and effectiveness of the clinical educator(s).
- The tool is formatted in Section 2 to allow student feedback to be provided to the CI(s) at both midterm and final evaluations. This will encourage students to share their learning needs and expectations during the clinical experience, thereby allowing for program modification on the part of the CI and the student.
- Sections 1 and 2 are to be returned to the academic program for review at the conclusion of the clinical experience. Section 1 may be made available to future students to acquaint them with the learning experiences at the clinical facility. Section 2 will remain confidential and the academic program will not share this information with other students.
- The tools meet the needs of the physical therapist (PT) and physical therapist assistant (PTA)
  academic and clinical communities and where appropriate, distinctions are made in the tools to
  reflect differences in PT scope of practice and PTA scope of work.
- The student evaluation tool should not serve as the sole entity for making judgments about the quality of the clinical learning experience. This tool should be considered as part of a systematic collection of data that might include reflective student journals, self-assessments provided by clinical education sites, Center Coordinators of Clinical Education (CCCEs), and Cls based on the Guidelines for Clinical Education, ongoing communications and site visits, student performance evaluations, student planning worksheets, Clinical Site Information Form (CSIF), program outcomes, and other sources of information.

# Acknowledgement

We would like to acknowledge the collaborative effort between the Clinical Education Special Interest Group (SIG) of the Education Section and APTA's Education Department in completing this project. We are especially indebted to those individuals from the Clinical Education SIG who willingly volunteered their time to develop and refine these tools. Comments and feedback provided by academic and clinical faculty, clinical educators, and students on several draft versions of this document were instrumental in developing, shaping, and refining the tools. Our gratitude goes out to all of those individuals and groups who willingly gave their time and expertise to work toward a common voluntary PT and PTA Student Evaluation Tool of the Clinical Experience and Clinical Instruction.

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#### **GENERAL INFORMATION AND SIGNATURES**

# General Information Student Name Academic Institution: UMASS LOWELL Name of Clinical Education Site: Spine & Sport Address: 3760 Convoy St #100, San Diego (Kearny Mesa), CA 92111 Clinical Experience Number: I Clinical Experience Dates: 5/16 - 6/3/16 **Signatures** I have reviewed information contained in this physical therapist student evaluation of the clinical education experience and of clinical instruction. I recognize that the information below is being collected to facilitate accreditation requirements for clinical instructor qualifications for students supervised in this academic program. I understand that my personal information will not be available to students in our program files. 7/26/16 Primary Clinical Instructor Name (Provide signature) Date Entry-level PT degree earned X Student Name (Provide signature) 7/26/16 Date Highest degree earned DPT Degree area PT Years experience as a Cl 9 Years experience as a clinician 10 Areas of expertise ortho Clinical Certification, specify area sports P.T. certified athletic trainer ATC

⊠Yes □No

State □Yes ⊠No

Professional organization memberships □APTA ⊠Other NATA

APTA Credentialed CI
Other CI Credential

# **SECTION 1: PT STUDENT ASSESSMENT OF THE CLINICAL EXPERIENCE**

Information found in Section 1 may be available to program faculty and students to familiarize them with the learning experiences at this clinical facility.

1.	Name of Clinical Education Site: Spine & Sport
	Address: 3760 Convoy St #100, San Diego, CA 92111
2.	Clinical Experience Number: I
3.	Specify the number of weeks for each applicable clinical experience/rotation.
	Acute Care/Inpatient Hospital Facility Ambulatory Care/Outpatient ECF/Nursing Home/SNF Federal/State/County Health Industrial/Occupational Health Facility  Acute Care/Inpatient Hospital Facility Rehabilitation/Sub-acute Rehabilitation School/Preschool Program Wellness/Prevention/Fitness Program Other aquatic therapy
Orienta	<u>tion</u>
4.	Did you receive information from the clinical facility prior to your arrival? ✓ Yes □ No
5.	Did the on-site orientation provide you with an awareness of the information and resources that you would need for the experience? ✓ Yes □ No
6.	What else could have been provided during the orientation? Template in order to prepare for documentation.
Patient/	/Client Management and the Practice Environment  For questions 7, 8, and 9, use the following 4-point rating scale:

7. During this clinical experience, describe the frequency of time spent in each of the following areas. Rate all items in the shaded columns using the above 4-point scale.

1= Never 2 = Rarely

<b>Diversity Of Case Mix</b>	Rating	Patient Lifespan	Rating	Continuum Of Care	Rating
Musculoskeletal	4	0-12 years	2	Critical care, ICU, Acute	1
Neuromuscular	4	13-21 years	3	SNF/ECF/Sub-acute	1
Cardiopulmonary	4	22-65 years	4	Rehabilitation	4
Integumentary	3	over 65 years	4	Ambulatory/Outpatient	4
Other (GI, GU, Renal,	2			Home Health/Hospice	1
Metabolic, Endocrine)				Wellness/Fitness/Industry	4

3 = Occasionally

4 = Often

8. During this clinical experience, describe the frequency of time spent in providing the following components of care from the patient/client management model of the *Guide to Physical Therapist Practice*. Rate all items in the shaded columns using the above 4-point scale.

Components Of Care Rating Components Of Care Rating
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Examination		Diagnosis	4
Screening	4	Prognosis	4
History taking	4	Plan of Care	4
Systems review	4	Interventions	4
Tests and measures	4	Outcomes Assessment	4
Evaluation		4	

9. During this experience, how frequently did staff (ie, CI, CCCE, and clinicians) maintain an environment conducive to professional practice and growth? Rate all items in the shaded columns using the 4-point scale on page 4.

Environment	Rating
Providing a helpful and supportive attitude for your role as a PT student.	4
Providing effective role models for problem solving, communication and teamwork.	4
Demonstrating high morale and harmonious working relationships.	4
Adhering to ethical codes and legal statutes and standards (eg, Medicare, HIPAA, informed consent, APTA Code of Ethics, etc).	4
Being sensitive to individual differences (ie, race, age, ethnicity, etc).	4
Using evidence to support clinical practice.	4
Being involved in professional development (eg, degree and non-degree continuing education, in-services, journal clubs, etc).	4
Being involved in district, state, regional, and/or national professional activities.	4

10. What suggestions, relative to the items in question #9, could you offer to improve the environment for professional practice and growth? N/A

# <u>C</u>

✓ 1 CI to greater than 1 student

Clinical	<u>Experience</u>
11.	Were there other students at this clinical facility during your clinical experience? (Check all that apply):
	<ul> <li>✓ Physical therapist students (Emmanuel Pera, SPT)</li> <li>✓ Physical therapist assistant students (Michelle, SPTA)</li> <li>☐ from other disciplines or service departments</li> <li>✓ Other: new hires training w/CI (Ashley, ATC)</li> </ul>
12.	Identify the ratio of students to CIs for your clinical experience:
	<ul> <li>□ 1 student to 1 CI</li> <li>□ 1 student to greater than 1 CI</li> </ul>

	a great job balancing students, having us practice on each other, ask and answer questions, setup				
	equipment and practice with it, there was even practice and interaction with new hires.				
14.	In addition to patient/client management, what other learning experiences did you participate in during this clinical experience? (Check all that apply)				
	☐ Attended in-services/educational programs				
	☐ Presented an in-service				
	✓ Attended special clinics - <u>aquatic therapy sessions</u>				
	✓ Attended team meetings/conferences/grand rounds (x1 meeting 6/03/16)				
	✓ Directed and supervised physical therapist assistants and other support personnel				
	□ Observed surgery				
	✓ Participated in administrative and business practice management (billing)				
	☐ Participated in collaborative treatment with other disciplines to provide patient/client care (please specify disciplines)				
	☐ Participated in opportunities to provide consultation				
	☐ Participated in service learning				
	☐ Participated in wellness/health promotion/screening programs				
	☐ Performed systematic data collection as part of an investigative study				
	□ Other; Please specify				
15.	Please provide any logistical suggestions for this location that may be helpful to students in the future. Include costs, names of resources, housing, food, parking, etc. Future students should bring a car because the transit is terrible in San Diego any public transportation takes an hour and half to do a 15 minute commute. Blvd 63 apartments has a lot of amenities however can be loud and not the best neighborhood to take a walk. Be sure to budget in extra money due to high rent				
	and food prices compared to MA.				
<u>Overa</u>	Il Summary Appraisal				
16.	Overall, how would you assess this clinical experience? (Check only one)				
	✓ Excellent clinical learning experience; would not hesitate to recommend this clinical education site to another student.				
	☐ Time well spent; would recommend this clinical education site to another student.				
	☐ Some good learning experiences; student program needs further development.				
	☐ Student clinical education program is not adequately developed at this time.				
17.	What specific qualities or skills do you believe a physical therapist student should have to function				
	successfully at this clinical education site? <u>Understanding McKenzie practices, initiative for independent research regarding POC and each pretocols, good attitude.</u>				
	independent research regarding POC and case protocols, good attitude.				
18.	If, during this clinical education experience, you were exposed to content not included in your				
	previous physical therapist academic preparation, describe those subject areas not addressed. McKenzie practices, spine related MS III, severe MS patient.				
19.	What suggestions would you offer to future physical therapist students to improve this clinical				
	education experience? Ask when the next McKenzie training was and see if the clinical dates can				

How did the clinical supervision ratio in Question #12 influence your learning experience? <u>Jen did</u>

13.

- fall in line with that day because it is a whole day taught by a professional who has been doing these techniques for 10+ yrs.
- 20. What do you believe were the strengths of your physical therapist academic preparation and/or coursework for *this clinical experience*? Exams given during academic classes made students use information learned in class by applying it to the question and not just memorizing facts. I found this to be helpful in solving questions regarding patients injuries/issues during evaluations to determine diagnosis and prognosis.
- 21. What curricular suggestions do you have that would have prepared you better for this clinical experience? McKenzie chapter, Treatment for spine and related nerve issues, Fusion protocols L/S & C/S, Waddell's, DASH, MedX L/S & C/S manual or guide, supraspinatus tendonitis.

## SECTION 2: PT STUDENT ASSESSMENT OF CLINICAL INSTRUCTION

Information found in this section is to be shared between the student and the clinical instructor(s) at midterm and final evaluations. Additional copies of Section 2 should be made when there are multiple CIs supervising the student. Information contained in Section 2 is confidential and will not be shared by the academic program with other students.

# **Assessment of Clinical Instruction**

22. Using the scale (1 - 5) below, rate how clinical instruction was provided during this clinical experience at both midterm and final evaluations (shaded columns).

	2=	3=	4=	5=
1=Strongly Disagree	<sup>–</sup> Disagree	Neutral	. Agree	Strongly Agree

Provision of Clinical Instruction	Midterm	Final
The clinical instructor (CI) was familiar with the academic program's objectives and expectations for this experience.	4	N/A
The clinical education site had written objectives for this learning experience.	4	N/A
The clinical education site's objectives for this learning experience were clearly communicated.	4	N/A
There was an opportunity for student input into the objectives for this learning experience.	5	N/A
The CI provided constructive feedback on student performance.	5	N/A
The CI provided timely feedback on student performance.	5	N/A
The CI demonstrated skill in active listening.	5	N/A
The CI provided clear and concise communication.	5	N/A
The CI communicated in an open and non-threatening manner.	5	N/A
The CI taught in an interactive manner that encouraged problem solving.	5	N/A
There was a clear understanding to whom you were directly responsible and accountable.	5	N/A
The supervising CI was accessible when needed.	5	N/A
The CI clearly explained your student responsibilities.	5	N/A
The CI provided responsibilities that were within your scope of knowledge and skills.	5	N/A

The CI facilitated patient-therapist and therapist-student relationships.	5	N/A
Time was available with the CI to discuss patient/client management.	5	N/A
The CI served as a positive role model in physical therapy practice.	5	N/A
The CI skillfully used the clinical environment for planned and unplanned learning experiences.	5	N/A
The CI integrated knowledge of various learning styles into student clinical teaching.	4	N/A
The CI made the formal evaluation process constructive.	5	N/A
The CI encouraged the student to self-assess.	5	N/A

23.	3. Was your Cl'(s) evaluation of your level of performance in agreement with your self-assessn		
	Midterm Evaluation ✓ Yes □ No Final Evaluation - N/A □ Yes □ No		
24.	If there were inconsistencies, how were they discussed and managed?		
	Midterm Evaluation Any questions or inconsistencies were always discussed in person in that moment and resolved.		
	Final Evaluation N/A		
25.	What did your CI(s) do well to contribute to your learning?		

Midterm Comments My CI had appropriate plans for students to learn in an appropriate timeframe with the ability to begin evaluations after two weeks of shadowing and assisting through evaluations she would lead. Questions were always welcome to the patient and to the CI during a break in the eval and after the eval.

Final Comments N/A - Even though there was no final review for this clinic, My former CI Jen, continued meeting with me every Saturday (June - July) to answer questions, get together and practice techniques. We also discussed complicated cases and resolved issues I was having trouble with. Without her being available even after I was transferred to Santee (June 6), this clinical I experience would have been a very different situation. Unfortunately, the Santee clinic was in disarray with multiple staff changes when I arrived. There was no structure in the schedule for meetings or time at all to get together with my CI and very little communication during the day. Morale was low and if I had been going to work a job, I think it would have been a different story but I was going to learn at Santee and this clinic did not offer teaching moments often. Jen enabled me to build confidence with my own researching, evaluations and POC for patients because I was able to review things with her consistently and understand the correct thought process of a PT.

26. What, if anything, could your CI(s) and/or other staff have done differently to contribute to your learning?

Midterm Comments Nothing.

Final Comments N/A - I would suggest registering Jen's new clinic as another student option for a San Diego clinical location.

Thank you for sharing and discussing candid feedback with your CI(s) so that any necessary midcourse corrections can be made to modify and further enhance your learning experience.