



Save the Dates for our 2017 Smart Health Cancer Community Education Days



The 5th annual Smart Health Cancer Community Education Day is right around the corner! Make sure to mark your calendars from 10 a.m. to 2 p.m. on April 22 for our St. Louis City free community event. Our East St. Louis Smart Health event is tentatively scheduled for June 17. Topics at both events will include a variety of information such as cancer prevention, survivorship, exercise and nutrition, lunch with the experts, and more! [READ MORE.](#)

PECaD Faculty Highlight: Molly Tovar, PhD



Dr. Molly Tovar, director of the Kathryn M. Buder Center, is dedicated and passionate about increasing education and awareness of the American Indians and Alaska Natives. With PECaD, Dr. Tovar hopes to reduce health and cancer disparities in these specific populations. [READ MORE.](#)

PECaD's Plea: Get Screened for Colon Cancer



PECaD members and faculty advisors are eager to promote awareness and increase patient and provider understanding to improve colon cancer screening rates. Dr. Jean Wang was busy advocating the importance of colon cancer screenings for Colon Cancer Awareness Month in March. Dr. Wang addressed who, why, and when to be screened for colon cancer through a [YMCA blog post](#), a [Fox 2 News interview](#), and through a podcast. Now is the perfect time to talk with your doctor about colon cancer screening options. Both men and women age 50 years and older should be screened. [READ MORE.](#)

In the News

[Dr. Sarah Gehlert](#) was inducted as the President of the American Academy of Social Work and Social Welfare.

[Dr. Jean Wang](#) wrote a blog for the [Gateway Region YMCA](#) on colon cancer screening recommendations. She was also featured on [Fox 2 News](#) for Colon Cancer Awareness Month.

[Dr. Graham Colditz](#) was interviewed by [Reuters](#) for his editorial in [The BMJ](#) documenting obesity's link to at least 11 cancer.

Join PECaD at these events!

PECaD and the Kathryn M. Buder Center are hosting an [educational event on American Indians & Alaska Natives](#). Join us April 13 from 11 a.m. - 12 p.m. for this free seminar.

[St. Louis City Smart Health event](#) takes place on April 22 from 10 a.m. - 2 p.m.

Join Siteman Cancer Center's team for the [Komen Greater St. Louis Race for the Cure](#) on June 10! Learn about [mammography](#) at Siteman Cancer Center.

[Learn ways to help prevent your risk of cancer.](#)



PECaD Releases New Community Resources

Four new community resources are now available through PECaD for community education and distribution. PECaD is proud to announce the completion of the Prostate Cancer Resource Guide, two new 8 Ways brochures for the American Indian and Alaska Native communities on breast and colon cancer prevention, and an updated 8 Ways to Prevent Cancer flier. [READ MORE](#).

MindsEye Health Podcasts

[Health Beyond Barriers Podcasts](#)

Know Your Health History,
[Erin Linnenbringer, PhD](#)

National CLAS Standards,
[Vetta Thompson, PhD](#)

Coming soon!
Colon Cancer Screening,
[Jean Wang, MD, PhD](#)

Get Moving! The Benefits of Exercise,
[Erika Waters, PhD, MPH](#)

Helpful Links

- [Learn more about PECaD](#)
- [Learn more about health disparities](#)
- [Cancer prevention tips](#)
- [Calendar of events](#)

