



Dear Colleagues,

We hope everyone is doing well. This will be our last CMHSR newsletter of this academic year. We will see you in September. Take care.

Please follow us on social media: [Twitter](#) and [Facebook](#)

Leopoldo J. Cabassa and Byron J. Powell
Co-Directors, Center for Mental Health Services Research
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Student/Practitioner Resources of the Month:

COVID-19 Resources:

The Chronicle of Higher Education

Productivity and Happiness Under Sustained Disaster Conditions. [Link](#)

Why You Should Ignore All That Coronavirus-Inspired Productivity Pressure. [Link](#)

How to Salvage a Disastrous Day in Your Covid-19 House Arrest. [Link](#)

National Institutes of Health: Directors Blog

Dealing with Stress, Anxiety, and Grief during COVID-19. [Link](#)

University of Montana: Rural Institute

Fact Sheet: How will the COVID-19 Recession Impact people with Disabilities in Rural America? [Link](#)

Workshops and Conferences:

Webinars

Current LGBT Health Research in VA

Wed, May 6, 2020 12:00 PM - 1:00 PM CDT

Lesbian, gay, bisexual, and transgender (LGBT) Veterans are a minority population who experience numerous disparities in health risk behaviors, adverse social determinants of health, mental health, and physical health. VA is committed to health equity, and although research about LGBT Veterans is growing, many challenges remain. This cyberseminar provides an overview of current VA HSR&D research about LGBT Veterans, features two examples of HSR&D-supported research projects focused on LGBT Veterans, and summarizes some infrastructural VA resources (e.g., SharePoint, LGBT research group) that can support LGBT Veteran research. [Link](#)

Introduction to Cost Analysis, Illustrated with a Recent Implementation Science Example

Thu, May 7, 2020 11:00 AM - 12:00 PM CDT

Dr. Christopher Miller will present an overview of cost analysis with an eye toward application in implementation projects. In addition, Dr. Miller will illustrate one approach to cost analysis from the recent Behavioral Health Interdisciplinary Program (BHIP) implementation trial. Intended audience: Implementation scientists and practitioners who are interested in learning some of the basic concepts of analyzing costs of implementation projects. [Link](#)

Publications and Reports:

Editorials

Thorp, H. H. (2020). Do us a favor. *Science*, 367(6483), 1169–1169. doi: 10.1126/science.abb6502. [Link](#)

Thorp, H. H. (2020). Why WHO. *Science*, 368(6489), 341-341: doi: 10.1126/science.abc3400. [Link](#)

CMHSR News:

Presentations

Dr. Leopoldo Cabassa, Brown School Associate Professor, will present via Zoom at the next CMHSR Seminar on May 20th at 4 pm. The title of his presentation is “Effectiveness of a Peer-Led Healthy Lifestyle Intervention for People with Serious Mental Illness in Supportive Housing: Main Outcomes and Site Differences.” [RSVP](#)

Publications

Cabassa, L.J., Stefancic, A., Wang, X., Guo, S., Lu, N. Y., & **Weatherly, C.** (2020). Correlates of Physical Activity and Cardiorespiratory Fitness in Racially and Ethnically Diverse People with Serious Mental Illness in Supportive Housing. *Community Mental Health Journal*. doi: 10.1007/s10597-020-00610-x

We examined demographic, health, and mental health correlates of physical activity and cardiorespiratory fitness (CRF) in racially and ethnically diverse people with serious mental illness (SMI) living in supportive housing. Our findings suggest subgroups and factors that can be targeted to develop health interventions to improve the physical health of people with SMI. [Link](#)

Haselden, M., Bloomfield-Clagett, B., Robinson, S., Brister, T., Jankowski, S. E., Rahim, R., **Cabassa, L.J.** & Dixon, L. (2020). Qualitative Study of NAMI Homefront Family Support Program. *Community Mental Health Journal*. doi: 10.1007/s10597-020-00582-y

The National Alliance on Mental Illness’s Homefront program is a 6-week peer-taught program for family members of veterans and active duty soldiers. Homefront is associated with increased empowerment, coping, and knowledge, but little is known about member experiences. This study used telephone interviews to identify program components that are helpful or need improvement, and to compare the online and in-person program formats. [Link](#)

Humensky, J., Bello, I., Malinovsky, I., Nossel, I., Patel, S., Jones, G., **Cabassa, L.J.**...Dixon, L., (2020). OnTrackNY’s Learning Healthcare System. *Journal of Clinical and Translational Science*. 1-21. doi: 10.1017/cts.2020.35

New York State’s CSC program, OnTrackNY, has grown into a 23-site, statewide network, serving over 1,800 individuals since its 2013 inception. A state-supported intermediary organization,

OnTrackCentral, has overseen the growth of OnTrackNY. OnTrackNY has been committed to quality improvement since its inception. [Link](#)

Szlyk, H. S., Cardoso, J. B., Lane, L. B., & Evans, K. (2020). “Me Perdía en la Escuela”: Latino Newcomer Youths in the U.S. School System. *Social Work*, 65(2), 131–139. doi: 10.1093/sw/swaa001

Drawing on the framework of social and cultural capital, this article aimed to expand the current knowledge on the experiences of Latino unaccompanied youths in the U.S. school system. The article offers suggestions for the school social workers and educators on how to promote academic success, student resilience, and school connectedness for a vulnerable youth population. [Link](#)
