








CGM Blood Glucose Treatment Decisions

Always remember to make treatment decisions off of how you are feeling/ current symptoms. Always check blood sugar using a meter if you are concerned about accuracy.

What do the arrows mean?

Arrows	Trend	What does this mean?	Example (This is an example & not an exact calculation)
	2 arrows straight up	Blood glucose can increase more than 90mg/dL in 30 minutes	Current BG + 100mg/dL
	1 arrow straight up	Blood glucose can increase up to 90mg/dL in 30 minutes	Current BG + 75mg/dL
	1 arrow angled up	Blood glucose could increase 30-60 mg/dL in 30 minutes	Current BG + 50mg/dL
	Straight arrow	Blood glucose is increasing/decreasing less than 1 mg/dL each minute	No adjustment
	1 arrow angled down	Blood glucose could decrease 30-60mg/dL in 30 minutes	Current BG – 50mg/dL
	1 arrow straight down	Blood glucose could decrease up to 90mg/dL in 30 minutes	Current BG – 75mg/dL
	2 arrows straight down	Blood glucose could decrease more than 90mg/dL in 30 minutes	Current BG – 100mg/dL