

JASON T. GROSSMAN, MA

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EDUCATION

Doctor of Philosophy, Clinical Psychology August 2017 – Expected May 2023
Master of Arts, Psychological & Brain Sciences August 2017 – November 2019
Washington University in St. Louis
Area of Concentration: Clinical Science
Advisor: Thomas L. Rodebaugh, PhD

Bachelor of Science, Psychology August 2004 – September 2007
University of California, San Diego
Area of Concentration: Clinical Psychology

RESEARCH EXPERIENCE

Graduate Research Assistant August 2017 – present
Anxiety and Psychotherapy Laboratory
Washington University in St. Louis

Advisor: Thomas L. Rodebaugh, PhD

Activities: Current interests include mHealth app use on symptoms of social anxiety via intensive longitudinal data, examination of the interplay between social anxiety and cannabis, the role of fear of positive evaluation in social situations, and medication-enhanced treatment for social anxiety.

Research Assistant February 2015 – August 2017
Anxiety and Depression Research Center
University of California, Los Angeles

Principal Investigator: Michelle Craske, PhD

Activities: Screened and recruited subjects for anxiety studies. Conducted psychophysiological assessments via BioPac equipment, eye tracker, Acqknowledge software, and computerized research tasks. Screened participants for metal, completed shock work-up, and administered fMRI scans. Extracted and cleaned research data.

Staff Research Associate II January 2010 – August 2017
Integrated Substance Abuse Programs
University of California, Los Angeles

Principal Investigators: David Farabee, PhD; Michael Prendergast, PhD; Walter Ling, MD; Larissa Mooney, MD; Kate Wolitzky-Taylor, PhD; Darren Urada, PhD; Desirée Crèvecoeur-MacPhail, PhD

Activities: Recruited, assessed, and conducted interviews for studies related to substance use, anxiety disorders, criminal justice, medication treatment, and healthcare policy. Coordinated studies of comorbid anxiety and substance use as well as medication treatment for cannabis use disorder. Conducted clinical assessment (i.e., Mini-International Neuropsychiatric Interview) for research

eligibility inclusion. Oversaw hiring, training, and delegation of responsibilities for undergraduate and volunteer research assistants. Provided grant, IRB, and regulatory support.

Research Assistant

January 2007 – June 2007

Cognitive Experiments, Models, and Neuroscience Laboratory
University of California, San Diego

Principal Investigator: David E. Huber, PhD

Activities: Examined priming differences on memory tasks (recognition vs. recall) and effects of intervening tasks on source judgments.

CLINICAL EXPERIENCE

Student Therapist

September 2020 – August 2021

Siteman Psychology Service
Siteman Cancer Center

Clinical Supervisor: Mark Heiland, PhD

Activities: Provided psychotherapy to patients at all stages of cancer treatment. Interventions focused primarily on symptoms of adjustment, grief, depression, and anxiety with emphasis on acceptance, mindfulness, behavioral activation, and cognitive restructuring. Co-led support group for patients with metastatic cancer.

Student Therapist

September 2019 – May 2020

Center for OCD and Anxiety-Related Disorders
St. Louis Behavioral Medicine Institute

Clinical Supervisor: John Wunderlich, PsyD

Activities: Provided psychotherapy services to individuals receiving intensive outpatient treatment for severe anxiety, depression, and other related issues. Therapeutic services emphasized cognitive behavioral therapy, mindfulness, and other empirically supported treatments.

Graduate Student Assistant

July 2019 – July 2021

Psychological Service Center
Washington University in St. Louis

Clinical Supervisor: Erin Lawton, PhD

Activities: Conducted screening calls for individuals seeking psychotherapy and neuropsychological assessment services. Assessed presenting symptoms and initial treatment goals. Trained and supervised undergraduate interns to do the same. Coordinated program involvement with Saturday Neighborhood Health Clinic, a free weekly clinic for individuals lacking access to medical and psychological healthcare.

Research Interviewer

June 2019 – present

Anxiety and Psychotherapy Laboratory
Washington University in St. Louis

Clinical Supervisor: Thomas Rodebaugh, PhD

Activities: Conduct psychological assessment (MINI, LSAS, etc.) for clinical studies in the Anxiety and Psychotherapy Laboratory.

Student Therapist

January 2018 – present

Psychological Service Center

Washington University in St. Louis

Clinical Supervisors: Brian Carpenter, PhD; Thomas Rodebaugh, PhD; Kaylie Allen, PhD; James Reid, PhD

Activities: Provide individual outpatient assessment and psychotherapy to diverse clients via cognitive behavioral therapy and other empirically supported treatments.

Neuropsychology Examiner

September 2017 – April 2020

Psychological Service Center

Washington University in St. Louis

Clinical Supervisors: Desiree White, PhD; Denise Head, PhD

Activities: Evaluated testing needs for clients presenting with complaints related to cognitive abilities, including learning disorders, ADHD, giftedness, and brain injuries. Administered assessment batteries, interpreted results related to general intelligence, academic achievement, attention, memory, etc., and presented feedback to clients.

Caseload Manager and Counselor

April 2008 – June 2009

Aegis Medical Systems

Clinic Manager: Jennifer Marsano, MA

Activities: Provided individual and group counseling services for opioid dependency and related medical, psychological, social, and legal issues. Provided referrals and connected patients with community and social services. Monitored recovery of new and ongoing patients. Worked closely with clinic physician and medical staff to ensure patients were stabilized on adequate doses of methadone.

TEACHING EXPERIENCE

Assistant in Instruction

January 2019 – May 2019

Psychology 305: Health Psychology

Washington University in St. Louis

Instructor: Patrick Hill, PhD

Activities: Guest lectured on topics of 1.) chronic illness and coping and 2.) quality of life, terminal illness, and death. Organized and facilitated review sessions for class exams.

Assistant in Instruction

August 2018 – December 2018

Psychology 353: Psychology of Personality

Washington University in St. Louis

Instructor: Tammy English, PhD

Activities: Guest lectured on topics of 1.) brain and biochemistry involvement in personality and 2.) personality disorders. Organized and facilitated review sessions for class exams.

Discussion Leader

August 2017 – December 2018

Anxiety and Psychotherapy Laboratory

Washington University in St. Louis

Activities: Created a curriculum and led discussion during weekly lab meetings for undergraduate research assistants. Topics included introduction to research and anxiety, methods of psychological treatment, professional development, and presentation of original research.

PEER-REVIEWED PUBLICATIONS

Grossman, J. T., Frumkin, M. R., Rodebaugh, T. L., & Lenze, E. J. (2020). mHealth Assessment and Intervention of Depression and Anxiety in Older Adults. *Harvard Review of Psychiatry*, 28(3), 203-214.

Frumkin, M. R., Piccirillo, M. L., Beck, E. D., **Grossman, J. T.**, & Rodebaugh, T. L. (2020). Feasibility and utility of idiographic models in the clinic: a pilot study. *Psychotherapy Research*, 1-15.

Montgomery, L., McClure, E. A., Tomko, R. L., Sonne, S. C., Winhusen, T., Terry, G. E., **Grossman, J.T.**, & Gray, K. M. (2019). Blunts versus joints: Cannabis use characteristics and consequences among treatment-seeking adults. *Drug and alcohol dependence*, 198, 105-111.

Wolitzky-Taylor, K., Chung, B., Bearman, S. K., Arch, J., **Grossman, J.**, Fenwick, K., Lengnick-Hall, R., & Miranda, J. (2019). Stakeholder perceptions of the barriers to receiving and delivering exposure-based cognitive behavioral therapy for anxiety disorders in adult community mental health settings. *Community Mental Health Journal*, 55(1), 83-99.

Wolitzky-Taylor, K., Fenwick, K., Lengnick-Hall, R., **Grossman, J.**, Bearman, S. K., Arch, J., Miranda, J., & Chung, B. (2018). A preliminary exploration of the barriers to delivering (and receiving) exposure-based cognitive behavioral therapy for anxiety disorders in adult community mental health settings. *Community Mental Health Journal*, 1-13.

Farabee, D., Hawken, A., Calhoun, S., Veliz, R., **Grossman, J.**, & Zhang, Y. (2016). Tracking and locating itinerant subjects with a rechargeable incentive card: Results of a randomized trial. *Substance Use and Misuse*, 1-6.

Prendergast, M. L., Hall, E. A., **Grossman, J.**, Veliz, R., Gregorio, L., Warda, U. S., Van Unen, K., & Knight, C. (2015). Effectiveness of using incentives to improve parolee admission and attendance in community addiction treatment. *Criminal Justice and Behavior*, 42, 1008-1031.

MANUSCRIPTS IN PREPARATION

Shin, J., **Grossman, J.**, & Rodebaugh, T. Social Anxiety Disorder. In *Comprehensive Clinical Psychology (2nd ed.)*.

Grossman, J. & Rodebaugh, T. Relationships of Cannabis Use and Social Anxiety on Development, Progression, and Treatment of Comorbid Symptoms: A Review.

Grossman, J. & Rodebaugh, T. Fear of Positive Evaluation and Negative Affect from Inclusion in Cyberball.

POSTERS AND PRESENTATIONS

Grossman, J. & Rodebaugh, T. (November, 2019). *Fear of positive evaluation and discomfort with over inclusion: Implications for social anxiety*. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

Grossman, J., Lim, M., & Rodebaugh, T. (November, 2018). *The Hidden Self: The Effect of Self-Concealment on Relationships Over Time*. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapies, Washington D.C.

Padwa, H., Antonini, V., **Grossman, J.**, Hasson, A., Ling, W., & Stakeholders Substance Use Research and Treatment Exchange (SSURTIE) (October, 2016). *Enhancing the Patient-Centeredness of Opioid Use Disorder Services: Stakeholder Perspectives*. Poster presented at the annual conference of the Addiction Health Services Research, Seattle WA.

Padwa, H., Teruya, C., Urada, D., Bellows Lee, A., **Grossman, J.**, Antonini, V., & Tran, E. (October, 2016). *Creating Organized Delivery Systems to Treat Substance Use Disorders: The Experience in California*. Poster presented at the annual conference of the Addiction Health Services Research, Seattle WA.

Grossman, J., Calhoun, S., Farabee, D., & Veliz, R. (February, 2014). *Keeping substance abusers engaged in longitudinal studies: Do immediate incentives matter?* Poster presented at the 41st Annual Conference of the Western Society of Criminology, Honolulu HI.

Hall, E., Prendergast, M., **Grossman, J.**, Veliz, R., & Warda, U. (June, 2013). *Using incentives to improve parolee attendance in community treatment: Preliminary outcomes*. Oral presentation at the 75th Annual Meeting of the College on Problems of Drug Dependence, San Diego CA.

Prendergast, M. L., Hall, E., & **Grossman, J.** (June, 2012). *Using incentives to improve parolee enrollment and attendance in community treatment: preliminary results*. Poster presented at the 74th Annual Meeting of the College on Problems of Drug Dependence, Palm Springs CA.

PROFESSIONAL AFFILIATIONS

<i>Association for Behavioral and Cognitive Therapies</i> , Student Member	November 2017 – present
<i>Association for Psychological Science</i> , Graduate Student Affiliate	July 2017 – present
<i>American Psychological Association</i> , Graduate Student Affiliate	November 2014 – December 2018

UNIVERSITY SERVICE

<i>Psychology Graduate Student Association</i> , Peer Mentor Committee	2018 – 2019, 2020 – 2021
<i>Psychology Graduate Student Association</i> , Social Committee	2018 – 2019