

Join SQSH's 6th Annual **LGBTQIA+** Peer Counselor Cohort

ARE YOU INTERESTED IN...

Strengthening your ability to hold non-judgmental, trauma-informed listening space for others

Learning anti-oppressive, queer-affirming peer counseling skills

Receiving free therapy & healing services provided by our queer STARLING Healers

Giving and receiving support among a tight-knit cohort

Providing 1:1 peer support to queer St. Louisans during weekly 3.5-hour Helpline shifts

Combatting oppressive systems that contribute to mental health disparities faced by queer St. Louisans

IF YOU SAID YES, THEN READ ON!

COHORT RESPONSIBILITIES

All queer St. Louisans at least 18 years old (as of Sep. 2023) are welcome to apply if you meet the following requirements:

- ▶ Able to attend **twelve 5-hour in-person trainings** on Saturdays 12.30-5.30pm from 5/21 to 8/20.
- ▶ Able to serve **weekly 3.5 hour shifts** for at least **1 year** on SQSH's Helpline (Sept. 2023 - 2024).
- ▶ Able to attend **monthly 1h 15mins Helpline Team Meetings** on a weekday evening for at least 1 year (Sept. 2023 - 2024).
- ▶ Live or work in the **St. Louis Metro Area**, and able to attend sessions in-person (with COVID-19 safety guidelines e.g. required masking, testing, & vaccination)

APPLICATION DETAILS

Early bird applications close **Mar 27, 2023**.

All applications close **April 24, 2023**.

Apply ASAP as we accept applications on a rolling basis.

- Our vetting process is rigorous – Only **15-20 applicants** will be selected to participate in our cohort.
- We will host up to **two interview rounds** and notify you of your application outcome by May 2023.
- Peer Counselors may apply to receive a **stipend of \$50/month** up to \$500/year.

APPLY TODAY

tinyurl.com/SQSH-PeerCounselor-Apply



Questions? Email our team at recruitment@thesqsh.org

thesqsh.org/PeerCounselor-Recruit



@theSQSH

PROGRAM BACKGROUND

SQSH's Peer Support Helpline provides free, confidential, and identity-affirming emotional support and resource referrals, operating from Fridays - Mondays, 1.00 - 7.00pm.

- Our work strengthens the LGBTQIA+ community in St. Louis and beyond, supports the **community's emotional health needs**, connects callers to identity-affirming resources, and ultimately **strengthens our movement's potential** for radical change.
- We invite you to be part of a **cohort** that operates the only LGBTQIA-specific peer support helpline in St. Louis, and that **shapes our vision** for an anti-carceral, holistic mental health system for queer St. Louisans.

WHO SHOULD APPLY?

No prior experience is required. We're looking for applicants who demonstrate:

- ★ Commitment to transformative justice, **healing justice**, intersectionality, and queer liberation
- ★ Passion for supporting and uplifting the **inherent power and wholeness** of the St. Louis LGBTQIA+ community
- ★ Willingness to **self-reflect** on your own intersectional experiences with **power, privilege, and oppression**
- ★ Humility, self-awareness, ability to **respond receptively to feedback**
- ★ Commitment to **active listening**, peer support, and emotional processing
- ★ An anti-oppressive, justice-centered, and **trauma-informed approach** to your interactions with others
- ★ Willingness to support and **build deeper relationships** with fellow cohort members
- ★ Commitment to preserving **confidentiality** and anonymity when sensitive information is shared

Folks who hold multiple marginalized identities, who have **borne the brunt of the intersectional impacts of systemic & historical injustice** – especially Black, brown, indigenous, Latine, Asian, and other queer & trans folks of color – will be **prioritized and centered in this cohort**.

APPLY
TODAY

tinyurl.com/SQSH-PeerCounselor-Apply

Estimated Completion Time: 30mins

QUESTIONS? CONTACT US:

Luka Cai (they/them),
recruitment@thesqsh.org

INTERESTED, BUT NOT READY?

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