

EFFECTIVE CAREER AND IMMIGRATION PLANNING FOR INTERNATIONAL SCHOLARS



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A novel professional development program



7-session program addressing the need for professional development planning at the intersection of career and immigration decisions

Participants set career development goals that satisfy the permanent residence criteria

Workshops and peer mentoring groups provide accountability and community support

A pilot program ran from January through February 2024, and it was offered to Drexel and WashU postdocs

Learning outcomes: areas and skills



Take charge of your career and immigration portfolio

Strategic thinking and planning
Decision making
Document organization



Discover your pathways with an immigration attorney

Knowledge of immigration options
Self-assessment
Critical thinking



Identify challenges with successful former applicants

Adaptability and resilience Risk awareness Problem solving



Analyze the reference letter for immigration purposes

Knowledge of specific genre Self-advocacy Written communication



Prepare to solicit reference letters from experts

Elevator pitching Networking Professionalism



Create a professional narrative and tailor your CV

Professional branding
CV optimization
Critiquing



Plan your finances and goals for immigration purposes

Savings awareness Goal setting Career planning



Increased self-efficacy related to career and immigration planning

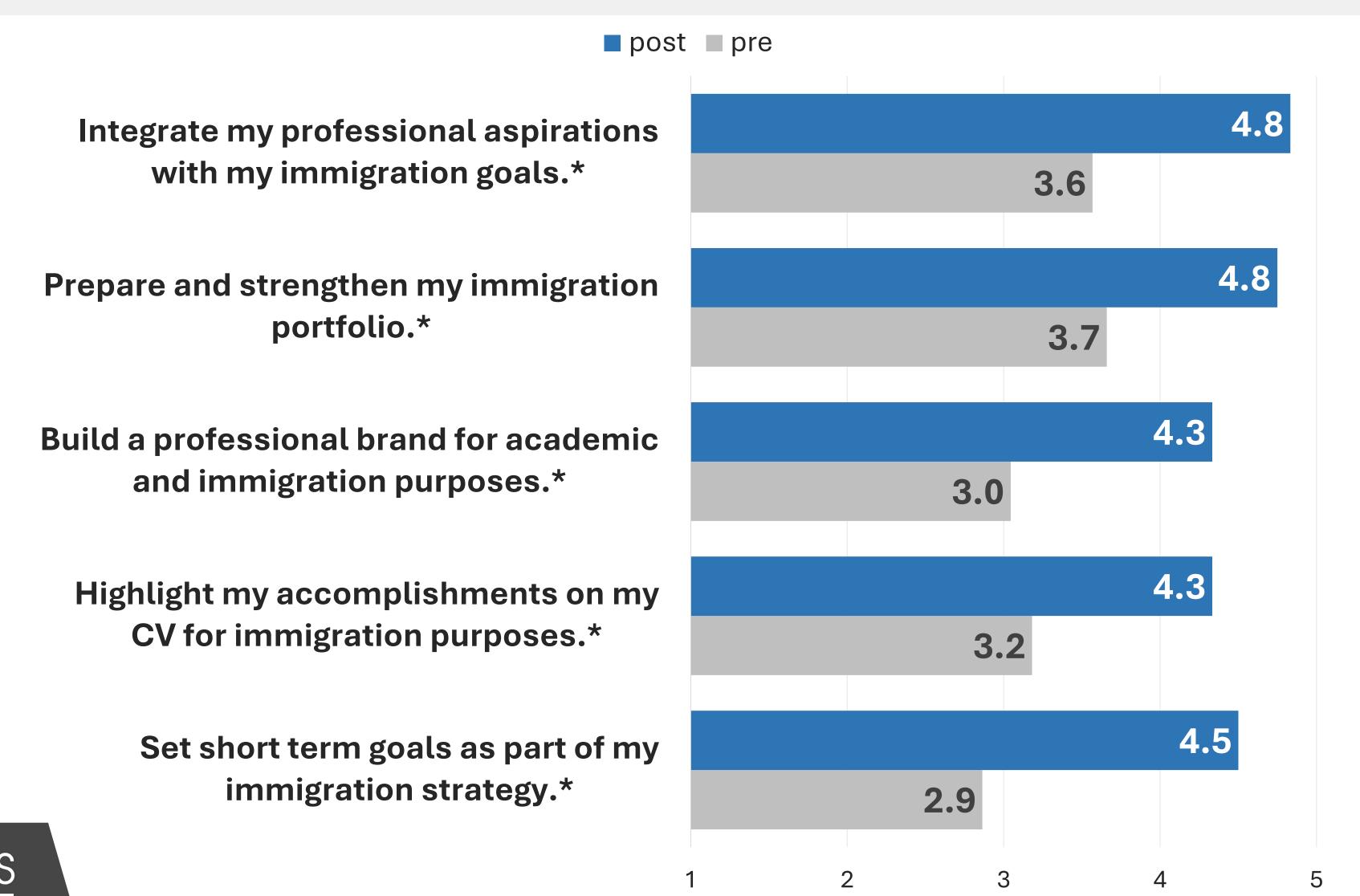
In our preliminary analysis of pre- and postprogram surveys, postdoc participants report a significant increase in self-efficacy for tasks related to career and immigration planning (pre: n=44, post: n=12; *=p < 0.05).

Findings for awareness of immigration topics and motivation for professional development are coming soon.

Looking for more info?

Scan the QR code or visit postdoc.wustl.edu/career-immigration to learn more and partner with us





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