

An illustration of a woman with dark skin and hair, wearing a yellow top, with her right hand raised. The background features abstract shapes in red, yellow, and green, along with stylized virus icons in red and blue.

If you hear this...

People who received the COVID vaccine can't donate blood.

You can say this....

You **can** donate blood after getting a COVID vaccine. If the vaccine is FDA-approved and you don't feel sick, you can give blood right away. If you don't know which vaccine you received, wait **14 days** after getting vaccinated.