

Beat NF - Spring 2017

The Washington University NF Center and St. Louis Children's Hospital invite you to attend our upcoming FREE Beat NF events, designed specifically for children with NF1.

Join us for a one-of-a-kind jazz music experience, seamlessly integrated with gross motor and social skill activities. Developed by a team of therapists and musicians, each class will improve your child's gross motor skills while offering a platform to progress language, social, and behavioral skills. Attending consecutive sessions will help your child build a solid foundation for kindergarten.

During each class, your child will participate in carefully planned activities that aid in further development of the following skills:

- Strength, balance, and coordination of all muscle groups, under the supervision of a physical therapist
- Expressive and receptive language skills to improve communication
- Social confidence to encourage group play, taking turns, using manners, and building friendships
- Exposure to live jazz music and history, including learning about famous jazz musicians and the instruments they have mastered



Courtney Dunn, PT, DPT, a St. Louis Children's Hospital physical therapist, will work directly with you and your child to help facilitate the motor goals of this curriculum-based, enrichment program.

To learn more about how this program can benefit your child and to register for upcoming sessions, please visit nfcenter.wustl.edu/beat-nf.

- WHO:** *Children ages 2-5
(siblings are invited to attend this event if space allows)
- WHAT:** Beat NF
- WHEN:** Tuesdays, March 14 - April 11, 2017, from 9:30-10:45 a.m.
- WHERE:** The Harold and Dorothy Steward Center for Jazz,
3536 Washington Avenue, St. Louis, MO 63103
- CO\$T:** FREE



This program is funded by generous donations made to the St. Louis Children's Hospital Foundation and a grant through the Saigh Foundation.

**Every child must be accompanied by a parent/guardian.*