SCHOOL OF SOCIAL WORK





Ensure Healthy Development for all Youth

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Overview



- Ensure healthy development for all youth includes two initiatives:
 - Unleashing the Power of Prevention (Hawkins, Jenson, and the Coalition for the Promotion of Behavioral Health)



 Prevention of Schizophrenia and Severe Mental Illness (DeVylder)



Thanks to our Policy Consultants!



- Nathaniel Counts, J.D., Director of Policy, Mental Health America
- Jeffrey Levi, Ph.D., Professor of Health Policy and Management, Milken Institute, School of Public Health, George Washington University
- Ron Manderscheid, Ph.D., Executive Director, National Association of County Behavioral Health and Developmental Disability Directors
- Deborah Klein Walker, Ed.D., Senior Fellow, Vice President, U.S. Health, Abt Associates



Preventing Behavioral Health Problems

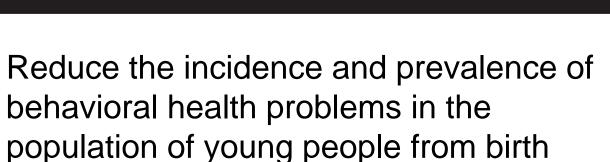


- Behavioral health and mental illness in childhood and adolescence have adverse effects on morbidity, mortality, and economic independence
- Policy has focused on treating behavioral health problems after they have been identified, at a high-cost to the nation
- Controlled trials have identified over 60 effective policies and programs for preventing behavioral health problems including substance abuse, depression, anxiety, violence, and delinquency
 - Blueprints for Healthy Youth Development; <u>www.blueprintsprograms.com</u>
- Effective prevention saves money
 - Washington State Institute for Public Policy; www.wsipp.wa.gov





Goals



 Reduce racial and socioeconomic disparities in behavioral health problems by 20% in a decade

through age 24 by 20% in a decade



Policy Recommendations



- Ensure that 10% of all public funds spent on young people support effective prevention programs
- 2. Increase local and state capacity to support the high-quality implementation of effective preventive interventions
- 3. Develop community-level systems to monitor risk, protection, and behavioral-health outcomes



Policy Recommendations



- 4. Provide tested, effective, family-focused preventive interventions without cost to patients or families through primary health-care providers
- Reduce the duration of untreated mental illness in young people
- 6. Train and enable a workforce for effective prevention practice



Stakeholders and Partners



- Coalition for the Promotion of Behavioral Health
 - Interdisciplinary group of 90 researchers, policymakers, and practitioners representing social work, public health, psychology, and other fields

Some Organizational Partners

- The Society for Child and Family Practice and Policy, American Psychological Association, Division 37. http://www.apa.org/about/division/div37.aspx
- National Association of State Mental Health Program Directors. http://www.nasmhpd.or
- Center for Children, Families, and Communities, Central Michigan University.
 https://www.cmich.edu/colleges/chsbs/Psychology/Centers/CCFC/Pages/default.aspx
- Mental Health America. http://www.mentalhealthamerica.net
- National Prevention Science Coalition to Improve Lives. http://www.npscoalition.org
- Department of Psychiatry and Behavioral Sciences. Division of Public Behavioral Health and Justice Policy. University of Washington. http://depts.washington.edu/pbhjp/



Initiatives and Progress



- Collaborate with states to improve communitylevel prevention capacity <u>and</u> state-level backbone coordination and infrastructure
- 2. Promote healthy parenting programs in primary care settings
- 3. Work with universities, states, and communities to develop a prevention workforce



Summary



- Tested and effective prevention programs prevent behavioral problems and save lives
- Effective preventive interventions are cost-effective and have the potential to save millions of dollars annually

We can prevent behavioral health problems in young people before they begin and improve the public health!!



Unleashing the Power of Prevention



Unleashing the Power of Prevention is published as a
 Discussion Paper by the National Academy of Medicine. It is
 available at: http://nam.edu/perspectives-2015-unleashing-the-power-of-prevention/

NAM Perspectives

 Academy of Social Work and Social Welfare: http://aaswsw.org/grand-challenges-initiative/





Coalition for the Promotion of Behavioral Health



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