Join SQSH’s 6th Annual LGBTQIA+
Peer Counselor Cohort

Are you interested in...

Strengthening your ability to hold non-judgmental, trauma-informed listening space for others

Learning anti-oppressive, queer-affirming peer counseling skills

Receiving free therapy & healing services provided by our queer STARLING Healers

Providing 1:1 peer support to queer St. Louisans during weekly 3.5-hour Helpline shifts

Combatting oppressive systems that contribute to mental health disparities faced by queer St. Louisans

If you said yes, then read on!

Cohort Responsibilities

All queer St. Louisans at least 18 years old (as of Sep. 2023) are welcome to apply if you meet the following requirements:

▶ Able to attend twelve 5-hour in-person trainings on Saturdays 12.30-5.30pm from 5/21 to 8/20.
▶ Able to serve weekly 3.5 hour shifts for at least 1 year on SQSH’s Helpline (Sept. 2023 - 2024).
▶ Able to attend monthly 1h 15mins Helpline Team Meetings on a weekday evening for at least 1 year (Sept. 2023 - 2024).
▶ Live or work in the St. Louis Metro Area, and able to attend sessions in-person (with COVID-19 safety guidelines e.g. required masking, testing, & vaccination)

Application Details

Early bird applications close Mar 27, 2023. All applications close April 24, 2023.

Apply ASAP as we accept applications on a rolling basis.

- Our vetting process is rigorous – Only 15-20 applicants will be selected to participate in our cohort.
- We will host up to two interview rounds and notify you of your application outcome by May 2023.
- Peer Counselors may apply to receive a stipend of $50/month up to $500/year.

Apply Today

tinyurl.com/SQSH-PeerCounselor-Apply

Questions? Email our team at recruitment@thesqsh.org

thesqsh.org/PierrezCounselor-Recruit
PROGRAM BACKGROUND

SQSH’s Peer Support Helpline provides free, confidential, and identity-affirming emotional support and resource referrals, operating from Fridays - Mondays, 1.00 - 7.00pm.

- Our work strengthens the LGBTQIA+ community in St. Louis and beyond, supports the community's emotional health needs, connects callers to identity-affirming resources, and ultimately strengthens our movement’s potential for radical change.
- We invite you to be part of a cohort that operates the only LGBTQIA-specific peer support helpline in St. Louis, and that shapes our vision for an anti-carceral, holistic mental health system for queer St. Louisans.

WHO SHOULD APPLY?

No prior experience is required. We're looking for applicants who demonstrate:

- Commitment to transformative justice, healing justice, intersectionality, and queer liberation
- Passion for supporting and uplifting the inherent power and wholeness of the St. Louis LGBTQIA+ community
- Willingness to self-reflect on your own intersectional experiences with power, privilege, and oppression
- Humility, self-awareness, ability to respond receptively to feedback
- Commitment to active listening, peer support, and emotional processing
- An anti-oppressive, justice-centered, and trauma-informed approach to your interactions with others
- Willingness to support and build deeper relationships with fellow cohort members
- Commitment to preserving confidentiality and anonymity when sensitive information is shared

Folks who hold multiple marginalized identities, who have borne the brunt of the intersectional impacts of systemic & historical injustice – especially Black, brown, indigenous, Latine, Asian, and other queer & trans folks of color – will be prioritized and centered in this cohort.

APPLY TODAY  tinyurl.com/SQSH-PeerCounselor-Apply

Estimated Completion Time: 30mins