

## **Cesarean Section Instructions**

You have been scheduled for a C-section at Missouri Baptist Medical Center.

### Preparation:

- Nothing to eat or drink after midnight the night before (Gatorade/Powerade/Water allowed up to three (3) hours prior to C-section)
- If you are scheduled later in the day, you must fast for at least eight (8) hours prior

Arrive at the hospital two (2) hour early. Please call Labor & Delivery at 314-996-7514 to CONFIRM YOUR arrival time before you leave.

Go to Labor & Delivery in Building D on the 3rd floor

If you have any questions, please don't hesitate to call us at 314-432-3669.