



Are you hearing that CDC COVID isolation guidelines are changing?

As of February 22nd, the CDC has *not* announced any changes.

The CDC currently recommends staying home for at least **5 days** and isolating from others in your home if you test positive for COVID-19.

“There are no updates to **COVID guidelines to announce at this time.** We will continue to make decisions based on the best evidence and science to keep communities healthy and safe.”

**Stay informed
by visiting the
CDC website.**

—Dave Daigle

Associate Director of Communication
CDC Center for Global Health

Source: *Forbes Magazine*, Feb. 13, 2024

