## PHYSICAL THERAPIST STUDENT EVALUATION:

# CLINICAL EXPERIENCE AND CLINICAL INSTRUCTION

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American Physical Therapy Association Department of Physical Therapy Education 1111 North Fairfax Street Alexandria, Virginia 22314

## PREAMBLE

The purpose of developing this tool was in response to academic and clinical educators' requests to provide a voluntary, consistent and uniform approach for students to evaluate clinical education as well as the overall clinical experience. Questions included in this draft tool were derived from the many existing tools already in use by physical therapy programs for students to evaluate the quality of the clinical learning experience and clinical instructors (CIs), as well as academic preparation for the specific learning experience. The development of this tool was based on key assumptions for the purpose, need for, and intent of this tool. These key assumptions are described in detail below. This tool consists of two sections that can be used together or separately: Section 1-Physical therapist student assessment of the clinical experience and Section 2-Physical therapist student assessment of clinical instruction. Central to the development of this tool was an assumption that students should actively engage in their learning experiences by providing candid feedback, both formative and summative, about the learning experience and with summative feedback offered at both midterm and final evaluations. One of the benefits of completing Section 2 at midterm is to provide the CI and the student with an opportunity to modify the learning experience by making midcourse corrections.

## **Key Assumptions**

- The tool is intended to provide the student's assessment of the quality of the clinical learning experience and the quality of clinical instruction for the specific learning experience.
- The tool allows students to objectively comment on the quality and richness of the learning experience and to provide information that would be helpful to other students, adequacy of their preparation for the specific learning experience, and effectiveness of the clinical educator(s).
- The tool is formatted in Section 2 to allow student feedback to be provided to the CI(s) at both midterm and final evaluations. This will encourage students to share their learning needs and expectations during the clinical experience, thereby allowing for program modification on the part of the CI and the student.
- Sections 1 and 2 are to be returned to the academic program for review at the conclusion of the clinical experience. Section 1 may be made available to future students to acquaint them with the learning experiences at the clinical facility. Section 2 will remain confidential and the academic program will not share this information with other students.
- The tools meet the needs of the physical therapist (PT) and physical therapist assistant (PTA) academic and clinical communities and where appropriate, distinctions are made in the tools to reflect differences in PT scope of practice and PTA scope of work.
- The student evaluation tool should not serve as the sole entity for making judgments about the quality of the clinical learning experience. This tool should be considered as part of a systematic collection of data that might include reflective student journals, self-assessments provided by clinical education sites, Center Coordinators of Clinical Education (CCCEs), and Cls based on the Guidelines for Clinical Education, ongoing communications and site visits, student performance evaluations, student planning worksheets, Clinical Site Information Form (CSIF), program outcomes, and other sources of information.

## Acknowledgement

We would like to acknowledge the collaborative effort between the Clinical Education Special Interest Group (SIG) of the Education Section and APTA's Education Department in completing this project. We are especially indebted to those individuals from the Clinical Education SIG who willingly volunteered their time to develop and refine these tools. Comments and feedback provided by academic and clinical faculty, clinical educators, and students on several draft versions of this document were instrumental in developing, shaping, and refining the tools. Our gratitude goes out to all of those individuals and groups who willingly gave their time and expertise to work toward a common voluntary PT and PTA Student Evaluation Tool of the Clinical Experience and Clinical Instruction.

Ad Hoc Group Members: Jackie Crossen-Sills, PT, MS, Nancy Erikson, PT, MS, GCS, Peggy Gleeson, PT, PhD, Deborah Ingram, PT, EdD, Corrie Odom, PT, DPT, ATC, and Karen O'Loughlin, PT, MA

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## **GENERAL INFORMATION AND SIGNATURES**

General Information

Student Name

Academic Institution Umass Lowell

Name of Clinical Education Site Milford Regional Medical Center

Address 18 Granite St City Whitensville State MA

Clinical Experience Number 1 Clinical Experience Dates 5/25/14-7/31/14

### <u>Signatures</u>

I have reviewed information contained in this physical therapist student evaluation of the clinical education experience and of clinical instruction. I recognize that the information below is being collected to facilitate accreditation requirements for clinical instructor qualifications for students supervised in this academic program. I understand that my personal information will not be available to students in our program files.

Student Name (Provide signature)	<u>8/2/14</u> Date
Primary Clinical Instructor Name (Print name)	Date
Primary Clinical Instructor Name (Provide signature)	
Entry-level PT degree earned Highest degree earned Degree area Years experience as a CI Years experience as a clinician Areas of expertise Clinical Certification, specify area APTA Credentialed CI YesNo Other CI CredentialStateYesNo Professional organization membershipsAPTAOther	
Additional Clinical Instructor Name (Print name)	Date
Additional Clinical Instructor Name (Provide signature)   Entry-level PT degree earned   Highest degree earned   Degree area   Years experience as a Cl   Years experience as a clinician   Areas of expertise   Clinical Certification, specify area   APTA Credentialed Cl Yes   Other Cl Credential State   Yes No   Professional organization memberships APTA	

## SECTION 1: PT STUDENT ASSESSMENT OF THE CLINICAL EXPERIENCE

Information found in Section 1 may be available to program faculty and students to familiarize them with the learning experiences at this clinical facility.

1. Name of Clinical Education Site <u>Milford Regional Medical Center</u>

Address<u>14 Granite St</u> City<u>Whitensville</u> State <u>MA</u>

- 2. Clinical Experience Number <u>1</u>
- 3. Specify the number of weeks for each applicable clinical experience/rotation.

Acute Care/Inpatient Hospital Facility	Private Practice
10 Ambulatory Care/Outpatient	Rehabilitation/Sub-acute Rehabilitation
ECF/Nursing Home/SNF	School/Preschool Program
Federal/State/County Health	Wellness/Prevention/Fitness Program
Industrial/Occupational Health Facility	Other

### <u>Orientation</u>

4.	Did you receive information from the clinical facility prior to your arrival?	🛛 Yes	🗌 No
5.	Did the on-site orientation provide you with an awareness of the information and resources that you would need for the experience?	🛛 Yes	🗌 No

6. What else could have been provided during the orientation? <u>n/a</u>

#### Patient/Client Management and the Practice Environment

For questions 7, 8, and 9, use the following 4-point rating scale:1= Never2 = Rarely3 = Occasionally4 = Often

7. During this clinical experience, describe the frequency of time spent in each of the following areas. Rate all items in the shaded columns using the above 4-point scale.

Diversity Of Case Mix	Rating	Patient Lifespan	Rating	Continuum Of Care	Rating
Musculoskeletal	4	0-12 years	1	Critical care, ICU, Acute	2
Neuromuscular	1	13-21 years	3	SNF/ECF/Sub-acute	1
Cardiopulmonary	2	22-65 years	4	Rehabilitation	2
Integumentary	1	over 65 years	3	Ambulatory/Outpatient	4
Other (GI, GU, Renal,	1			Home Health/Hospice	1
Metabolic, Endocrine)				Wellness/Fitness/Industry	1

8. During this clinical experience, describe the frequency of time spent in providing the following components of care from the patient/client management model of the *Guide to Physical Therapist Practice*. Rate all items in the shaded columns using the above 4-point scale.

Components Of Care	Rating	Components Of Care	Rating
Examination		Diagnosis	3
Screening	4	Prognosis	3
History taking	4	Plan of Care	3
Systems review	1	Interventions	4
Tests and measures	2	Outcomes Assessment	2
Evaluation	4		

9. During this experience, how frequently did staff (ie, CI, CCCE, and clinicians) maintain an environment conducive to professional practice and growth? Rate all items in the shaded columns using the 4-point scale on page 4.

Environment	Rating
Providing a helpful and supportive attitude for your role as a PT student.	4
Providing effective role models for problem solving, communication, and teamwork.	4
Demonstrating high morale and harmonious working relationships.	4
Adhering to ethical codes and legal statutes and standards (eg, Medicare, HIPAA,	4
informed consent, APTA Code of Ethics, etc).	
Being sensitive to individual differences (ie, race, age, ethnicity, etc).	4
Using evidence to support clinical practice.	3
Being involved in professional development (eg, degree and non-degree continuing	3
education, in-services, journal clubs, etc).	
Being involved in district, state, regional, and/or national professional activities.	2

10. What suggestions, relative to the items in question #9, could you offer to improve the environment for professional practice and growth? <u>I wasn't to sure how involved they were with national activities except for my supervisor. So more of the PTs\_could look into those.</u>

## <u>Clinical Experience</u>

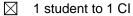
11. Were there other students at this clinical facility during your clinical experience? (Check all that apply):

Physical therapist students

Physical therapist assistant students

from other disciplines or service departments (Please specify \_\_\_\_\_)

12. Identify the ratio of students to CIs for your clinical experience:



1 student to greater than 1 CI

- 1 CI to greater than1 student; Describe
- 13. How did the clinical supervision ratio in Question #12 influence your learning experience? <u>I think</u> the ratio was good but I would have preferred another student or another CI as well. I think it would have helped me to pick up on different styles of treatment. Plus I think its good to get feedback and pointers from multiple sources.
- 14. In addition to patient/client management, what other learning experiences did you participate in during this clinical experience? (Check all that apply)
  - Attended in-services/educational programs
  - Presented an in-service
  - Attended special clinics
  - Attended team meetings/conferences/grand rounds
  - Directed and supervised physical therapist assistants and other support personnel
  - Observed surgery
  - Participated in administrative and business practice management
  - Participated in collaborative treatment with other disciplines to provide patient/client care (please specify disciplines) \_\_\_\_\_
  - Participated in opportunities to provide consultation
  - Participated in service learning
  - Participated in wellness/health promotion/screening programs
  - Performed systematic data collection as part of an investigative study
  - Other; Please specify \_\_\_\_\_
- 15. Please provide any logistical suggestions for this location that may be helpful to students in the future. Include costs, names of resources, housing, food, parking, etc. <u>Easy to find. Hour lunch</u>

and it is literally five minutes away from a gas station and other stores. I didn't have to deal with any traffic at all when coming from blackstone (20min commute). When parking in the parking lot, park closer to the street. They prefer to keep the closer spots for patients.

### Overall Summary Appraisal

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- 16. Overall, how would you assess this clinical experience? (Check only one)
  - Excellent clinical learning experience; would not hesitate to recommend this clinical education site to another student.  $\boxtimes$ 
    - Time well spent; would recommend this clinical education site to another student.
  - Some good learning experiences: student program needs further development.
    - Student clinical education program is not adequately developed at this time.
- 17. What specific qualities or skills do you believe a physical therapist student should have to function successfully at this clinical education site? Really enthusiastic, PT aid background, caring/compassionate, have confidence, good clinical reasoning (they like to debate and get you thinking)
- 18. If, during this clinical education experience, you were exposed to content not included in your previous physical therapist academic preparation, describe those subject areas not addressed. Modifiable MMT/ROM (ex THR 90 yo who can't get in proper positioning, so you make alternative ones), Some neuro (sensation tests)
- 19. What suggestions would you offer to future physical therapist students to improve this clinical education experience? Make sure you have the time outside of clinical to do some research. Let them know of your learning style in the first week or two. If something bothers you don't be afraid to mention it to your CI (Ex getting asked clinical reasoning questions infront of patients). A lot of this place depends on who you have as a CI as well. I encourage anyone who gets this one to not just stay with your CI but also ask other PTs if you can watch them if you have spare time. They could be good teachers and in some cases better than your CI plus you need to find your own style.
- 20. What do you believe were the strengths of your physical therapist academic preparation and/or coursework for this clinical experience? Anatomy was taught really well. It helped a lot with the palpations and trying to picture what was wrong for a patient. Working with the cadavers helped as well. We also covered all the MMT and ROM of the lower extremety that turned out to be really useful.
- 21. What curricular suggestions do you have that would have prepared you better for this clinical experience? More exercise prescription classes, go over progressions/regressions, what are common compensations, A gait analysis class, class topics that can touch on foot orthotics and maybe even some shoe analysis

## SECTION 2: PT STUDENT ASSESSMENT OF CLINICAL INSTRUCTION

Information found in this section is to be shared between the student and the clinical instructor(s) at midterm and final evaluations. Additional copies of Section 2 should be made when there are multiple CIs supervising the student. Information contained in Section 2 is confidential and will not be shared by the academic program with other students.

## **Assessment of Clinical Instruction**

22. Using the scale (1 - 5) below, rate how clinical instruction was provided during this clinical experience at both midterm and final evaluations (shaded columns).

1=Strongly Disagree	2=Disagree	3=Neutral	4=Agree	5=Strongly Agree

Provision of Clinical Instruction	Midterm	Final
The clinical instructor (CI) was familiar with the academic program's objectives and expectations for this experience.	0	5
The clinical education site had written objectives for this learning experience.	0	3
The clinical education site's objectives for this learning experience were clearly communicated.	0	4
There was an opportunity for student input into the objectives for this learning experience.	0	4
The CI provided constructive feedback on student performance.	0	3
The CI provided timely feedback on student performance.	0	5
The CI demonstrated skill in active listening.	0	4
The CI provided clear and concise communication.	0	4
The CI communicated in an open and non-threatening manner.	0	2
The CI taught in an interactive manner that encouraged problem solving.	0	5
There was a clear understanding to whom you were directly responsible and accountable.	0	4
The supervising CI was accessible when needed.	0	4
The CI clearly explained your student responsibilities.	0	5
The CI provided responsibilities that were within your scope of knowledge and skills.	0	3
The CI facilitated patient-therapist and therapist-student relationships.	0	4
Time was available with the CI to discuss patient/client management.	0	4
The CI served as a positive role model in physical therapy practice.	0	3
The CI skillfully used the clinical environment for planned and unplanned learning experiences.	0	3
The CI integrated knowledge of various learning styles into student clinical teaching.	0	2
The CI made the formal evaluation process constructive.	0	3
The CI encouraged the student to self-assess.	0	5

23. Was your Cl'(s) evaluation of your level of performance in agreement with your self-assessment?

Midterm Evaluation

🛛 Yes 🗌 No

Final Evaluation

🗌 Yes 🔀 No

24. If there were inconsistencies, how were they discussed and managed?

Midterm Evaluation

Final Evaluation <u>Typically these started out with me explaining what I wrote and thought then she</u> would go and disagree with me on certain things. I didn't engage in much argueing so I wouldn't escalate the situation. After the first quarter of it we just talked about what we wrote down and not what was marked on the scale.

25. What did your CI(s) do well to contribute to your learning?

Midterm Comments

Final Comments <u>She let me pick most of the exercises for patients</u>. She had confidence with some pts to let me treat them alone. She questioned me on modalities I've learned to keep me on my toes if a patient asked.

26. What, if anything, could your CI(s) and/or other staff have done differently to contribute to your learning?

## Midterm Comments

Final Comments Give a student some positive feedback at the end of the day or during it. Hearing all the negative things you do can be tough for a student to hear. Have patience with the students, a lot of first years come in not knowing much and if you get aggravated with them its tough for them to seek you for feedback. Don't quesiton the student infront of patients. And if you do, and they don't answer you after 15secs just say the answer. There was a lot of awkward occasions where I was asked a question, there was silence for a minute or two and then I said I don't know and you would get mad. That time span and asking me a question infront of a patient, creates anxiety and stress for the student. It always makes the pt loose confidence in the student. It's a lot easier to break a pt's confidence in a student rather than build it up. Be careful of your body language during evals and treatments if a student sees you with arms crossed and looking not interested or mad it shakes his/her confidence.When a student asks you a question infront of a pt don't just turn it around and say what do you think. Most students won't ask a CI something infront of a patient unless they need an answer or guidence. This is also because if they ask a CI a question it causes the pt to question the students skills and whether or not they are getting good care. If you get a first year student with no PT background, breakdown the exercises like other PTs do to help them learn (ex common compensations, why they compensate, what muscles are weak typically, regressing/progressions). It would also help during evals for students if you broke things down for students more as well like other PTs did at the facility. (Ex Posture, "ok lets both look a the hips what do you see (10sec later) ok its this, now lets both look at the knees, ext) Picking one thing a week whether its gait or posture I think it would help a student a lot.

Thank you for sharing and discussing candid feedback with your CI(s) so that any necessary midcourse corrections can be made to modify and further enhance your learning experience.