

# Curriculum Vitae

## 1. [Name of Candidate](#)

Monna Arvinen-Barrow, PhD  
CPsychol. AFBPsS (United Kingdom); CMPC FAASP (United States); UPV sert. (Finland)

School of Rehabilitation Sciences and Technology  
College of Health Professions and Sciences  
University of Wisconsin-Milwaukee

## 2. [General Information](#)

### 2.1. [Formal academic and professional education](#)

- 2011 Postgraduate Diploma in Research Degree Supervision (PGCRDS), The University of Northampton, United Kingdom.
- 2010 Postgraduate Diploma in Teaching in Higher Education (PGCTHE), The University of Northampton, United Kingdom.
- 2009 Doctor of Philosophy in Sport Psychology (PhD), The University of Northampton, United Kingdom. Dissertation Title: Psychological rehabilitation from sports injury: Issues in training and development of chartered physiotherapists.
- 2003 Bachelor of Science (Hons) in Psychology (major) with Sport Studies (minor), University College Northampton, United Kingdom. Dissertation Title: The effects of competitive level and time of season on the use of imagery by Finnish synchronized skaters.
- 2000 Bachelor of Arts in Technical Fashion Designing, Helsinki Polytechnic (now known as Helsinki Metropolia University of Applied Sciences), Finland.
- 2000 Sport Degree in Synchronized Skating Coaching (Level 3), Finnish Figure Skating Association in collaboration with Finnish Gymnastics Federation, Finland.

### 2.2. [Significant continuing education](#)

- 2.2.1. Continuing Education Program, "Affinity Bias," UWM EAC Committee, Milwaukee, Wisconsin. (November 15, 2023).
- 2.2.2. Continuing Education Program, "Staying Abreast of Recent Changes to the AASP Ethics Code," Association for Applied Sport Psychology, Orlando, Florida, United States. (October 20, 2023).
- 2.2.3. Continuing Education Program, "What Does an AASP that Integrates DEIBJ Look Like?," Association for Applied Sport Psychology, Orlando, Florida, United States. (October 19, 2023).
- 2.2.4. Continuing Education Program, "The cost of code switching," UWM EAC Committee, Milwaukee, Wisconsin. (October 18, 2023).
- 2.2.5. Workshop, "Swimposium," Wisconsin Swimming, Milwaukee, Wisconsin, United States. (April 29, 2023).
- 2.2.6. Conference Attendance, "2023 USA Swimming Workshop presented by LiveBarn," USA Swimming, Denver, Colorado, United States. (April 21, 2023- April 23, 2023).

- 2.2.7. Conference Attendance, "2023 Safe Sport Leadership Conference," USA Swimming, Denver, Colorado, United States. (April 20, 2023).
- 2.2.8. Continuing Education Program, "UWM SCE CR3 DEI series- Final Summary- for CHS, Nursing, and Public Health," University of Wisconsin-Milwaukee, Milwaukee, Wisconsin, United States. (April 12, 2023).
- 2.2.9. Continuing Education Program, "UWM SCE CR3 DEI series on The Look, Style, and Legislation of Ethnicity- Who Decides What is Appropriate? for CHS, Nursing, and Public Health," University of Wisconsin-Milwaukee, Milwaukee, Wisconsin, United States. (February 8, 2023).
- 2.2.10. Continuing Education Program, "UWM SCE CR3 DEI series on Critical Race Theory- Exploring the Resistance for CHS, Nursing, and Public Health," University of Wisconsin-Milwaukee, Milwaukee, Wisconsin, United States. (January 11, 2023).
- 2.2.11. Continuing Education Program, "UWM SCE CR3 DEI series on Implicit Bias for CHS, Nursing, and Public Health," University of Wisconsin-Milwaukee, Milwaukee, Wisconsin, United States. (November 30, 2022).
- 2.2.12. Continuing Education Program, "UWM SCE CR3 DEI series on Microaggressions for CHS, Nursing, and Public Health," University of Wisconsin-Milwaukee, Milwaukee, Wisconsin, United States. (November 9, 2022).
- 2.2.13. Continuing Education Program, "Transgender and nonbinary inclusion in sport- Allyship and action," Association for Applied Sport Psychology, Fort Worth, Texas, United States. (October 28, 2022).
- 2.2.14. Continuing Education Program, "CE workshop: Mental health gatekeeper training for mental performance consultants," Association for Applied Sport Psychology, Fort Worth, Texas, USA. (October 27, 2022).
- 2.2.15. Workshop, "Trauma-informed pedagogy," University of Wisconsin-Milwaukee, Milwaukee, Wisconsin, United States. (October 21, 2022).
- 2.2.16. Training, "Student-led antiracism in higher education discussion," University of Wisconsin-Milwaukee, Milwaukee, Wisconsin, United States. (October 12, 2020- October 12, 2022).
- 2.2.17. Seminar, "Sojourning songs: The underground sound of black masculinity by Dr. Derrick Williams," UWM Black Student Cultural Center, Milwaukee, Wisconsin, USA. (September 29, 2022).
- 2.2.18. Workshop, "Trauma-informed care," University of Wisconsin-Milwaukee, Milwaukee, Wisconsin, United States. (April 13, 2022).
- 2.2.19. Continuing Education Program, "Be water: The ripple effects of unethical practices," Association for Applied Sport Psychology, Presented Virtually. (October 8, 2021).
- 2.2.20. Continuing Education Program, "Change the frame, change the game: Doing anti-racism work in applied sport and performance psychology," Association for Applied Sport Psychology, Presented Virtually. (October 7, 2021).
- 2.2.21. Continuing Education Program, "Racial justice and equity program," University of Wisconsin-Milwaukee, Milwaukee, Wisconsin, United States. (March 3, 2021- April 7, 2021).
- 2.2.22. Continuing Education Program, "Diversity, equity, and inclusion training," USA Swimming, Online, United States. (October 29, 2020).
- 2.2.23. Seminar, "Whiteness and antiracism work in higher education," University of Wisconsin-Milwaukee, Milwaukee, Wisconsin, United States. (July 23, 2020).
- 2.2.24. Continuing Education Program, "Breaking silos and building collaborative teams," University of Wisconsin-Milwaukee Center for Excellence in Teaching and Learning, Milwaukee, Wisconsin, USA. (January 18, 2018).
- 2.2.25. Continuing Education Program, "Developing your teaching statement," University of Wisconsin-Milwaukee Center for Excellence in Teaching and Learning, Milwaukee, Wisconsin, USA. (April 13, 2015).

- 2.2.26. Continuing Education Program, "Importing question banks and developing effective quizzes in D2L," University of Wisconsin-Milwaukee Center for Excellence in Teaching and Learning, Milwaukee, Wisconsin, USA. (May 14, 2014).
- 2.2.27. Continuing Education Program, "Using discussion forums effectively," University of Wisconsin-Milwaukee Center for Excellence in Teaching and Learning, Milwaukee, Wisconsin, USA. (April 15, 2014).
- 2.2.28. Continuing Education Program, "D2L: Just the basics!," University of Wisconsin-Milwaukee Center for Excellence in Teaching and Learning, Milwaukee, Wisconsin, USA. (August 22, 2012).
- 2.2.29. Continuing Education Program, "1- day Masterclass in Sport Psychology by Dr. Brian Hemmings," British Psychological Society, Rugby, United Kingdom. (March 7, 2012).
- 2.2.30. Continuing Education Program, "1-day Masterclass in Sport Psychology by Dr. Ken Ravizza," British Association of Sport and Exercise Sciences, Liverpool, United Kingdom. (July 5, 2011).
- 2.2.31. Continuing Education Program, "2-day Masterclass in Golf Psychology by Dr. Brian Hemmings," British Psychological Society, Rugby, United Kingdom. (May 7, 2011- May 8, 2011).
- 2.2.32. Continuing Education Program, "2-day Masterclass in Sport Psychology by Dr. Brian Hemmings," British Psychological Society, Rugby, United Kingdom. (December 4, 2010- December 5, 2010).

### 2.3. Academic and professional positions held

#### Academic positions

September 2024 – Present	Adjunct Faculty, Saybrook University.
August 2018 – Present	Associate Professor, University of Wisconsin Milwaukee.
May 2017 – March 2024	Contributing Online Faculty, University of St Augustine for Health Sciences.
August 2012- August 2018	Assistant Professor, University of Wisconsin-Milwaukee.
September 2010- August 2012	Associate Lecturer in Sport and Exercise Psychology, The Open University, United Kingdom.
September 2007- August 2012	Senior Lecturer in Sport and Exercise Psychology, The University of Northampton, United Kingdom.
January 2005- August 2007	Lecturer in Sport and Exercise Psychology, The University of Northampton, United Kingdom.

#### Professional positions

May 1997-August 2000	Figure and Synchronized Skating Coach, Etelä-Vantaan Taitoluistelijat Ry, Myyrmäki, Finland.
Summer 1998	Figure Skating Coach, International Ice Experiences Summer Training Camp, Jyväskylä, Finland.
Summer 1997	Figure Skating Coach, International Ice Experiences Summer Training Camp, Jyväskylä, Finland.
January 1997-May 1997	Synchronized Skating Coach, Keravan Taitoluistelijat Ry, Kerava Finland.
Summer 1996	Synchronized Skating Coach, International Ice Experiences Summer Training Camp, Lillehammer, Norway.
August 1996-April 1997	Figure Skating Coach, Järvenpään Taitoluistelijat Ry, Järvenpää, Finland.
September 1993-May 1997	Figure and Synchronized Skating Coach, Tikkurilan Taitoluisteluklubi Ry, Vantaa, Finland.

### 3. [Research, Scholarship, and Professional Activities](#)

#### 3.1. [Articles and papers published or accepted for publication in academic and professional print and electronic journals](#)

- 3.1.1. Zike, D. M., Hansen, M., & **Arvinen-Barrow, M.** (in press). Psychosocial factors associated with athlete adaptation to spinal cord injury: A systematic review. *Disability and Rehabilitation*, <https://doi.org/10.1080/09638288.2024.2406981>
- 3.1.2. Kaski, S., **Arvinen-Barrow, M.**, Kinnunen, U., & Parkkari, J. (2024). Profiles of mental well-being among elite athletes: Associations with sport-related demands and resources. *Journal of Clinical Sport Psychology*, *18*(1), 56-74. <https://doi.org/10.1123/jcsp.2021-0083>
- 3.1.3. Vicenzino, B. T., Skovdal Rathleff, M., Holden, S., McLachlan, L., Smith, B. E., De Oliveira Silva, D., Van Middlekoop, M., PFPP Consensus Group, 2019 IPFRN Group Collaborators (2022). Developing clinical and research priorities for pain and psychological features in people with patellofemoral pain: An international consensus process with health care professionals. *Journal of Orthopaedic & Sports Physical Therapy*, *52*(1), 1-53. <https://doi.org/10.2519/jospt.2022.10647>
- 3.1.4. **Arvinen-Barrow, M.**, Visek, A. J. (2021). "If we knew what we were doing, it would not be called research, would it?" (Albert Einstein): Lessons learned. *Journal for Advancing Sport Psychology in Research*, *1*(1), 22-32. <https://doi.org/10.53761/1.18.6.08>
- 3.1.5. Mazurek, R., **Arvinen-Barrow, M.**, Reckelberg, R., Huddleston, W. (2021). Beyond traditional peer-to-peer teaching evaluation: Using pedagogical theory in conceptualizing a collaborative teaching development program. *Journal of University Teaching & Learning Practice*, *18*(6), 101-118. <https://doi.org/10.53761/1.18.6.08>
- 3.1.6. Visek, A. J., Middleton, T. R. F, O'Neil, L. O., Scheadler, T. R., **Arvinen-Barrow, M.** (2021). Accentuating research scholarship through innovative student opportunities: A mentored approach. *Journal for Advancing Sport Psychology in Research*, *1*(1), 7-21. <https://doi.org/10.55743/000002>
- 3.1.7. Clement, D., **Arvinen-Barrow, M.** (2020). An investigation into former high school athletes' experiences of a multidisciplinary approach to sport injury rehabilitation. *Journal of Sport Rehabilitation*, *30*(4), 619-624. <https://doi.org/10.1123/jsr.2020-0094>
- 3.1.8. Ildefonso, K., Blanton, J., Durwin, C., **Arvinen-Barrow, M.**, Kamphoff, C. (2020). A preliminary investigation into collegiate student-athletes' attitudes towards athletic training and sport psychology consultants. *The Journal of Sport*, *8*(1), 56-75. <https://oaks.kent.edu/sport/vol8/iss1/preliminary-investigation-collegiate-student-athletes-attitudes-towards-athletic>
- 3.1.9. Ford, J., Vosloo, J., **Arvinen-Barrow, M.** (2020). 'Pouring everything that you are': Musician's experiences of optimal performances. *British Journal of Music Education*, *37*(2), 1-13. <https://doi.org/10.1017/S0265051720000078>
- 3.1.10. **Arvinen-Barrow, M.**, Maresh, N., Earl-Boehm, J. (2020). Functional outcomes and psychological benefits of active video games in the rehabilitation of lateral ankle sprains: A case report. *Journal of Sport Rehabilitation*, *29*(2), 213–224. <https://doi.org/10.1123/jsr.2017-0135>
- 3.1.11. Pack, S., **Arvinen-Barrow, M.**, Winter, S., Hemmings, B. (2020). Sport psychology consultants' reflections on the role of humor: "It's like having another skill in your arsenal". *The Sport Psychologist*, *34*(1), 54-61. <http://dx.doi.org/10.1123/tsp.2018-0148>

- 3.1.12. Pack, S., Hemmings, B., Winter, S., **Arvinen-Barrow, M.** (2019). A preliminary investigation into the use of humor in sport psychology practice. *Journal of Applied Sport Psychology*, 31(4), 494-502. <https://doi.org/10.1080/10413200.2018.1514428>
- 3.1.13. Clement, D., **Arvinen-Barrow, M.** (2019). Athletic trainers' views and experiences of discussing psychosocial and mental health issues with athletes: An exploratory study. *Athletic Training & Sports Health Care*, 11(5), 213-224. <https://doi.org/10.3928/19425864-20181002-01>
- 3.1.14. Ford, J., **Arvinen-Barrow, M.** (2019). Exploring the use of psychological skills training interventions in a music domain: A systematic review. *Medical Problems of Performing Artists*, 34(4), 222-229. <http://dx.doi.org/10.21091/mppa.2019.4033>
- 3.1.15. **Arvinen-Barrow, M.**, DeGrave, K., Pack, S., Hemmings, B. (2019). Transitioning out of professional sport: The psychosocial impact of career-ending non-musculoskeletal injuries among male cricketers from England and Wales. *Journal of Clinical Sport Psychology*, 13(4), 629-644. <https://doi.org/10.1123/jcsp.2017-0040>
- 3.1.16. Pack, S., Kelly, S., **Arvinen-Barrow, M.** (2017). "I think I became a swimmer rather than just someone with a disability swimming up and down": Paralympic athletes perceptions of self and identity development. *Disability and Rehabilitation*, 39(20), 2063-2070. <https://doi.org/10.1080/09638288.2016.1217074>
- 3.1.17. Gnacinski, S. L., Massey, W. V., Hess, C. W., Nai, M. M., **Arvinen-Barrow, M.**, Meyer, B. B. (2017). Examining stage of change differences in NCAA student-athletes' readiness for psychological skills training. *The Sport Psychologist*, 31(4), 356-368. <https://doi.org/10.1123/tsp.2016-0139>
- 3.1.18. Gnacinski, S. L., **Arvinen-Barrow, M.**, Brewer, B. W., Meyer, B. B. (2017). Factorial validity and measurement invariance of the Perceived Susceptibility to Sport Injury scale. *Scandinavian Journal of Medicine & Science in Sports*, 27(7), 754-761. <https://doi.org/10.1111/sms.12681>
- 3.1.19. Hamson-Utley, J. J., **Arvinen-Barrow, M.**, Clement, D. (2017). Managing mental health aspects of post-concussion syndrome in collegiate student-athletes. *Athletic Training & Sports Health Care*, 9(6), 263-270. <https://doi.org/10.3928/19425864-20171010-05>
- 3.1.20. **Arvinen-Barrow, M.**, Clement, D. (2017). Preliminary investigation into sport and exercise psychology consultants' views and experiences of an interprofessional care team approach to sport injury rehabilitation. *Journal of Interprofessional Care*, 31(1), 66-74. <https://doi.org/10.1080/13561820.2016.1235019>
- 3.1.21. Ford, J., Ildefonso, K., Jones, M., **Arvinen-Barrow, M.** (2017). Sport-related anxiety: Current insights. *Open Access Journal of Sports Medicine*, 8, 205-212. <https://doi.org/10.2147/oajsm.s125845>
- 3.1.22. **Arvinen-Barrow, M.**, Hurley, D., Ruiz, M. C. (2017). Transitioning out of professional sport: The psychosocial impact of career-ending injuries among elite Irish rugby football union players. *Journal of Clinical Sport Psychology*, 10(1), 67-84. <https://doi.org/10.1123/jcsp.2016-0012>
- 3.1.23. **Arvinen-Barrow, M.**, Clement, D., Hamson-Utley, J. J., Kamphoff, C., Zakrajsek, R., Lee, S.-M., Hemmings, B., Lintunen, T., Martin, S. B. (2016). Athletes' expectations about sport-injury rehabilitation: A cross-cultural study. *Journal of Sport Rehabilitation*, 25(4), 338-347. <https://doi.org/10.1123/jsr.2015-0018>
- 3.1.24. Gnacinski, S. L., Cornell, D. J., Meyer, B. B., **Arvinen-Barrow, M.**, Earl-Boehm, J. E. (2016). Functional movement screen factorial validity and measurement invariance across sex among collegiate student-athletes. *Journal of Strength and Conditioning Research*, 30(12), 3388-3395. <https://doi.org/10.1519/jsc.0000000000001448>
- 3.1.25. **Arvinen-Barrow, M.**, Clement, D. (2015). A preliminary investigation into athletic trainers' views and experiences of multidisciplinary team approach to sport injury rehabilitation. *Athletic Training and Sports Health Care*, 7(3), 97-107. <https://doi.org/10.3928/19425864-20150422-05>

- 3.1.26. **Arvinen-Barrow, M.**, Clement, D., Hamson-Utley, J. J., Zakrajsek, R. A., Lee, S.-M., Kamphoff, C., Lintunen, T., Hemmings, B., Martin, S. B. (2015). Athlete's use of mental skills during sport injury rehabilitation. *Journal of Sport Rehabilitation*, 24(2), 189-197. <https://doi.org/10.1123/jsr.2013-0148>
- 3.1.27. **Arvinen-Barrow, M.**, Nässi, A., Ruiz, M. (2015). Kun vamma päättää, milloin ura loppuu [When an injury determines when the career ends]. *Liikunta ja Tiede*, 52(6), 45-49.
- 3.1.28. Clement, D., **Arvinen-Barrow, M.**, Fetty, T. (2015). Psychosocial responses during different phases of sport injury rehabilitation: A qualitative study. *Journal of Athletic Training*, 50(1), 95-104. <https://doi.org/10.4085/1062-6050-49.3.52>
- 3.1.29. Zalewski, K. R., Alt, C., **Arvinen-Barrow, M.** (2014). Identifying barriers to remaining physically active after rehabilitation: Differences in perception between physical therapists and older adult patients. *Journal of Orthopaedic and Sports Physical Therapy*, 44(6), 415-424. <https://doi.org/10.2519/jospt.2014.5171>
- 3.1.30. **Arvinen-Barrow, M.**, Massey, W. V., Hemmings, B. (2014). Role of sport medicine professionals in addressing psychosocial aspects of sport-injury rehabilitation: Professional athletes' views. *Journal of Athletic Training*, 49(6), 764-772. <https://doi.org/10.4085/1062-6050-49.3.44>
- 3.1.31. **Arvinen-Barrow, M.**, Manley, A., Maresh, N. (2014). The potential psychological benefits of active video games in the rehabilitation of musculoskeletal injuries and deficiencies: A narrative review of the literature. *Physical Therapy Reviews*, 19(6), 410-439. <https://doi.org/10.1179/1743288X14Y.0000000156>
- 3.1.32. Pack, S., Hemmings, B., **Arvinen-Barrow, M.** (2014). The self-practice of sport psychologists: Do they practice what they preach? *The Sport Psychologist*, 28(2), 198-210. <https://doi.org/10.1123/ijsnem.2012-0085>
- 3.1.33. Clement, D., Granquist, M., **Arvinen-Barrow, M.** (2013). Psychosocial aspects of athletic injuries as perceived by athletic trainers. *Journal of Athletic Training*, 48(4), 512-521. <https://doi.org/10.4085/1062-6050-48.3.21>
- 3.1.34. **Arvinen-Barrow, M.** (2013). Urheiluvamman synnyn ja tervehtymisen taustalla monia psykologisia tekijöitä [Behind sport injury occurrence and rehabilitation lies a range of psychological factors]. *Liikunta ja Tiede*, 50(5), 32-38. [http://www.lts.fi/sites/default/files/page\\_attachment/lt513\\_32-38\\_arvinen-barrow.pdf](http://www.lts.fi/sites/default/files/page_attachment/lt513_32-38_arvinen-barrow.pdf)
- 3.1.35. **Arvinen-Barrow, M.**, Clement, D., Bayes, N. (2012). Athletes' attitudes toward physiotherapist: An exploratory investigation. *International Journal of Multi-Disiplinary Studies and Sports Research*, 2(July), 324-334.
- 3.1.36. Clement, D., Hamson-Utley, J. J., **Arvinen-Barrow, M.**, Kamphoff, C. S., Zakrajsek, R., Martin, S. B. (2012). College athletes' expectations about athletic training and injury rehabilitation. *International Journal of Athletic Therapy & Training*, 17(4), 18-27. <https://doi.org/10.1123/ijatt.17.4.18>
- 3.1.37. Rovio, E., **Arvinen-Barrow, M.**, Weigand, D. A., Eskola, J., Lintunen, T. (2012). Using team building methods in a Finnish ice hockey team: An action research study. *The Sport Psychologist*, 26(4), 584-603. <https://doi.org/10.1123/tsp.26.4.584>
- 3.1.38. Rovio, E., **Arvinen-Barrow, M.**, Weigand, D. A., Eskola, J., Lintunen, T. (2010). Team building in sport: A review and critique of current methods and theoretical underpinnings. *Athletic Insight*, 2(2), 147-164. <http://www.athleticinsight.com/Vol12Iss2/Building.htm>
- 3.1.39. **Arvinen-Barrow, M.**, Penny, G., Hemmings, B., Corr, S. (2010). UK chartered physiotherapists' personal experiences in using psychological interventions with injured athletes: An interpretative phenomenological analysis. *Psychology of Sport & Exercise*, 11(1), 58-66. <https://doi.org/10.1016/j.psychsport.2009.05.004>

- 3.1.40. **Arvinen-Barrow, M.** (2008). Back to basics: Using goal-setting to enhance rehabilitation. *SportEXMedicine*, 37(2), 15-19.
- 3.1.41. **Arvinen-Barrow, M.**, Hemmings, B., Becker, C., Lynn, B. (2008). Sport psychology education: A preliminary survey on chartered physiotherapists' preferred methods of training delivery. *Journal of Sport Rehabilitation*, 17(4), 399-412. <https://doi.org/10.1016/j.psychsport.2009.05.004>
- 3.1.42. **Arvinen-Barrow, M.**, Weigand, D. A., Hemmings, B., Walley, M. (2008). The use of imagery across competitive levels and time of season: A cross-sectional study amongst synchronized skaters in Finland. *European Journal of Sport Sciences*, 8(3), 135-142. <https://doi.org/10.1123/jsr.17.4.399>
- 3.1.43. **Arvinen-Barrow, M.**, Weigand, D. A., Thomas, S., Hemmings, B., Walley, M. (2007). Elite and novice athletes' imagery use in open and closed sports. *Journal of Applied Sport Psychology*, 19(1), 93-104. <https://doi.org/10.1080/10413200601102912>
- 3.1.44. **Arvinen-Barrow, M.**, Hemmings, B., Weigand, D. A., Becker, C., Booth, L. (2007). Views of chartered physiotherapists on the psychological content of their practice: A follow-up survey in the UK. *Journal of Sport Rehabilitation*, 16(2), 111-121. <https://doi.org/10.1123/jsr.16.2.111>

(Journal Quality Table)

### 3.2. Books, monographs, and other publications published by major university or commercial publishing houses and other appropriate publishers

- 3.2.1. **Arvinen-Barrow, M.**, & Clement, D. (Eds.). (2024). *The psychology of sport injury and rehabilitation*(2nd ed.). Routledge. <https://doi.org/10.4324/9781003295709>
- 3.2.2. **Arvinen-Barrow, M.**, & Walker, N. (Eds.). (2019). *Psychology of sport injury and rehabilitation* (Korean translation). Sungshin Women's University Press.
- 3.2.3. **Arvinen-Barrow, M.**, & Clement, D. (Eds.). (2019). *The psychology of sport and performance injury: An interprofessional case-based approach*. Routledge.
- 3.2.4. **Arvinen-Barrow, M.**, & Walker, N. (Eds.). (2013). *The psychology of sport injury and rehabilitation*(1st ed.). Routledge.

### 3.3. Chapters in books published by appropriate publishers (print and electronic) (indicate method of selection)

- 3.3.1. **Arvinen-Barrow, M.**, & Clement, D. (in press). Persons with exercise injuries. In S. Razon & M. Sachs (Eds.), *Applied exercise psychology: The challenging journey from motivation to adherence* (2nd ed.). Routledge. (invited)
- 3.3.2. **Arvinen-Barrow, M.**, & Visek, A. J. (in press). The subtleties of doing sport psychology with post-pandemic youth athletes. In B. Hemmings, T. Holder, & S. Winter (Eds.), *Professional skills in sport psychology consultancy: Personal and interpersonal dynamics*. Routledge. (invited)
- 3.3.3. Winter, S., Pack, S., **Arvinen-Barrow, M.**, & Hemmings, B. (in press). The use of humor in the client-practitioner relationship. In B. Hemmings, T. Holder, & S. Winter (Eds.), *Professional skills in sport psychology consultancy: Personal and interpersonal dynamics*. Routledge. (invited)
- 3.3.4. **Arvinen-Barrow, M.** (2024). Introduction sport injury psychology. In **M. Arvinen-Barrow** & D. Clement (Eds.), *The psychology of sport injury and rehabilitation* (2nd ed., pp. 3-12). Routledge. <https://doi.org/10.4324/9781003295709-2>
- 3.3.5. **Arvinen-Barrow, M.**, & Clement, D. (2024). Professional practice models in sport injury and rehabilitation. In **M. Arvinen-Barrow** & D. Clement (Eds.), *The psychology of sport injury and rehabilitation* (2nd ed., pp. 93-108). Routledge. <https://doi.org/10.4324/9781003295709-9>

- 3.3.6. **Arvinen-Barrow, M.**, Clement, D., Hemmings, B., & Ford, J. L. (2024). Imagery in sport injury and rehabilitation. In **M. Arvinen-Barrow** & D. Clement (Eds.), *The psychology of sport injury and rehabilitation* (2nd ed., pp. 243-257). Routledge. <https://doi.org/10.4324/9781003295709-20>
- 3.3.7. **Arvinen-Barrow, M.**, Hemmings, B., & Hansen, M. A. (2024). Goal setting in sport injury and rehabilitation. In **M. Arvinen-Barrow** & D. Clement (Eds.), *The psychology of sport injury and rehabilitation* (2nd ed., pp. 203-215). Routledge. <https://doi.org/10.4324/9781003295709-17>
- 3.3.8. **Arvinen-Barrow, M.**, & Olusoga, P. (2024). Coping with sport injury and rehabilitation. In **M. Arvinen-Barrow** & D. Clement (Eds.), *The psychology of sport injury and rehabilitation* (2nd ed., pp. 177-188). Routledge. <https://doi.org/10.4324/9781003295709-15>
- 3.3.9. **Arvinen-Barrow, M.**, Pack, S., & Scheadler, T. R. (2024). Social support in sport injury and rehabilitation. In **M. Arvinen-Barrow** & D. Clement (Eds.), *The psychology of sport injury and rehabilitation* (2nd ed., pp. 258-272). Routledge. <https://doi.org/10.4324/9781003295709-21>
- 3.3.10. **Arvinen-Barrow, M.**, & Visek, A. J. (2024). From present to future: Calls for new paths in sport injury psychology research. In **M. Arvinen-Barrow** & D. Clement (Eds.), *The psychology of sport injury and rehabilitation* (2nd ed., pp. 302-308). Routledge. <https://doi.org/10.4324/9781003295709-25>
- 3.3.11. **Arvinen-Barrow, M.**, Visek, A. J., & Barrow, A. (2024). Patient education in sport injury and rehabilitation. In **M. Arvinen-Barrow** & D. Clement (Eds.), *The psychology of sport injury and rehabilitation* (2nd ed., pp. 189-202). Routledge. <https://doi.org/10.4324/9781003295709-16>
- 3.3.12. **Arvinen-Barrow, M.**, Walker, N. C., & Heaney, C. (2024). Biopsychosocial understanding of sport injury. In **M. Arvinen-Barrow** & D. Clement (Eds.), *The psychology of sport injury and rehabilitation* (2nd ed., pp. 27-45). Routledge. <https://doi.org/10.4324/9781003295709-4>
- 3.3.13. Ildefonso, K., & **Arvinen-Barrow, M.** (2024). Psychosocial understanding of patellofemoral pain. In **M. Arvinen-Barrow** & D. Clement (Eds.), *The psychology of sport injury and rehabilitation* (2nd ed., pp. 77-89). Routledge. <https://doi.org/10.4324/9781003295709-7>
- 3.3.14. Zike, D. M., Kundrat, G. K., & **Arvinen-Barrow, M.** (2024). Transition out of sport. In **M. Arvinen-Barrow** & D. Clement (Eds.), *The psychology of sport injury and rehabilitation* (2nd ed., pp. 287-301). Routledge. <https://doi.org/10.4324/9781003295709-24>
- 3.3.15. McAlarnen, M., **Arvinen-Barrow, M.**, Iwasaki, S., & Meir, G. (2023). Academic career paths in sport and performance psychology. In D. Christensen, T. Lun, & S. Brueckner (Eds.), *Directory of graduate programs in applied sport psychology* (13th ed., pp. 48-64). Association for Applied Sport Psychology. (invited) <https://appliedsportpsych.org/publications/graduate-program-directory/>
- 3.3.16. **Arvinen-Barrow, M.**, & Clement, D. (2021). Role of emotions in sport injury. In M. C. Ruiz & C. Robazza (Eds.), *Feelings in sport: Theory, research, and practical implications for performance and well-being*. Routledge. (invited)
- 3.3.17. **Arvinen-Barrow, M.**, & Kaski, S. (2021). Urheilupsykologian merkitys vammojen kuntoutusprosessissa. [Role of sport psychology in injury rehabilitation]. In K. Pasanen, H. Haapasalo, P. Halen, & J. Parkkari (Eds.), *Urheiluvammojen ehkäisy, hoito ja kuntoutus [Sport Injury prevention, treatment and rehabilitation]*. VK-Kustannus Oy. (invited)
- 3.3.18. Brewer, B. W., & **Arvinen-Barrow, M.** (2021). Psychology of injury and rehabilitation. In: S. Carson Sacket, N. Durand-Bush, & L. Tashman. *The Essential Guide for Mental Performance Consultants; Digital Resource*. Association for Applied Sport Psychology. (invited)
- 3.3.19. **Arvinen-Barrow, M.**, Clement, D., & Hemmings, B. (2020). "This is the final jump," I respond. Why, why do I utter those words?" Using storytelling in sport injury rehabilitation. In R. Wadey (Ed.), *Sport injury psychology: Cultural, relational, methodological, and applied considerations*. Routledge. (invited)



- 3.3.20. **Arvinen-Barrow, M.**, & Granquist, M. D. (2020). Psychosocial considerations for rehabilitation of the injured athletic patient. In W. Prentice (Ed.), *Rehabilitation techniques for sports medicine and athletic training* (7th ed.). SLACK Incorporated. (invited)
- 3.3.21. **Arvinen-Barrow, M.**, Vissek, A. J., & Barrow, A. (2020). Pidä hauskaa – have fun!. In M. Sachs, L. Tashman, & S. Razon (Eds.), *Performance excellence: Stories to make your endeavors a success*. Rowman & Littlefield. (invited)
- 3.3.22. Clement, D., & **Arvinen-Barrow, M.** (2020). Coping with injury: Deep breathing and praying. In M. Sachs, L. Tashman, & S. Razoin (Eds.), *Performance excellence: Stories to make your endeavors a success*. Rowman & Littlefield. (invited)
- 3.3.23. Clement, D., & **Arvinen-Barrow, M.** (2020). Psychosocial strategies for the different phases of sport injury rehabilitation. In A. Ivarsson & U. Johnson (Eds.), *Psychological bases of sport injuries* (4th ed.). Fitness Information Technology. (invited)
- 3.3.24. Zike, D., & **Arvinen-Barrow, M.** (2020). Leaving sport with a spinal cord injury. In M. Sachs, L. Tashman, & S. Razon (Eds.), *Performance excellence: Stories to make your endeavors a success*. Rowman & Littlefield. (invited)
- 3.3.25. **Arvinen-Barrow, M.**, & Clement, D. (2019). A case for interprofessional care. In **M. Arvinen-Barrow** & D. Clement (Eds.), *The psychology of sport and performance injury: An interprofessional case-based approach* (1st ed.). Routledge.
- 3.3.26. **Arvinen-Barrow, M.**, Clement, D., & Hemmings, B. (2019). Imagery in sport injury rehabilitation (Korean translation). In **M. Arvinen-Barrow** & N. Walker (Eds.), *The psychology of sport injury and rehabilitation*(pp. 129–150). Sungshin Women's University Press.
- 3.3.27. **Arvinen-Barrow, M.**, & Hemmings, B. (2019). Goal setting in sport injury rehabilitation (Korean translation). In **M. Arvinen-Barrow** & N. Walker (Eds.), *The psychology of sport injury and rehabilitation*(pp. 107–128). Sungshin Women's University Press.
- 3.3.28. **Arvinen-Barrow, M.**, & Pack, S. (2019). Social support in sport injury rehabilitation (Korean translation). In **M. Arvinen-Barrow** & N. Walker (Eds.), *The psychology of sport injury and rehabilitation*(pp. 195–210). Sungshin Women's University Press.
- 3.3.29. **Arvinen-Barrow, M.**, & Walker, N. (2019). Introduction to the psychology of sport injuries (Korean translation). In **M. Arvinen-Barrow** & N. Walker (Eds.), *The psychology of sport injury and rehabilitation*(pp. 29–36). Sungshin Women's University Press
- 3.3.30. Clement, D., & **Arvinen-Barrow, M.** (2019). Sport medicine team influences in psychological rehabilitation: A multidisciplinary approach. (Korean translation). In **M. Arvinen-Barrow** & N. Walker (Eds.), *The psychology of sport injury and rehabilitation*(pp. 249–268). Sungshin Women's University Press.
- 3.3.31. Clement, D., & **Arvinen-Barrow, M.** (2019). Case made! What's next?. In **M. Arvinen-Barrow** & D. Clement (Eds.), *The psychology of sport and performance injury: An interprofessional case-based approach* (1st ed.). Routledge.
- 3.3.32. Clement, D., LaGuerre, D., & **Arvinen-Barrow, M.** (2019). Role of religion and spirituality in sport injury rehabilitation. In B. Hemmings, A. Parkes, & N. Watson (Eds.), *Sport, psychology and Christianity: Welfare, performance and consultancy* (pp. 71–86). Routledge. (invited)
- 3.3.33. Ford, J., Johnson, R., Clement, D., & **Arvinen-Barrow, M.** (2019). Reactions to music performance injury rehabilitation: Brandon Jackson, a freshman music performance major. In **M. Arvinen-Barrow** & D. Clement (Eds.), *The psychology of sport and performance injury: An interprofessional case-based approach* (1st ed.). Routledge.
- 3.3.34. Hemmings, B., Watson, N. J., Parkes, A., Clement, D., **Arvinen-Barrow, M.**, & Oliver, M. (2019). Introduction. In B. Hemmings, N. J. Watson, & A. Parker (Eds.), *Sport, psychology and Christianity: Welfare, performance and consultancy* (pp. 1–9). Routledge. (invited)

- 3.3.35. Ildefonso, K., **Arvinen-Barrow, M.**, & Clement, D. (2019). Reactions to a football injury: Adrian Jones, a freshman collegiate football player. In **M. Arvinen-Barrow** & D. Clement (Eds.), *The psychology of sport and performance injury: An interprofessional case-based approach* (1st ed.). Routledge.
- 3.3.36. Walker, N., & **Arvinen-Barrow, M.** (2019). Conclusions and future directions (Korean translation). In **M. Arvinen-Barrow** & N. Walker (Eds.), *The psychology of sport injury and rehabilitation* (pp. 309–314). Sungshin Women's University Press.
- 3.3.37. **Arvinen-Barrow, M.** (2018). Injury prevention in sport and performance psychology. In O. Braddick (Ed.), *Oxford Research Encyclopedia of Psychology*. Oxford University Press.  
<https://doi.org/10.1093/acrefore/9780190236557.013.171> (invited)
- 3.3.38. **Arvinen-Barrow, M.**, & Clement, D. (2018). Persons with exercise injuries. In S. Razon & M. Sachs (Eds.), *Applied exercise psychology: The challenging journey from motivation to adherence* (pp. 339–355). Routledge. (invited)
- 3.3.39. **Arvinen-Barrow, M.**, Hamson-Utley, J. J., & DeFreese, J. (2018). Sport injury, rehabilitation, and return to sport. In J. Taylor (Ed.), *Assessment in applied sport psychology* (pp. 266–295). Human Kinetics. (invited)
- 3.3.40. Clement, D., **Arvinen-Barrow, M.**, & Van Horn, S. (2016). Les émotions comme antécédent et conséquences de la blessure en sport. [Emotions as antecedents and consequences of sport injury]. In M. Campo & B. Louvet (Eds.), *Les émotions en sport et en EPS: Apprentissage, Performance et Santé. [Emotions in sport, exercise and physical education – Learning performance and health]* (pp. 401–415). De Boeck. (invited)
- 3.3.41. Hamson-Utley, J. J., **Arvinen-Barrow, M.**, & Granquist, M. (2014). Psychosocial strategies: Effectiveness and application. In M. Granquist, J. J. Hamson-Utley, L. Kenow, & J. Stiller-Ostrowski (Eds.), *Psychosocial strategies for athletic trainers: An applied and integrated approach* (pp. 231–268). FA Davis Publishers. (invited)
- 3.3.42. **Arvinen-Barrow, M.**, Clement, D., & Hemmings, B. (2013). Imagery in sport injury rehabilitation. In **M. Arvinen-Barrow** & N. Walker (Eds.), *The psychology of sport injury and rehabilitation* (1st ed., pp. 71–85). Routledge.
- 3.3.43. **Arvinen-Barrow, M.**, & Hemmings, B. (2013). Goal setting in sport injury rehabilitation. In **M. Arvinen-Barrow** & N. Walker (Eds.), *The psychology of sport injury and rehabilitation* (1st ed., pp. 56–70). Routledge.
- 3.3.44. **Arvinen-Barrow, M.**, & Pack, S. (2013). Social support in sport injury rehabilitation. In **M. Arvinen-Barrow** & N. Walker (Eds.), *The psychology of sport injury and rehabilitation* (1st ed., pp. 117–131). Routledge.
- 3.3.45. **Arvinen-Barrow, M.**, & Walker, N. (2013). Introduction to the psychology of sport injuries. In **M. Arvinen-Barrow** & N. Walker (Eds.), *The psychology of sport injury and rehabilitation* (pp. 2–5). Routledge.
- 3.3.46. Clement, D., & **Arvinen-Barrow, M.** (2013). Sport medicine team influences in psychological rehabilitation: A multidisciplinary approach. In **M. Arvinen-Barrow** & N. Walker (Eds.), *The psychology of sport injury and rehabilitation* (1st ed., pp. 156–170). Routledge.
- 3.3.47. Walker, N., & **Arvinen-Barrow, M.** (2013). Conclusions and future directions. In **M. Arvinen-Barrow** & N. Walker (Eds.), *The psychology of sport injury and rehabilitation* (pp. 199–202). Routledge.

#### 3.4. [Proprietary and non-proprietary technical reports](#)

None

#### 3.5. [Training manuals](#)

None

### 3.6. Computer software

None

### 3.7. Instructional Aids

Published by the Association for Applied Sport Psychology as part of Journal for Advancing Sport Psychology in Research, distributed worldwide (open access).

#### Instructional Handbooks

- 3.7.1. **Arvinen-Barrow, M.**, & Visek, A. J. (2021). Journal for Advancing Sport Psychology in Research (JASPR) Reviewer Handbook. *Journal for Advancing Sport Psychology in Research*, 1(1), 56–74. <https://doi.org/https://doi.org/10.55743/000006>
- 3.7.2. Visek, A. J., Ault, K. J., & **Arvinen-Barrow, M.** (2021). Journal for Advancing Sport Psychology in Research (JASPR) Author Handbook. *Journal for Advancing Sport Psychology in Research*, 1(1), 40–55. <https://doi.org/https://doi.org/10.55743/000005>

#### Instructional Videos

- 3.7.3. **Arvinen-Barrow, M.**, O'Neil, L., Middleton, T. T. F., Oliver, A., Ault, K. J., Scheadler, T. R., & Visek, A. J. (2021). Journal for Advancing Sport Psychology in Research (JASPR) Reviewer Guidelines [instructional video]. *YouTube*. <https://www.youtube.com/watch?v=RT05y6UEyqo&feature=youtu.be>
- 3.7.4. Visek, A. J., Ault, K. J., Middleton, T. T. F., Oliver, A., O'Neil, L., Scheadler, T. R., & **Arvinen-Barrow, M.** (2020). Peer Review Process: Journal for Advancing Sport Psychology in Research (JASPR) [instructional video]. *YouTube*. <https://www.youtube.com/watch?v=mgXqkTQgDsM&feature=youtu.be>
- 3.7.5. Visek, A. J., Scheadler, T. R., Ault, K. J., Middleton, T. T. F., O'Neil, L., Oliver, A., & **Arvinen-Barrow, M.** (2020). Introduction to Journal for Advancing Sport Psychology in Research (JASPR) [instructional video]. *YouTube*. <https://www.youtube.com/watch?v=jYLgUh92iOw&feature=youtu.be>

#### Instructional Webpages

- 3.7.6. **Arvinen-Barrow, M.**, Visek, A. J., O'Neil, L., Scheadler, T. R., Middleton, T. T. F., Oliver, A., & Ault, K. J. (2020). For Reviewers [Webpage]. *Journal for Advancing Sport Psychology in Research*. <https://jaspr.scholasticahq.com/pages/155-for-reviewers>
- 3.7.7. Visek, A. J., **Arvinen-Barrow, M.**, Middleton, T. T. F., Scheadler, T. R., O'Neil, L., Ault, K. J., & Oliver, A. (2020). For Authors [Webpage]. *Journal for Advancing Sport Psychology in Research*. <https://jaspr.scholasticahq.com/for-authors>

### 3.8. Psychometric and evaluative instruments

None

### 3.9. Research projects conducted and grants received

#### Funded contracts and grants

- 3.9.1. Meyer, B. B. (Co-Principal), **Arvinen-Barrow, M.** (Co-Principal), "*Sport and performance psychology consultation for UWM Athletics Department*," Sponsored by Athletics Department, University of Wisconsin-Milwaukee, \$10,000.00. (2023).
- 3.9.2. Meyer, B. B. (Co-Principal), **Arvinen-Barrow, M.** (Co-Principal), "*Sport and performance psychology consultation for UWM Athletics Department*," Sponsored by Athletics Department, University of Wisconsin-Milwaukee, \$10,000.00. (2022).
- 3.9.3. Meyer, B. B. (Co-Principal), **Arvinen-Barrow, M.** (Co-Principal), "*Sport and performance psychology consultation for UWM Athletics Department*," Sponsored by Athletics Department, University of Wisconsin-Milwaukee, \$10,000.00. (2021).
- 3.9.4. Meyer, B. B. (Co-Principal), **Arvinen-Barrow, M.** (Co-Principal), "*Sport and performance psychology consultation for UWM Athletics Department*," Sponsored by Athletics Department, University of Wisconsin-Milwaukee, \$10,000.00. (2020).
- 3.9.5. **Arvinen-Barrow, M.** (Co-Principal), Ildefonso, K. (Co-Principal), "*Exploring mental toughness in sport injury rehabilitation: A grounded theory approach*," Sponsored by Wisconsin Athletic Training Association, State, \$1,916.00. (October 2017- April 2020).
- 3.9.6. Meyer, B. B. (Co-Principal), **Arvinen-Barrow, M.** (Co-Principal), "*Sport and performance psychology consultation for UWM Athletics Department*," Sponsored by Athletics Department, University of Wisconsin-Milwaukee, \$10,000.00. (2019).
- 3.9.7. Mazurek, R. (Co-Principal), Reckelberg, R. (Co-Principal), Huddleston, W. E. (Co-Principal), **Arvinen-Barrow, M.** (Co-Principal), "*A qualitative investigation into faculty and academic staff experiences of Collaborative Teaching Development Program*," Sponsored by College of Health Sciences, University of Wisconsin-Milwaukee, \$1,800.00. (March 2018- December 2018).
- 3.9.8. Meyer, B. B. (Co-Principal), **Arvinen-Barrow, M.** (Co-Principal), "*Sport and performance psychology consultation for UWM Athletics Department*," Sponsored by Athletics Department, University of Wisconsin-Milwaukee, \$10,000.00. (2018).
- 3.9.9. Meyer, B. B. (Co-Principal), **Arvinen-Barrow, M.** (Co-Principal), "*Sport and performance psychology consultation for UWM Athletics Department*," Sponsored by Athletics Department, University of Wisconsin-Milwaukee, \$5,000.00. (2017).
- 3.9.10. Meyer, B. B. (Co-Principal), **Arvinen-Barrow, M.** (Co-Principal), "*Sport and performance psychology consultation for UWM Athletics Department*," Sponsored by Athletics Department, University of Wisconsin-Milwaukee, \$5,000.00. (2016).
- 3.9.11. Earl-Boehm, J. E. (Co-Principal), **Arvinen-Barrow, M.** (Co-Principal), "*Increasing student-athlete quality of life by identifying and addressing psychosocial, nutritional and physical sport injury risk factors: An integrated interprofessional approach*," Sponsored by College of Health Sciences, Stimulus Program for the Acceleration of Research Clusters, University of Wisconsin-Milwaukee, \$24,850.00. (2015-2016).
- 3.9.12. **Arvinen-Barrow, M.** (Co-Principal), Clement, D. (Co-Principal), "*Athlete's expectations about services provided by sport medicine professionals during sport injury rehabilitation: A cross-cultural research project*," Sponsored by The University of Northampton School of Health REF-Grant, International, \$2,610.00. (2011).
- 3.9.13. **Arvinen-Barrow, M.** (Co-Principal), Redwood, T. (Co-Principal), "*Benefits of swimming with babies (SWB) approach to infant swimming: An exploratory study*," Sponsored by The University of Northampton School of Health REF-Grant, International, \$3,222.02. (2010).

### 3.10. [Book reviews, editorials, interviews, and other minor publications](#)

#### Book Reviews

- 3.10.1. **Arvinen-Barrow, M.** (2010). Review of the book *Applied Sport Psychology: A case-based*

approach. *The Sport Psychologist*, 24(1), 117-118. <https://doi.org/10.1123/tsp.24.1.117>

## Editorials

- 3.10.2. Smith, R. L. K. A., **Arvinen-Barrow, M.**, & Moutry, A. (2023). Moving beyond the buzzword: Psychological safety is just as important as physical safety. *British Journal of Sports Medicine*, 57, 1009-1010. <https://doi.org/http://dx.doi.org/10.1136/bjsports-2023-106993>
- 3.10.3. **Arvinen-Barrow, M.**, & Visek, A. J. (2021). The timely arrival of JASPR: An innovative research publishing enterprise. *Journal for Advancing Sport Psychology in Research*, 1(1), 4–6. <https://doi.org/https://doi.org/10.55743/000001>
- 3.10.4. **Arvinen-Barrow, M.**, & Visek, A. J. (2021). “Well begun is half done” (Aristotle): A year-in-review of editorial observations to guide aspiring authors. *Journal for Advancing Sport Psychology in Research*, 1(2), 4-6. <https://doi.org/https://doi.org/10.55743/000007>

## Interviews

- 3.10.5. Interview for an episode of #studentofthegame (April 8, 2024): An invited expert interview: “Why rehabbing an injury is far more than just physical” <https://youtu.be/CStaxaX8lQc?si=IBvx7VgrQENMFkel>
- 3.10.6. On-air interview for SiriusXM "Doctor Radio" Orthopedics Show (May 22, 2023), *An invited expert interview to provide to discuss psychosocial aspects of sport injuries.*
- 3.10.7. Interview with Barbara Meyer by Lori Nickel of Milwaukee Journal Sentinel (May 12, 2023): *Nickel: Let's hear from a couple of sports psychology consultants on the Giannis 'failure' answer* [Interview]. Milwaukee Journal Sentinel. <https://www.usatoday.com/story/sports/nba/bucks/2023/05/12/sports-psychologists-address-giannis-antetokounmpo-failure-answer/70207244007/?gnt-cfr=1>
- 3.10.8. WISN 12 News (April 27, 2023): *Giannis after shocking playoff exit: 'No failure in sports': The Bucks superstar added that this was "the worst postseason ever" after being bounced by the Miami Heat.* An interview. <https://www.wisn.com/article/giannis-antetokounmpo-milwaukee-bucks-after-shocking-playoffs-exit-no-failure-in-sports-nba/43727478>
- 3.10.9. TMJ4 News (July 9, 2021): *Simone Biles' Olympic decision puts spotlight on mental health: 'You want your mind for the rest of your life'.* An interview. <https://www.tmj4.com/sports/olympics/simone-biles-olympic-decision-puts-spotlight-on-mental-health-you-want-your-mind-for-the-rest-of-your-life>
- 3.10.10. TMJ4 News (June 28, 2021): *The science behind missed free throws in basketball.* <https://www.tmj4.com/sports/basketball/milwaukee-bucks/the-science-behind-missed-free-throws-in-basketball>
- 3.10.11. YLE (Finnish Broadcasting Network)(May 20, 2021): *An interview about Awak Kuir and WNBA drafting.*
- 3.10.12. Publication Launch Webinar for a Research Report (December 12, 2020): *Miten Urheilijan Mieli voi?* <https://www.youtube.com/watch?v=Qth4T0gR0fc&feature=youtu.be>
- 3.10.13. Suomen taitoluisteluliiton ajankohtaismedia SKATINGFINLAND (March, 19, 2020): *An interview to provide an expert statement on the psychological impact of coronavirus (COVID-19) cutting the season short for Finnish synchronized skating teams Helsinki Rockettes and Team Unique, both heading to the Synchronized Skating World Championships at Lake Placid, New York.* <https://www.skatingfinland.fi/tapahtumat/koronavirus-murskasi-muodostelmaluistelijoiden-mm-haaveet/>
- 3.10.14. On-air interview for SiriusXM "Doctor Radio" Orthopedics Show (January 13, 2020), *An invited expert interview to provide to discuss psychosocial aspects of sport injuries.*

- 3.10.15. On-air interview by Ann Fisher of WOSU-NPR in Ohio (November 8, 2017), *an invited interview regarding sport psychology and recovery from devastating injuries. All Sides with Ann Fisher.* <http://radio.wosu.org/post/wellness-wednesday-dieting-fads-diy-dentistry-sports-injuries>
- 3.10.16. On-air interview with Barbara Meyer by Thomas Luljak of WUWM radio station WUWM/NPR (June 22, 2017), *An invited interview regarding sport psychology and the UWM's Laboratory for Sport Psychology & Performance Excellence.* WUWM Today radio show. <http://wuwmm.com/post/body-mind-two-uwm-experts-share-insights-sports-psychology#stream/0>
- 3.10.17. Interview with Barbara Meyer by Erin O'Donnell (Spring 2017). *An invited interview regarding sport psychology and the UWM's Laboratory for Sport Psychology & Performance Excellence. UWM Research report and UWM homepage. "Right state of mind: How UWM sport psychology experts help athletes achieve peak performance."*
- 3.10.18. Interview with Jennifer Earl-Boehm by Erin O'Donnell (Fall, 2016). *An invited interview regarding interprofessional performance enhancement program (Panther-PEP). UWM Alumni Magazine. "PEP RALLY: How a UWM assessment program helps athletes perform better."*

#### Published Abstracts

- 3.10.19. Thorpe, J. L., **Arvinen-Barrow, M.**, Bazett-Jones, D. M., Dey, P., Huddleston, W. E., & Earl-Boehm, J. E. (2022). Injury characteristics & sociodemographic factors associated with perceptions of pain and function in individuals with patellofemoral pain. *Journal of Athletic Training, 57*(6 Supplement), S276.
- 3.10.20. Earl-Boehm, J., O'Connor, M., Thorpe, J., Truebenbach, C., & **Arvinen-Barrow, M.** (2016). Relationships among isometric hip strength measures in Division I collegiate athletes. *Journal of Athletic Training, 51*(6 Supplement), S78.
- 3.10.21. Ildefonso, K., Gnacinski, S., Earl-Boehm, J., & **Arvinen-Barrow, M.** (2016). Physical predictors of perceived susceptibility to sport injury among collegiate athletes: An exploratory investigation. *Journal of Athletic Training, 51*(6 Supplement), S178.
- 3.10.22. Maresh, N., Ebersole, K., **Arvinen-Barrow, M.**, & Earl-Boehm, J. (2016). Functional and psychological benefits of active video gaming in chronic ankle instability. *Journal of Athletic Training, 51*(6 Supplement), S108.
- 3.10.23. Sigmund, K., **Arvinen-Barrow, M.**, & Earl-Boehm, J. (2016). A prospective investigation into injury occurrence and college athletes' perceptions of susceptibility to sports-related injury. *Journal of Athletic Training, 51*(6 Supplement), S155.
- 3.10.24. Thorpe, J., **Arvinen-Barrow, M.**, & Earl-Boehm, J. (2016). Does hip strength predict performance on the landing error scoring system in collegiate athletes? *Journal of Athletic Training, 51*(6 Supplement), S76.
- 3.10.25. Kelley, K., Poel, D., Cornell, D., Gnacinski, S., Hess, C., O'Connor, M., Zander, R., **Arvinen-Barrow, M.**, Truebenbach, C., & J. E. (2015). Identifying sport and gender differences in the Lower Extremity Functional Test (LEFT). *Journal of Athletic Training, 50*(6 Supplement), S193.
- 3.10.26. O'Connor, M., Cornell, D., Gnacinski, S., Hess, C., Kelley, K., Poel, D., Zander, R., **Arvinen-Barrow, M.**, Truebenbach, C., & Earl-Boehm, J. (2015). Relationship between hip strength and dynamic balance performance. *Journal of Athletic Training, 50*(6 Supplement), S267.
- 3.10.27. **Arvinen-Barrow, M.**, Weigand, D. A., Hemmings, B., & Walley, M. (2004). The effects of competitive level and time of season on the use of imagery by Finnish synchronized skaters. *Journal of Sports Sciences, 22*(3), 298. <https://doi.org/10.1080/0264041031000102088>
- 3.10.28. **Arvinen-Barrow, M.**, & Hemmings, B. (2006). Investigation into the UK chartered physiotherapists' perceptions on the prevailing characteristics in defining coping success

amongst injured athletes. *Physical Therapy in Sport*, 7(4), 172–173.  
<https://doi.org/10.1016/j.ptsp.2006.09.005>

- 3.10.29. **Arvinen-Barrow, M.**, Hemmings, B., Weigand, D. A., Becker, C. A., & Booth, L. (2005). Views of chartered physiotherapists on the psychological content of their practice: A national follow-up survey in the United Kingdom. *Journal of Sports Sciences*, 23(11-12), 1236–1237.  
<https://doi.org/10.1080/02640410500209153>

#### Invited Expert Commentaries/Opinion Articles

- 3.10.30. **Arvinen-Barrow, M.** (2022). Korona vaikuttanut rajusti nuorisourheiluun Yhdysvalloissa [Covid-19 and its impact on youth sport in the United States of America]. *Liikunta & Tiede*, 59(2), 18-21.
- 3.10.31. **Arvinen-Barrow, M.**, & Brewer, B. W. (2022). Comment on “SIG spotlight: Does the CMPC® credential apply to sports injury?”. *The Association for Applied Sport Psychology Newsletter*.  
<https://appliedsportpsych.org/members/newsletters/march-2022/comment-on-sig-spotlight-does-the-cmpc-credential-apply-to-sports-injury/>
- 3.10.32. **Arvinen-Barrow, M.** (2017). “Äiti, what do you even know about sports?” Urheilupsykologian ammattilaisen ajatuksia seuran, valmentajan, ja vanhemman rooleista nuoren urheilijan kehityspolulla [Mom, what do you even know about sports? Sport psychology professionals’ reflections on the role of sports club, coaches, and parents as part of the young athlete development. *Tikkurilan Taitoluisteluklubin Kausijulkaisu*. 16-17.
- 3.10.33. **Arvinen-Barrow, M.** (2016). Commentary on Doherty et al., “The experience of depression during careers of elite male athletes.” *Frontiers in Psychology*, 7, 1609-1609.  
<https://doi.org/10.3389/fpsyg.2016.01609>
- 3.10.34. **Arvinen-Barrow, M.** (2015). Urheilijan psyykinen ja fyysinen hyvinvointi keskiössä – juniorista huipulle [Athlete centered approach to athletes’ psychological and physical wellbeing – from novice to elite]. *Liikunta & Tiede*, 52(4), 84–86.  
[http://www.lts.fi/sites/default/files/page\\_attachment/lt\\_4-15\\_84-86\\_lowres.pdf](http://www.lts.fi/sites/default/files/page_attachment/lt_4-15_84-86_lowres.pdf)
- 3.10.35. **Arvinen-Barrow, M.** (2015). Role of psychology in therapy and rehabilitation: Where does it “fit”? [Opinion]. *International Journal of Therapy and Rehabilitation*, 22(11), 508-508.  
<https://doi.org/10.12968/ijtr.2015.22.11.508>
- 3.10.36. **Arvinen-Barrow, M.** (2004, August). Reach for your dreams. *Science’s Next Wave*.  
[http://sciencecareers.sciencemag.org/career\\_development/issue/articles/3150/reach\\_out\\_for\\_your\\_dreams/\(parent\)/](http://sciencecareers.sciencemag.org/career_development/issue/articles/3150/reach_out_for_your_dreams/(parent)/)

#### 3.11. Papers and other presentations at academic and professional meetings

##### Keynote Addresses

- 3.11.1. **Arvinen-Barrow, M.**, (October 2019). Biopsychosocial approach to patellofemoral pain: Role of theory in research and clinical practice, 6th International Patellofemoral Research Retreat, Milwaukee, WI, USA. (*Invited, academic and professional audience, formal paper, presenter*).
- 3.11.2. **Arvinen-Barrow, M.**, (February 2016). The journey through academia: Understanding me, myself, and I (and my research topic), The Association for Applied Sport Psychology Regional Conference and 26th Midwest Sport and Exercise Psychology Symposium, Chicago, IL, USA. (*Invited, academic and professional audience, formal paper, presenter*).
- 3.11.3. **Arvinen-Barrow, M.**, (March 2015). Psychosocial process of sport injury: Towards an athlete centered care in an interdisciplinary world, The Association for Applied Sport Psychology Regional Conference, Association for Applied Sport Psychology, Mankato, MN, USA. (*Invited, academic and professional audience, formal paper, presenter*).

- 3.11.4. **Arvinen-Barrow, M.**, (November 2013). Urheiluvammojen psykososiaaliset vaikuttajat- teorian ja tutkimuksen avulla apua käytäntöön [Psychosocial facets of sport injuries: From theory and research to applied practice], Liikuntalääketieteen päivät, Liikuntatieteellinen Seura [Finnish Society of Sport Sciences Sport Medicine Conference], Helsinki, Finland. *(Invited, academic and professional audience, formal paper, presenter)*.

#### Invited Lectures at Academic and Professional Meetings (Face-To-Face)

- 3.11.5. **Arvinen-Barrow, M.** (2024, February). The psychology of sport injury and rehabilitation: Case studies., 2024 Joint Commission on Sports Medicine & Science Annual Meeting, Milwaukee, WI, USA. *(Invited, academic and professional audience, formal paper, presenter)*.
- 3.11.6. **Arvinen-Barrow, M.** (2019, October). Pain and psychosocial aspects of patellofemoral pain: What can I, as a clinician do?, 2019 International Patellofemoral Pain Clinical Symposium, Milwaukee, WI, USA. *(Invited, academic and professional audience, formal paper, presenter)*.
- 3.11.7. **Arvinen-Barrow, M.** (2018, January). "Baseball was made for kids and grown-ups only screw it up" (Bob Lemon): Thoughts on biopsychosocial youth athlete development, Major Youth Baseball Annual Meeting, Milwaukee, WI, USA. *(Invited, professional audience, formal paper, presenter)*.
- 3.11.8. Earl-Boehm, J., Truebenbach, C., & **Arvinen-Barrow, M.** (2015, April). Interprofessional practice: Building bridges between professions. Wisconsin Athletic Trainer's Association Annual Meeting, Milwaukee, WI, USA. *(Invited, academic audience, formal paper, presenter)*.
- 3.11.9. **Arvinen-Barrow, M.** (2013, November). Urheiluvammojen psykososiaaliset vaikuttajat - teorian ja tutkimuksen avulla apua käytäntöön [Psychosocial facets of sport injuries: From theory and research to applied practice]. Lisää terveitä harjoittelupäiviä: Laadukas terveydenhuolto luo pohjaa urheilijan menestymiselle. [More injury and illness free training days: Quality healthcare forms the foundation for athletic success]. Liikuntalääketieteen päivät, Liikuntatieteellinen Seura [Finnish Society of Sport Sciences Sport Medicine Conference], Helsinki, Finland. *(Invited, academic and professional audience, formal paper, presenter)*.
- 3.11.10. **Arvinen-Barrow, M.** (2011, November). Role of sport medicine professionals in psychological rehabilitation of sport injuries: Experiences and expectations. The Sport and Exercise Research Seminar Series, Northampton, United Kingdom. *(Invited, academic audience, formal paper, presenter)*.
- 3.11.11. **Arvinen-Barrow, M.**, Redwood, T., Armstrong-Hallam, S., Pyer, M., Kitson, E., (2011, March). Benefits of Swimming with Babies (SWB) Approach: An exploratory study, University of Northampton School of Health Development Day, Northampton, United Kingdom. *(Invited, academic, clinical, and industry audience, formal paper, presenter)*.
- 3.11.12. **Arvinen-Barrow, M.** (2009, March). Psychological rehabilitation from sport injury: The role of the physiotherapist, The Northampton Sports Medicine and Science Group Meeting, Pavillion Clinic, Northampton, United Kingdom. *(Invited, academic, clinical, and industry audience, formal paper, presenter)*.
- 3.11.13. **Arvinen-Barrow, M.** (2008, November). The role of chartered physiotherapists in the psychological rehabilitation from sport injuries: Recent research findings and suggestions for further research. The physical activity and health networking event for the Centre for Health and Wellbeing Research, Northampton, United Kingdom. *(Invited, academic, clinical, and industry audience, formal paper, presenter)*.
- 3.11.14. **Arvinen-Barrow, M.** (2006, February). Views of chartered physiotherapists on the psychological content of their practice: A national follow-up survey in the United Kingdom. The psychology research seminar programme, Northampton, United Kingdom. *(Invited, academic audience, formal paper, presenter)*.



### Invited Lectures at Academic and Professional Meetings (Online)

- 3.11.15. **Arvinen-Barrow, M.**, (September, 2022). Rehabilitation of the biopsychosocial athlete, The Injury Rehab Network, Stereosport in partnership with British Association of Sport Rehabilitators, Virtual, United Kingdom. <https://www.sterosport.co.uk/dr-monna-arvinen-barrow-rehabilitation-of-the-biopsychosocial-athlete-injury-rehab-network-event/> (*Invited, academic and professional audience, formal paper, presenter*).
- 3.11.16. **Arvinen-Barrow, M.**, (2021, June 10). Miten huippu-urheilijan mieli voi?, the Finnish Ministry of Education and Culture Sports Ethics Advisory Board, Virtual meeting (Zoom). (*Invited, professional audience, notes, presenter*).
- 3.11.17. Kaski, S., **Arvinen-Barrow, M.**, Kinnunen, U., & Parkkari, J. (December, 2020). Miten huippu-urheilijan mieli voi?-tutkimusraportin julkistamistilaisuus, Finnish Society of Sport Sciences: <https://www.youtube.com/watch?v=Qth4TOgR0fc&feature=youtu.be> (*Invited, academic and professional audience, formal paper, presenter*).
- 3.11.18. **Arvinen-Barrow, M.** (2020, January). Life after the doctorate and career advice, Graduate School Event: Doctoral Careers and Professional Development, The University of Northampton, Northampton, United Kingdom. (*Invited, academic audience, formal paper, presenter*).
- 3.11.19. **Arvinen-Barrow, M.** (2019, June). UoN doctoral alumni presentations, Graduate School Update Day 2019: PGR Futures, The University of Northampton, Northampton, United Kingdom. (*Invited, academic audience, notes, presenter*).

### Symposia and Panels at Academic and Professional Meetings

- 3.11.20. Shinnick, R., **Arvinen-Barrow, M.**, & McCarthy, J. (2023, October 18-21). Adopting an interprofessional approach to injured athlete care [panel]. The Association for Applied Sport Psychology 38th Annual Conference, Orlando, FL, USA. (Peer-reviewed, academic and professional audience, formal paper, panelist).
- 3.11.21. **Arvinen-Barrow, M.**, Maher, C., Wagstaff, C. (2022, October). How to publish in AASP journals, The Association for Applied Sport Psychology 37th Annual Conference, Fort Worth, TX. (Invited, academic and professional audience, formal paper, panelist).
- 3.11.22. Visek, A. J., Middleton, T. R. F., Scheadler, T., O'Neil, L., Ault, K. J., Oliver, A., **Arvinen-Barrow, M.** (2021, October). Pulling back the curtain: A panel discussion on student equity and engagement in the publication process, The Association for Applied Sport Psychology 36th Annual Conference, Virtual. (Peer-reviewed, academic and professional audience, formal paper, presenter).
- 3.11.23. Visek, A. J., Altéus, C., Back, J., Berkman, O., Borg, E., Enoksson, M., Ivarsson, A., Learner, J., Lind, J., Mannix, H., Stenlind, A., Wahlström, A., Werner, A., **Arvinen-Barrow, M.**, (2020, October). Bridging the gap between sport science and NGBs: A cross-cultural, youth sport partnership between the USA and Sweden, The Association for Applied Sport Psychology 35th Annual Conference, Virtual. (Peer-reviewed, academic and professional audience, notes, discussant).
- 3.11.24. Wadey, R., Appaneal, R., **Arvinen-Barrow, M.**, Podlog, L., (2019, October). Psychology of sport injury: Theory to practice and practice to theory, The Association for Applied Sport Psychology 34th Annual Conference, Portland, OR, USA. (Peer-reviewed, academic and professional audience, formal paper, presenter).
- 3.11.25. Heil, J., Wiese-Bjornstal, D. M., Williams, J. A., (2014, October). "Study the past if you would define the future" (Confucius): A historical perspective on the psychology of sport injury. In: **M. Arvinen-Barrow** & B. W. Brewer (chairs). A roundtable discussion on psychology of sport injury

- past, present and future. The Association for Applied Sport Psychology 29<sup>th</sup> Annual Conference, Las Vegas, NV, USA. (Peer-reviewed, academic and professional audience, notes, chair).
- 3.11.26. **Arvinen-Barrow, M.**, Clement, D., Granquist, M., & Hamson-Utley, J.J. (2013, October). It's the athlete that counts: Placing the athlete in the center of the multidisciplinary care. In: **M. Arvinen-Barrow** (chair). Psychosocial aspects of sport injury: An athlete-centered approach. Symposium conducted at the Association for Applied Sport Psychology 28<sup>th</sup> Annual Conference, New Orleans, LA, USA. (Peer-reviewed, academic and professional audience, formal paper, presenter).
- 3.11.27. Lintunen, T., Huotari, K., **Arvinen-Barrow, M.**, & Kuusela, M. (2013, June). Ryhmän toiminnan kehittäminen urheilussa [Team Building in Sport]. In: A. Pönkkö, (Chair), Liikuntatieteiden soveltaminen: Liikuntaympäristö innostavaksi tunne- ja vuorovaikutusosaamisella [Applying sport science knowledge: Creating innovative sport and exercise environment through emotional and interactional Skills]. Symposium conducted at the Finnish Conference of Sport Sciences, Jyväskylä, Finland. (Peer-reviewed, academic and professional audience, formal paper, presenter).

#### Workshops at Academic and Professional Meetings

- 3.11.27. **Arvinen-Barrow, M.**, Visek, A., Gnacinski, S., Scheadler, T., Johnson, C., Cawthra, J., Hess, C., (2019, October). The path to publishing your work: Understanding academic publication procedures, The Association for Applied Sport Psychology 34<sup>th</sup> Annual Conference, Portland, OR, USA. (Peer-reviewed, academic and professional audience, formal paper, chair).
- 3.11.28. Visek, A., Mannix, H., **Arvinen-Barrow, M.**, (2018, October). Linking fun to physical literacy and the 3ps: A logic model approach to transforming youth sport climates, The Association for Applied Sport Psychology 33<sup>rd</sup> Annual Conference, Toronto, Canada. (Peer-reviewed, academic and professional audience, formal paper, presenter).
- 3.11.29. Mazurek, R., Reckelberg, R., Huddleston, W. E., **Arvinen-Barrow, M.**, (2018, January). Three years in the making: Lessons learned from a collaborative teaching development program- faculty and academic staff peer review process, 2018 UWM Teaching and Learning Symposium, University of Wisconsin-Milwaukee, Milwaukee, WI, USA. (Peer-reviewed, academic audience, formal paper, presenter).
- 3.11.30. Mazurek, R., Verdegan, R. L., **Arvinen-Barrow, M.**, (2016, January). Collaborative teaching development program: An innovative approach to peer review, 2016 UWM Teaching and Learning Symposium, University of Wisconsin-Milwaukee, Milwaukee, WI, USA. (Peer-reviewed, academic audience, formal paper, presenter).

#### Oral Presentations at Academic and Professional Meetings

- 3.11.31. Mazurek, R., Verdegan, R., & **Arvinen-Barrow, M.** (2016, January). Collaborative teaching development program: An innovative approach to peer review. The 2016 UWM Teaching and Learning Symposium, Milwaukee, WI, USA. (Peer-reviewed, academic audience, formal paper, presenter).
- 3.11.32. **Arvinen-Barrow, M.**, Nässi, A., Ruiz, M. (2015, June). Suomalaisten ammattijääkiekkoilijoiden kokemuksia urheilu-uran loppumiseen johtaneiden urheiluvammojen psykososiaalisista vaikutuksista: Kvalitatiivinen tutkimus. [Finnish professional hockey player's experiences of psychosocial aspects of career-ending sport injuries: qualitative study]. The Finnish Conference of Sport Sciences, Jyväskylä, Finland. (Peer-reviewed, academic and professional audience, formal paper, presenter).
- 3.11.33. Zalewski, K.R., Alt, C. & **Arvinen-Barrow, M.** (2014, August). Barriers to being active in older adults with rehabilitation needs: Thoughts on the Transtheoretical model of change in physical activity.

- The Health Promotion Research- An International Forum "Next Health", Trondheim, Norway. (Peer-reviewed, academic and professional audience, formal paper, non-presenter).
- 3.11.34. **Arvinen-Barrow, M.** (2014, October). Key issues in psychology of sport injury research and practice: Where are we now? The Association for Applied Sport Psychology 29th Annual Conference, Las Vegas, NV, USA. (Peer-reviewed, academic and professional audience, formal paper, presenter).
- 3.11.35. Manley, A., **Arvinen-Barrow, M.**, & Wallace, J. (2013, December). An exploration of athletes' perceptions and experiences of active video games in relation to rehabilitation from sports injuries. The British Psychological Society Division of Sport and Exercise Psychology Conference, Manchester, United Kingdom. (Peer-reviewed, academic and professional audience, formal paper, presenter).
- 3.11.36. **Arvinen-Barrow, M.**, Manley, A., & Maresh, N. (2013, December). Role of active video gaming in psychosocial rehabilitation from injury: A systematic review of literature. The British Psychological Society Division of Sport and Exercise Psychology Conference, Manchester, United Kingdom. (Peer-reviewed, academic and professional audience, formal paper, presenter).
- 3.11.37. **Arvinen-Barrow, M.**, Clement, D., Robson, R., Hamson-Utley, J., Kamphoff, C.S., Zakrajsek, R., & Martin, S. (2012, April). UK Triathletes expectations of rehabilitation physiotherapy: A cross-sectional study. The British Psychological Society Annual Conference, London, United Kingdom. (Peer-reviewed, academic and professional audience, formal paper, presenter).
- 3.11.38. **Arvinen-Barrow, M.**, Rovio, E., M., Hakonen, H., Eskola, J., Tammelin, T., Helakorpi, S., Uutela, A., Havas, E., Weigand, D., Mutrie, N. (2012, April). Characterizing inactive adults in Finland: Dissimilar casts typically grouped in the same mold? The British Psychological Society Annual Conference, London, United Kingdom. (Peer-reviewed, academic and professional audience, formal paper, presenter).
- 3.11.39. **Arvinen-Barrow, M.**, & Hemmings, B. (2006, July). Investigation into the UK chartered physiotherapists' perceptions on the prevailing characteristics in defining coping success amongst injured athletes. The Association of Chartered Physiotherapists in Sports Medicine and International Federation of Sports Physiotherapists Conference Physical Therapy in Sport: Enhancing Recovery and Performance in Sport, Birmingham, United Kingdom. (Peer-reviewed, academic and professional audience, formal paper, presenter).
- 3.11.40. **Arvinen-Barrow, M.** (2006, July). Collecting large quantities of questionnaire survey data online and by post: Either-or, or possibly a combination of both? The University of Northampton Annual Postgraduate Research Degree Student & Contract Researcher Conference, Northampton, United Kingdom. (Peer-reviewed, academic audience, formal paper, presenter).
- 3.11.41. **Arvinen-Barrow, M.** (2004, April). The effects of competitive level and time of season on the use of imagery by Finnish synchronized skaters. The Sport & Exercise Research & Consulting Seminar Series, Northampton, United Kingdom. (*Invited, academic audience, formal paper, presenter*).
- 3.11.42. **Arvinen-Barrow, M.**, & Hemmings, B. (2016, December). Strategies to improve athletes' coping with career-ending sport injuries. The British Psychological Society Division of Sport and Exercise Psychology Conference, Cardiff, United Kingdom. (Peer-reviewed, academic audience, formal paper, presenter).

#### Student-Led Oral Presentations at Academic and Professional Meetings

- 3.11.43. Ford, J., & **Arvinen-Barrow, M.**, (2021, October). When the 'playbook' includes clefs, notes, ties, & dots: Recommendations for performance psychology professionals looking to consult in a music domain. The Association for Applied Sport Psychology 36<sup>th</sup> Annual Conference, Virtual. (Peer-reviewed, academic audience, formal paper, non-presenter).

- 3.11.44. Ford, J., **Arvinen-Barrow, M.**, Brondino, M. J., Feay-Shaw, S., Johnson, R. (2020, October). Conceptualizing psychological performance enhancement in a music domain. The Association for Applied Sport Psychology 35<sup>th</sup> Annual Conference, Virtual. (Peer-reviewed, academic audience, formal paper, non-presenter).
- 3.11.45. Zike, D., Vealey, R., **Arvinen-Barrow, M.** (2020, October). Athletes' experiences of leaving sport due to spinal cord injury: A multiple case study examination," The Association for Applied Sport Psychology 35<sup>th</sup> Annual Conference, Virtual. (Peer-reviewed, academic audience, formal paper, non-presenter).
- 3.11.46. Eckenrod, M. R., Zakrajsek, R. A., Jones, M. S., **Arvinen-Barrow, M.**, Clement, D. (2019, October). Mental performance consultants' experiences with support staff in NCAA DI athletic departments. The Association for Applied Sport Psychology 34<sup>th</sup> Annual Conference, Portland, OR, USA. (Peer-reviewed, academic and professional audience, formal paper, non-presenter).
- 3.11.47. Ildefonso, K., **Arvinen-Barrow, M.** (2019, March). Exploring mental toughness in sport injury rehabilitation: A grounded theory approach. The Midwest Regional Association for Applied Sport Psychology Conference, Mankato, MN, USA. (Peer-reviewed, academic audience, formal paper, non-presenter).
- 3.11.48. Ford, J., Vosloo, J., **Arvinen-Barrow, M.**, & Kaye, M. (2016, September). Pouring everything that you are': musicians' experiences of optimal performances. The Association for Applied Sport Psychology 31<sup>st</sup> Annual Conference, Phoenix, AZ, USA. (Peer-reviewed, academic and professional audience, formal paper, non-presenter).
- 3.11.49. Hess, C. W., Meyer, B. B., **Arvinen-Barrow, M.**, & Pack, S. (2016, September). The lived experiences of an elite athlete performance management team through injury rehabilitation. The Association for Applied Sport Psychology 31<sup>st</sup> Annual Conference, Phoenix, AZ, USA. (Peer-reviewed, academic and professional audience, formal paper, non-presenter).
- 3.11.50. Ildefonso, K., Gnacinski, S.L., Earl-Boehm, J.E., & **Arvinen-Barrow, M.** (2016, June). Physical predictors of perceived susceptibility to sport injury among collegiate athletes: An exploratory investigation. The National Athletic Trainer's Association Annual Symposia and Convention, Baltimore, MD, USA. (Peer-reviewed, academic and professional audience, formal paper, non-presenter).
- 3.11.51. Earl-Boehm, J., O'Connor, M., Thorpe, J., Truebenbach, C., & Arvinen-Barrow M. (2016, June). Relationships among isometric hip strength measures in Division-I collegiate athletes. The National Athletic Trainer's Association Annual Symposia and Convention, Baltimore, MD, USA. (Peer-reviewed, academic and professional audience, formal paper, non-presenter).
- 3.11.52. Maresh, N., Ebersole, K., **Arvinen-Barrow, M.**, Earl-Boehm, J. E. (2016, June). Functional and psychological benefits of active video gaming in chronic ankle instability. The National Athletic Trainer's Association Annual Symposia and Convention, Baltimore, MD, USA. (Peer-reviewed, academic and professional audience, formal paper, non-presenter).
- 3.11.53. Sigmund, K.J., **Arvinen-Barrow, M.**, & Earl-Boehm, J. (2016, June). A prospective investigation into injury occurrence and college athletes' perceptions of susceptibility to sports-related injury. The National Athletic Trainer's Association Annual Symposia and Convention, Baltimore, MD, USA. (Peer-reviewed, academic and professional audience, formal paper, non-presenter).
- 3.11.54. Thorpe, J., O'Connor, M., **Arvinen-Barrow, M.**, & Earl-Boehm, J. (2016, June). Does hip strength predict performance on the landing error scoring system in collegiate athletes? The National Athletic Trainer's Association Annual Symposia and Convention, Baltimore, MD, USA. (Peer-reviewed, academic and professional audience, formal paper, non-presenter).
- 3.11.55. Ford, J., Emmer, G., Earl-Boehm, J., & **Arvinen-Barrow, M.** (2016, February). Conceptualizing grit: A preliminary investigation with collegiate student-athletes. The AASP Regional Conference and

26<sup>th</sup> Midwest Sport and Exercise Psychology Symposium, Chicago, IL, USA. (Peer-reviewed, academic audience, formal paper, non-presenter).

- 3.11.56. Moore, G., & **Arvinen-Barrow, M.** (2010, September). Self-talk in cycling: Motivational and cognitive functions used by competitive and non-competitive cyclists. The British Association for Sport and Exercise Sciences Annual Conference: Challenging the Dogma, Glasgow, United Kingdom. (Peer-reviewed, academic and professional audience, formal paper, non-presenter).

#### Poster Presentations at Academic and Professional Meetings

- 3.11.57. Clement, D., **Arvinen-Barrow, M.** (2019, October). An investigation into former high school athletes' experiences of a multidisciplinary approach to sport injury rehabilitation. The Association for Applied Sport Psychology 34<sup>th</sup> Annual Conference, Portland, OR. (Peer-reviewed, academic and professional audience, formal paper, presenter).
- 3.11.58. Clement, D., & **Arvinen-Barrow, M.** (2017, July). Athletic trainers' views and experiences of discussing psychosocial and mental health issues with athletes: An exploratory study. The International Society of Sport Psychology 14<sup>th</sup> World Congress, Sevilla, Spain. (Peer-reviewed, academic and professional audience, formal paper, non-presenter).
- 3.11.59. **Arvinen-Barrow, M.**, & Clement, D. (2016, September). Preliminary investigation into previously injured athletes' views and experiences of a multidisciplinary approach to sport injury rehabilitation. The Association for Applied Sport Psychology 31<sup>st</sup> Annual Conference, Phoenix, AZ, USA. (Peer-reviewed, academic and professional audience, formal paper, presenter).
- 3.11.60. **Arvinen-Barrow, M.**, & Clement, D. (2015, October). A preliminary investigation into sport psychology professionals' views and experiences of a multidisciplinary team approach to sport injury rehabilitation. The Association for Applied Sport Psychology 30<sup>th</sup> Annual Conference, Indianapolis, IN, USA. (Peer-reviewed, academic and professional audience, formal paper, presenter).
- 3.11.61. **Arvinen-Barrow, M.**, Hurley, D., & Ruiz, M. (2015, October). Transitioning out of professional sport: The psychosocial impact of career-ending injuries among elite Irish rugby football union players. The Association for Applied Sport Psychology 30<sup>th</sup> Annual Conference, Indianapolis, IN, USA. (Peer-reviewed, academic and professional audience, formal paper, presenter).
- 3.11.62. **Arvinen-Barrow, M.**, DeGrave, K., Pack, S., & Hemmings, B. (2015, July). Transitioning out of professional sport: The psychosocial impact of career-ending injuries among UK cricketers. Poster presented at the 14<sup>th</sup> European Congress of Sport Psychology (FEPSAC), Bern, Switzerland. (Peer-reviewed, academic and professional audience, formal paper, presenter).
- 3.11.63. **Arvinen-Barrow, M.**, & Clement, D. (2015, July). Strategies to improve sport psychology consultants relationships with sport medicine professionals and access to injured athletes. Poster presented at the 14<sup>th</sup> European Congress of Sport Psychology (FEPSAC), Bern, Switzerland. (Peer-reviewed, academic and professional audience, formal paper, presenter).
- 3.11.64. **Arvinen-Barrow, M.**, Clement, D., Hamson-Utley, J., Kamphoff, C., Zakrajsek, R., Lee, S-M., Hemmings, B., Lintunen, T., & Martin, S. B., (2014, October). Athletes' expectations about sport injury rehabilitation: A cross-cultural study. The Association for Applied Sport Psychology 29<sup>th</sup> Annual Conference, Las Vegas, NV, USA. (Peer-reviewed, academic and professional audience, formal paper, presenter).
- 3.11.65. Clement, D., & **Arvinen-Barrow, M.** (2013, October). Psychosocial responses to different phase of sport injury rehabilitation: A qualitative study. The Association for Applied Sport Psychology 28<sup>th</sup> Annual Conference, New Orleans, LA, USA. (Peer-reviewed, academic and professional audience, formal paper, presenter).
- 3.11.66. **Arvinen-Barrow, M.**, Clement, D., & Bayes, N. (2013, July). Athletes' attitudes toward

- physiotherapist. The International Society of Sport Psychology 13<sup>th</sup> World Congress of Sport Psychology, Beijing, China. (Peer-reviewed, academic and professional audience, formal paper, presenter).
- 3.11.67. Clement, D., **Arvinen-Barrow, M.**, Hamson-Utley, J. J., Kamphoff, C., Zakrajsek, R., Lee, S-M., Robson, R., Hemmings, B., Lintunen, T., & Martin, S. B. (2012, October). Injured athletes' use of psychosocial strategies during sport injury rehabilitation. Association for Applied Sport Psychology 27<sup>th</sup> Annual Conference, Atlanta, GA, USA. (Peer-reviewed, academic and professional audience, formal paper, presenter).
  - 3.11.68. Clement, D., Hamson-Utley, J., **Arvinen-Barrow, M.**, Kamphoff, C.S., & Zakrajsek, R. & Martin, S. (2011, September). College athletes' expectations about athletic training and injury rehabilitation. Association for Applied Sport Psychology 26<sup>th</sup> Annual Conference, Honolulu, HI, USA. (Peer-reviewed, academic and professional audience, formal paper, presenter).
  - 3.11.69. **Arvinen-Barrow, M.**, Redwood, T., Townsend, N., Armstrong-Hallam, S., Pyer, M., & Kitson, E. (2010, December). Benefits of swimming with babies infant aquatics: An exploratory study. British Psychological Society Division of Sport and Exercise Psychology Bi-Annual Conference, London, United Kingdom. (Peer-reviewed, academic audience, formal paper, presenter).
  - 3.11.70. Weigand, D., Rovio, E., **Arvinen-Barrow, M.**, & Lintunen, T. (2008, September). Using team building methods in a Finnish ice hockey team: An action research study. Association for Applied Sport Psychology 23<sup>rd</sup> Annual Conference, St. Louis, MO, USA. (Peer-reviewed, academic and professional audience, formal paper, non-presenter).
  - 3.11.71. **Arvinen-Barrow, M.** (2008, September). Injured athletes' expectations of, and experiences on psychological aspects of rehabilitation physiotherapy: An interpretative phenomenological analysis. East Midlands University Association (EMUA) Sport Research Showcase, Loughborough, United Kingdom. (*Invited, academic audience, formal paper, presenter*).
  - 3.11.72. **Arvinen-Barrow, M.**, Hemmings, B., Becker, C., & Booth, L. (2007, July). Demystifying existing suggestions and recommendations: Chartered physiotherapists preferred methods of delivery for sport psychology training. 12th Annual Congress of the European College of Sport Science (ECSS), Jyväskylä, Finland. (Peer-reviewed, academic audience, formal paper, presenter).
  - 3.11.73. **Arvinen-Barrow, M.**, & Hemmings, B. (2007, July). Using psychological intervention techniques in sports injury rehabilitation: Chartered physiotherapists in the UK tell their stories. 12th Annual Congress of the European College of Sport Science (ECSS), Jyväskylä, Finland. (Peer-reviewed, academic audience, formal paper, presenter).
  - 3.11.74. **Arvinen-Barrow, M.**, & Hemmings, B. (2006, July). Investigation into the UK chartered physiotherapists' perceptions on the prevailing characteristics in defining coping success amongst injured athletes. Poster presented at the Association of Chartered Physiotherapists in Sports Medicine and International Federation of Sports Physiotherapists Conference Physical Therapy in Sport: Enhancing Recovery and Performance, Birmingham, United Kingdom. (Peer-reviewed, academic and professional audience, formal paper, presenter).
  - 3.11.75. **Arvinen-Barrow, M.**, Weigand, D.A., & Hemmings, B. (2005, May). Assessing the use of cognitive and motivational imagery amongst figure and synchronized skaters: Preliminary study. Poster presented at the International Congress in Science in Figure Skating, Joensuu, Finland. (Peer-reviewed, academic and professional audience, formal paper, presenter).
  - 3.11.76. **Arvinen-Barrow, M.**, Hemmings, B., Weigand, D.A., Becker, C., & Booth, L. (2005, September). Views of chartered physiotherapists on the psychological content of their practice: A national follow-up survey in the United Kingdom. British Association of Sport and Exercise Sciences Annual Conference in Loughborough University, Loughborough, United Kingdom. (Peer-reviewed, academic audience, formal paper, presenter).

- 3.11.77. Weigand, D.A., **Arvinen-Barrow, M.**, Thomas, S., Hemmings, B., & Walley, M. (2014, July). Elite/novice athlete's imagery use in open/closed sports. American Psychological Association (APA) 112th Annual Convention, Honolulu, HI, USA. (Peer-reviewed, academic audience, formal paper, non-presenter).
- 3.11.78. **Arvinen-Barrow, M.**, Weigand, D.A., Hemmings, B. & Walley, M. (2003, September). The effects of competitive level and time of season on the use of imagery by Finnish synchronized skaters. British Association of Sport and Exercise Sciences Annual Conference Cutting Edge, Sheffield, United Kingdom. (Peer-reviewed, academic audience, formal paper, presenter).

#### Student-Led Poster Presentations at Academic and Professional Meetings

- 3.11.79. Ildefonso, K., & **Arvinen-Barrow, M.** (October, 2023). "Exploring the perceived psychosocial experiences of recreational runners with patellofemoral pain: A grounded theory approach." The Association for Applied Sport Psychology 38<sup>th</sup> Annual Conference, Orlando, FL, USA. (Peer-reviewed, academic and professional audience, non-presenter).
- 3.11.80. Zike, D. M., & **Arvinen-Barrow, M.** (October, 2023). "Having, being, and living: Stories of disability by female athletes after spinal cord injury." The Association for Applied Sport Psychology 38<sup>th</sup> Annual Conference, Orlando, FL, USA. (Peer-reviewed, academic and professional audience, non-presenter).
- 3.11.81. Hansen, M. & **Arvinen-Barrow, M.** (October, 2022). "Transitioning into a doctoral program without a master's degree as a military veteran: Personal reflections." The Association for Applied Sport Psychology 37<sup>th</sup> Annual Conference, Fort Worth, TX. (Peer-reviewed, academic and professional audience, non-presenter).
- 3.11.82. Thorpe, J. L., **Arvinen-Barrow, M.**, Bazett-Jones, D. M., Dey, P., Huddleston, W. E., & Earl-Boehm, J. E. (June, 2022). "Injury characteristics & sociodemographic factors associated with perceptions of pain and function in individuals with patellofemoral pain." 73rd Annual National Athletic Trainers' Association Annual Meeting, Philadelphia, PA. (Peer-reviewed, academic and professional audience, non-presenter).
- 3.11.83. Zike, D., & **Arvinen-Barrow, M.** (2021, October). Psychosocial factors associated with athlete adaptation to spinal cord injury: A systematic review. The Association of Applied Sport Psychology 36<sup>th</sup> Annual Conference, Virtual. (Peer-reviewed, academic and professional audience, formal paper, non-presenter).
- 3.11.84. Zike, D., & **Arvinen-Barrow, M.** (2021, May). Psychosocial factors associated with athlete adaptation to spinal cord injury: A systematic review. UWM 2021 Virtual Health Research Symposium, University of Wisconsin-Milwaukee, Virtual.
- 3.11.85. Ildefonso, K., & **Arvinen-Barrow, M.** (2020, October). Using discourse analysis in sport, exercise, and health research: Systematic review of the literature. The Association for Applied Sport Psychology 35<sup>th</sup> Annual Conference, Virtual. (Peer-reviewed, academic and professional audience, formal paper, non-presenter).
- 3.11.86. Ford, J., Beauchemin, R., Halama, B., Ildefonso, K., Zike, D., **Arvinen-Barrow, M.** (2019, October). Exploring the use of performance strategies in Division 1 athletes. The Association for Applied Sport Psychology 34<sup>th</sup> Annual Conference, Portland, OR, USA. (Peer-reviewed, academic and professional audience, formal paper, non-presenter).
- 3.11.87. Ildefonso, K., Earl-Boehm, J. E., **Arvinen-Barrow, M.** (2019, October). Collegiate student-athletes' perceptions of social support. The Association for Applied Sport Psychology 34<sup>th</sup> Annual Conference, Portland, OR, USA. (Peer-reviewed, academic and professional audience, formal paper, non-presenter).

- 3.11.88. Zike, D., **Arvinen-Barrow, M.** (2019, October). Reflections on becoming a PhD student: Lessons learned. The Association for Applied Sport Psychology 34<sup>th</sup> Annual Conference, Portland, OR, USA. (Peer-reviewed, academic and professional audience, formal paper, non-presenter).
- 3.11.89. Ford, J., Beauchemin, R., Halama, B., Ildefonso, K., Zike, D., **Arvinen-Barrow, M.** (2019, March). Exploring the use of performance strategies in Division 1 athletes. The Midwest Regional Association for Applied Sport Psychology Conference, Mankato, MN, USA. (Peer-reviewed, academic audience, formal paper, non-presenter).
- 3.11.90. Zike, D., **Arvinen-Barrow, M.** (2019, March). Reflections on becoming a PhD student: Lessons learned. The Midwest Regional Association for Applied Sport Psychology Conference, Mankato, MN, USA. (Peer-reviewed, academic audience, formal paper, non-presenter).
- 3.11.91. Jones, M., **Arvinen-Barrow, M.** (2018, May). Returning to play after multiple, consecutive, major lower extremity injuries: A retrospective self-narrative approach. University of Wisconsin-Milwaukee Health Research Symposium, Milwaukee, WI, USA. (Peer-reviewed, academic audience, formal paper, non-presenter).
- 3.11.92. Ford, J., Earl-Boehm, J., & **Arvinen-Barrow, M.** (2017, October). The relationship between grit and life stressors in collegiate student-athletes: a preliminary investigation. The Association for Applied Sport Psychology 32<sup>nd</sup> Annual Conference, Orlando, FL, USA. (Peer-reviewed, academic and professional audience, formal paper, non-presenter).
- 3.11.93. Ildefonso, K., **Arvinen-Barrow, M.**, & Earl-Boehm, J. (2017, October). The relationship between athletes' perceptions of sport injury susceptibility, mental toughness, and sport injury occurrence: A prospective study. The Association for Applied Sport Psychology 32<sup>nd</sup> Annual Conference, Orlando, FL, USA. (Peer-reviewed, academic and professional audience, formal paper, non-presenter).
- 3.11.94. Jones, M., Ford, J., **Arvinen-Barrow, M.**, & Earl-Boehm, J. (2017, October). The influence of personality and previous injury history on athletes' perceived susceptibility to sport injury. The Association for Applied Sport Psychology 32<sup>nd</sup> Annual Conference, Orlando, FL, USA. (Peer-reviewed, academic and professional audience, formal paper, non-presenter).
- 3.11.95. Jones, M., Ford, J., **Arvinen-Barrow, M.**, & Earl-Boehm, J. (2017, May). The influence of personality and previous injury history on athletes' perceived susceptibility to sport injury. University of Wisconsin-Milwaukee Health Research Symposium, Milwaukee, WI, USA. (Peer-reviewed, academic audience, formal paper, non-presenter).
- 3.11.96. Nai, M.M., Meyer, B.B., Gnacinski, S.L., & **Arvinen-Barrow, M.** (2017, April). An examination of the association between conscientiousness and the two factors of grit in NCAA student-athletes. Annual meeting for the Midwestern Psychological Association, Chicago, IL, USA. (Peer-reviewed, academic audience, formal paper, non-presenter).
- 3.11.97. Emmer, G., Gnacinski, S., Earl-Boehm, J., & **Arvinen-Barrow, M.** (2016, September). An investigation into role of personality in collegiate athletes' readiness to engage in psychological skills training. The Association for Applied Sport Psychology 31<sup>st</sup> Annual Conference, Phoenix, AZ, USA. (Peer-reviewed, academic and professional audience, formal paper, non-presenter).
- 3.11.98. Ildefonso, K., Blanton, J., **Arvinen-Barrow, M.**, & Kamphoff, C. (2016, September). The effects of previous sport medicine or sport psychology experience on athletes' attitudes. The Association for Applied Sport Psychology 31<sup>st</sup> Annual Conference, Phoenix, AZ, USA. (Peer-reviewed, academic and professional audience, formal paper, non-presenter).
- 3.11.99. Nai, M.M., Meyer, B.B., Gnacinski, S.L., & **Arvinen-Barrow, M.** (2016, September). An examination of the association between grit and the big five personality traits in NCAA student-athletes. The Association for Applied Sport Psychology 31<sup>st</sup> Annual Conference, Phoenix, AZ, USA. (Peer-reviewed, academic and professional audience, formal paper, non-presenter).



- 3.11.100. Emmer, G., Earl-Boehm, J., & **Arvinen-Barrow, M.** (2016, May). A preliminary investigation into the relationship between competitive anxiety and perceived susceptibility to sport injury. University of Wisconsin-Milwaukee College of Health Sciences (CHS) Spring 2016 Research Symposium, Milwaukee, WI, USA. (Peer-reviewed, academic audience, formal paper, non-presenter).
- 3.11.101. Ford, J., Earl-Boehm, J., & **Arvinen-Barrow, M.** (2016, May). The relationship between grit and life stressors in collegiate student-athletes: A preliminary investigation. Poster presented at the University of Wisconsin- Milwaukee College of Health Sciences (CHS) Spring 2016 Research Symposium, Milwaukee, WI, USA. (Peer-reviewed, academic audience, formal paper, non-presenter).
- 3.11.102. Ildefonso, K., Earl-Boehm, J., & **Arvinen-Barrow, M.** (2016, May). Collegiate student-athletes' perceptions about social support. Poster presented at the University of Wisconsin-Milwaukee College of Health Sciences (CHS) Spring 2016 Research Symposium, Milwaukee, WI, USA. (Peer-reviewed, academic audience, formal paper, non-presenter).
- 3.11.103. Ildefonso, K., Blanton, J., Durwin, C., **Arvinen-Barrow, M.**, & Kamphoff, C. (2016, February). The effects of athletes' perceived athletic ability on attitudes toward athletic trainers and sport psychology consultants. The Association for Applied Sport Psychology Regional Conference and 26th Midwest Sport and Exercise Psychology Symposium, Chicago, IL, USA. (Peer-reviewed, academic audience, formal paper, non- presenter).
- 3.11.104. Emmer, G., Gnacinski, S., Earl-Boehm, J., & **Arvinen-Barrow, M.** (2015, December). An investigation into role of personality in collegiate athletes' readiness to engage in psychological skills training. University of Wisconsin-Milwaukee College of Health Sciences (CHS) Fall 2015 Research Symposium, Milwaukee, WI, USA. (Peer-reviewed, academic audience, formal paper, non-presenter).
- 3.11.105. Ford, J., Gnacinski, S., Earl-Boehm, J., & **Arvinen-Barrow, M.** (2015, December). Grit and mental toughness. Are the terms interchangeable in a sport context? University of Wisconsin-Milwaukee College of Health Sciences (CHS) Fall 2015 Research Symposium, Milwaukee, WI, USA. (Peer-reviewed, academic audience, formal paper, non-presenter).
- 3.11.106. Ildefonso, K., Gnacinski, S., Earl-Boehm, J., & **Arvinen-Barrow, M.** (2015, December). Physical predictors of perceived susceptibility to sport-injury among collegiate athletes: An exploratory investigation. University of Wisconsin-Milwaukee College of Health Sciences (CHS) Fall 2015 Research Symposium, Milwaukee, WI, USA. (Peer-reviewed, academic audience, formal paper, non-presenter).
- 3.11.107. Poel, D., Gnacinski, S., **Arvinen-Barrow, M.**, & Earl-Boehm, J. (2015, December). What are the relationships (if any) between physical predictors of musculoskeletal injury? University of Wisconsin-Milwaukee College of Health Sciences (CHS) Fall 2015 Research Symposium, Milwaukee, WI, USA. (Peer-reviewed, academic audience, formal paper, non-presenter).
- 3.11.108. Sigmund, K., **Arvinen-Barrow, M.**, & Earl-Boehm, J., (2015, December). A prospective investigation into injury occurrence and college athletes' perception of susceptibility to sports-related injury. University of Wisconsin-Milwaukee College of Health Sciences (CHS) Fall 2015 Research Symposium, Milwaukee, WI, USA. (Peer-reviewed, academic audience, formal paper, non-presenter).
- 3.11.109. Thorpe, J., **Arvinen-Barrow, M.**, Truebenbach, C., & Earl-Boehm, J. (2015, December). Does hip strength predict performance on the Landing Error Scoring System in collegiate athletes? University of Wisconsin-Milwaukee College of Health Sciences (CHS) Fall 2015 Research Symposium, Milwaukee, WI, USA. (Peer-reviewed, academic audience, formal paper, non-presenter).

- 3.11.110. Nässi, A., **Arvinen-Barrow, M.**, & Ruiz, M. (2015, October). Psychosocial impact of career-ending injuries in professional ice hockey players: A qualitative study. 11th ENYSSP Workshop 2015, Girona, Spain. (Peer-reviewed, academic audience, formal paper, non-presenter).
- 3.11.111. Kelley K., Poel D., Cornell D., Gnacinski S., Hess C., O'Connor M., Zander R., Arvinen-Barrow M., Truebenbach C., Earl-Boehm J. (2015, June). Identifying sport and gender differences in the lower extremity functional test (LEFT). Poster presented at the National Athletic Trainer Association Annual Meeting and professional Symposium, St Louis, MI, USA. (Peer-reviewed, academic and professional audience, formal paper, non-presenter).
- 3.11.112. O'Connor, M., Cornell, D., Gnacinski, S., Hess, C., Kelley, K., Poel, D., Zander, R., **Arvinen-Barrow, M.**, Truebenbach, C., & Earl-Boehm, J. (2015, June). Relationship among hip strength and dynamic balance performance. Poster presented at the National Athletic Trainer Association Annual Meeting and Clinical Symposium, St Louis, MI, USA. (Peer-reviewed, academic and professional audience, formal paper, non-presenter).
- 3.11.113. Kelley, K., Cornell, D., Gnacinski, S., Hess, C., O'Connor, M., Poel, D., Zander, R., Earl-Boehm, J., Truebenbach, C., & **Arvinen-Barrow, M.** (2014, December). Differences in collegiate athletes' use of psychological strategies in practice and competition: The Panther-PEP study. University of Wisconsin-Milwaukee College of Health Sciences (CHS) Fall 2014 Research Symposium, Milwaukee, WI, USA. (Peer-reviewed, academic audience, formal paper, non-presenter).
- 3.11.114. O'Connor, M., Cornell, D., Gnacinski, S., Hess, C., Kelley, K., Poel, D., Zander, R., **Arvinen-Barrow, M.**, Truebenbach, C., & Earl-Boehm, J. (2014, December). Relationship among hip strength and dynamic balance performance: The Panther-PEP study. University of Wisconsin-Milwaukee College of Health Sciences (CHS) Fall 2014 Research Symposium, Milwaukee, WI, USA. (Peer-reviewed, academic audience, formal paper, non-presenter).
- 3.11.115. Poel, D., Cornell, D., Gnacinski, S., Hess, C., Kelley, K., O'Connor, M., Zander, R., **Arvinen-Barrow, M.**, Truebenbach, C., & Earl-Boehm, J. (2014, December). Identifying sport and gender differences in the lower extremity functional test (LEFT): The Panther-PEP study. University of Wisconsin-Milwaukee College of Health Sciences (CHS) Fall 2014 Research Symposium, Milwaukee, WI, USA. (Peer-reviewed, academic audience, formal paper, non-presenter).
- 3.11.116. Maresh, N., Earl-Boehm, J., & **Arvinen-Barrow, M.** (2014, May). Effects of active video games on the rehabilitation of ankle sprains. University of Wisconsin-Milwaukee College of Health Sciences (CHS) Spring 2014 Research Symposium, Milwaukee, WI, USA. (Peer-reviewed, academic audience, formal paper, non-presenter).
- 3.11.117. Smith, S., & **Arvinen-Barrow, M.** (2010, September). Exploring the effects of additional esteem support intervention on female gymnasts. Poster presented at the British Association for Sport and Exercise Sciences Annual Conference Challenging the Dogma, Glasgow, United Kingdom. (Peer-reviewed, academic and professional audience, formal paper, non-presenter).
- 3.11.118. Gleeson, C., & **Arvinen-Barrow, M.** (2010, September). An Investigation Into the use of self-talk by golfers of different skill levels. Poster presented at the British Association for Sport and Exercise Sciences Annual Conference Challenging the Dogma, Glasgow, United Kingdom. (Peer-reviewed, academic and professional audience, formal paper, non-presenter).

### 3.12. Editorials, reviews, and interviews of one's research by others

- 3.12.1. Hess, C. W. (2019). A review of the book Psychology of Sport and Performance Injury: An Interprofessional Case-Based Approach. *Journal of Sport Psychology in Action* 10(3), 1-2. <https://doi.org/10.1080/21520704.2019.1619641>

### 3.13. Video and audio productions

- 3.13.1. **Arvinen-Barrow, M.** (2021). Getting back to the action: Exploring holistic sport injury rehabilitation. Association for Applied Sport Psychology Featured Video Series. <https://www.youtube.com/watch?v=Gcsp40i9wkw> (Published by Association for Applied Sport Psychology, Invited, distributed worldwide, open access).
- 3.13.2. **Arvinen-Barrow, M.**, & Clement, D. (2021). How can psychology help with injuries?. In P. Olusoga & H. Gilmore (Eds.), <https://eightypercentmental.com/>. [Podcast]. (Published by EightyPercent Mental, Invited, distributed worldwide, open access).
- 3.13.3. Kaski, S., & **Arvinen-Barrow, M.** (2020). Urheilijan mieli [Athlete's mind]. In J. Erola (Ed.), Tieteen ja käytännön äärellä. <https://www.lts.fi/liikunta-tiede/podcastit/podcast-11.html> [Podcast]. (Published by Liikuntatieteellinen Seura, Invited, distributed worldwide, open access).

### 3.14. Reports of completed research, professional, or demonstration activities

- 3.14.1. Kaski, S., **Arvinen-Barrow, M.**, Kinnunen, U., & Parkkari, J. (2020). "Miten huippu-urheilijan mieli voi? Nykyisten ja entisten huippu-urheilijoiden henkinen hyvinvointi Suomessa," [How's the mind? An investigation into mental well- and illbeing among current and former Finnish elite athletes]. [https://www.lts.fi/media/lts\\_julkaisut/lts\\_selvityksia/lts\\_huippu-urheilijan\\_mieli.pdf](https://www.lts.fi/media/lts_julkaisut/lts_selvityksia/lts_huippu-urheilijan_mieli.pdf) (No UWM funding, disseminated by Finnish Society of Sport Sciences: Communication of Sport Sciences).
- 3.14.2. Konttinen, N., Mononen, K., Pihlaja, T., Siipari, T., **Arvinen-Barrow, M.**, & Selänne, H. (2011). Urheiluvammojen esiintyminen ja niiden hoito nuorisourheilussa - Kohderyhmänä 1995 syntyneet urheilijat [Sport injury occurrence and treatment in youth sports- athletes born in 1995 as a target population]: Vol. 25 (pp. 1–16). KIHUn julkaisusarja. [https://www.urheilututkimukset.fi/media/urtu/julkaisut/2011\\_kon\\_urheiluvam\\_sel95\\_18425.pdf](https://www.urheilututkimukset.fi/media/urtu/julkaisut/2011_kon_urheiluvam_sel95_18425.pdf) (No UWM Funding, funded by Finnish Research Institute for Olympic Sports (KIHU), disseminated by KIHU via National Sports Research Database [www.urheilututkimukset.fi](http://www.urheilututkimukset.fi)).

### 3.15. Projects or other professional work published

None

### 3.16. Projects or other professional work exhibited or otherwise disseminated other than through the print media

Intellectual property outlined below has been published by Wisconsin Swimming Inc., as part of Safe Sport Initiative, distributed worldwide (open access).

#### Instructional Webpages

- 3.16.1. **Arvinen-Barrow, M.** (2023). Safe Sport at Wisconsin Swimming [Webpage]. <https://www.gomotionapp.com/team/czwilsc/page/wsi-programs/safe-sport-wi>

- 3.16.2. **Arvinen-Barrow, M.** (2023). Psychosocial safety. [Webpage]. <https://www.gomotionapp.com/team/czwilsc/page/wsi-programs/psychosocial-safety>
- 3.16.3. **Arvinen-Barrow, M.** (2024). Raising children who swim: Top 10 tips from sport science. [Webpage]. <https://www.gomotionapp.com/team/czwilsc/page/wsi-programs/raising-children-who-swim-top-10-tips-from-sport-science>
- 3.16.4. **Arvinen-Barrow, M.** (2024). Adopting a healthy swim philosophy for success: Top 10 tips from sport science. [Webpage]. <https://www.gomotionapp.com/team/czwilsc/page/wsi-programs/adopting-a-healthy-swim-philosophy-for-success-top-10-tips-from-sports-science>
- 3.16.5. **Arvinen-Barrow, M.** (2024). Creating psychologically safe spaces for success: Top 10 tips from sport science. [Webpage]. <https://www.gomotionapp.com/team/czwilsc/page/wsi-programs/creating-psychological-safe-space-for-success-top-10-tips-from-sports-science>
- 3.16.6. **Arvinen-Barrow, M.** (2024). Creating psychologically safe spaces on the pool deck: Top tips from sport science. [Webpage]. <https://www.gomotionapp.com/team/czwilsc/page/wsi-programs/creating-psychological-safe-spaces-on-the-pool-deck-top-10-tips-from-sports-science>

#### Educational Infographics

- 3.16.7. **Arvinen-Barrow, M., & Barrow, A.** (2024). Raising children who swim: Top 10 tips from sport science. [11 Infographics]. Wisconsin Swimming, Inc. <https://www.gomotionapp.com/team/czwilsc/page/wsi-programs/raising-children-who-swim-top-10-tips-from-sport-science>
- 3.16.8. **Arvinen-Barrow, M., & Barrow, A.** (2024). Adopting a healthy swim philosophy for success: Top 10 tips from sport science. [11 Infographics]. Wisconsin Swimming, Inc. <https://www.gomotionapp.com/team/czwilsc/page/wsi-programs/adopting-a-healthy-swim-philosophy-for-success-top-10-tips-from-sports-science>
- 3.16.9. **Arvinen-Barrow, M., & Barrow, A.** (2024). Creating psychologically safe spaces for success: Top 10 tips from sport science. [11 Infographics]. Wisconsin Swimming, Inc. <https://www.gomotionapp.com/team/czwilsc/page/wsi-programs/creating-psychological-safe-space-for-success-top-10-tips-from-sports-science>
- 3.16.10. **Arvinen-Barrow, M., & Barrow, A.** (2024). Creating psychologically safe spaces on the pool deck: Top tips from sport science. [6 Infographics]. Wisconsin Swimming, Inc. <https://www.gomotionapp.com/team/czwilsc/page/wsi-programs/creating-psychological-safe-spaces-on-the-pool-deck-top-10-tips-from-sports-science>

#### Webinar

- 3.16.5. **Arvinen-Barrow, M.** (2024). Raising children who swim: Top 10 tips from sport science. [webinar]. Wisconsin Swimming, Inc.
- 3.16.5. **Arvinen-Barrow, M.** (2024). Adopting a healthy swim philosophy for success: Top 10 tips from sport science. [webinar]. Wisconsin Swimming, Inc.
- 3.16.5. **Arvinen-Barrow, M.** (2024). Creating psychologically safe spaces for success: Top 10 tips from sport science. [webinar]. Wisconsin Swimming, Inc.
- 3.16.5. **Arvinen-Barrow, M.** (2024). Creating psychologically safe spaces on the pool deck: Top tips from sport science. [webinar]. Wisconsin Swimming, Inc.

#### 3.17. Articles, papers, chapters, or projects under review

- 3.17.1. Ford, J., **Arvinen-Barrow, M.**, Brondino, M., Feay-Shaw, S., Johnson, R., & Wester, S. (under review). Exploring musicians' views on the psychological content of music performance.
- 3.17.2. Ford, J., Zike, D., **Arvinen-Barrow, M.**, Brondino, M., Feay-Shaw, S., Johnson, R., & Wester, S. (under review). Musicians' personal experiences with psychological performance enhancement: An Interpretative Phenomenological Analysis.
- 3.17.3. Zike, D. M., Vealey, R., & **Arvinen-Barrow, M.** (under review). Sport transition experiences due to spinal cord injury: A multiple case study.

### 3.18. [Research proposals under review](#)

None

### 3.19. [List research or professional awards, ranking in competitions, etc.](#)

#### [Fellowships and other recognitions of professional excellence](#)

- 3.19.1. Fellow (FAASP), Association for Applied Sport Psychology, United States (May 12, 2020).  
A Fellow is an AASP member who has achieved distinction through significant contributions to academic and professional practice knowledge in sport, exercise, and performance psychology.  
<https://appliedsportpsych.org/about-the-association-for-applied-sport-psychology/aasp-fellows/>
- 3.19.2. Associate Fellow (AFBPsS), British Psychological Society, United Kingdom. (June 16, 2014).  
The title Associate Fellow of the British Psychological Society (AFBPsS) is awarded in recognition of several years' experience and contribution to the field of psychology.  
<https://www.bps.org.uk/enhance-your-membership>
- 3.19.3. Elected expert member, Finnish Sport Psychology Association, Finland (2008- 2023).
- 3.19.4. The Chartered Scientist, UK Science Council, United Kingdom. (September 15, 2014- September 15, 2015).

#### [Awards and Bursaries](#)

- 3.19.4. Dorothy V. Harris Memorial Award (2016). Association for Applied Sport Psychology, United States.  
<https://appliedsportpsych.org/awards/dorothy-v-harris-memorial-award/>
- 3.19.5. Research bursary for Doctoral studies (2003-2006). University College Northampton, United Kingdom.

### 3.20. [Other significant research, scholarship, and professional activities, completed or in progress, not listed elsewhere, but deemed significant.](#)

#### [Unfunded Grants submitted](#)

- 3.20.1. **Arvinen-Barrow, M.** (Co-Principal), Parkkari, J. (Principal), Kaski, S. (Co-Principal), Kinnunen, U. (Co-Principal), "the mental well-being of Finnish high level and professional athletes during the career and after it," Jane ja Aatos Erkon Säätiö, Finland, International, \$295,867.38. (2018).
- 3.20.2. **Arvinen-Barrow, M.** (Co-Principal), Aaltonen, S. (Principal), Kaprio, J. (Co-Principal), Kujala, U. (Co-Principal), Silventoinen, K. (Co-Principal), Rankinen, T. (Co-Principal), Stewart, T. (Co-Principal), "Understanding the motives for leisure-time physical activity: Genetic background and health correlates," International, \$346,169.33. (2015).

- 3.20.3. **Arvinen-Barrow, M.** (Co-Principal), Earl-Boehm, J. E. (Co-Principal), "Improving student-athlete quality of life and performance: A preliminary investigation of an interprofessional performance enhancement program," NCAA Innovations in Research and Practice Grant Program, Foundation, \$49,914.00. (2015).
- 3.20.4. **Arvinen-Barrow, M.** (Co-Principal), Earl-Boehm, J. E. (Co-Principal), "Increasing student-athlete quality of life by identifying and addressing psychosocial, nutritional and physical sport injury risk factors: An integrated interprofessional approach," UWM Research Growth Initiative® GRANT, University of Wisconsin-Milwaukee, \$88,844.00. (2014).

#### 4. [Teaching](#)

##### 4.1. Instruction in the classroom, laboratory, studio, or clinic (past 5 years)

###### 4.1.1. Course Taught at UWM

Course and section	Course title	Semester taught	Credit hours	Level	Enrollment
ATRAIN705	Foundations of Clinical Research				
ATRAIN705-001	Foundations of Clinical Research	Spring 24	2	G	10
ATRAIN705-001	Foundations of Clinical Research	Spring 23	3	G	10
ATRAIN705-001	Foundations of Clinical Research	Spring 22	3	G	10
ATRAIN800	Athletic Training BOC Preparation				
ATRAIN800-201	Athletic Training BOC Preparation	Fall 22	1	G	9
ATRAIN800-201	Athletic Training BOC Preparation	Fall 21	1	G	10
KIN350	Psychological Aspects of Sport and Exercise				
KIN350-001	Psychological Aspects of Sport and Exercise	Spring 23	3	UG	54
KIN350-001	Psychological Aspects of Sport and Exercise	Spring 22	3	UG	54
KIN350-201	Psychological Aspects of Sport and Exercise	Spring 21	3	UG	45
KIN350-001	Psychological Aspects of Sport and Exercise	Spring 20	3	UG	40
KIN350-001	Psychological Aspects of Sport and Exercise	Spring 19	3	UG	34
KIN350-001	Psychological Aspects of Sport and Exercise	Spring 18	3	UG	44
KIN551/PRPP551	Psychology of Injury				
PRPP551G-001	Psychology of Injury	Spring 24	3	G	11
KIN551-001	Psychology of Injury	Spring 23	3	UG	12
KIN551G-001	Psychology of Injury	Spring 23	3	G	11
KIN551-001	Psychology of Injury	Spring 22	3	UG	10
KIN551G-001	Psychology of Injury	Spring 22	3	G	10
KIN551-201	Psychology of Injury	Spring 21	3	UG	7
KIN551G-201	Psychology of Injury	Spring 21	3	G	13
KIN551-001	Psychology of Injury/Illness/Disease: Implications/Strategies for Rehab	Spring 20	3	UG	6
KIN551G-001	Psychology of Injury/Illness/Disease: Implications/Strategies for Rehab	Spring 20	3	G	6
KIN551-001	Psychology of Injury/Illness/Disease: Implications/Strategies for Rehab	Spring 19	3	UG	2
				G	12
KIN551-001		Spring 18	3	UG	18

	Psychology of Injury/Illness/Disease: Implications/Strategies for Rehab			G	8
PRPP705	Foundations of Clinical Research				
PRPP705-201	Foundations of Clinical Research	Spring 21	2	G	24
PRPP705-202	Foundations of Clinical Research	Spring 21	3	G	11
PRPP705-001	Foundations of Clinical Research	Spring 20	3	G	32
PRPP705-001	Foundations of Clinical Research	Spring 19	3	G	30
PRPP705-001	Foundations of Clinical Research	Spring 18	3	G	31
PT708	Foundations of Clinical Research				
PT708-001	Foundations of Clinical Research	Spring 24	2	G	20
PT708-002	Foundations of Clinical Research	Spring 24	2	G	14
PT708-001	Foundations of Clinical Research	Spring 23	2	G	26
PT708-001	Foundations of Clinical Research	Spring 22	2	G	24

#### 4.1.2. Courses Taught at University of St. Augustine for Health Sciences

Course and section	Course title	Semester taught	Credit hours	Level	Enrollment
IPE7025	Psychosocial Strategies for Health Care	Summer 23	3	G	6
IPE7025	Psychosocial Strategies for Health Care	Fall 22	3	G	3
IPE7025	Psychosocial Strategies for Health Care	Spring 22	3	G	4
IPE7025	Psychosocial Strategies for Health Care	Fall 21	3	G	8
IPE7025	Psychosocial Strategies for Health Care	Summer 21	3	G	11
IPE7025	Psychosocial Strategies for Health Care	Spring 21	3	G	7
IPE7025	Psychosocial Strategies for Health Care	Fall 20	3	G	4
IPE7025	Psychosocial Strategies for Health Care	Summer 20	3	G	13
IPE7025	Psychosocial Strategies for Health Care	Spring 20	3	G	17
IPE7025	Psychosocial Strategies for Health Care	Fall 19	3	G	12
IPE7025	Psychosocial Strategies for Health Care	Summer 19	3	G	25
IPE7025	Psychosocial Strategies for Health Care	Spring 19	3	G	12
IPE7025	Psychosocial Strategies for Health Care	Fall 18	3	G	12
IPE7025	Psychosocial Strategies for Health Care	Summer 18	3	G	14
IPE7025	Psychosocial Strategies for Health Care	Spring 18	3	G	7

4.1.3. Student supervision: student academic advising, internships, supervision of Master's and Doctoral theses, independent readings and research

PhD Dissertation Committee Chair

August 2018-Present	Derek Zike	UW-Milwaukee	Having, being, and living: Stories of disability by female athletes after spinal cord injury.
August 2015-May 2023	Kenneth Ildefonso	UW-Milwaukee	Exploring the perceived psychosocial experiences of recreational runners with patellofemoral pain: A grounded theory approach.
August 2015-May 2020	Jessica Ford	UW-Milwaukee	Conceptualizing Psychological Performance Enhancement in a Music Domain.

Course and section	Course title	Semester taught	Credit hours	Level	Enrollment
PRPP990	Research and Dissertation (Derek Zike)				
PRPP990-002	Research and Dissertation	Spring 24	3	G	1
PRPP990-002	Research and Dissertation	Fall 23	3	G	1
PRPP990-002	Research and Dissertation	Spring 23	3	G	1
PRPP990-002	Research and Dissertation	Fall 22	3	G	1
PRPP990-002	Research and Dissertation	Spring 22	3	G	1
PRPP990-001	Research and Dissertation	Fall 21	3	G	1
KIN991	Doctoral Dissertation (Kenneth Ildefonso)				
KIN991-009	Doctoral Dissertation	Spring 23	3	G	1
KIN991-010	Doctoral Dissertation	Fall 22	3	G	1
KIN991-009	Doctoral Dissertation	Spring 22	3	G	1
KIN991-010	Doctoral Dissertation	Fall 21	3	G	1
KIN991-001	Doctoral Dissertation	Summer 21	3	G	1
KIN991-001	Doctoral Dissertation	Spring 21	3	G	1
KIN991-003	Doctoral Dissertation	Fall 20	3	G	1
KIN991-002	Doctoral Dissertation	Summer 20	3	G	1
KIN991-005	Doctoral Dissertation	Spring 20	3	G	1
KIN991	Doctoral Dissertation (Jessica Ford)				
KIN991-005	Doctoral Dissertation	Spring 20	3	G	1
KIN991-003	Doctoral Dissertation	Fall 19	3	G	1
KIN991-003	Doctoral Dissertation	Summer 19	3	G	1
KIN991-005	Doctoral Dissertation	Spring 19	3	G	1

PhD or PsyD Dissertation Committee Member



April 2022- Present	Julia Le Grande	California Northstate University	Keeping kids in sports: Increasing athletic persistence through positive coaching.
January 2021 – May 2023	Erin Lally	UW-Milwaukee	Using music to modify step-rate and running biomechanics in healthy runners.
January 2020- May 2022	Carly Wahl	UW-Milwaukee	Development of an assessment of recovery activities for athletes.
August 2011- December 2021	Jennifer Thorpe	UW-Milwaukee	Use of a biopsychosocial framework in evaluating and treating patellofemoral pain.
August 2015- May 2019	Kemery Sigmund	UW-Milwaukee	Preliminary examination only.
2017	Stacy Gnacinski	UW-Milwaukee	A psychometric evaluation and revision of the Recovery Stress Questionnaire for Athletes (RESTQ-Sport).

#### Master's Project Chair

August 2021- Present	*Michael Hansen	UW-Milwaukee	Sport injury psychology in military Context.
August 2020- May 2022	Kaitlyn Hickey	UW-Milwaukee	Using self-determination theory in personal training.
September 2018- May 2020	Rebecca Beauchemin	UW-Milwaukee	Psychosocial strategies in sport injury: Patient Education Infographics for collegiate athletes.
August 2016- May 2018	Megan Jones	UW-Milwaukee	Returning to play after multiple, major lower extremity injuries: A retrospective self-narrative approach.

\*CHS PhD student until December 2023, transfer to MS-RST January 2024.

Course and section	Course title	Semester taught	Credit hours	Level	Enrollment
PRPP895-002	Capstone	Spring 24	3	G	1
KIN890-003	Capstone Project	Spring 22	3	G	1
KIN890-003	Capstone Project	Spring 20	3	G	1
KIN895-003	Research and Thesis	Fall 19	3	G	1
KIN890-002	Capstone Project	Spring 18	3	G	1

### Master's Thesis Committee Member

2015	Courtney Hess	UW-Milwaukee	The lived experiences of an injured athlete and members of a performance management team during injury rehabilitation: An interpretative phenomenological analysis.
2014	Anu Nässi	University of Jyväskylä, Finland	Psychosocial impact of career-ending injuries in professional ice hockey players: A qualitative study.
2014	Diamuir Hurley	University of Jyväskylä, Finland	The psychosocial impact of career-ending injuries in elite rugby union players: A qualitative study.
2014	Nathan Maresh	UW-Milwaukee	Effects of active video games in the rehabilitation of ankle sprains and chronic ankle instability.
2013	Andrew Morgan	UW-Milwaukee	An examination of the psychological skills profiles of oval racers and road racers
2011	Sae-Mi Lee	University of Jyväskylä, Finland	Finnish athletes' expectations about physiotherapy in sport injury rehabilitation.

### Supervised Teaching

Course and section	Course title	Semester taught	Credit hours	Level	Enrollment
KIN909	Guided Teaching in Health Sciences (Derek Zike)				
KIN909-903	Guided Teaching in Health Sciences	Spring 21	3	G	1
KIN909	Guided Teaching in Health Sciences (Jessica Ford and Kenneth Ildefonso)				
KIN909-903	Guided Teaching in Health Sciences	Spring 18	3	G	2

### Independent Reading and Research

Course and section	Course title	Semester taught	Credit hours	Level	Enrollment
PRPP799-002	Independent Study II	Fall 23	1	G	1
PRPP999-002	Advanced Independent Study	Fall 23	3	G	1
PRPP599G-002	Independent Study I	Fall 22	1	G	1
KIN799-003	Independent Reading	Spring 21	3	G	1
KIN799-004	Independent Reading	Spring 20	3	G	1
KIN799-005	Independent Reading	Fall 19	2	G	1
KIN799-005	Independent Reading	Fall 19	3	G	1
KIN799-005	Independent Reading	Fall 18	1	G	4

### Undergraduate Honors Thesis (University of Northampton, United Kingdom)

2012	Aaron Green	An investigation into an athlete's emotional response to sport injuries: A systematic literature review.
2012	Aimee Miles	The effects of pre-task music on a netballers shooting performance.
2012	David Proctor	An investigation into amateur cricketers' use of different imagery modalities and imagery types.
2012	Ksenija Suranova	Effects of pre-task stimulative and slow relaxing asynchronous music and white noise on grip strength.
2012	Liam Mayes	The effects of imagery perspective on athletes' imagery use.
2012	Luke Francis	A systematic review on the psychological effects music in sport and exercise.
2012	Sam Houlihan	The effects of pre-shot routines on golf drive performance.
2011	Abdulkarid Abdi	Exploring the effect of team building intervention on group cohesion in a mixed lacrosse team.
2011	Ben Stoves	The effect of motivational music on perceived exertion and distance covered during arm cranking exercise under volitional speed.
2011	Charlotte Gemmell	A study into the imagery used by senior horseback riders; pre-competition.
2011	Evan Salvo	How do pre-performance routines hinder or improve athlete's level of concentration in sport?
2011	Jerome Brown-Stapleton	An investigation into footballer's imagery use.
2011	Josh Stannard	The effects of music on sport, physical activity and exercise: a systematic review of the literature.
2011	Kerry Pethybridge	A systematic literature review researching the links between physical activity and depression within young people.
2011	Laura Mineards	Imagery in senior county tennis players.
2011	Liam Benner	An investigation into the use of imagery in open and closed sport.
2011	Nathan Austin	The difference in perceived exertion when exercising in a bleep test to motivational or no music.
2011	Nathan Owen	The effect of imagery on performance: A systematic review.
2011	Scott Kay	Examining the relationship between exercise and depression in terms of the management and treatment of depression: A systematic literature review.
2010	Christopher Gleeson	An investigation into the use of self-talk by golfers of different skill levels.
2010	Gavin Moore	Self-talk in cycling: motivational and cognitive functions used by competitive and non-competitive cyclists.
2010	Jasminara Choudhury	Identifying factors associated with sedentary exercise behaviour: A review.
2010	Jenna Baldwin	Perceived barriers to exercise and physical activity in undergraduate female students.
2010	Jonathan Byrne	The effects of team goal setting in a team building intervention programme, to improve team cohesion of a university football team.
2010	Kate Allsopp	A systemic literature review of how exercise can affect mood, from an acute and chronic perspective.

2010	Kimberley Judge	A review on the effects of music on exercise.
2010	Lee Davey	The effect of a motivational and cognitive self-talk intervention on a goalkeeper in a football penalty shootout.
2010	Louisa Turner	Exploring the effects of a motor imagery intervention on learning tactical movements amongst semi-professional basketball players.
2010	Nola Townsend	Benefits of Birthlight technique's for both the baby and the parent(s): An exploratory study.
2010	Samuel Jones	Investigating attitudes towards exercise in the student population: A qualitative study.
2010	Stephanie Smith	Exploring the effects of additional esteem support intervention on female gymnasts.
2010	Thomas Checkley	Exploring research into the psychological impacts of injury experienced when returning to activity: To include the effects of rehabilitation methods.
2009	Jack Green	The effects on participation motivation, relating to exercise adherence and obesity in the UK.
2009	Jade Loake	Effects of music on flow states and shooting performance among female football players.
2009	James Allchurch	Investigation into the types of imagery used by elite and novice performers in clay pigeon shooting.
2009	Melanie Brace	A study to identify and evaluate the relationship between a horse rider's pre-performance routine and their experience of 'flow' state during a chosen dressage performance.
2009	Rebecca Geary	An exploration of athlete's use of and belief in self-talk.
2009	Byron Foster	To see if there is a relationship between perceived & desired leadership in rugby.
2008	Jenna Locke	A qualitative investigation into the uses of pre-performance routines in rugby union.
2008	Kirsty Ward	An investigation into the effects of a motivational general-mastery (mg-m) imagery on non-elite, youth trampolinists state sport confidence.
2008	Robert Robson	An investigation into triathletes' expectations of sport injury rehabilitation.
2008	Samuel Evans	The effects of cognitive and motivational imagery and self-talk interventions on a penalty kick in football.
2008	Steve McCue	The effects of a cognitive specific imagery intervention programme on penalty kick performance in amateur football.
2008	Thomas Dixon	The difference in perceived exertion when exercising on a treadmill to motivational or music.
2007	Daniel York	To identify if there is a significant difference in self-perceived aggression pre- and post a structured physical activity in prisoners.
2007	David Beer	An investigation into the use of imagery during rehabilitation from sports injury.
2007	Glenn Billingham	Anxiety, stress & semi-professional football management: An interpretive phenomenological analysis.
2007	Jamie Shields	What differences are there between the use of imagery between high and low confidence levels among university football players?

2007	Walter Aloysius	Investigating the relationship between athletes' self-confidence and the use of imagery during sports injury rehabilitation.
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#### 4.1.3. Teaching Awards or Other Teaching Honors, Including Recognition by Student Organization

- 4.1.3.1. The Accessibility Resource Center (ARC) Excellence Award (2022). University of Wisconsin-Milwaukee, United States. <https://uwm.edu/arc/about/arc-excellence-award/>

#### 4.2. Program Development, Implementation, and Management (as part of assigned workload and under the auspices of UWM)

##### 4.2.1. List of programs offered, including courses offered, number of students, number of times presented, number of hours, number of instructors, and number of credits, if applicable

- 4.2.1.1. August 2023 – Present Administrative appointment as Program Coordinator – CMPC Graduate Certificate
- 4.2.1.2. August 2023 – Present Administrative appointment as Program Coordinator - MS in Rehabilitation Sciences & Technology
- 4.2.1.3. August 2020-July 2021 New course development – ATRAIN800

##### 4.2.2. Organizing colloquia, institutes, workshops, or other programs

#### Program Development, Implementation, and Management

- 4.2.2.1. 2009-2012 Development and validation of BSc (Hons) & MSc in Sport and Exercise Psychology, University of Northampton, United Kingdom

#### Continuing Education Workshops

- 4.2.2.2. November 2012 Integrating psychological skills into sport and exercise injury rehabilitation: Applying theory to practice. A one-day British Psychological Society Continued Professional Training Workshop. London, United Kingdom.
- 4.2.2.3. November 2011 Integrating psychological skills into sport and exercise injury rehabilitation: Applying theory to practice. A one-day British Psychological Society Continued Professional Training Workshop. London, United Kingdom.
- 4.2.2.4. July 2011 Being an international student. Continued Professional Development Workshop for faculty and staff. University of Northampton School of Health development Day. Northampton, United Kingdom.
- 4.2.2.5. April 2011 Group and class dynamics in babyswimming. A one-day Continued Professional Training Workshop for Aqualight Babies. Northampton, United Kingdom.

#### Invited Professional Presentations (Face-To-Face)

- 4.2.2.6. April 21, 2024 2024 Wisconsin Swimming Annual Meeting Athlete Clinic, Madison, WI, USA.
- 4.2.2.7. April 18, 2024 Goal setting workshop 2 for competitive swimmers (age group), Shorewood

- Swim Club, Shorewood, WI, USA.
- 4.2.2.8. April 16, 2024 Goal setting workshop 2 for competitive swimmers (senior groups), Shorewood Swim Club, Shorewood, WI, USA.
- 4.2.2.9. April 11, 2024 Goal setting workshop 1 for competitive swimmers (age group), Shorewood Swim Club, Shorewood, WI, USA.
- 4.2.2.10. April 9, 2024 Goal setting workshop 1 for competitive swimmers (senior groups), Shorewood Swim Club, Shorewood, WI, USA.
- 4.2.2.11. December 16, 2023 Using your brain for peak performance: Strategies for competitive swimmers, Southwest Aquatics Swim Team Athlete Workshop, Southwest Aquatics Swim Team, Greenfield, WI, USA.
- 4.2.2.12. June 13, 2023 Raising children who swim: FUNdations for successful swim parenting, Rocket Aquatics Parents meeting, Menomonee Falls, WI, USA.
- 4.2.2.13. September, 2014 Role of physical therapists in the psychosocial aspects of injury and recovery: From theory and research to applied practice. Wisconsin Physical Therapy Association (SE) meeting, Milwaukee, WI, USA.
- 4.2.2.14. March, 2011 Learning & Teaching at SELS: Changing face of Sport and Exercise dissertation delivery and assessment. University of Northampton School of Health development Day. Northampton, United Kingdom.
- 4.2.2.15. March, 2009 Psychological rehabilitation from sport injury: The role of the physiotherapist. The Northampton Sports Medicine and Science Group Meeting, the Pavilion Clinic, Northampton, United Kingdom.
- 4.2.2.16. March, 2008 Doing a PhD @ the University of Northampton: Experiences of three women in the process. University of Northampton School of Health Development Day. Northampton, United Kingdom.
- 4.2.2.17. May, 2004 Kilpailutason, harjoitus- ja kilpailukauden vaikutus suomalaisten muodostelmaluistelijoiden mielikuvaharjoittelun käyttöön [The effects of competitive level and time of season on the use of imagery by Finnish synchronized skaters]. The Synchronized Skating Coaches Seminar. Vierumäki, Finland.

#### Invited Professional Presentations (Online)

- 4.2.2.18. June 20, 2023 Managing your workload and coach mental health, Wisconsin Swimming Women's Group, Wisconsin Swimming, Milwaukee, WI, USA.
- 4.2.2.19. August 21, 2022 Controlling the controllables in the pool: Making my mind work for me, Wisconsin Swimming Select Camp 2022, Wisconsin Swimming LSC, Baraboo, WI, USA.
- 4.2.2.20. May, 2020 Psychosocial aspects of injury: Tools for Physical Therapist, Orthopaedic Hospital of Wisconsin Physical Therapist Group Meeting, Orthopaedic Hospital of Wisconsin, Google Meet, Milwaukee, WI, USA.
- 4.2.2.21. April, 2020 Fostering a self-determined athlete during COVID-19: Strategies for coaches and athletes, Wisconsin Swimming Club Development Coaches Brunch Meeting, Wisconsin Swimming, Zoom, Milwaukee, WI, USA.

#### Invited Professional Development Workshops for Students

- 4.2.2.22. December, 2020 Put your oxygen mask on first before helping others": Self-care strategies for PhD students. University of Northampton Career Development and Alumni series for Post-Graduate Researchers, The University of Northampton, Online.

- 4.2.2.23. November, 2011 The ethos and process of doing part-time research. The University of Northampton Graduate School Postgraduate Research Skills Development Program Workshop. Northampton, United Kingdom.
- 4.2.2.24. June, 2010 The ethos and process of doing part-time research. The University of Northampton Graduate School Postgraduate Research Skills Development Program Workshop. Northampton, United Kingdom.
- 4.2.2.25. May, 2010 Preparing for “the thing” called viva voce. The University of Northampton Graduate School Postgraduate Research Skills Development Program Workshop. Northampton, United Kingdom.
- 4.2.2.26. June, 2009 The ethos and process of doing part-time research. The University of Northampton Graduate School Postgraduate Research Skills Development Program Workshop. Northampton, United Kingdom.
- 4.2.2.27. March, 2009 Setting goals for your future. Northampton Academy Workshop for Gifted and talented Students. Northampton Academy, Northampton, United Kingdom.

#### Educational Forums

- 4.2.2.28. April, 2014 Careers in Sport Psychology. Wilmot High School Career’s Panel, Wilmot Union High School, Wilmot, WI, USA.
- 4.2.2.29. May, 2013 Psychological aspects of "getting ready" for a marathon: Maximizing performance by minimizing risk of injury. Claws vs Paws educational forum, University of Wisconsin- Milwaukee, Milwaukee, WI, USA.

#### Guest Lectures (Outside of UWM)

- 4.2.2.30. October 1, 2023 Working with injured athletes: My experiences and critical success factors. A guest lecture. Florida State University, FL, USA.
- 4.2.2.31. March 1, 2022 Pushing the boundaries between performance enhancement and injury: Where does psychology fit. A guest lecture. St. Ambrose University, IA, USA.
- 4.2.2.32. November 1, 2020 One-on-one interview style guest lecture on role of ethics in psychology of sport medicine. University of Tennessee Knoxville, TN, USA.
- 4.2.2.33. January 31, 2020 Optimal functioning in the sports and performing arts environments. A guest lecture on psychology of injury as part of graduate class on APH 5470. Saybrook University, CA, USA.
- 4.2.2.34. November 19, 2019 A guest lecture/Q&A for a biopsychosocial class that uses the Arvinen-Barrow & Clement 2019 text book as a core text. California State University Los Angeles, CA, USA.
- 4.2.2.35. November, 2018 Psychology of injury and rehabilitation & working with athletes with disability. Graduate course in sport and exercise psychology, The George Washington University, Washington DC, USA.
- 4.2.2.36. September 5, 2018 Teaching in Higher Education: Lessons learned. Seminar in Public and Community Health. Medical College Wisconsin, WI, USA.
- 4.2.2.37. June 25, 2018 Laureate International Universities Network Expert Exchange Series, "Psychosocial strategies in sport injury rehabilitation: From theoretical conceptualizations to evidence- based practical application," Sydney, Australia.
- 4.2.2.38. October 9, 2015 Role of athletic trainers in the psychological aspects of injury and recovery:

- From theory and research to applied practice. Concordia University Wisconsin, WI, USA.
- 4.2.2.39. September 27, 2013 Introduction to psychology of sport injuries: Role of athletic trainers. Concordia University Wisconsin, WI, USA.

#### Guest Lectures (Within UWM)

- 4.2.2.40. September, 2020 EDPSY 101 - Foundations of Academic Success. University of Wisconsin-Milwaukee, WI, USA.
- 4.2.2.41. October 31, 2017 KIN200: Introduction to sport and exercise psychology. University of Wisconsin-Milwaukee, WI, USA.
- 4.2.2.42. October 16, 2017 EDPSY101: Foundations of Academic Success: Educational Psychology for UWM Student Athletes. Two sections. University of Wisconsin-Milwaukee, WI, USA.
- 4.2.2.43. November 2, 2016 OT900: My experiences as a non-tenured faculty. University of Wisconsin-Milwaukee, WI, USA.
- 4.2.2.44. March 24, 2016 KIN200: Introduction to sport and exercise psychology. University of Wisconsin-Milwaukee, WI, USA.
- 4.2.2.45. March 3, 2016 KIN703: Qualitative Research. University of Wisconsin-Milwaukee, WI, USA.
- 4.2.2.46. February 29, 2016 KIN910: Role of psychology in rehabilitation. University of Wisconsin-Milwaukee, WI, USA.
- 4.2.2.47. December 2, 2015 OT900: My experiences as a non-tenured faculty. University of Wisconsin-Milwaukee, WI, USA.
- 4.2.2.48. November 15, 2015 BMS901: Developing a personal research agenda from a philosophical perspective. University of Wisconsin-Milwaukee, WI, USA.
- 4.2.2.49. April 3, 2015 KIN703: Qualitative Research. University of Wisconsin-Milwaukee, WI, USA.
- 4.2.2.50. February 25, 2015 KIN860: International perspectives on sport psychology education and service delivery. University of Wisconsin-Milwaukee, WI, USA.
- 4.2.2.51. March 12, 2014 KIN910: Addressing the psychological needs of athletes with injuries through a multidisciplinary team approach to rehabilitation. University of Wisconsin-Milwaukee, WI, USA.
- 4.2.2.52. November 15, 2013 KIN200: Introduction to sport and exercise psychology. University of Wisconsin-Milwaukee, WI, USA.
- 4.2.2.53. April 2, 2013 KIN200: Introduction to sport and exercise psychology. University of Wisconsin-Milwaukee, WI, USA.
- 4.2.2.54. March 7, 2013 KIN745: Role of psychology in the rehabilitation from injuries: Theories, interventions and issues to consider. University of Wisconsin-Milwaukee, WI, USA.
- 4.2.2.55. March 5, 2013 KIN745: Role of psychology in the rehabilitation from injuries: Theories, interventions and issues to consider. University of Wisconsin-Milwaukee, WI, USA.
- 4.2.2.56. November 8, 2012 KIN 550: Introduction to psychology of sport injuries: Theories, interventions and issues to consider. University of Wisconsin-Milwaukee, WI, USA.
- 4.2.2.57. October 26, 2012 KIN416: Introduction to psychology of sport injuries: Role of athletic trainers. University of Wisconsin-Milwaukee, WI, USA.

#### 4.3. Other Teaching Activities (not covered elsewhere, but deemed significant)



#### 4.3.1. ERASMUS MUNDUS Visiting Academic Scholar

- |          |                                 |  |
|----------|---------------------------------|--|
| 4.3.1.1. | June 15, 2015-<br>June 19, 2015 | Invited Erasmus Mundus Academic Scholar: Psychosocial interventions in sport injury rehabilitation: Application of theory to practice. A 2-ECTS credit course at the University of Leipzig, Germany.   |
| 4.3.1.2. | June 6, 2015-<br>June 12, 2015  | Invited Erasmus Mundus Academic Scholar: Psychosocial interventions in sport injury rehabilitation: Application of theory to practice. A 2-ECTS credit course at the University of Jyväskylä, Finland.   |
| 4.3.1.3. | June 17, 2013-<br>June 21, 2013 | Invited Erasmus Mundus Academic Scholar: Psychosocial interventions in sport injury rehabilitation: Application of theory to practice. A 2-ECTS credit course at the University of Leipzig, Germany.   |
| 4.3.1.4. | June 17, 2013-<br>June 21, 2013 | Invited Erasmus Mundus Academic Scholar: Team building in sport teams: Role of goal setting, role clarification, interpersonal relationship development and problem solving methods. A 2-ECTS credit course at the University of Leipzig, Germany. |
| 4.3.1.5. | June 3, 2013-<br>June 11, 2013  | Invited Erasmus Mundus Academic Scholar: Psychosocial interventions in sport injury rehabilitation: Application of theory to practice. A 2-ECTS credit course at the University of Jyväskylä, Finland.   |
| 4.3.1.6. | June 3, 2012-<br>June 8, 2012   | Invited visiting Erasmus Scholar: Psychology of sport and exercise injuries. A 2- ECTS credit (18 contact hours) course at the University of Jyväskylä, Finland.   |
| 4.3.1.7. | May 30, 2011-<br>June 3, 2011   | Invited visiting Erasmus Scholar: Psychology of sport and exercise injuries. A 2- ECTS credit (18 contact hours) course at the University of Jyväskylä, Finland.   |

### 5. Service

#### 5.1. Membership or leadership in department, school, college, division, university, or system committees and/or task forces

##### 5.1.1. Department Service - Department of Kinesiology – Integrative Health Care and Performance Unit (IHCP) and Department of Rehabilitation Sciences and Technology

- |          |                          |        |  |
|----------|--------------------------|--------|--|
| 5.1.1.1. | June 2019 - Present      | Member | MSAT Program Committee   |
| 5.1.1.2. | August 2020 - July 2023  | Member | Rehabilitation Sciences & Technology Faculty and Academic Staff Committee                  |
| 5.1.1.3. | August 2020 - July 2023  | Member | Rehabilitation Sciences & Technology Faculty and Academic Staff Executive Committee        |
| 5.1.1.4. | August 2020 - July 2023  | Member | Rehabilitation Sciences & Technology Research Program                                      |
| 5.1.1.5. | January 2022 - May 2022  | Member | Rehabilitation Sciences and Technology (RST) NWQ Redevelopment Task Force                  |
| 5.1.1.6. | August 2018 - July 2020  | Member | Department of Kinesiology Integrative Health Care & Performance Unit Executive Committee   |
| 5.1.1.7. | January 2015 - July 2020 | Member | Department of Kinesiology Integrative Health Care & Performance Unit Development Committee |

5.1.1.8.	January 2013 - July 2020	Member	Department of Kinesiology Integrative Health Care & Performance Unit Faculty and Academic Staff Committee
5.1.1.9.	August 2012 - July 2020	Member	BS Kinesiology Program Committee
5.1.1.10.	August 2012 - July 2020	Member	Department of Kinesiology Graduate Faculty Committee
5.1.1.11.	January 2018 - December 2019	Member	Doctor of Physical Therapy Program Director Search & Screen Committee
5.1.1.12.	August 2015 - August 2016	Member	Athletic Training Academic Staff Search & Screen Committee
5.1.1.13.	August 2014 – August 2015	Member	Doctor of Physical Therapy Program Admissions committee
5.1.1.14.	August 2013- August 2014	Member	Doctor of Physical Therapy Program Admissions committee
5.1.1.15.	January 2013 - May 2013	Member	Doctor of Physical Therapy Program Academic Staff Search & Screen Committee
5.1.1.16.	January 2013 - May 2013	Member	Department of Kinesiology Organizational Structure Task Force

#### 5.1.2. School Service – School of Rehabilitation Sciences and Technology

5.1.2.1.	December 2023- Present	Member	Rehabilitation Sciences & Technology Leadership Team
5.1.2.2.	August 2023 - Present	Member	Rehabilitation Sciences & Technology Faculty and Academic Staff Committee
5.1.2.3.	August 2023 - Present	Member	Rehabilitation Sciences & Technology Faculty and Academic Staff Executive Committee

#### 5.1.3. College Service – College of Health Sciences and College of Health Professions and Sciences

5.1.3.1.	November 2022 - May 2023	Co-Chair	CHPS APBC Task Force
5.1.3.2.	August 2016 - July 2021	Member	College of Health Sciences Research Growth Committee (RGC)
5.1.3.3.	August 2014 - May 2016	Member	College of Health Sciences PHD Steering Committee
5.1.3.4.	August 2014 - May 2016	Member	College of Health Sciences Research and Graduate Program Committee (RGPC)
5.1.3.5.	January 2014 - May 2014	Chair	College of Health Sciences PhD International Admissions review process Task Force

#### 5.1.4. University Service – University of Wisconsin-Milwaukee

5.1.4.1.	September 2023 - May 2024	Member	UWM Virtual Health Research Symposium 2024 Organization Committee
5.1.4.2.	August 2023 - July 2024	Chair	Affirmative Action Faculty Employment Committee
5.1.4.3.	September 2022 - May 2023	Member	UWM Virtual Health Research Symposium 2023 Organization Committee

5.1.4.4.	September 2021 - May 2022	Member	UWM Virtual Health Research Symposium 2022 Organization Committee
5.1.4.5.	January 2021 - July 2021	Member	UWM Subcommittee on Graduate Courses & Curriculum (GCC)
5.1.4.6.	September 2020 - May 2021	Member	UWM Virtual Health Research Symposium 2021 Organization Committee
5.1.4.7.	August 2020 - December 2020	Chair	UWM Subcommittee on Graduate Courses & Curriculum (GCC)
5.1.4.8.	August 2020 - December 2020	Member	University Graduate Faculty Committee (as GGC Chair)
5.1.4.9.	January 2020 - July 2020	Member	UWM Subcommittee on Graduate Courses & Curriculum (GCC)
5.1.4.10.	August 2019 - December 2019	Chair	UWM Subcommittee on Graduate Courses & Curriculum (GCC)
5.1.4.11.	August 2019 - December 2019	Member	University Graduate Faculty Committee (as GGC Chair)
5.1.4.12.	January 2017 - May 2017	Member	UWM Physical Environment Committee
5.1.4.13.	August 2018 - July 2019	Member	UWM Subcommittee on Graduate Courses & Curriculum (GCC)
5.1.4.14.	August 2017 - May 2018	Member	UWM Health Research Symposium Planning Committee
5.1.4.15.	August 2012 - July 2023	Member	College of Health Sciences Faculty and Academic Staff Committee

## 5.2. Major responsibility for coordination of programs, departments, or centers

None

## 5.3. Involvement in student activities

5.3.1.	January 2019-Present	Faculty advisor	UWM Student organization for Sport Psychology & Performance Excellence (SPPE) Committee.
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## 5.4. Service and or membership and office, or other position of leadership, held in a professional organization (e.g. committee membership, elected chair, appointed secretary, seminar directory, etc.)

### 5.4.1. Professional Leadership

5.4.1.1.	August 2022-Present	Safe Sport Chair	Wisconsin Swimming Board of Directors, WI, United States
5.4.1.2.	January 2019-Present	Establishing Editor-in-Chief	Journal for Advancing Sport Psychology in Research (JASPR), Association for Applied Sport Psychology, United States. <a href="https://jaspr.scholasticahq.com/">https://jaspr.scholasticahq.com/</a>
5.4.1.3.	October 2013-October 2015	Psychology of Sport Injury Special Interest Group (SIG) Coordinator	Association for Applied Sport Psychology, United State

#### 5.4.2. Professional Service

5.4.2.1.	2024	Invited Subject Matter Expert for CMPC® Certification Exam Items	Association for Applied Sport Psychology Certification Council Exam Development Committee, United States
5.4.2.2.	2020	Invited External Reviewer, Associate Professor Promotion	United States
5.4.2.3.	2019	Invited External Reviewer, Full Professor Promotion	United States
5.4.2.4.	2018	Invited External Reviewer Tenure and Promotion	Sweden
5.4.2.4.	August 2017- December 2017	Invited Internal Reviewer, Academic Program	University of St Augustine for Health Sciences, United States
5.4.2.6.	January 2016- May 2016	Invited External Reviewer, Academic Program	University of St Augustine for Health Sciences, United States
5.4.2.7.	January 2011- January 2012	Editorial Review Board Member	International Journal of Multi-Disciplinary Studies and Sports Research (IJMSRE), United Kingdom

#### 5.4.3. Professional Memberships

5.4.3.1.	January 2013 - Present	Association for Applied Sport Psychology	United States
5.4.3.2.	January 2014- Present	USA Swimming	United States
5.4.3.3.	January 2014- Present	Wisconsin Swimming LLC	
5.4.3.4.	2010 -Present	British Psychological Society - Division of Sport and Exercise Psychology	United Kingdom
5.4.3.6.	2008 -2023	Finnish Sport Psychology Association	Finland
5.4.3.7.	2004 -Present	The British Psychological Society	United Kingdom
5.4.3.8.	January 2014 - December 2017	American Psychological Association	United States
5.4.3.9.	2014-2015	UK Science Council	United Kingdom
5.4.3.10.	2002-2009	British Association for Sport and Exercise Sciences	United Kingdom

#### 5.4.4. Professional Certifications

5.4.4.1.	June 8, 2021 - June 8, 2026	Certified Mental Performance Consultant	Association for Applied Sport Psychology
5.4.4.2.	September 14, 2020 - September 13, 2025	Approved Mentor	Association for Applied Sport Psychology

5.4.4.3.	September 3, 2019 - September 3, 2024	Certified Mental Performance Coach and Exercise Practitioner (UPV cert.)	Finnish Psychological Association
5.4.4.4.	August 24, 2014 - August 24, 2019	Certified Mental Performance Coach and Exercise Practitioner (UPV cert.)	Finnish Psychological Association
5.4.4.6.	2014 - Present	Certified Meet Official	Wisconsin Swimming
5.4.3.7.	2010 - Present	Chartered Psychologist (CPsychol)	British Psychological Society

5.5. Special assignments for professional organizations, and/or participation at professional meetings (directing or moderating seminars, workshops, institutes, etc., or participating as speaker, reactor, discussant, etc., not conducted as part of assigned load or under the auspices of UWM)

5.5.1.	January 2013- Present	Conference abstract reviewer	Association for Applied Sport Psychology, United States
5.5.2.	2013	Book proposal reviewer	Routledge, United States
5.5.3.	2005 - Present	Manuscript reviewer	

- 5.5.3.1. British Journal of Sports Medicine
- 5.5.3.2. Psychology of Sport & Exercise
- 5.5.3.3. Sports Health
- 5.5.3.4. Journal of Sport Psychology in Action
- 5.5.3.5. Physiotherapy Theory in Practice
- 5.5.3.6. Research Quarterly in Sport and Exercise
- 5.5.3.7. Journal of Science and Medicine in Sport
- 5.5.3.8. International Review of Sport and Exercise Psychology
- 5.5.3.9. Scandinavian Journal of Psychology
- 5.5.3.10. Journal of Applied Sport Psychology
- 5.5.3.11. Journal of Athletic Training
- 5.5.3.12. Leisure, Sport, and Tourism Education
- 5.5.3.13. Physical Therapy in Sport
- 5.5.3.14. Qualitative Research in Sport and Exercise
- 5.5.3.15. The Sport Psychologist
- 5.5.3.16. Sage Open Access Journal
- 5.5.3.17. Scandinavian Journal of Psychology
- 5.5.3.18. Sports
- 5.5.3.19. Scandinavian Journal of Medicine and Science in Sports
- 5.5.3.20. Journal of Hospitality

5.6. Awards and honors for service to the candidate's profession

None

5.7. Community, regional, state, and national activities not covered elsewhere but deemed significant. (Indicate whether activity was paid or not.)

5.7.1. Sport & Performance Psychology Consultant, Milwaukee, Wisconsin. (August 2013 - Present).

5.7. Workload Allocations

Semester	Grad Students	Teaching	Research	Service	Admin	Total	Overload	% Appt
Spring 24	2	62.50%	0.00%	12.50%	25.00%	100%	0	100%
Fall 23	2	12.50%	50.00%	12.50%	25.00%	100.00%	0	100.00%
Spring 23	4	87.50%	0.00%	12.50%	n/a	100.00%	0	100.00%
Fall 22	4	20.80%	66.70%	12.50%	n/a	100.00%	0	100.00%
Spring 22	4	87.50%	0.00%	12.50%	n/a	100.00%	0	100.00%
Fall 21	4	20.80%	66.70%	12.50%	n/a	100.00%	0	100.00%
Spring 21	3	87.50%	0.00%	12.50%	n/a	100.00%	0	100.00%
Fall 20	3	12.50%	75.00%	12.50%	n/a	100.00%	0	100.00%
Spring 20	4	87.50%	0.00%	12.50%	n/a	100.00%	0	100.00%
Fall 19	4	12.50%	75.00%	12.50%	n/a	100.00%	0	100.00%
Spring 19	5	87.50%	0.00%	12.50%	n/a	100.00%	0	100.00%
Fall 18	5	12.50%	75.00%	12.50%	n/a	100.00%	0	100.00%
Spring 18	3	87.50%	0.00%	12.50%	n/a	100.00%	0	100.00%
Fall 17	3	12.50%	75.00%	12.50%	n/a	100.00%	0	100.00%
Spring 17	3	62.50%	25.00%	12.50%	n/a	100.00%	0	100.00%
Fall 16	3	37.50%	50.00%	12.50%	n/a	100.00%	0	100.00%
Spring 16	3	62.50%	25.00%	12.50%	n/a	100.00%	0	100.00%
Fall 15	3	37.50%	50.00%	12.50%	n/a	100.00%	0	100.00%
Spring 15	0	25.00%	62.50%	12.50%	n/a	100.00%	0	100.00%
Fall 14	1	37.50%	50.00%	12.50%	n/a	100.00%	0	100.00%
Spring 14	0	25.00%	62.50%	12.50%	n/a	100.00%	0	100.00%
Fall 2013	0	25.00%	62.50%	12.50%	n/a	100.00%	0	100.00%
Spring 13	0	25.00%	62.50%	12.50%	n/a	100.00%	0	100.00%
Fall 12	0	25.00%	62.50%	12.50%	n/a	100.00%	0	100.00%