

Amygdala Reward Reactivity Mediates the Association Between Preschool Stress Response and Depression Severity

Michael S. Gaffrey, Deanna M. Barch, Ryan Bogdan, Katrina Farris, Steven E. Petersen, and Joan L. Luby

ABSTRACT

BACKGROUND: Research in adolescents and adults has suggested that altered neural processing of reward following early life adversity is a highly promising depressive intermediate phenotype. However, very little is known about how stress response, neural processing of reward, and depression are related in very young children. The present study examined the concurrent associations between cortisol response following a stressor, functional brain activity to reward, and depression severity in children 4 to 6 years old.

METHODS: Medication-naïve children 4 to 6 years old ($N = 52$) participated in a study using functional magnetic resonance imaging to assess neural reactivity to reward, including gain, loss, and neutral outcomes. Parent-reported child depression severity and child cortisol response following stress were also measured.

RESULTS: Greater caudate and medial prefrontal cortex reactivity to gain outcomes and increased amygdala reactivity to salient (i.e., both gain and loss) outcomes were observed. Higher total cortisol output following a stressor was associated with increased depression severity and reduced amygdala reactivity to salient outcomes. Amygdala reactivity was also inversely associated with depression severity and was found to mediate the relationship between cortisol output and depression severity.

CONCLUSIONS: Results suggest that altered neural processing of reward is already related to increased cortisol output and depression severity in preschoolers. These results also demonstrate an important role for amygdala function as a mediator of this relationship at a very early age. Our results further underscore early childhood as an important developmental period for understanding the neurobiological correlates of early stress and increased risk for depression.

Keywords: Amygdala, Depression, Development, fMRI, Reward processing, Stress

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Major depressive disorder (MDD) is one of the most common psychiatric conditions and a leading cause of impairment, disability, and morbidity (1). Given a growing consensus that the origins of depression are likely neurodevelopmental (2), remarkably little is known about its neurobiological roots. As a result, identifying early occurring neurobiological intermediate phenotypes associated with depression is critical for advancing efforts to establish predictive biomarkers of relative risk and resilience to this disorder. Research now clearly demonstrates that depression during the preschool period is a precursor of later school-age and adolescent MDD (3,4). As such, investigations of brain function in preschoolers with elevated symptoms of depression are likely to provide crucial information informing the next generation of intervention strategies aimed at reducing the considerable public health burden of this disorder.

Altered neural processing of reward has emerged as a highly promising depressive intermediate phenotype (5). Reward processing relies on an interconnected network of

brain regions, including the midbrain, amygdala, striatum, anterior cingulate cortex (ACC), orbitofrontal cortex, and medial prefrontal cortex (6). Functional magnetic resonance imaging (fMRI) research has provided key data supporting altered reward-related brain function in adults and adolescents with depression, including associations with depression severity (7), diminished daily experience of positive emotion (8), response to depression treatment (9), and later depression in adolescents (10,11). Given that neural processing of reward undergoes a prolonged period of development beginning in early childhood (12), early experiences influencing this developmental process have been proposed to underlie the future emergence of depression in at least some individuals (13).

The very early experience of stress has emerged as one of the most salient factors that may negatively influence reward-related brain function and contribute to the development of depression (14). Consistent with this notion, recent research has shown that variability in neural response to reward partially mediates the relationship between stressful childhood

experiences and elevated depressive symptoms during adolescence and adulthood (15–17). However, this research has primarily relied on retrospective measures of early life stress and assessed brain function during adolescence or adulthood. As a result, whether similar associations are present in young children is unknown, and the putative mechanisms through which early life adversity is associated with neural processing of reward remains poorly understood.

Emerging independent lines of evidence raise the possibility that hypothalamic-pituitary-adrenal (HPA) axis function may play a mechanistic role in the expression of early life stress-related neural reward processing dysfunction (14). First, pre-clinical work indicates that the development of reward-related brain regions rich in glucocorticoid receptors is negatively affected by increased levels of glucocorticoids during prolonged periods of elevated stress (18). Second, previous research has reported altered HPA axis reactivity in groups of children exposed to early stressful life events (19,20) and attenuated reward-related brain function in adolescents and adults with a history of early life stress (17,21), including individuals who eventually develop depression (15). Lastly, recent fMRI data suggest that acute cortisol administration blunts reward-related neural activity (22,23). Collectively, these data suggest that altered HPA axis stress response following repeated exposure to stressors during early childhood may result in relatively blunted neural responses to reward, potentially conferring increased risk for depression. However, data directly informing the relationship between HPA axis function and neural response to reward during early childhood are not available. Such data would provide critical insight into our mechanistic understanding of how early life stress conveys increased risk for depression.

The present study investigates whether altered HPA axis functioning is associated with altered neural reactivity to reward and depression severity in preschoolers using fMRI. It also tests whether altered neural reactivity to reward mediates the relationship between cortisol output following stress and depression severity in preschoolers. Following previous research, it was predicted that greater depression severity in preschoolers would be linked to higher total cortisol output to an in-laboratory psychosocial stressor (24). Based on evidence that cortisol administration blunts reward-related activity in the amygdala and striatum and data suggesting these regions as highly susceptible to the effects of early life stress and altered in pediatric depression (25,26), we predicted that higher total cortisol output following stress would be associated with diminished reactivity to reward-related outcomes in these regions. Lastly, we anticipated that altered neural reactivity to reward in these regions would mediate the relationship between cortisol output and depression severity.

METHODS AND MATERIALS

Participants

There were 88 preschoolers between 4 and 6 years of age recruited from pediatrician's offices, daycare centers, and other community resources throughout the greater St. Louis, MO, area. To increase sample variance in depressive symptoms, a validated screening checklist, Preschool Feelings Checklist (PFC) (27), was used to identify preschoolers with

and without elevated depressive symptoms. Caregivers indicating that their preschoolers had low (≤ 1 PFC items endorsed) or high (≥ 3 PFC items endorsed) levels of depressive symptoms were contacted and invited to complete additional phone screening steps assessing for the presence of neurological disorders (e.g., seizure disorder), autism spectrum disorders or developmental delays, premature birth (< 36 weeks of gestation), and psychotropic medication use. These conditions were considered exclusion criteria for all children. Children with no exclusion criteria were invited to enroll in the full study. Following study enrollment, each family was asked to complete an age-appropriate mental health and developmental assessment and an fMRI scan within 7 to 10 days of their assessment. Of the 88 children completing the study, complete fMRI data were not collected for 9 children owing to equipment failure ($n = 3$), falling asleep during scanning ($n = 1$), refusal to complete the fMRI task ($n = 1$), or request to end the scan ($n = 4$). Of the 79 children completing the fMRI scan, 60 provided data passing quality control measures (76%) (see the Supplement). Of the 60 children with usable fMRI data, 52 also had stress response cortisol data passing quality control (see the Supplement) and were included in the analyses addressing our a priori hypotheses. Parental written consent and child verbal assent were obtained for all subjects. The Institutional Review Board at Washington University in St. Louis approved all experimental procedures.

Diagnostic Assessment

Diagnostic assessments were conducted using the Kiddie Schedule for Affective Disorders and Schizophrenia–Early Childhood version (28), a developmentally modified version of the Kiddie Schedule for Affective Disorders and Schizophrenia for School-Age Children–Present and Lifetime Version (29). See the Supplement for more details.

Depression Severity

Child. The Preschool Feelings Checklist–Scale Version (PFC-S) (30) is a 23-item measure that uses a Likert rating scale (0 = never, through 4 = most of time; range of possible scores, 0–92) designed to assess depression severity in preschool children and has established validity at this age (31). Example items include “My child appears sad or says he/she feels sad” and “Enjoys activities and play (reverse scored).” See the Supplement for additional information.

Parent. Parents filled out the Beck Depression Inventory–II (BDI-II) (32), a validated 21-item measure of depression symptom presence and severity in adults.

Cortisol Collection and Analysis Procedures

Children completed a stress-inducing frustration task that reliably induces a cortisol response in preschoolers (33). Briefly, children were instructed to match colored wooden chips with corresponding shapes to earn a prize before time ran out (approximately 3 minutes). A toy traffic light indicated how much time they had remaining, and experimental manipulation of timing ensured task failure. One saliva sample was collected before the frustration task as a baseline measurement of cortisol (preceded by 30-minute period of

neutral activities), and six saliva samples were collected every 10 minutes during the hour following the task while a neutral movie was watched. See the [Supplement](#) for detailed collection, assay, and data quality control methods.

Consistent with prior observations, cortisol data were skewed and subsequently \log_{10} transformed before all analyses (34). Following previous research suggesting that total cortisol output following stress is associated with depression and depression risk (20,35), total cortisol production during the stress task was calculated using standard area under the curve with respect to ground (AUC_g) procedures (36), incorporating actual time between cortisol sample collection in these calculations.

Child fMRI Gambling Task

fMRI data were collected as children completed the child gambling task (CGT) approximately 7 to 10 days following their in-person assessment. The CGT is a developmentally adapted form of a commonly used gambling reward processing task (37) previously shown to elicit robust and reliable activation in reward-related regions in older age groups (8,37–41). It has also been used in prior studies of reward and loss sensitivity in relation to depression (8,15–17,42–44). The CGT was presented with E-Prime (Psychology Software Tools, Sharpsburg, PA) using an event-related design with 13 trials of each outcome (i.e., gain, loss, neutral) presented in a predetermined pseudorandomized order (no more than three of the same type in a row) per run (Figure 1). During the CGT, children are asked to guess whether the next person they see is going to be bigger or smaller than them to win or lose candy. To reduce the potential for movement, only one response (i.e., either bigger or smaller) is assigned to a single button, with nonresponses (i.e., no button press) representing the alternative choice. The assignment of bigger or smaller as the active response was counterbalanced across children. The gain and loss amounts were chosen to give gains and losses of similar subjective

values (45). Each child completed two runs of approximately 6 minutes and was given an amount of candy matching the maximum gained during the CGT after scan completion.

Functional Imaging Data Acquisition and Preprocessing Procedures

To create familiarity and comfort with study procedures, each child was shown a child-friendly video introducing the fMRI experience and introduced to the scanning environment using a mock scanner training protocol during their initial in-person assessment, allowed to watch a movie of their choice during structural scans, and rewarded with small prizes after scan completion. Imaging data were collected using a 3T Siemens Tim Trio (Siemens Healthcare, Erlangen, Germany) whole-body system. See the [Supplement](#) for fMRI acquisition and preprocessing procedures.

Functional Imaging Data Analysis

A general linear model approach incorporating regressors for outcome, linear trend, and baseline shift was used to estimate subject-specific voxelwise task-related activity without assuming a hemodynamic response shape. Gain, loss, and neutral outcomes were modeled separately relative to fixation baseline for 10 frames following question mark onset (Figure 1). The estimates for the last eight frames represent the different time points in 2-second increments following presentation of the reward outcome. The resulting β estimates of the event-related response at each frame were entered into a second-level analysis treating subjects as a random factor. At the second level, we computed a voxelwise repeated-measures analysis of variance (ANOVA) with time point (10 estimated frames) as a within-subject factor.

Both region-of-interest (ROI) and whole-brain approaches were used. The more conservative ROI approach was conducted using two a priori masks focused on 1) the left and right

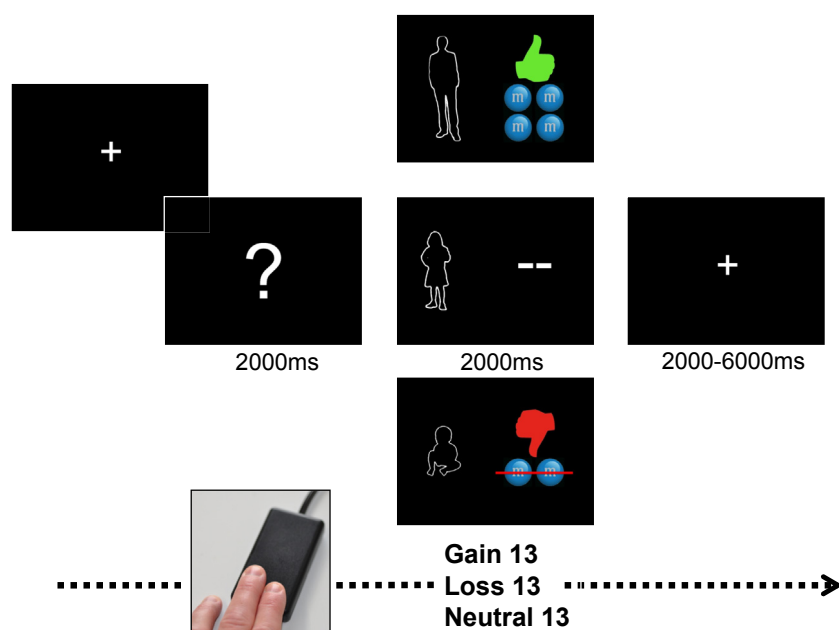


Figure 1. Child gambling task. Each trial of the child gambling task begins with a white fixation cross presented in the center of a black screen for 2000 ms. Next, a screen displays a question mark for 2000 ms. Children are asked to guess whether the person hiding behind the question mark is bigger or smaller than them and to indicate their choice by pressing a button on a magnetic resonance imaging-compatible single-button response box designed specifically for use with young children. Following their choice, feedback is generated as a function of whether the trial was scheduled to be a reward, loss, or neutral outcome and presented for 2000 ms. Feedback images included a baby, an adult, or a similarly sized child paired with 1) a green thumbs up next to an image of four candies for gain, 2) a red thumbs down next to an image of two candies with a line through them for loss, or 3) two dashes (– –) for neutral trials. A jittered intertrial interval using a black screen with a central fixation cross occurred between each trial (median = 4000 ms, minimum = 2000 ms, maximum = 6000 ms).

amygdala [adapted from (46)] and 2) an a priori network of regions implicated in reward processing including the dorsal and ventral striatum [adapted from (41,47)]. The choice of these two ROIs was based on evidence indicating that 1) the amygdala plays an important and specific role in evaluating reward salience (48,49), 2) amygdala reactivity is altered in depressed preschoolers (50), and 3) developmental and depression-related differences in striatal and cortical response to reward can be successfully identified in children using our a priori mask of reward-related regions (40,51). To isolate task-evoked amygdala signals, we initially computed our ANOVA using the individually averaged β values for each time point from our a priori amygdala ROI. Subsequent ANOVAs using our a priori reward processing mask or at the whole-brain level were corrected for multiple comparisons (see the Supplement for additional details).

Following the identification of a significant main effect of time within a given brain region (e.g., amygdala), time courses were subsequently inspected for time \times outcome interactions using a two-way repeated-measures ANOVA. When an outcome \times time interaction was identified for a given brain region, follow-up paired t tests were used to identify at which

time point conditions differed. Following previous event-related fMRI research (52–54), the two time points representing the period of peak difference between outcomes were identified, averaged within a given outcome (e.g., gain), and subsequently subtracted between the differing outcomes (e.g., gain minus loss) to create a peak difference score. Peak difference scores were then examined in separate correlational and mediation analyses using PFC-S and AUC_g cortisol scores and a two-tailed approach to significance (IBM SPSS statistics version 21; IBM Corp., Armonk, NY).

Brain Function, Stress, and Depression Severity

To test our a priori hypothesis that attenuated neural response to reward mediates the relationship between altered HPA axis function and depression severity in preschoolers, we used the PROCESS macro procedure for SPSS. Following Hayes (55), a significant effect of mediation would indicate that the association between AUC_g and depression severity occurs indirectly through brain activity. Only difference scores generated from our a priori ROIs with a time \times outcome effect were examined in the mediation analyses (Figure 2A). A multivariate approach

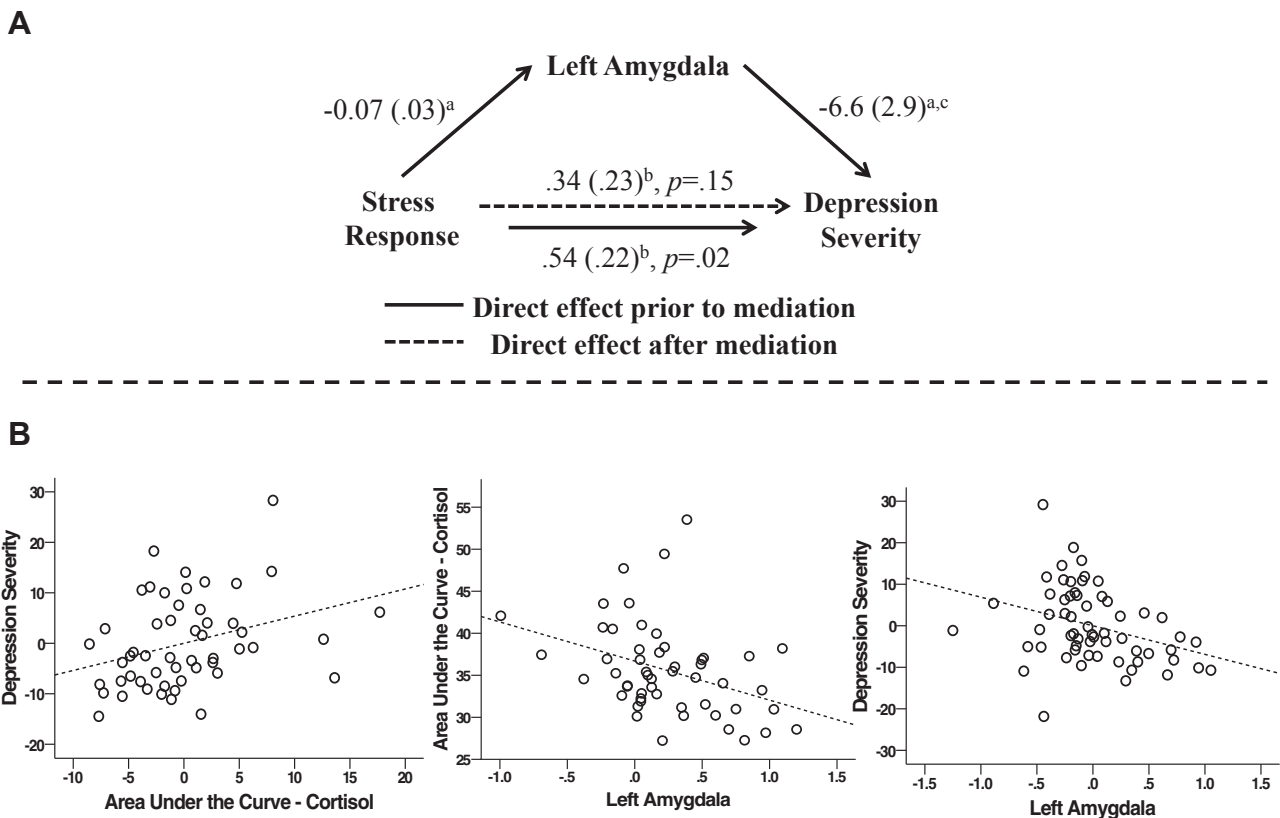


Figure 2. (A) Attenuated differential responding in the left amygdala to gain and loss outcomes versus neutral outcomes mediates the relationship between elevated stress response and depression severity in preschool-age children. Values represent β coefficients generated by the SPSS PROCESS macro procedure for mediation model 4. ^a $p < .05$; ^bincludes maternal depression as a covariate; ^cincludes maternal depression and stress response as covariates. (B) Scatterplots illustrating the positive correlation between cortisol area under the curve with respect to ground and child depression severity ($r = .32, p = .021$), the negative correlation between gain and loss minus neutral difference scores in the left amygdala and cortisol area under the curve with respect to ground ($r = -.37, p = .006$), and the negative correlation between gain and loss minus neutral difference scores in the left amygdala and child depression severity ($r = -.40, p = .003$). Plots including depression severity scores represent the residualized values for each variable after controlling for maternal depression.

Table 1. Study Group (N = 52) Characteristics

| Characteristic | Value |
|-----------------------------------|-------------------|
| Age, Months, Mean (\pm SD) | 71.9 (\pm 8.9) |
| Gender, F/M | 28/24 |
| Ethnicity, W/AA/O | 35/14/3 |
| PFC Screen, Low/High ^a | 34/18 |
| Diagnoses ^b | |
| None | 37 |
| Internalizing | 9 |
| Externalizing | 2 |
| Internalizing and externalizing | 4 |

AA, African American; F, female; M, male; O, other; PFC, Preschool Feelings Checklist; W, white.

^aNumber of children with caregiver reporting low (≤ 1 PFC items endorsed) or high (≥ 3 PFC items endorsed) levels of depressive symptoms during initial screen.

^bInternalizing: preschool depression ($n = 8$), preschool depression and separation anxiety disorder ($n = 1$), generalized anxiety disorder ($n = 1$); externalizing: oppositional defiant disorder ($n = 1$), attention-deficit/hyperactivity disorder ($n = 1$); internalizing and externalizing: preschool depression and oppositional defiant disorder ($n = 2$), oppositional defiant disorder and attention-deficit/hyperactivity disorder ($n = 1$).

to identifying potential outliers using Mahalanobis D^2 was conducted before carrying out our a priori correlational and mediation analyses. No outliers were identified.

RESULTS

Demographic and Child Characteristics

See Table 1 for sample demographic and diagnostic characteristics. Average scores were 16.1 (\pm 6.3; range, 1–47) for PFC-S, 8 (\pm 9.2; range, 0–34) for BDI-II, and 35.6 ng/mL (\pm 5.5; range, 27.23–53.52 ng/mL) for AUC_g. Preschoolers with a diagnosis of MDD on the Kiddie Schedule for Affective Disorders and Schizophrenia-Early Childhood version had higher PFC-S scores than children who did not: MDD = 28 (\pm 10), no MDD = 12.5 (\pm 8.4) ($t_{50} = 5.4$, $p < .001$). Children not providing

usable fMRI data were younger (mean age 60 [\pm 11.5] months) than children who did provide usable fMRI data (mean age 71 [\pm 9] months). Previous research suggests that maternal mood state likely inflates parent report of child psychopathology. In line with this, there was a significant positive correlation between PFC-S and BDI-II scores ($r = .56$, $p < .001$) in the current sample. Thus, all analyses including the PFC-S controlled for maternal BDI-II scores.

Behavioral Results for Scanner Task

On average, children pressed the response button on 56% (44 of 78) of the CGT trials. Reaction time (RT) was missing for two children who did not push the response button during the CGT. Average win RT was 1001 (\pm 219) ms, average loss RT was 972 (\pm 208) ms, and average neutral RT was 963 (\pm 215) ms. RT did not differ between outcome conditions (all $t_{50} \leq 1.41$, $p \geq .165$).

Neuroimaging Findings

A main effect of time was found for the left and right amygdala ROIs as well as for multiple regions within our a priori reward processing mask, including the left anterior insula, ACC, and bilateral caudate (Table 2). Time \times outcome interactions were also noted, including greater left and right caudate reactivity for gain versus loss outcomes, greater ACC reactivity for gain versus loss and neutral outcomes, and increased left amygdala reactivity following gain and loss outcomes versus neutral ones (Figure 3). Consistent with previous research suggesting that the amygdala is sensitive to stimulus salience rather than valence (48,56), our paired t tests revealed that gain and loss time courses in the left amygdala did not differ from each other and were identical in their pattern of peak differences with neutral outcomes. Thus, we used an averaged time course for gain and loss outcomes when creating left amygdala difference scores. Follow-up paired t tests identified time points 5 and 6 as the period of peak difference between gain and loss outcomes and neutral outcomes in the left amygdala and between gain and loss and gain and neutral outcomes in the ACC. For the left and right caudate, follow-up paired t tests indicated that

Table 2. Regions Identified in A Priori Reward Mask With Main Effect of Time

| Region | Hemisphere | Peak Voxel | | | Cluster (Voxels) | Outcome \times Time |
|---|------------|------------|-----|----|------------------|-----------------------|
| | | X | Y | Z | | |
| Globus Pallidus (Includes Amygdala) | Right | 10 | 0 | 0 | 63 | NS |
| Caudate | Left | -10 | 3 | 3 | 205 | NS |
| Caudate ^a | Left | -10 | -4 | 18 | 34 | G > L |
| Putamen ^a | Left | -26 | 6 | 4 | 32 | NS |
| Medial globus pallidus ^a (includes amygdala) | Left | -12 | 0 | -5 | 35 | NS |
| Substantia Nigra | Right | 10 | -21 | -9 | 42 | NS |
| Red Nucleus | Left | -4 | -21 | -6 | 25 | NS |
| Insula | Left | -34 | 9 | 3 | 144 | NS |
| Putamen | Right | 20 | 6 | -3 | 17 | NS |
| Clastrum | Right | 28 | 18 | 3 | 11 | NS |
| Caudate | Right | 8 | 0 | 15 | 32 | G > L |
| Anterior Cingulate (BA 32) | Left | 4 | 33 | 21 | 22 | G > L, N |

BA, Brodmann area; G, gain; L, loss; N, neutral; NS, not significant.

^aFollowing application of peak splitting algorithm to caudate cluster.

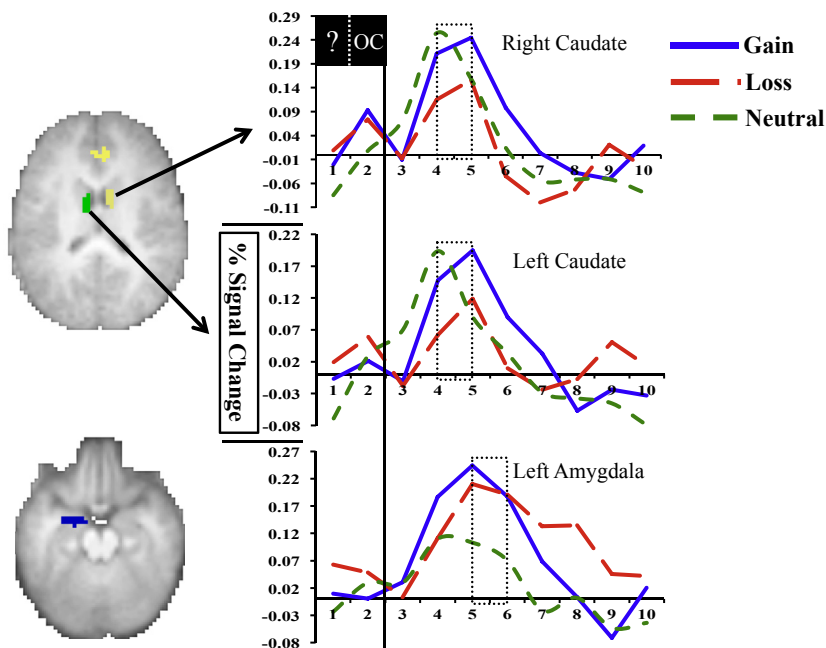


Figure 3. Differential responses to reward outcomes were found in bilateral caudate and left amygdala. Specifically, greater reactivity to gain versus loss outcomes was found in the left and right caudate, whereas greater reactivity to both gain and loss outcomes versus neutral outcomes was found in the left amygdala. Dashed boxes highlight frames used to generate difference scores. OC, task outcome period; ?, task guess period.

peak differences between gain and loss outcomes were present at time points 4 and 5. Individual peak difference scores were generated for the amygdala, caudate, and ACC (e.g., [average of gain time points 4 and 5] – [average of loss time points 4 and 5] for the left caudate) and used in all subsequent analyses.

Whole-brain results were significant for a main effect of time in multiple cortical and subcortical regions. Follow-up analyses found outcome \times time effects in parahippocampal gyrus, fusiform gyrus, and postcentral gyrus. See the Supplement for additional information.

Brain Function, Stress, and Depression Severity

Following our a priori hypotheses, AUC_g was positively correlated with child depression severity ($r = .32, p = .021$) and negatively correlated with differences between gain and loss outcomes and neutral outcomes in the left amygdala ($r = -.37, p = .006$). In addition, differences between gain and loss outcomes and neutral outcomes in the left amygdala were negatively correlated with child depression severity ($r = -.40, p = .003$) (Figure 2B). Furthermore, reduced gain and loss versus neutral difference scores in the left amygdala were found to mediate the significant relationship between elevated AUC_g and increased depression severity in preschoolers (PROCESS Indirect Effect [10,000 bootstrap samples]: 0.2 [0.11], bias corrected 95% confidence interval 0.05–0.5) (Figure 2A). The relationships between AUC_g and left and right caudate gain versus loss difference scores were not significant, though in the expected direction (right caudate $r = -.19, p = .17$; left caudate $r = -.27, p = .052$). AUC_g was not related to either of the ACC difference scores (gain vs. loss $r = -.12, p = .39$; gain vs. neutral $r = -.22, p = .13$). The pattern and significance of observed results did not change when gender

or age was included as a covariate. See the Supplement for additional analyses supporting the specificity of the mediation results to AUC_g , neural response to highly salient (i.e., gain and loss) outcomes, and their robustness to additional covariates.

DISCUSSION

The current study used fMRI to examine whether neural reactivity to reward mediates the relationship between cortisol response following a stressor and depression severity in preschool-age children. Our results extend prior reports in older age groups (14) by showing that both higher total cortisol output following a stressor and attenuated neural sensitivity to highly salient outcomes (i.e., gain and loss) are already related to increased depression severity in preschoolers. They also match prior findings suggesting a negative relationship between cortisol and reward-related brain activity (22,23). Importantly, the current findings provide novel evidence further supporting attenuated neural sensitivity to reward-related information as a putative mechanism through which early life adversity is associated with increased risk for depression.

Attenuated neural processing of reward following early life stress has emerged as one of the most promising depressive intermediate phenotypes. More specifically, it has been suggested that under conditions of chronic stress and adversity, physiological responses to stress occur more frequently, tend to increase in magnitude and duration, and take longer to recover to baseline levels (57). Over time, the repeated, excessive activations and inefficient downregulation of stress response systems—including the HPA axis—have a significant and negative effect on developing reward-related brain function, increasing risk for later MDD (58). However, data directly informing the relationship between individual HPA axis stress response and neural processing of reward during early

childhood has remained largely unavailable, leaving the developmental trajectory of this intermediate phenotype uncharted. As a first step in filling this knowledge gap, the current findings indicate that higher total cortisol output following a mild stressor in preschoolers is associated with diminished amygdala reactivity to highly salient reward processing outcomes. The amygdala has been consistently shown to play an important role in evaluating the motivational significance of a given stimulus (56). Recent work has suggested that stress may dampen amygdala reactivity in this regard. More specifically, oral administration of cortisol has been reported to dampen amygdala reactivity to reward in older samples (22,23). Preclinical work has also suggested that chronic stress induces significant dendritic spine loss in the medial amygdala (59), a major efferent nucleus of the amygdala sensitive to the motivational salience of events and strongly interconnected with the mesolimbic dopamine pathway (60). The current findings extend this work by providing unique insight into how developing stress and brain reward systems are related to each other very early in life. They also provide critical support for theoretical models suggesting that repeated activation of the HPA axis system may eventually facilitate the development of attenuated neural reactivity to reward as a more stable trait, similar to neurobiological endophenotype linking early adversity and MDD risk (14,61). However, our findings cannot address to what degree attenuated amygdala reactivity in our preschoolers is reflective of repeated exposure to prolonged HPA axis stress-related activity or establish a causal relationship. Nevertheless, these findings do provide important evidence suggesting that stress and brain reward systems are already tightly entwined as early as the preschool period.

Disrupted incentive-based learning has emerged as one potential mechanistic explanation of how altered reward processing mediates the relationship between early stress and increased risk for depression (14). Appropriate processing of reward outcomes plays a central role in incentive-based learning, with intact sensitivity to salient events (e.g., gains and/or losses) believed to be critical for learning reward-predicting cues that shape later self-regulation and goal-directed behavior (62), both of which are disrupted in depression. Behavioral studies indicate that developmental changes in reward learning are already underway during the preschool period (63–65). Importantly, this work also suggests that developmental changes in early reward learning may lay a critical foundation for the ongoing development of self-regulation (63) and goal-directed behavior (65). For example, recent behavioral data have illustrated that intact sensitivity to gain outcomes results in increased inhibitory control in preschoolers (65) and that diminished reward learning is associated with significant behavior regulation difficulties at this age (63). Previous work has suggested that the amygdala plays a critical role in reward learning, with disruptions affecting the ability to acquire as well as generalize learned responses (48,49). Previous preclinical work also suggests that early disruptions in amygdala functioning may negatively influence the ongoing development of later maturing brain regions also important for reward processing and learning, including the medial prefrontal cortex (66). However, longitudinal studies beginning very early in development will be needed to more

fully understand the complex relationships between brain development, reward learning, and emerging depression.

In contrast to previous work, higher total cortisol output following a stressor was not associated with caudate reactivity to gain versus loss. Previous research has suggested that attenuated reward-related activity in the striatum may be most evident during the experience of an acute stressor (23,67,68). Given the very young age of our subjects, cortisol response to stress was measured before their scan. As a result, the current study is unable to inform the relationship between cortisol and caudate reactivity when measured concurrently. Interestingly, recent functional connectivity work has suggested that the amygdala and striatum are positively connected in preschoolers, adolescents, and adults (69). As a result, it has been speculated that early alterations in amygdala reactivity to stimulus salience may negatively influence ongoing development of the striatum, with altered striatal response to reward following early stress emerging later in development as a result (25). However, longitudinal studies will be needed to answer this question. Alternatively, stress-related attenuation of reward processing in the caudate might be most apparent during tasks involving reward anticipation and/or learning (70), two aspects of reward processing not directly tested in this study. Future work directly investigating these possibilities will be necessary to better understand the relationship between stress and caudate activity during early childhood.

Several limitations should be noted. First, future investigations into other constructs (e.g., threat processing) and disorders (e.g., anxiety) will be necessary to inform the specificity of our results to reward processing and depression. Given that all measures were taken concurrently, the current results cannot inform directions of causality (see the [Supplement](#) for discussion of alternative mediation models). As a result, longitudinal studies will likely be critical for identifying trajectories of risk for depression and related psychopathology and informing interventions that can successfully target them. Nevertheless, the current study supports stress attenuated neural sensitivity to salient, reward-related outcomes as one potential mechanism that increases depression risk and further underscores early childhood as an important developmental period for understanding its earliest roots (71).

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ARTICLE INFORMATION

From the Departments of Psychiatry (MSG, DMB, KF, JLL), Psychological and Brain Sciences (DMB, RB, SEP), and Radiology (DMB, SEP), Washington University in St. Louis, St. Louis, Missouri.

Address correspondence to Michael S. Gaffrey, Ph.D., Department of Psychiatry (Child Division), Washington University School of Medicine, 660

South Euclid Avenue, Campus Box 8514, St. Louis, MO 63110; E-mail: gaffreym@wustl.edu.

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