



Behavioral Health Resources for Parents and Caregivers

Behavioral Health Response Crisis Hotline • 800.811.4760 (314.469.3638 for the hearing impaired)



Scan code for website.

- 24 hours per day, 7 days per week
- Crisis support and behavioral health resources
- Learn more: bhrstl.org

St. Louis Children's Hospital Behavioral Health Resource Line • 314.454.8336



Scan code for webpage.

- Monday-Friday, 9 a.m. – 4 p.m.
- Resources for mental and behavioral health for MO and IL families
- Staffed by professionals from the SLCH Psychology Department
- Learn more: stlouischildrens.org/conditions-treatments/psychology-services/teen-helpline-454teen

SSM Behavioral Health Urgent Care • 314.344.7200



Scan code for webpage.

- 12355 DePaul Drive Suite 150
St. Louis, MO 63044
- 9 a.m. – 7 p.m., 7 days per week
- No appointment needed – drop in during open hours
- Provides services such as suicide assessment, urgent medication refills, crisis intervention
- Learn More: ssmhealth.com/locations/location-details/behavioral-health-urgent-care-bridgeton

This is not an all-inclusive list of resources. These resources are intended to be a starting point to help families connect with the most appropriate help.

Children's
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BJC HealthCare