

Work, Retirement and Volunteering

1. Radio: Diane Rehm Show | The Value of Older Workers <http://thedianerehmshow.org/shows/2013-12-19/value-older-workers>
2. Audio: NYAM's Ruth Finkelstein Discusses Aging and Employment, The Brian Lehrer Show <http://www.wnyc.org/story/aging-and-long-term-unemployment/>
3. Fact Sheet: 2016 Social Security Changes <https://www.ssa.gov/news/press/factsheets/colafacts2016.pdf>
4. News Article: A Gray Jobs Market for All Ages <http://www.nytimes.com/2013/03/19/education/a-gray-jobs-market-for-all-ages.html?smid=tw-share>
5. Blog Post: A Sneak Peek Into The Future Of Work and Retirement <http://www.forbes.com/sites/nextavenue/2016/06/20/a-sneak-peek-into-the-future-of-work-and-retirement/#77bca21d3bdf>
6. News Article: 80 is the new 50: City Seniors are not the retiring type: Census data <http://www.nydailynews.com/new-york/80-new-50-city-seniors-retiring-type-census-data-article-1.1069574>
7. Research Summary: Volunteering May Have Benefits for Memory Among Older Adults <http://www.healthinaging.org/news/research-summaries/article:10-05-2016-12-00am-volunteering-may-have-benefits-for-memory-among-older-adults/>
8. Blog Post: Ahead of the Curve, Four companies set the pace for age-friendly workplace practices <http://agingandwork.bc.edu/blog/ahead-of-the-curve/>
9. Academic Journal Articles:
 - a. Aging International, 2015: [Ageism in the Workforce](#)
 - b. Australian Journal of Social Issues, 2016: [International Perspective on the Aging Workforce](#)
 - c. Australian Journal of Social Issues, 2016: [How US Policies are Responding to an Aging Workforce](#)

Financial Planning

1. Report: Merrill Lynch and Age Wave | Family and Retirement The Elephant in the Room <http://www.wealthmanagement.ml.com/publish/content/application/pdf/GWMOL/Merrill-Lynch-2013-Family-and-Retirement-Study.pdf>
2. News Article: 7 Retirement Savings Accounts You Should Consider <http://money.usnews.com/money/personal-finance/articles/2014/12/19/7-retirement-savings-accounts-you-should-consider>
3. Financial Guide: Merrill Edge, Face Retirement: <http://faceretirement.merrilledge.com/>
4. Film: Broken Eggs; a film about the looming retirement crisis <http://brokeneggfilm.com/>
5. AARP- A Financial Professional Guide to Working with Older Clients: [A Financial Professional's Guide to Working with Older Clients](#)
6. Academic Journal Articles:
 - a. Journal of Public Economics, 2015: [Effects of Social Security Policies on Retirement and Saving](#)
 - b. National Bureau of Economic Research, 2016: [Social Security and Retirement Programs around the World](#)
 - c. Science, 2014: [Economic and Social Implications of an Aging Society](#)

Relationships, Intimacy and Sexuality

1. Video: Matchmakers help older singles look online for second, third love <http://www.cbsnews.com/videos/matchmakers-help-older-singles-look-online-for-second-third-love/>
2. Blog Post: New Training Programs for Home Care providers are Key to LGBT Seniors Age in Place <http://www.huffingtonpost.com/marki-flannery/new-training-programs-for-b-10575000.html>
3. Video: Aging with AIDS, Sue Saunders (77) <http://www.youtube.com/watch?v=4i3sKiUJJWQ>
4. Editorial: Sex and the Single Senior <http://www.nytimes.com/2014/01/19/opinion/sunday/emanuel-sex-and-the-single-senior.html? r=0>



5. Web Post: A Strong Sex Life Helps Couples Cope With the Trials of Aging <http://www.npr.org/blogs/health/2014/02/27/283458298/a-strong-sex-life-helps-couples-cope-with-the-trials-of-aging>
6. Blog Post: Families Caring for an Aging America Need Palliative Care [file:///C:/Users/TEMP/Downloads/Ornstein et al-2017-Journal of the American Geriatrics Society.pdf](file:///C:/Users/TEMP/Downloads/Ornstein%20et%20al-2017-Journal%20of%20the%20American%20Geriatrics%20Society.pdf)
7. Organization Website: The Silver Line <https://www.thesilverline.org.uk/>
8. Blog Post: LGBT Advocate Sees Hurdles Ahead <http://www.aarp.org/relationships/family/info-04-2011/biggest-issues-facing-older-lgbt-americans.html>
9. Film: Gen silent <http://gensilent.com/>
10. Blog Post: A Longer Life is Lived With Company <http://www.nytimes.com/2012/09/12/business/retirementspecial/for-older-adults-close-connections-are-key-to-healthy-aging.html>
11. Organization Website: LGBTQ and aging <https://www.lgbtagingcenter.org/>
12. Academic Journal Articles:
 - a. Journal of Gerontological Social Work, 2014: [Gender Transitions in Later Life](#)
 - b. Sexual and Relationship Therapy, 2015: [Relationships and Sexual Expression in Later Life](#)
 - c. Journal of the American Society on Aging: [Aging with HIV](#)

Cognition, Mental Health and Spirituality

1. Issue Brief: The State of Mental Health and Aging in America https://www.cdc.gov/aging/pdf/mental_health.pdf
2. Article: Benefits of Yoga for Seniors: <http://www.chopra.com/articles/6-benefits-of-yoga-for-seniors#sm.0001ketbnlheeec6ukv18vny9ap7q>
3. Video: Experience Alzheimer's Disease: https://www.youtube.com/watch?v=LL_Gq7Shc-Y



4. Blog post: 5 Spiritual Practices for Aging well:
http://www.huffingtonpost.com/lewis-richmond/five-spiritual-practices-aging-well_b_1165552.html
5. Audio: Faith, Spirituality & Aging; an interview with Reverend Jennifer Brower on PBS: <http://www.pbs.org/wgbh/pages/frontline/livinggold/etc/faith.html>
6. Academic Journal Articles:
 - a. Counselling Psychology, 2017: [Wisdom at the end of life: Hospice patients' reflections on the meaning of life and death](#)
 - b. Journal for the Scientific Study of Religion, 2015: [Does Religiousness Increase with Age?](#)
 - c. Journal of Religion, Spirituality & Aging, 2017: [The Impact of Spirituality and Aging](#)
 - d. Bioethics, 2015: [Music Therapy and Dementia](#)

Health Promotion and Public Health

1. Video: Undoing Aging <https://www.youtube.com/watch?v=qMAwnA5WvLc>
2. Video: A Cure for Ageing? David Sinclair at TEDxSydney <http://www.youtube.com/watch?v=vCCdmGKtxPA>
3. Screening Tool: Your Disease Risk <http://www.yourdiseaserisk.wustl.edu/>
4. Radio: How Your State Rates In Terms of Long-Term Care <http://www.npr.org/blogs/health/2014/06/19/323356217/how-your-state-rates-in-terms-of-long-term-care>
5. Website: Blue Zones; advice from centenarians: <https://www.bluezones.com/>
6. Blog post: What everyone should know about aging:
<https://commonreader.wustl.edu/c/a-graph-for-the-ages/>
7. Academic Journal Articles:
 - a. American Journal of Preventive Medicine, 2014: [Suicide in Older Adulthood](#)
 - b. Journal of Nutrition & Food Sciences: [Eating Habits of Children Living in a Blue Zone](#)
 - c. Biochemistry, 2015: [The Impact of Gender on Aging and Disease:](#)
 - d. Generations, 2016: [The Positive Impact of the Arts on Health and Illness](#)

Mobility and Transportation

1. Blog Post: For Older Adults in Rural Areas, Times are Harder
<http://www.nytimes.com/2009/12/10/us/10rural.html>
2. Tool Kit: Mobility and transportation assessment tools
<http://geriatrictoolkit.missouri.edu/visiondriving/index.htm>
3. Video: A First Drive, Google Self-Driving Car
Project <https://www.youtube.com/watch?v=CqSDWoAhvLU>
4. Editorial: Mobility and Aging
<http://www.aarp.org/content/dam/aarp/livable-communities/learn/transportation/mobility-and-aging-transference-to-transportation-aarp.pdf>
5. Blog Post: Self-Driving Cars: Transforming Mobility
http://www.huffingtonpost.com/jules-polonetsky/selfdriving-cars-transfer_b_12545726.html
6. Blog Post/Video: AARP | Reconnecting Small Town America by
Bus <http://www.aarp.org/research/ppi/liv-com2/resources/rural-transit-video.html>
7. Guide: Mobility Initiatives for an Aging Population – A Scan of Current Practices
http://www.nyc.gov/html/dcp/pdf/transportation/mobility_initiatives_aging_05.pdf
8. Academic Journal Articles:
 - a. American Journal for Public Health, 2012: [Mobility and Aging](#)
 - b. Cities and the Environment, 2010: [Promoting Active Urban Aging](#)
 - c. Transportation Research, 2014: [Transportation Barriers for the Rural Elderly](#)

Design, built environment, accessibility, affordability

1. Video: Three's Company | Boomer Women House
Sharing <http://video.aarp.org/video/Threes-Company-Boomer-Women-Hou>
2. Video: My Generation: Aging in Place
(Villages) <http://www.youtube.com/watch?v=kJ5LYYt0UZQ>
3. News Post: LGBT Retirement Home: The End of the
Rainbow <http://www.theguardian.com/society/2014/jul/27/lgbt-retirement-home-sweden>

4. Assessment Checklist: AARP Home Fit Guide
http://assets.aarp.org/www.aarp.org/articles/families/HousingOptions/200590_HomeFit_rev011108.pdf
5. News Post: Looking for a Housemate, Not a Mate, in Later Life
<http://mobile.nytimes.com/2014/07/12/your-money/looking-for-a-housemate-not-a-mate-in-later-life.html?r=0>
6. Academic Journal Articles:
 - a. Journal of Aging Research, 2016: [The Role of Architecture in Enabling Healthy Aging](#)
 - b. Journal of Applied Gerontology, 2016: [Age-Segregation for Older Adults Living Alone](#)
 - c. The Gerontologist, 2016: [Neighborhood Support and Aging in Place](#)
 - d. BMC Public Health, 2016: [Environmental Barriers and Accessibility for Seniors Living in Ordinary Housing](#)
 - e. Journal of the American Medical Directors Association: [Sensor Technology to Support Aging in Place](#)

Death and Dying

1. Radio: The Town Where Everyone Talks About Death
<http://www.npr.org/blogs/money/2014/03/05/286126451/living-wills-are-the-talk-of-the-town-in-la-crosse-wis>
2. Radio: Radio Lab, The Bitter End | Preferences on Life Sustaining Treatment
<http://www.radiolab.org/story/262588-bitter-end/> (Note: Comments on page are interesting as well)
3. Blog Post: A Plan to Untangle Our Digital Lives After We Are Gone
<http://www.npr.org/blogs/alltechconsidered/2014/07/23/334051789/a-plan-to-untangle-our-digital-lives-after-were-gone>
4. Blog post: How the legalization of death with dignity does not mean patients can access it:
<http://www.npr.org/sections/health-shots/2017/01/25/511456109/legalizing-aid-in-dying-doesnt-mean-patients-have-access-to-it>
5. Guide: Five Wishes; PDF and Link to Website
<https://agingwithdignity.org/docs/default-source/Samples/five-wishes-presenters-guide.pdf?sfvrsn=2>
<https://www.agingwithdignity.org/five-wishes/about-five-wishes>



6. Guide: Link to a Missouri Advanced Directive with Directions
http://www.aarp.org/content/dam/aarp/relationships/caregiving/2011_01/ad/Missouri.pdf
7. Guide: The Conversation Project
<http://theconversationproject.org/>
8. Academic Journal Articles:
 - a. Palliative Medicine, 2014: [Effects of Advance Care Planning on End-of-Life Care](#)
 - b. Politics and Life Sciences, 2016: [How do we die?](#)
 - c. New York Academy of Sciences, 2014: [Oregon's experience with aid in dying: findings from the death with dignity laboratory](#)