



ColoCare News

Staff Spotlight



Kerem Yucebas is a junior at Washington University from Istanbul, Turkey, majoring in Neuroscience and Psychology. He is very interested in the diagnosis, progression, and treatment of cancer and is primarily responsible for medical abstraction of ColoCare participants' medical charts. Additionally, Kerem is exploring the relationship between Metformin and colon cancer treatment response. Outside of class and research, he enjoys tutoring students from the St. Louis area in philosophy and art.

Happy Spring Greetings!

Another Spring is upon us and we will continue with our quarterly updates as **The ColoCare Study** continues. We deeply appreciate your generous participation in a study that aims to help cancer researchers have a better understanding of how to improve treatment outcomes and quality of life in patients with colorectal cancer.

Number of ColoCare participants in the greater St. Louis area: 179
Non-Hispanic White Participants: 88
African American Participants: 90
Other Participants: 1



“If you don’t like something, change it. If you can’t change it, change your attitude.”

- Maya Angelou



Rebecca
Joined
ColoCare on
August 27,
2019

Why did you decide to join the ColoCare study?

Because it provided me the opportunity to contribute to the expansion of knowledge. Specifically, about this horrible disease that has already robbed the world of too much.

What motivates you to continue participating in the ColoCare study?

I want to survive. I want to help others survive as well. What we learn from this benefits everyone. This study motivates me because it is consistent with my faith and allows me to be a part of something bigger than myself.

What would you like other participants to know about your experience on the ColoCare study?

On some of your bleakest days just knowing that you are not alone, and that you are actively participating in the process of beating cancer, can help you survive that day. And sometimes that's all you need to get through.

What would you like other colorectal cancer patients to know about your experience during your care?

When there are no answers there is always God, and that is always enough. You will have some really bad days, but there will be really good days too so hang in there and keep your chin up. Stay positive and surround yourself with positive people. You have the opportunity to live your life differently and meet some amazing people.

Advocacy Groups for Colorectal Cancer

Colon Cancer Alliance

877-422-2030

ccalliance.org

*toll-free helpline; peer-to-peer support network; financial assistance program; online chat room, message board and listserv.

Colon Cancer Coalition

952-378-1237

coloncancercoalition.org

*hosts Get Your Rear in Gear 5K Run/Walk events in communities across America.

The Colon Club

812-430-6379

colonclub.com

*raises awareness in young adults; active message board; The Colossal Colon (CoCo); The Colondar

Crohn's & Colitis Foundation of America

800-932-2423

ccfa.org/

*fund studies; educational workshops and programs; publishes the scientific journal, *Inflammatory Bowel Diseases*.

Fight Colorectal Cancer

1-877-427-2111 (toll-free)

fightcolorectalcancer.org

*website offers tips on managing colon cancer, a clinical trial matching service, and a list of sources of support for patients.

The National Coalition for Cancer Survivorship

888-650-9127

canceradvocacy.org

*a patient-led advocacy organization working on behalf of people with all types of cancer and their families. They are dedicated to assuring quality cancer care for all Americans.

Support Others by Sharing Your Story!

Send an email request to:

colocare@wudosis.wustl.edu

or call:

314.286.2779

The ColoCare Study
600 S. Taylor Ave.
Campus Box 8100
St. Louis, MO 63110

Phone: 314.286.2779

www.colocare.wustl.edu

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