

MHEALTH RESEARCH CORE

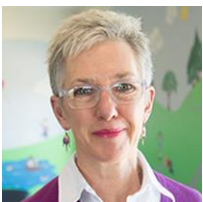
FRIDAY,
NOVEMBER 13
1:00 - 2:30PM CT



Andrea Graham, PhD

Assistant Professor of Medical Social
Sciences and Preventive Medicine
Northwestern University Feinberg
School of Medicine

**"Designing digital mental health
interventions and their integration
into health care settings"**



Jane Garbutt, MD

Professor of Medicine and Pediatrics
Washington University School of Medicine

**"Evaluation of an app to deliver
CBT for adolescent depression"**

Webinar link:

[https://wustl-
hipaa.zoom.us/j/98537314056](https://wustl-hipaa.zoom.us/j/98537314056)

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The mHealth Research Core (MHRC) is an informal network of researchers with a common interest in mHealth research. mHealth is the use of sensors, native or web-based apps, social media, and/or other smartphone technology to measure and improve health research and outcomes. mHealth is widespread and understudied relative to its importance and potential. To expand mHealth research at WUSTL, the Institute for Clinical and Translational Sciences (ICTS) recently established the mHealth Research Core, in partnership with the Institute for Informatics (I²), the HealthCare Innovation Lab, and the Healthy Mind Lab.