

## MARTHA NELSON LEWIS SYMPOSIUM

In 1978, a fund for nutrition lectures was established with gifts from friends and associates of Martha Nelson Lewis. Mrs. Lewis received a B.S. in education from The Ohio State University in 1923 and is a former director of the Medical Dietetics Division, School of Allied Medical Professions at Ohio State. She was instrumental in the development of the Medical Dietetics Program and received the Copher Award, the highest honor bestowed by the American Dietetic Association, for her pioneering efforts in dietetic education and nutrition education of medical students.

### REGISTRATION FEES

\*Postmarked by July 30: \$95.00.

\*Medical Dietetics preceptors, Medical Dietetics alumni, or Medical Dietetics instructors: \$75.00.

\*Students: \$25.00.

\*Postmarked after July 30: All participants - \$110.00.

### GENERAL INFORMATION

*Note:* The registration fee includes the course materials and lunch. Fees will be refunded if cancellation is received **no later** than July 30. All fees are subject to a non-refundable minimum administrative fee of \$25.

*Continuing Education credit* has been applied for from the American Dietetic Association.

Total 7.5 CEUs

## PROGRAM GOALS

The primary goal of this workshop is to update your knowledge and clinical acumen in contemporary areas of medical nutrition therapy, wellness and education. This is an excellent workshop for practitioners who want to sharpen their skills, return to practice, or expand their knowledge in these topics.

### SESSIONS

#### **1: Welcome and Introduction to MidOhio Food Bank**

Matt Habash, Director

#### **2: Food Security, Food Assistance and the Nation's Health.**

Hugo Ramiro F Melgar Quinonez, PhD  
Associate Professor – Department. of Human Nutrition, The Ohio State University  
Christopher Taylor, PhD, RD, LD  
Associate Professor – Medical Dietetics, The Ohio State University

#### **3: Community Gardens**

Julia Hansel, RD, LD – Franklin Park Conservatory

#### **4: A Supply-side View on Frontiers in Individual and Community Food-Well Being Relationships**

Matthew Kleinhenz, PhD – Associate Professor  
Horticulture & Crop Science - The Ohio State University

#### **5: Lunch Demonstration: The Role of The RD in Creative Food Budgeting**

Chef Steve Smith, RD, LD

#### **6: Malnutrition, Inflammation and Chronic Disease**

M. Patricia Fuhrman, MS, RD, LD, FADA, CNSD –  
National Director of Nutrition for DCRX Infusion,  
Ballwin, MO

#### **7: Tour of MidOhio Food Bank: Opportunities for Registered Dietitians**

## Martha Nelson Lewis Symposium REGISTRATION FORM

Name/Title \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_  
Zip \_\_\_\_\_  
Organization/Affiliation \_\_\_\_\_  
Phone \_\_\_\_\_  
Email \_\_\_\_\_

*Please circle the session(s) you wish to attend:*

Time	Sessions
8-8:30	Registration
8:45	Welcome – Mid-Ohio Foodbank
9:15	Food Security
10:15	Break
10:30	Community Gardening
11:00	Food Well Being Relationships
12:15	Chef Demonstration – Lunch and Poster Sessions
1:30	Malnutrition, inflammation, chronic disease
2:45	Tour of Foodbank

\*Make checks for registration fees payable to:  
The Ohio State University

### Contribution to

**M. Rosita Schiller Scholarship Fund:** \$ \_\_\_\_\_  
*Make separate checks for this fund payable to:*  
The Ohio State University Foundation

### RETURN TO:

Division of Medical Dietetics  
306 Atwell Hall  
453 West 10<sup>th</sup> Ave.  
Columbus, OH 43210-1234  
(614) 292-0635

## Future Directions in Nutrition and Food

### The Fourteenth Martha Nelson Lewis Conference



*Sponsored by:*

**THE HEALTH, WELLNESS AND MEDICAL  
DIETETICS DIVISION**

*When:*

Monday August 30, 2010

*Where:*

Mid-Ohio Foodbank  
3960 Brookham Dr.  
Grove City, OH 43123

[www.amp.osu.edu/md](http://www.amp.osu.edu/md)

### **MEDICAL DIETETICS DIVISION**

The Ohio State University  
306 Atwell Hall  
453 West 10<sup>th</sup> Ave.  
Columbus, OH 43210-1234

### **M. ROSITA SCHILLER SCHOLARSHIP FUND**

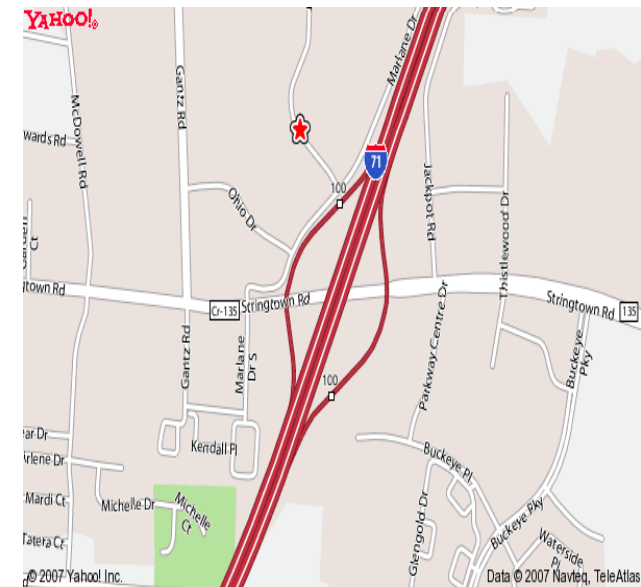
The M. Rosita Schiller Scholarship Fund in Medical Dietetics is designed to provide financial aid to Medical Dietetics' undergraduate and graduate students. All students within the program will be eligible to apply for the program when it is endowed and awards will be based upon academic success, community service, and financial needs. Dr. Schiller was the director of Medical Dietetics for 25 years. Please make your contributions to this fund in a separate check to The Ohio State University Foundation.

#### **Directions**

The conference will be held at the Mid-Ohio Food Bank, 3960 Brookham Dr, Grove City, OH 43123.

Driving directions are available at:

<http://www.midohiofoodbank.org/about-us/directions-hours>



#### **Parking**

Available at Mid-Ohio Foodbank free of charge.