

In Office Post Procedure Instructions

Colposcopy/Biopsy/Endometrial Biopsy

There may be some light bleeding that can last for a few days. You may experience heavy bleeding 5-10 days after the procedure. Do not use tampons, have sexual intercourse or put anything into the vagina for two weeks following the procedure unless instructed by your provider. Call our office if you experience fever, unusual pain, discharge, foul odor, severe cramping, fainting or dizziness. You may take ibuprofen (3 or 4 tablets of 200 mg each) every 6-8 hours for pain/cramping. The biopsy results should be available in 1 week.

Cryosurgery

There may be some bleeding that can last for a few days. You may experience heavy bleeding 5-10 days after the procedure. You may expect a profuse watery discharge for 2-4 weeks following the procedure. Do not use tampons, have sexual intercourse or put anything into the vagina for two weeks following the procedure unless instructed by your provider. Call our office if you experience fever, unusual pain, severe cramping, fainting or dizziness. You may take ibuprofen (3 or 4 tablets of 200 mg each) every 6-8 hours for pain/cramping.

IUD insertion

Call our office if you experience fever, severe cramping or pain, foul odor, fainting or dizziness. You may take ibuprofen (3 or 4 tablets of 200 mg each) every 6-8 hours for pain/cramping. You may resume normal activity, including tampons and sexual intercourse following this procedure. Be sure to discuss with your provider how long you need to remain on other forms of birth control before relying on your IUD.

Lesion removal

Please keep the lesion removal area dry and covered for 12-24 hours and call our office if you experience fever or redness at the lesion removal site. The lesion will be sent to pathology for evaluation. Results should be available in 1 week.