



2022 Institute for Public Health Annual Conference Audience-Submitted Calls to Action

The audience at the Oct. 26, 2022 annual conference submitted the following calls to action:

- ❖ Incorporate case studies and conversation intersecting with human rights into curricula; health and humanity go hand in hand.
- ❖ Learn about the international human rights treaties that the United States has joined and has yet to join.
- ❖ Volunteer and get involved in your community.
- ❖ Encourage long-term care residential communities to join the LGBTQ+ Long-term Care Equality Index “Commitment to Caring Pledge”. [Find it here.](#)
- ❖ Support large and small local immigrant rights organizations. Many provide services to asylum seekers, refugees and others who have been affected by human rights abuses in their home countries and who are struggling to start new lives here in the U.S.
- ❖ Set a Google News Alert for the human rights issues you care about most, so you can keep up to date with developments and take action.
- ❖ Join or start a social justice/human rights book club. Read together, discuss human rights and civil rights priorities, and set action items as a group. [Check here for reading list suggestions.](#)
- ❖ Program the numbers of your senators and representatives into your cell phone and call their offices regularly about important human rights issues. Our reps are moved by constituent call numbers. Their teams are required to log every call, every email, every fax and tally up the main issues of concern each day. Get comfortable with contacting them and making noise!
- ❖ Learn about voting rights and ways to protect them. All of our other rights (including health) depend on this.
- ❖ Vote in not only presidential elections, but during midterms as well. Bring a friend with you. Educate yourself about local and state candidates. State offices are critical.
- ❖ Election Day is November 8, 2022. [Find more info here.](#)