

AGENDA

9:00 AM WELCOME & CENTER UPDATE

Nancy Morrow-Howell, PhD, MSW

*Bettie Bofinger Brown Distinguished Professor of Social Policy, Brown School
Co-Director, Harvey A. Friedman Center for Aging at Institute for Public Health*

9:15 AM PRESENTATION OF AWARDS

2023 Friedman Awardee

Jamie Opsal

Executive Director, St. Louis City Senior Fund

2023 Kopolow Awardee

Beth Prusaszcyk, PhD, MSW

*Assistant Professor of Medicine
School of Medicine, Washington University in St. Louis*

2023 Mark S. Wrighton Awardees

Winner: Jung Uk Kang

Runner-up: Hannah Wilks

9:30 AM KEYNOTE PRESENTATION

*Mental health and older adults: New ways to
provide high-quality care*

Eric Lenze, MD

*Wallace & Lucille Renard Professor of Psychiatry, Head of the Department
of Psychiatry at Washington University School of Medicine, Director of the
Division of Geriatric Psychiatry, and Director of the ICTS Mobile Health
Research Core and the university's Healthy Mind Lab*

10:00 AM BREAK

10:15 AM PANEL ON GERIATRIC MENTAL HEALTH

- Katie Holzer, PhD, LCSW
- Monique Williams, MD, MSCI
- Jameca Woody-Cooper, PhD

Moderated by Eric Lenze, MD

11:30 AM EVENT CLOSE



Harvey A. & Dorismae Hacker Friedman

The 22nd Annual Friedman Lecture and Awards is made possible by the support of Harvey A. and Dorismae Hacker Friedman Endowment for Aging at The Foundation for Barnes-Jewish Hospital.

This annual event celebrates the latest in ideas and research in aging as well as provides an opportunity to recognize professionals providing outstanding service in the field. Lectures have covered a wide range of topics that represent the diversity of experiences and needs of aging adults and communities.

LEARN MORE AT

publichealth.wustl.edu/fla



22ND ANNUAL **FRIEDMAN
LECTURE
& AWARDS**

**Mental health and
older adults:
New ways to provide
high-quality care**

Friday, April 21, 2023

Eric P. Newman Education Center
Washington University Medical Campus



Harvey A. Friedman
Center for Aging

INSTITUTE FOR PUBLIC HEALTH AT WASHINGTON UNIVERSITY

AWARDS

Harvey A. & Dorismae Hacker Friedman Award for Excellence in Service to Older Adults

The Friedman Award recognizes individuals who make outstanding contributions in service to older adults. Individuals may make this contribution through practice, education, advocacy, or research. Eligible nominees must be professionals currently involved in work related to older adults within the St. Louis Metro Region.

This award is supported by The Foundation for Barnes-Jewish Hospital from the Harvey A. and Dorismae Hacker Friedman Endowment for Aging.

2023 Friedman Awardee **Jamie Opsal**

Jamie Opsal is executive director of the St. Louis City Senior Fund. She has over 33 years working in public health, aging, and nonprofit management, including experience working in the aging services network and local health departments. She has a master's degree in gerontology from the University of Missouri—St. Louis.

Alene & Meyer Kopolow Award for Geriatrics, Psychiatry and Neurology

The Kopolow Award recognizes stellar contributions to the care of older adults by a resident, fellow, post-doc, or junior faculty member in neurology, psychiatry, medicine, or related disciplines. Awardees have demonstrated achievement in at least one of the following areas of geriatrics: direct patient care; didactic teaching, conferences, or national and international meetings; and patient-oriented or basic research that address aging issues.

This award is supported by The Foundation for Barnes-Jewish Hospital from the Alene and Meyer Kopolow Fund for Geriatrics, Psychiatry, and Neurology.

2023 Kopolow Awardee **Beth Prusaczyk, PhD, MSW**

Beth Prusaczyk is an implementation scientist who specializes in improving health care for older adults and other vulnerable populations by understanding how to better implement existing research findings into real-world practice and policy through the use of health care data and systems and team science. Her research interests include strategies to improve the implementation of evidence-based practices for older adults at the intersection of the health care and social service systems.

Mark S. Wrighton Research Award on Aging

The purpose of this award is to recognize doctoral candidates who show outstanding promise as researchers on topics relevant to older adults and aging society. To be considered for this award, students must apply to participate in a 3MT® (Three Minute Thesis) competition hosted by the Harvey A. Friedman Center for Aging.

3MT® is an academic competition developed by The University of Queensland that challenges graduate students to describe their research within three minutes to a general audience.

This award is supported by The Foundation for Barnes-Jewish Hospital from the Harvey A. and Dorismae Hacker Friedman Fund.

2023 Winner **Jung Uk Kang**

Jung Uk Kang is a neuroscience PhD candidate in the lab of Dr. Lawrence Snyder at Washington University School of Medicine. His thesis research focuses on how inter-areal communication in posterior parietal cortex supports bimanual and eye-hand coordination. This work will help further the development of neural prostheses and rehabilitation strategies for older adult stroke patients.

2023 Runner-up **Hannah Wilks**

Hannah Wilks is a graduate student in Dr. Hassenstab's Cognitive Technology Research Laboratory. Hannah is interested in neuropsychological assessments, aging and dementia. Her research focuses on using technology-based cognitive assessments to identify and predict future Alzheimer's Disease diagnosis.

NEW CO-DIRECTOR



Brian Carpenter, PhD

Co-Director, Harvey A. Friedman Center for Aging
Professor, Psychological & Brain Sciences, Arts & Sciences

Alongside Nancy Morrow-Howell, Brian Carpenter is the new co-director for the Harvey A. Friedman Center for Aging. Brian Carpenter

conducts research on the clinical psychology of aging. His research focuses on family relationships in late life, with a particular emphasis on collaborative family communication and decision-making.

FEATURED EXPERTS

Keynote Speaker



Eric Lenze, MD

Wallace & Lucille Renard Professor of Psychiatry, Head of the Department of Psychiatry at Washington University School of Medicine, Director of the Division of Geriatric Psychiatry, and Director of the ICTS Mobile Health Research Core and the university's Healthy Mind Lab

Eric Lenze is a geriatric psychiatrist who conducts clinical trials. His relevant expertise includes clinical trials and treatment development projects for medications and behavioral treatments, as well as medication-behavioral combinations. He has been primary or co-investigator in numerous NIH-funded clinical trials and other clinical research studies, as well as other non-governmental trials.

Panelists



Katie Holzer, PhD, LCSW

Administrative Director, Center for Perioperative Mental Health (CPMH)
Instructor, Department of Anesthesiology
Washington University School of Medicine

Katie Holzer's research focuses on the wellbeing of older surgical patients and patient engagement in the research process. The CPMH team is currently conducting three randomized controlled trials to test the effectiveness of a wellness program for older adult surgery patients with depression and anxiety.



Monique Williams, MD, MSCI

Senior Medical Director, Oak Street Health

The focus of Monique Williams' research is on disparities in dementia and research recruitment. She is involved in community, clergy, and health professional education and outreach. She will discuss interdisciplinary, value-based primary care as a means to address the mental health needs of community-dwelling older adults.



Jameca Woody-Cooper, PhD

Emergence Psychological Services

Jameca Woody-Cooper is an accomplished counseling psychologist, educator, entrepreneur, author, and civic leader. She will discuss the mental health of marginalized older adults, including common diagnoses, distinct presentations of disorders, and best practices regarding treatment.