



## Smart Health: Community Cancer Education Day 2016



PECaD will host the 4th *Smart Health: Community Cancer Education Day* on May 28, 2016 from 10am - 2pm at Harris Stowe State University. The event is a free community event and will provide lunch to attendees. Workshops may include: 8 Ways to Prevent Cancer, Meet the Expert discussion with physicians, a healthy cooking demonstration, cancer survivorship, exercise on a budget, cancer screenings, and more! RSVP today and [LEARN MORE](#).

### PECaD Faculty Member Highlight: Aimee James



[Aimee James, PhD, MPH](#), has received a 3-year, \$1.14 million grant from the National Institute on Minority Health and Health Disparities. The grant will build off of Dr. James' previous photovoice research with PECaD and will work with both patients and providers to help create a pilot intervention to reduce cost-related nonadherence.

[READ MORE](#).

### Fresh Faces in Updated PECaD Marketing Campaign



Beginning in January 2016, PECaD started running new advertisements featuring PECaD community members. Our campaign mirrors the previous campaign and focuses on cancer prevention messages that relate to lifestyle and behavior change, smoking cessation, sexual transmitted disease prevention, and the

### Upcoming Community Events

- 4/9 [26th Annual Pow Wow event](#) at Washington University; 10am-4pm
- 4/16 [Body, Soul, & Mind Women's Health Fair](#) at Lane Tabernacle CME Church (910 N. Newstead Ave., St. Louis, MO 63108); 9am-12pm
- 4/26: Spring Into Health Expo at Staunton Crystal Ballroom (20631 Staunton Rd., Staunton, IL 62088); 9am-1pm
- 5/21: 8th Annual Community Health & Resource Fair at St. Bethel Missionary Baptist Church (1600 Belt Ave S., St. Louis, MO 63112); 10am-2pm
- 5/28: [Smart Health: Community Cancer Education Day at Harris Stowe State University](#); 10am-2pm
- 6/11 [Susan G. Komen Race for the Cure](#) event; 6:30am
- 6/18 [Community Women Against Hardship's Walk and Health Fair](#) at Tower Grove Park; 8am registration

### Past Community Events

- 2/5: Washington University Employee Health Fair
- 2/17: St. Louis Public Library Schlafly Branch Presentation
- 3/3: St. Louis Metropolitan Police Department Health Fair
- 3/19: Undy Run/Walk supporting Colon Cancer

### Did You Know?

April is [National Minority Health Month](#) and [Sexually Transmitted Disease \(STD\) Awareness Month](#)  
 April 4-10 is [National Public Health](#)



importance of cancer screenings. See examples and [READ MORE](#).

### New Health Podcasts through MindsEye Radio

PECaD is now working with LAMP, Language Access Metro Project, and MindsEye Radio to produce monthly health podcasts. The podcasts, [Health Beyond Barriers](#), are 10 minute podcasts produced in English, Spanish, Bosnian, Vietnamese, and Arabic. Listen to [March's colon cancer podcast](#) written by PECaD faculty member, [Dr. Aimee James](#). [READ MORE](#).



[Week](#)

May is [National Melanoma/Skin Cancer Detection & Prevention Month](#)

May 8-14 is [National Women's Health Week](#)

May 31 is [World No Tobacco Day](#)

June is [Men's Health Month](#)

June 5 is [National Cancer Survivors Day](#)

June 13-19 is [Men's Health Week](#)

[Learn ways to help prevent your risk of cancer.](#)

### Helpful Links

- [Learn more about PECaD](#)
- [Learn more about health disparities](#)
- [Cancer prevention tips](#)
- [Calendar of events](#)

