

CHAVEZ RODRIGUEZ

CURRICULUM VITAE
chavezrodriguez@wustl.edu

4949 West Pine Boulevard, Apt. 5N
St. Louis, MO 63108
(734) 660-0203

EDUCATION

BA Washington University in St. Louis, St. Louis, MO August 2017 – May 2021
Major in Psychological & Brain Sciences
Minors in Anthropology (Global Health and Environment) and History
Magna Cum Laude
GPA: 3.92/4.0

HONORS AND AWARDS

Recipient of PA-20-222 July 2021
Supplement to 5R01DC017451-03 (*Measurement of Individualized Factors Associated with Tinnitus Burden*)
PIs: Dr. Jay F. Piccirillo and Dr. Thomas Rodebaugh

College of Arts & Sciences Student Marshal May 2021

Psychological & Brain Sciences Honors Program August 2020 – May 2021
Exploring the Combined Effect of Social Anxiety Disorder and Trauma on Interpersonal Functioning and Friendship Quality
Advisor: Dr. Thomas Rodebaugh

Summer Undergraduate Research Award Summer 2020
The Combined Effect of Social Anxiety Disorder and Trauma Impact on Interpersonal Relationships
Advisor: Dr. Thomas Rodebaugh

Washington University in St. Louis Dean's List Fall 2017, Fall 2018, Spring 2019,
Fall 2019, Fall 2020

RESEARCH EXPERIENCE

Lab Technician September 2021-Present
Anxiety and Psychotherapy Lab
Washington University in St. Louis, St. Louis, MO
Supervisor: Thomas Rodebaugh, Ph.D.

- Design and run a supplemental study as part of an ongoing R01 project
- Train to administer diagnostic interviews, including the Mini International Neuropsychiatric Interview and the Liebowitz Social Anxiety Scale
- Attend Veterans' Affairs meetings related to psychological treatment, mental healthcare integration with primary healthcare, and reducing mental health stigma

- Collect EMA data on two research projects and troubleshoot problems that arise with participants
- Conduct exposure-like exercises in speech performance and collect physiological and self-report measures in the process
- Coordinate and assist in a variety of other ongoing research projects
- Audit graduate coursework in quantitative statistics

Study: Measurement of Individualized Factors Associated with Tinnitus Burden

PIs: Jay Piccirillo, MD & Thomas Rodebaugh, Ph.D

Sponsor: National Institute on Deafness and Other Communication Disorders

Primary Aim: Examine personalized models of tinnitus, anxiety, and depressive symptoms through ecological momentary assessment to examine the relationship between person-specific drivers of tinnitus, neuroimaging, and patient response to cognitive behavioral therapy.

Role: Lab Technician

- Develop a supplementary project designed to recruit veterans to the main study to measure the acceptability of group CBT for tinnitus in both a veteran and non-veteran sample.
- Learn how to analyze and create personalized models using Multilevel Dynamic Structural Equation Modeling (ML-DSEM)
- Coordinate with the St. Louis Veterans' Affairs Hospital system to advertise the study
- Attend interdisciplinary meetings and coordinate between the Psychology Department and the Department of Otolaryngology

Research Assistant

January 2019-September 2021

Anxiety and Psychotherapy Lab

Department of Psychological & Brain Sciences

Washington University in St. Louis, St. Louis, MO

PI: Thomas Rodebaugh, Ph.D.

- Completed independent research culminating in an Honors Thesis project that is in the process of being prepared for publication
- Co-authored a book chapter on Social Anxiety Disorder (currently under review)
- Collected data for a variety of research projects ranging from computer tasks with an undergraduate sample to exposure-like exercises with adult clinical populations
- Trained in the use of statistical analysis software (R), including advanced methods such as multiple imputation
- Assisted in the training of newer research assistants on tasks related to EMA data collection and phone screening
- Coordinated within the Psychology Department to schedule participants, assign parking, and ensure correct payment for research participation

Study: Social Anxiety and Avoidance – Ecological Momentary Assessment

PI: Thomas Rodebaugh, Ph.D.

Primary Aim: Examine how individual differences affect the effectiveness of exposure therapy for social anxiety.

Role: Research Assistant

- Conducted phone screens to assess eligibility for the study, including questions about one's clinical symptoms related to a variety of mental disorders

- Collected physiological and self-report data from participants while conducting speech performance activities similar to exposure exercises
- Helped participants set up EMA software on their devices and offered troubleshooting for related issues and complications when necessary
- Tested and conducted study sessions in-person, online, and hybrid in order to comply with pandemic-related changes in the study procedure
- Completed symptom and risk screeners to ensure participant and researcher safety when scheduling in-person research sessions
- Kept detailed records of participant EMA data, compensation for research participation, video recordings, and physiological measures

Study: Psychological Services Center – Ecological Momentary Assessment

PI: Thomas Rodebaugh, Ph.D.

Primary Aim: Create personalized models of clients' psychological symptoms to discuss with their therapists.

Role: Research Assistant

- Coordinated data collection from clients currently receiving psychological treatment as well as from their therapists
- Collected and explained EMA data that was used to create personalized models of each participants symptoms to facilitate discussion with the therapist
- Guided participants through the study entirely remotely (due to pandemic-related health concerns), including phone consents, setting up EMA software, completing questionnaires on Qualtrics, and coordinating payment

PUBLICATIONS

Shin, J., Grossman, J. T., **Rodriguez, C. R.**, & Rodebaugh, T. L. (Under review). Social Anxiety Disorder. In G. Asmundson (Ed.), *Comprehensive Clinical Psychology* (2nd ed.).

Rodriguez, C. R. (2021). Exploring the combined effect of social anxiety disorder and trauma on interpersonal functioning and friendship quality. In Office of Undergraduate Research (Eds.), *Senior Honors Thesis Abstracts: Spring 2021* (pp. 152). Washington University in St. Louis.

Manuscripts in Preparation

Rodriguez, C. R., Shin, J., & Rodebaugh, T. L. (In preparation). The effects of trauma and social anxiety disorder on friendship quality and interpersonal functioning.

PRESENTATIONS

Rodriguez, C. R. (2021, April). *Exploring the combined effect of social anxiety disorder and trauma on interpersonal functioning and friendship quality*. Poster presented at Washington University in St. Louis Psychological & Brain Sciences Honors Symposium. St. Louis, MO.

Rodriguez, C. R. and Rodebaugh, T. L. (2021, April) *Friendship and psychopathology: The impact of social anxiety disorder and post traumatic stress on friendship quality*. Poster presented at

Washington University in St. Louis Spring Celebration of Undergraduate Research. St. Louis, MO.

Rodriguez, C. R. and Rodebaugh, T. L. (2020, December). *The combined effect of social anxiety disorder and trauma impact on interpersonal relationships*. Poster presented at Washington University in St. Louis Fall Undergraduate Research Week. St. Louis, MO.

MEMBERSHIPS

Psi Chi

2019-Present

SKILLS AND INTERESTS

Skills

- Proficient with Microsoft Office, Excel, Powerpoint, and Word
- Experience with Qualtrics, Zoom, and R

Interests

- Psychopathology assessment and treatment, specifically anxiety, depression, and trauma
- Intersections between mental and physical healthcare systems
- Social determinants of mental and physical health, including discrimination, stigma, and access to care
- Veterans' healthcare

REFERENCES

Dr. Thomas Rodebaugh, Ph.D.

Professor of Psychological & Brain Sciences
Director of Clinical Training
Washington University in St. Louis
Department of Psychological & Brain Sciences
Phone: 314-935-8631
Email: rodebaugh@wustl.edu