

Curriculum Vitae
Anthony Magdaleno, M.S.
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Education

University of Wisconsin-Milwaukee (2026, anticipated)

Milwaukee, WI

Doctorate of Philosophy, Health Sciences

Specialization: Sport and Performance Psychology

Advisor: Barbara B. Meyer, Ph.D., CMPC

California State University, Fullerton (2020)

Fullerton, California

Master of Science, Kinesiology

Concentration: Applied Sport and Performance Psychology

Advisors: Traci Statler, Ph.D., CMPC; Lenny Wiersma, Ph.D., CMPC

California State University, Fullerton (2018)

Fullerton, California

Bachelor of Science, Kinesiology

Concentration: Sport Studies

Advisors: Traci Statler, Ph.D., CMPC; Lenny Wiersma, Ph.D., CMPC

Peer Reviewed Publications

1. **Magdaleno, A.,** & Meyer, B.B. (2023). Identifying predictors of burnout and health of Certified Mental Performance Consultants. *The Sport Psychologist, 37*(4), 297-305.
<https://doi.org/10.1123/tsp.2023-0047>.
2. **Magdaleno, A.,** & Meyer, B.B. (2023). A novel exploration of occupational recovery in Certified Mental Performance Consultants. *The Sport Psychologist, 37*(2), 140-148.
<https://doi.org/10.1123/tsp.2022-0095>.
3. **Magdaleno, A.,** Wiersma, L., & Meyer, B.B. (2022). An exploratory comparison of subjective mental fatigue following a task designed to replicate the observation of game film. *International Journal of Exercise Science, 15*(6), 25-35.
4. Rose, S., Cacho, F., Wiersma, L., **Magdaleno, A.,** Anderson, N., & Statler, T. (2021). Efficacy of a brief biofeedback intervention on mood, arousal, mental workload, movement time, and biofeedback device preference. *Applied Psychophysiology and Biofeedback, 46*(2), 205-214.

Peer Reviewed Publications in Progress

1. **Magdaleno, A.,** & Meyer, B.B. (in progress). Investigating differences in Certified Mental Performance Consultants' stress, burnout, and occupational recovery when grouped by weekly hours worked. Target: *Professional Psychology: Research and Practice*, to be submitted December 2024.

2. Braun, L., **Magdaleno, A.**, & Meyer, B.B (in progress). Investigating perceived stress, burnout, and occupational recovery in collegiate athletic coaches. Target: *International Sport Coaching Journal*, to be submitted December 2024.
3. **Magdaleno, A.**, & Meyer, B.B (in progress). Examining the effect of services provided and years of experience on the stress, burnout, and occupational recovery of Certified Mental Performance Consultants. Target: *Journal of Applied Sport Psychology*, to be submitted May 2025.
4. **Magdaleno, A.**, Braun, L., & Meyer, B.B (in progress). Validating the Recovery Experience Questionnaire in sport psychology professionals. Target: *Journal of Applied Sport Psychology*, to be submitted August 2025.

Research Grants

1. **Magdaleno, A.**, & Meyer, B.B. Examining the effect of services provided and years of experience on the stress, burnout, and occupational recovery of CMPCs. Association for Applied Sport Psychology, 2022 Research Grant. Amount funded: \$2,200.

Presentations at Academic & Professional Meetings

1. **Magdaleno, A.** & Meyer, B.B. (October 2024). *Investigating differences in the perceived stress, burnout, and occupational recovery of CMPCs when grouped by weekly hours worked*. Abstract accepted for presentation at the Association for Applied Sport Psychology 39th Annual Conference, Las Vegas, NV.
2. **Magdaleno, A.** (February 2024). *A Conversation on Sport and Performance Psychology: What is it, who are we, and what do we do?* Invited professional presentation at Lawrence University, Appleton, WI.
3. **Magdaleno, A.** & Meyer, B.B. (October 2023). *Investigating differences in CMPCs' stress, burnout, and occupational recovery when grouped by services provided and years of experience*. Poster presented at the Association for Applied Sport Psychology 38th Annual Conference, Orlando, FL.
4. **Magdaleno, A.** & Meyer, B.B. (October 2022). *Identifying predictors of the health and performance of Certified Mental Performance Consultants*. Lecture presented at the Association for Applied Sport Psychology 37th Annual Conference, Fort Worth, TX.
5. **Magdaleno, A.** & Meyer, B.B. (April 2022). *Stress and burnout in Certified Mental Performance Consultants*. Lecture presented at the Midwest Psychological Association 2022 Meeting, Chicago, IL.
6. **Magdaleno, A.**, Menden, E., & Meyer, B.B. (April 2021). *Burnout in healthcare providers*. Lecture presented at the Midwest Psychological Association 2021 Meeting, Virtual.
7. **Magdaleno, A.**, Wiersma, L., Wilson, K., Barros, J., & Meyer, B.B. (October 2020). *A comparison of subjective mental fatigue following completion of the Stroop test and a task designed to replicate the observation of game film*. Poster presentation at the Association for Applied Sport Psychology 35th Annual Conference, Virtual.

8. Statler, T., & **Magdaleno, A.** (January 2020). *Effective applied sport psychology supervision: A case-study approach*. Invited keynote presentation at the 2020 National University Center for Performance Psychology Annual Conference, San Diego, CA.
9. Rose, S., Cacho, F., Wiersma, L., **Magdaleno, A.**, Anderson, N., Rubio, O., Stark, B., & Statler, T. (October 2019). *Efficacy of a brief biofeedback intervention on mood, arousal, mental workload, movement time, and biofeedback device preference*. Presentation at the Association for Applied Sport Psychology 34th Annual Conference, Portland, OR.

Professional Experiences

1. Mental Performance Consultant. (August 2022 – Present). Laboratory for Sport Psychology & Performance Excellence, University of Wisconsin-Milwaukee.
Supervisor: Barbara B. Meyer, Ph.D., CMPC
Duties: Prepare and deliver sport and performance psychology services, under the supervision of my doctoral advisor. Services include mental skills workshops delivered to high school and collegiate athletic populations, observation and delivery of one-on-one consultations provided to various performance populations, and the delivery of a training program developed to build resilience in NCAA Division I coaches.
2. Performance Psychology Intern. (May 2023 – May 2024). Snow Australia (SA).
Supervisor: Stacy Gnacinski, Ph.D., CMPC, CSCS
Duties: Provide content-generation to Olympic Winter Institute of Australia (OWIA) Performance Psychologists for the dissemination of novel Performance Psychology educational materials to athletes and teams supported by the OWIA, SA, the New South Wales Institute of Sport (NSWIS), the Victorian Institute of Sport (VIS), and Queensland Academy of Sport (QAS).
3. Co-Instructor. (May 2022 – December 2022). University of Wisconsin-Milwaukee.
Supervisor: Barbara B. Meyer, Ph.D., CMPC
Duties: With the support of my doctoral advisor, design and deliver material for an undergraduate level foundational sport and performance psychology course, KIN 350: Psychological Aspects of Sport & Exercise (Fall 2022).
4. Mental Performance Consultant. (January 2017 – May 2020). Performance Psychology Laboratory, California State University, Fullerton.
Supervisor: Traci Statler, Ph.D., CMPC; Lenny Wiersma, Ph.D., CMPC
Duties: Services included the provision of sport and performance psychology workshops to youth, high school, and club athletes. Services further included the provision of individual and team mental performance services at the collegiate level including local, regional, and national travel to provide on-site support the day of competition to promote high performance.

Service & Leadership

University Service

1. Graduate Student Member, Academic Misconduct Committee. (August 2022 – Present).
University of Wisconsin-Milwaukee
2. President, Sport Psychology & Performance Excellence Organization. (May 2021 – Present). University of Wisconsin-Milwaukee
Supervisor: Barbara B. Meyer, Ph.D., CMPC
3. Webmaster, Laboratory for Sport Psychology and Performance Excellence. (January 2021 – May 2022). University of Wisconsin-Milwaukee
Supervisor: Barbara B. Meyer, Ph.D., CMPC
4. President, Sport Psychology Club. (May 2019 – May 2020). California State University, Fullerton
Supervisor: Traci Statler, Ph.D., CMPC
5. Student Laboratory Director, Performance Psychology Laboratory. (August 2018 – May 2020). California State University, Fullerton
Supervisor: Lenny Wiersma, Ph.D., CMPC
6. Graduate Student Assistant, Office of Graduate Studies. (June 2018 – May 2020).
California State University, Fullerton
Supervisor: Traci Statler, Ph.D., CMPC

Professional Service

1. Conference Abstract Reviewer, *Association for Applied Sport Psychology*, 39th Annual Conference, Las Vegas, NV.
2. Conference Abstract Reviewer, *Association for Applied Sport Psychology*, 38th Annual Conference, Orlando, FL.
3. Student Delegate (January 2022 – January 2023), *Association for Applied Sport Psychology*. Science to Practice Initiative (SPI).
4. Student Delegate (January 2022 – January 2023), *Association for Applied Sport Psychology*. Social Justice Initiative (SJI).

Professional Awards

1. AASP 2023 Conference Student Abstract Award (October 2023). Association for Applied Sport Psychology. Abstract title: *Investigating differences in CMPCs' stress, burnout, and occupational recovery when grouped by services provided and years of experience*. Award: \$750
2. AASP 2022 Conference Student Abstract Award (October 2022). Association for Applied Sport Psychology. Abstract title: *Identifying predictors of the health and performance of Certified Mental Performance Consultants*. Award: \$750

Professional Organization Memberships

1. Student Member (January 2017 – Present), *Association for Applied Sport Psychology*
2. Student Member (January 2021 – January 2023), *Midwest Psychological Association*

Fellowships and Scholarships

1. Distinguished Dissertation Fellowship. (2024-2025). Graduate School fellowship awarded at the University of Wisconsin-Milwaukee. Award: Tuition waiver + \$17,000 stipend + \$1000 travel grant
2. Chancellor's Graduate Student Award in Health Sciences. (2024-2025). Graduate School scholarship awarded at the University of Wisconsin-Milwaukee. Award: \$2750
3. Chancellor's Graduate Student Award in the School of Rehabilitation Sciences and Technology. (2024-2025). Graduate School scholarship awarded at the University of Wisconsin-Milwaukee. Award: \$1000
4. Graduate Student Excellence Fellowship Award. (2023-2024). Graduate School fellowship awarded at the University of Wisconsin-Milwaukee. Award: \$2000
5. Advanced Opportunity Fellowship. (2022-2023). Graduate School fellowship awarded at the University of Wisconsin-Milwaukee. Award: Tuition waiver + \$18,000 stipend + \$1000 travel grant
6. Advanced Opportunity Fellowship. (2021-2022). Graduate School fellowship awarded at the University of Wisconsin-Milwaukee. Award: Tuition waiver + \$15,000 stipend + \$1000 travel grant
7. Advanced Opportunity Fellowship. (2020-2021). Graduate School fellowship awarded at the University of Wisconsin-Milwaukee. Award: Tuition waiver + \$15,000 stipend + \$3,000 emergency supplement + \$1000 travel grant
8. Graduate Student Excellence Fellowship Award. (2020-2021). Graduate School fellowship awarded at the University of Wisconsin-Milwaukee. Award: \$2000
9. California State University Grant (Fall 2018 – Spring 2020). Graduate School scholarship awarded at California State University, Fullerton. Award: Tuition Waiver
10. Elevar Scholars Program (Fall 2019 – Spring 2020). Graduate School scholarship awarded at California State University, Fullerton. Award: \$2,000
11. Graduate Equity Fellowship (Fall 2018 – Spring 2019). Graduate School fellowship awarded at California State University, Fullerton. Award: \$2,000

Travel Grants

1. Graduate Student Travel Award. (Fall 2024). Student Appropriations Committee, University of Wisconsin-Milwaukee. Award: \$1,200
2. Graduate Student Travel Award. (Fall 2023). Student Appropriations Committee, University of Wisconsin-Milwaukee. Award: \$2,900
3. Graduate Student Travel Award. (Fall 2022). Student Appropriations Committee, University of Wisconsin-Milwaukee. Award: \$2,368
4. Giles T. Brown Graduate Student Travel Grant (Fall 2019). Graduate Studies, California State University, Fullerton. Award: \$500
5. Interclub Council Travel Grant (Fall 2017). College of Health and Human Development, California State University, Fullerton. Award: \$500

Professional Development Activities

1. Introduction to Structural Equation Modeling Workshop (May 2024). CenterStat: The Center for Statistical Training by Curran-Bauer Analytics.
Activities: Completed online statistical course and additional training in the use of R statistical software.

Academic Honors

1. Graduate Academic Honors, California State University, Fullerton (2020)
2. Summa Cum Laude, California State University, Fullerton (2018)