### **SERVICES**

## FOLLOW-UP CARE COORDINATION

PCPs can request assistance to provide 24/7 linkage and referral to appropriate behavioral health providers and community resources and families can engage in follow up services.

# PSYCHIATRIC CONSULTATIONS

Within 30 minutes or at a conveniently scheduled time, PCPs gain access to Board Certified Child and Adolescent Psychiatrists for telephonic consultation for medication management, diagnosis, treatment plans, recommendations.

## EDUCATIONAL OPPORTUNITIES

Ongoing education and training opportunities to increase knowledge and use of evidence-based practices behavioral health care with the ability to earn free CME credits.

### **CONTACT US**

1000 W Nifong Blvd, Building 6, Suite 156 Columbia, MO 65203 umhspsymo-cpap@health.missouri.edu

Interested in learning more?
Check out our website at:
https://medicine.missouri.edu/mo-cpap



# Missouri Child Psychiatry Access Project

Call Us at 844-538-2279



Funding for this project was provided in part by Missouri Foundation for Health.

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number U4CMC32326, Pediatric Mental Health Care Access Program, total award amount \$2,125,000, 17.35% financed with non-governmental sources. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.

#### **WHO WE ARE**

The Missouri Child Psychiatry Access Project (MO-CPAP) builds capacity within primary care settings to treat and manage behavioral health (BH) needs for children and adolescents.

Through access to child psychiatry consultations, ongoing BH educational opportunities, and linkage to connect patients with community-based BH referral services, enrolled PCPs get support treating BH disorders in children and adolescents.



#### **WHY WE HELP**

As many as 25% of the nation's youth experience clinically significant behavioral health problems. Many children and adolescents remain untreated or encounter significant delays before beginning treatment. MO-CPAP seeks to address the shortage of child psychiatrists by increasing the ability of PCPs to manage behavioral health.

#### **HOW TO GET INVOLVED**

- 1. Enroll: Primary Care Providers are eligible for enrollment in MO-CPAP. You can enroll online at: medicine.missouri.edu/mo-cpap or scan or fax an enrollment card to MO-CPAP at 573-884-5936.
- 2. Access Education Materials: Once enrolled, you gain access to behavioral health materials including evidence-based screening tools, medication algorithms, and much more.
- 3. Call MO-CPAP: When the children and adolescents served in your primary care experience behavioral healthcare needs, call MO-CPAP to get the support and assistance you need. PCPs may call as often as necessary to meet the needs of your patients.



#### WHAT'S EXPECTED?

Formal enrollment into MO-CPAP

Participate in periodic surveys to evaluate the program including level of satisfaction.

Maintain responsibility for ongoing care and decisions regarding care of your patient(s).

Participate in optional educational trainings and webinars as recommended by MO-CPAP.



#### **PARTNERS**

MO-CPAP is offered through the University of Missouri School of Medicine in collaborative partnership with:

- Behavioral Health Network (BHN)
- Assessment Resource Center (ARC)
- Missouri Telehealth Network (MTN)
- Behavioral Health Response (BHR)
- Washington University Pediatric and Adolescent Ambulatory Research Consortium (WU PAARC)
- National Alliance for Mental Illness, St. Louis