

# **PHYSICAL THERAPIST STUDENT EVALUATION:**

## **CLINICAL EXPERIENCE AND CLINICAL INSTRUCTION**

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Department of Physical Therapy Education  
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## PREAMBLE

The purpose of developing this tool was in response to academic and clinical educators' requests to provide a voluntary, consistent and uniform approach for students to evaluate clinical education as well as the overall clinical experience. Questions included in this draft tool were derived from the many existing tools already in use by physical therapy programs for students to evaluate the quality of the clinical learning experience and clinical instructors (CIs), as well as academic preparation for the specific learning experience. The development of this tool was based on key assumptions for the purpose, need for, and intent of this tool. These key assumptions are described in detail below. This tool consists of two sections that can be used together or separately: Section 1-Physical therapist student assessment of the clinical experience and Section 2-Physical therapist student assessment of clinical instruction. Central to the development of this tool was an assumption that students should actively engage in their learning experiences by providing candid feedback, both formative and summative, about the learning experience and with summative feedback offered at both midterm and final evaluations. One of the benefits of completing Section 2 at midterm is to provide the CI and the student with an opportunity to modify the learning experience by making midcourse corrections.

### Key Assumptions

- The tool is intended to provide the student's assessment of the quality of the clinical learning experience and the quality of clinical instruction for the specific learning experience.
- The tool allows students to objectively comment on the quality and richness of the learning experience and to provide information that would be helpful to other students, adequacy of their preparation for the specific learning experience, and effectiveness of the clinical educator(s).
- The tool is formatted in Section 2 to allow student feedback to be provided to the CI(s) at both midterm and final evaluations. This will encourage students to share their learning needs and expectations during the clinical experience, thereby allowing for program modification on the part of the CI and the student.
- Sections 1 and 2 are to be returned to the academic program for review at the conclusion of the clinical experience. Section 1 may be made available to future students to acquaint them with the learning experiences at the clinical facility. Section 2 will remain confidential and the academic program will not share this information with other students.
- The tools meet the needs of the physical therapist (PT) and physical therapist assistant (PTA) academic and clinical communities and where appropriate, distinctions are made in the tools to reflect differences in PT scope of practice and PTA scope of work.
- The student evaluation tool should not serve as the sole entity for making judgments about the quality of the clinical learning experience. This tool should be considered as part of a systematic collection of data that might include reflective student journals, self-assessments provided by clinical education sites, Center Coordinators of Clinical Education (CCCEs), and CIs based on the Guidelines for Clinical Education, ongoing communications and site visits, student performance evaluations, student planning worksheets, Clinical Site Information Form (CSIF), program outcomes, and other sources of information.

### Acknowledgement

We would like to acknowledge the collaborative effort between the Clinical Education Special Interest Group (SIG) of the Education Section and APTA's Education Department in completing this project. We are especially indebted to those individuals from the Clinical Education SIG who willingly volunteered their time to develop and refine these tools. Comments and feedback provided by academic and clinical faculty, clinical educators, and students on several draft versions of this document were instrumental in developing, shaping, and refining the tools. Our gratitude goes out to all of those individuals and groups who willingly gave their time and expertise to work toward a common voluntary PT and PTA Student Evaluation Tool of the Clinical Experience and Clinical Instruction.

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## SECTION 1: PT STUDENT ASSESSMENT OF THE CLINICAL EXPERIENCE

Information found in Section 1 may be available to program faculty and students to familiarize them with the learning experiences at this clinical facility.

- Name of Clinical Education Site Apple Therapy Services - Amherst  
Address 7 State Route 101A City Amherst State NH
- Clinical Experience Number II
- Specify the number of weeks for each applicable clinical experience/rotation.  

<u>0</u> Acute Care/Inpatient Hospital Facility	<u>0</u> Private Practice
<u>4</u> Ambulatory Care/Outpatient	<u>0</u> Rehabilitation/Sub-acute Rehabilitation
<u>0</u> ECF/Nursing Home/SNF	<u>0</u> School/Preschool Program
<u>0</u> Federal/State/County Health	<u>2</u> Wellness/Prevention/Fitness Program
Industrial/Occupational Health Facility	Other

### Orientation

- Did you receive information from the clinical facility prior to your arrival? ☐ Yes ☒ No
- Did the on-site orientation provide you with an awareness of the information and resources that you would need for the experience? ☐ Yes ☒ No
- What else could have been provided during the orientation? Go visit site prior to starting date to learn how to get there

### Patient/Client Management and the Practice Environment

**For questions 7, 8, and 9, use the following 4-point rating scale:**

1 = Never      2 = Rarely      3 = Occasionally      4 = Often

- During this clinical experience, describe the frequency of time spent in each of the following areas. Rate all items in the shaded columns using the above 4-point scale.

Diversity Of Case Mix	Rating	Patient Lifespan	Rating	Continuum Of Care	Rating
Musculoskeletal	4	0-12 years	2	Critical care, ICU, Acute	0
Neuromuscular	3	13-21 years	3	SNF/ECF/Sub-acute	0
Cardiopulmonary	1	22-65 years	4	Rehabilitation	0
Integumentary	2	over 65 years	3	Ambulatory/Outpatient	4
Other (GI, GU, Renal, Metabolic, Endocrine)	2			Home Health/Hospice	0
				Wellness/Fitness/Industry	2

- During this clinical experience, describe the frequency of time spent in providing the following components of care from the patient/client management model of the *Guide to Physical Therapist Practice*. Rate all items in the shaded columns using the above 4-point scale.

Components Of Care	Rating	Components Of Care	Rating
Examination		Diagnosis	4
• Screening	4	Prognosis	4
• History taking	4	Plan of Care	4
• Systems review	4	Interventions	4
• Tests and measures	4	Outcomes Assessment	4
Evaluation	0		

9. During this experience, how frequently did staff (ie, CI, CCCE, and clinicians) maintain an environment conducive to professional practice and growth? Rate all items in the shaded columns using the 4-point scale on page 4.

Environment	Rating
Providing a helpful and supportive attitude for your role as a PT student.	4
Providing effective role models for problem solving, communication, and teamwork.	4
Demonstrating high morale and harmonious working relationships.	4
Adhering to ethical codes and legal statutes and standards (eg, Medicare, HIPAA, informed consent, APTA Code of Ethics, etc).	4
Being sensitive to individual differences (ie, race, age, ethnicity, etc).	3
Using evidence to support clinical practice.	3
Being involved in professional development (eg, degree and non-degree continuing education, in-services, journal clubs, etc).	4
Being involved in district, state, regional, and/or national professional activities.	3

10. What suggestions, relative to the items in question #9, could you offer to improve the environment for professional practice and growth? When it gets too busy, I felt more like an aide than a student at times. I wasn't able to practice as many new techniques as I (and them as well) would have liked. Once you are more independent, you can take on your own patients and don't so much like an aide anymore. The facility should decrease in number of patients seen during the summer so students can get a better experience.

#### Clinical Experience

11. Were there other students at this clinical facility during your clinical experience? (Check all that apply):

- ☐ Physical therapist students  
☐ Physical therapist assistant students  
☒ from other disciplines or service departments (Please specify an undergraduate student doing observation, but they were on opposite schedules of mine so I never saw them)

12. Identify the ratio of students to CIs for your clinical experience:

- ☒ 1 student to 1 CI  
☒ 1 student to greater than 1 CI  
☐ 1 CI to greater than 1 student; Describe Technically I had 2 CI's. However, only one was my main CI and the other therapist would teach me on the days my CI was not there.

13. How did the clinical supervision ratio in Question #12 influence your learning experience? In the beginning the other CI let me practice more hands on things and always tried to show me new techniques.

14. In addition to patient/client management, what other learning experiences did you participate in during this clinical experience? (Check all that apply)

- ☒ Attended in-services/educational programs  
☒ Presented an in-service  
☐ Attended special clinics  
☒ Attended team meetings/conferences/grand rounds  
☐ Directed and supervised physical therapist assistants and other support personnel  
☐ Observed surgery  
☒ Participated in administrative and business practice management  
☒ Participated in collaborative treatment with other disciplines to provide patient/client care (please specify disciplines) Some patients would have PT then OT right after, so you "co-treated" for a time.  
☒ Participated in opportunities to provide consultation  
☐ Participated in service learning

- ☐ Participated in wellness/health promotion/screening programs
- ☐ Performed systematic data collection as part of an investigative study
- ☐ Other; Please specify \_\_\_\_\_

15. Please provide any logistical suggestions for this location that may be helpful to students in the future. Include costs, names of resources, housing, food, parking, etc. Getting to the facility is half the battle. 101A is a headache so give yourself extra time for the light cycles. Free parking. There is a fridge in the kitchen but no real break room; often ate my lunch/dinner in the facility or standing up. Plenty of food places near by, however, if things are busy then it might be better to bring lunch so you don't have to drive. The CI's said I could take 30 mins for lunch but I often ate while working because I felt it was too busy to take time to leave.

Overall Summary Appraisal

16. Overall, how would you assess this clinical experience? (Check only one)
- ☐ Excellent clinical learning experience; would not hesitate to recommend this clinical education site to another student.
  - ☒ Time well spent; would recommend this clinical education site to another student.
  - ☐ Some good learning experiences; student program needs further development.
  - ☐ Student clinical education program is not adequately developed at this time.
17. What specific qualities or skills do you believe a physical therapist student should have to function successfully at this clinical education site? The more manual skills the better. I picked up a lot while working there but having those hands-on skills from the beginning might have made things easier. Know OP exercises and be ready to change your treatment plan on the fly. Have good time management skills because they see patients every 30 mins, including initial evals. Get comfortable juggling patients.
18. If, during this clinical education experience, you were exposed to content not included in your previous physical therapist academic preparation, describe those subject areas not addressed. This would be a good second clinical placement or a good first clinical placement for someone who has OP experience already. This was my first OP placement and it took me longer to get comfortable than most. You get a lot of sports related injuries and really athletic middle aged people, so this placement is good for someone looking for a more active population. I didn't know many sports related injuries so I had to do a lot of research.
19. What suggestions would you offer to future physical therapist students to improve this clinical education experience? Review rotator cuff, ankle surgeries and ACL repair protocols. They see many of those patients and knowing the basics for prognosis and exercises will make things easier. Saw a wide range though: toes, feet, ankles, knees, shins, hips, lower back, upper back, shoulder, and neck.
20. What do you believe were the strengths of your physical therapist academic preparation and/or coursework for *this clinical experience*? MS I-III, PT IV I-III (they use a lot of e-stim and laser so be sure to know which settings to use). Know how to take proper measurements, MMT, ROM, and special tests. Knowing how to perform manual techniques like joint mobs.
21. What curricular suggestions do you have that would have prepared you better for *this clinical experience*? I felt all information I had prior to this site prepared me for this clinical, it was just a matter of review and recall since they see such a wide variety of patients with different diagnoses.

## SECTION 2: PT STUDENT ASSESSMENT OF CLINICAL INSTRUCTION

Information found in this section is to be shared between the student and the clinical instructor(s) at midterm and final evaluations. Additional copies of Section 2 should be made when there are multiple CIs supervising the student. Information contained in Section 2 is confidential and will not be shared by the academic program with other students.

### Assessment of Clinical Instruction

22. Using the scale (1 - 5) below, rate how clinical instruction was provided during this clinical experience at both midterm and final evaluations (shaded columns).

1=Strongly Disagree    2=Disagree    3=Neutral    4=Agree    5=Strongly Agree

Provision of Clinical Instruction	Midterm	Final
The clinical instructor (CI) was familiar with the academic program's objectives and expectations for this experience.	5	5
The clinical education site had written objectives for this learning experience.	3	4
The clinical education site's objectives for this learning experience were clearly communicated.	4	4
There was an opportunity for student input into the objectives for this learning experience.	4	4
The CI provided constructive feedback on student performance.	5	5
The CI provided timely feedback on student performance.	3	4
The CI demonstrated skill in active listening.	4	4
The CI provided clear and concise communication.	4	4
The CI communicated in an open and non-threatening manner.	4	4
The CI taught in an interactive manner that encouraged problem solving.	4	4
There was a clear understanding to whom you were directly responsible and accountable.	3	4
The supervising CI was accessible when needed.	3	3
The CI clearly explained your student responsibilities.	4	4
The CI provided responsibilities that were within your scope of knowledge and skills.	5	5
The CI facilitated patient-therapist and therapist-student relationships.	5	5
Time was available with the CI to discuss patient/client management.	3	3
The CI served as a positive role model in physical therapy practice.	5	5
The CI skillfully used the clinical environment for planned and unplanned learning experiences.	4	4
The CI integrated knowledge of various learning styles into student clinical teaching.	5	4
The CI made the formal evaluation process constructive.	5	4
The CI encouraged the student to self-assess.	4	4

23. Was your CI'(s) evaluation of your level of performance in agreement with your self-assessment?

Midterm Evaluation    ☐ Yes ☒ No    Final Evaluation    ☒ Yes ☐ No

24. If there were inconsistencies, how were they discussed and managed?

Midterm Evaluation I had rated myself higher but after discussing it we were on the same page.

Final Evaluation N/A

25. What did your CI(s) do well to contribute to your learning?

Midterm Comments She gave me little things to focus on and noticed when I tried to put her suggestions into practice. She asked a lot of questions to test my knowledge in the beginning but faded as I become more confident in my skills. She would provide feedback (bi-weekly ususally and informally) afterwards so you weren't embarassed in front of the patient.

Final Comments Once I built a rapport with patients and saw them more consistently, they were "my" patients and I was able to see them every time. This made things easier for me since I was able to recall their treatment plan better and I was able to see them get better over time.

26. What, if anything, could your CI(s) and/or other staff have done differently to contribute to your learning?

Midterm Comments The schdule got too busy at times and it was very overwhelming. The CI noted that they didn't really slow down that summer so I wasn't able to practice a ton of techniques that she would have liked to showed me. I felt like I was more of an aide at times due to the crazy schedule. Their hours a very strange as well (MWF 630-230, TuTh 11-8) so i was working more than 40 hrs and due to the communte had a tough time transitioning from late nights to early mornings.

Final Comments When a PT goes on vacation, beware! On CI took 1 week off, then the other CI took the next week off. They tend to pick up more patients than usual when someone is on vacation so it was a very tough/busy/exhausting 2 weeks for me!

**Thank you for sharing and discussing candid feedback with your CI (s) so that any necessary midcourse corrections can be made to modify and further enhance your learning experience.**