

Curriculum Vitae

Elizabeth Menden

General Information

Telephone: 414-510-0006
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Education

University of Wisconsin-Milwaukee, Milwaukee, Wisconsin

Degree: Master of Science in Kinesiology

Primary Focus: Integrative Human Performance

Chairs: Barbara B. Meyer, PhD, CMPC & Kyle T. Ebersole, PhD, LAT, PES

Anticipated Graduation: May 2022

Marquette University, Milwaukee, Wisconsin

Graduated Magna Cum Laude

Degree: Bachelor of Science in Biomedical Engineering

Major: Biomechanics

Minor: Biological Sciences

Graduation Date: May 2017

Relevant Employment History

Graduate Teaching Assistant

September 2020-May 2021

University of Wisconsin-Milwaukee

Courses: Psychological Aspects of Sport and Exercise, and Introduction to Nutrition for the Health Professions

- Develop and manage the online course page for the dissemination of course materials in order to facilitate virtual learning
- Evaluate student submissions for various discussions, assignments, and assessments

Student Teaching Assistant

August 2014-May 2015

Marquette University

Courses: General Physics 1, and General Physics 2

- Independently facilitated a weekly lab exercise for a group of 20 students in to supplement their physics education
- Assisted students in data collection, results analysis, and report writing

Presentations at Academic & Professional Meetings

Magdaleno, A., **Menden, E.**, & Meyer, B. B. (2021, April). *Burnout in Health Care Providers*. Paper talk presentation at the Midwestern Psychological Association annual conference, Virtual

Service and Leadership Experiences

Performance Psychology Workshop, Milwaukee Fire Department

- April 2022-Present
- Co-presenter for workshops with the cadets discussing and developing mental skills

Sport and Performance Psychology Workshop, Ozaukee High School

- April & May 2021
- Co-presenter for virtual workshops with a personal fitness class discussing confidence and motivation

Youth Fastpitch Softball Coach

- *Milwaukee Angels Fastpitch*: August 2020-Present
- *Whitnall Fastpitch Select*: August 2017-July 2020

Summer League Basketball Coach

- *Whitnall High School*: Summers 2015-2017

Professional Organizations

- Association for Applied Sport Psychology (AASP): September 2020-Present
- Sport Psychology & Performance Excellence student organization: September 2020-Present
- National Strength and Conditioning Association (NSCA): August 2021-Present
- Society of Women Engineers: September 2013-May 2017
- Tau Beta Pi Engineering Honor Society: May 2015-May 2017
- Alpha Eta Mu Beta National Biomedical Engineering Honor Society: May 2016-May 2017

Honors and Awards

- Randall S. Lambrecht Honor Code Scholarship (2021-2022). College of Health Sciences, University of Wisconsin-Milwaukee. Awarded: \$3000
- Dean's List: Fall 2013, Spring 2014, Fall 2014, Spring 2015, Fall 2015, Spring 2016, Fall 2016, Spring 2017