

**Recognize the importance  
of studying human  
populations in the  
environmental sciences.**

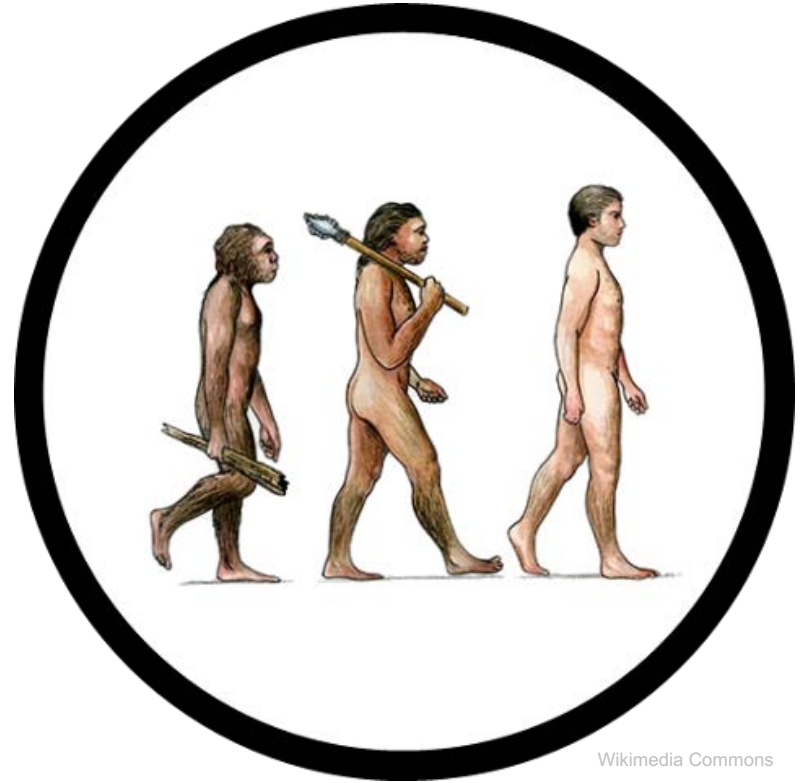
# HUMAN POPULATIONS



# Environmental Science

an interdisciplinary field of research that  
seeks to understand the natural world  
and *our relationship to it*

Since we emerged as our own species some 200,000 years ago, we have grown from a few thousands individuals to over 7 billion!

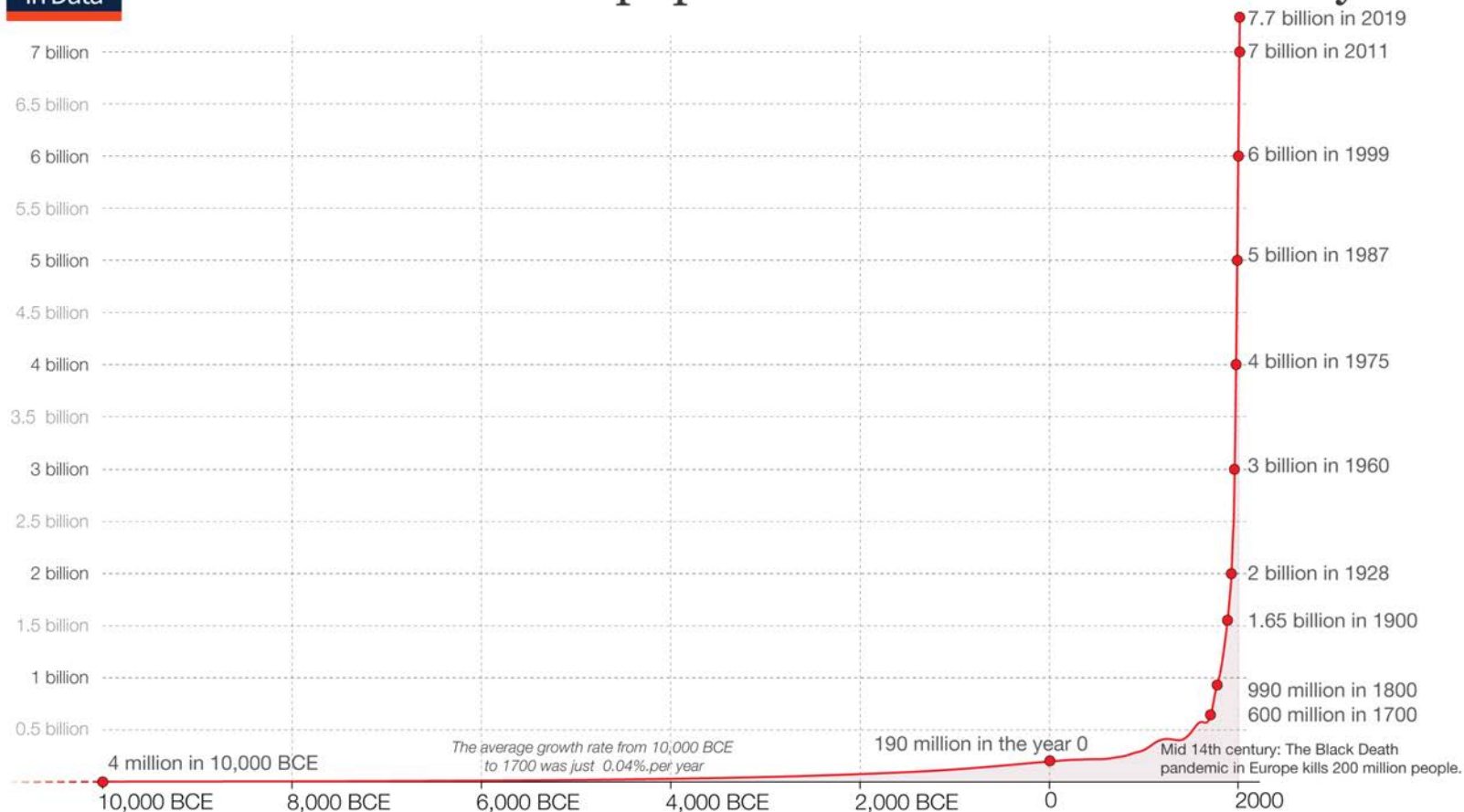








# The size of the world population over the last 12,000 years



Based on estimates by the *History Database of the Global Environment (HYDE)* and the United Nations. On [OurWorldinData.org](https://OurWorldinData.org) you can download the annual data.

This is a visualization from [OurWorldinData.org](https://OurWorldinData.org), where you find data and research on how the world is changing.

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**Analyze and categorize  
human populations using  
population ecology  
techniques.**



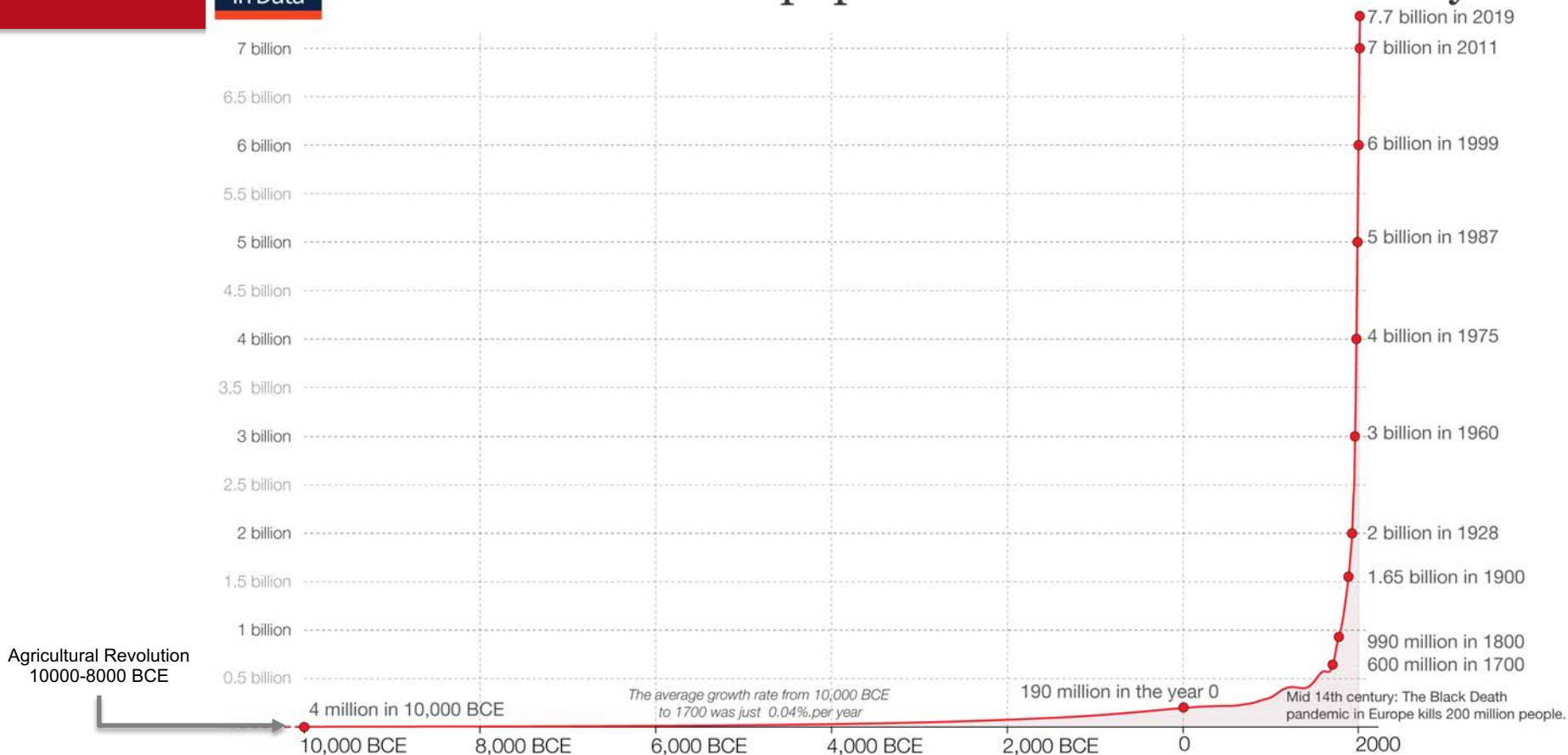
# Population Ecology

A branch of biology that deals with the number of individuals of a particular species found in an area and how and why those numbers increase or decrease over time.

When applied to humans we call it **demography**.



## The size of the world population over the last 12.000 years

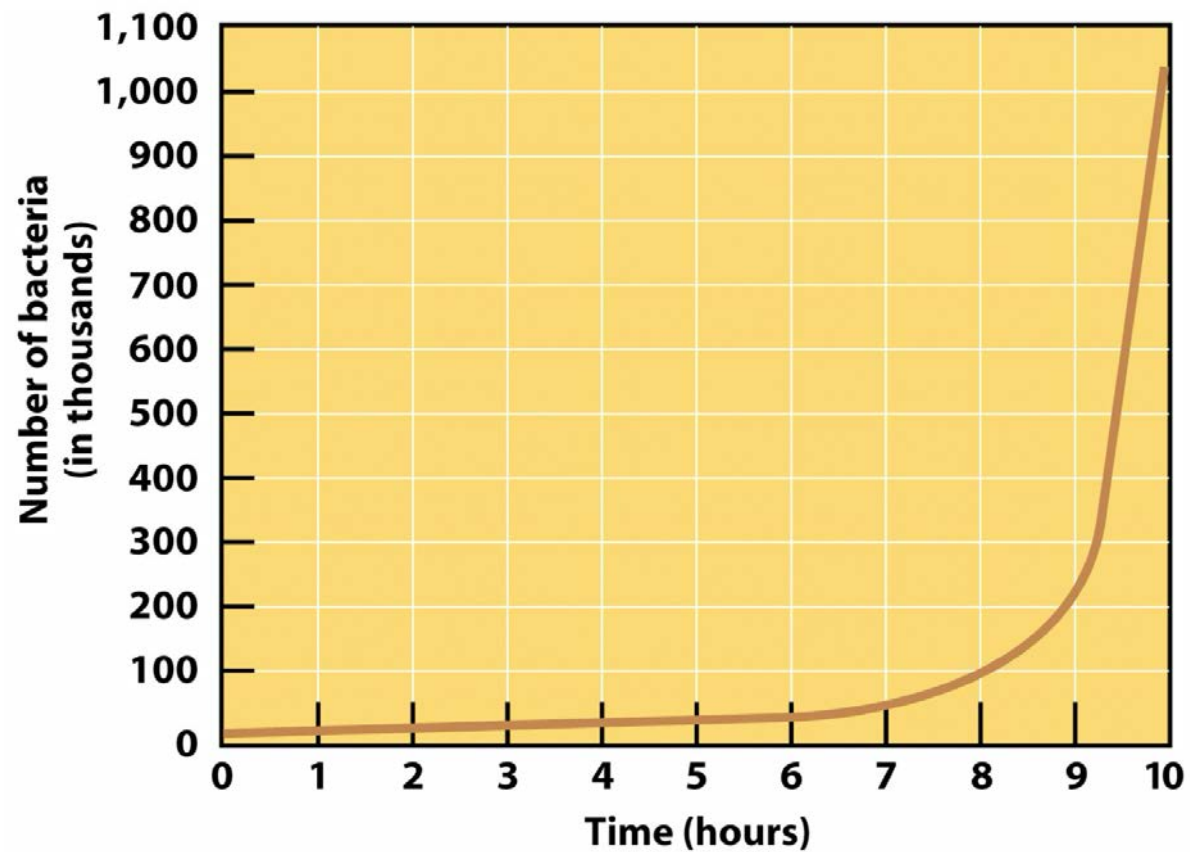


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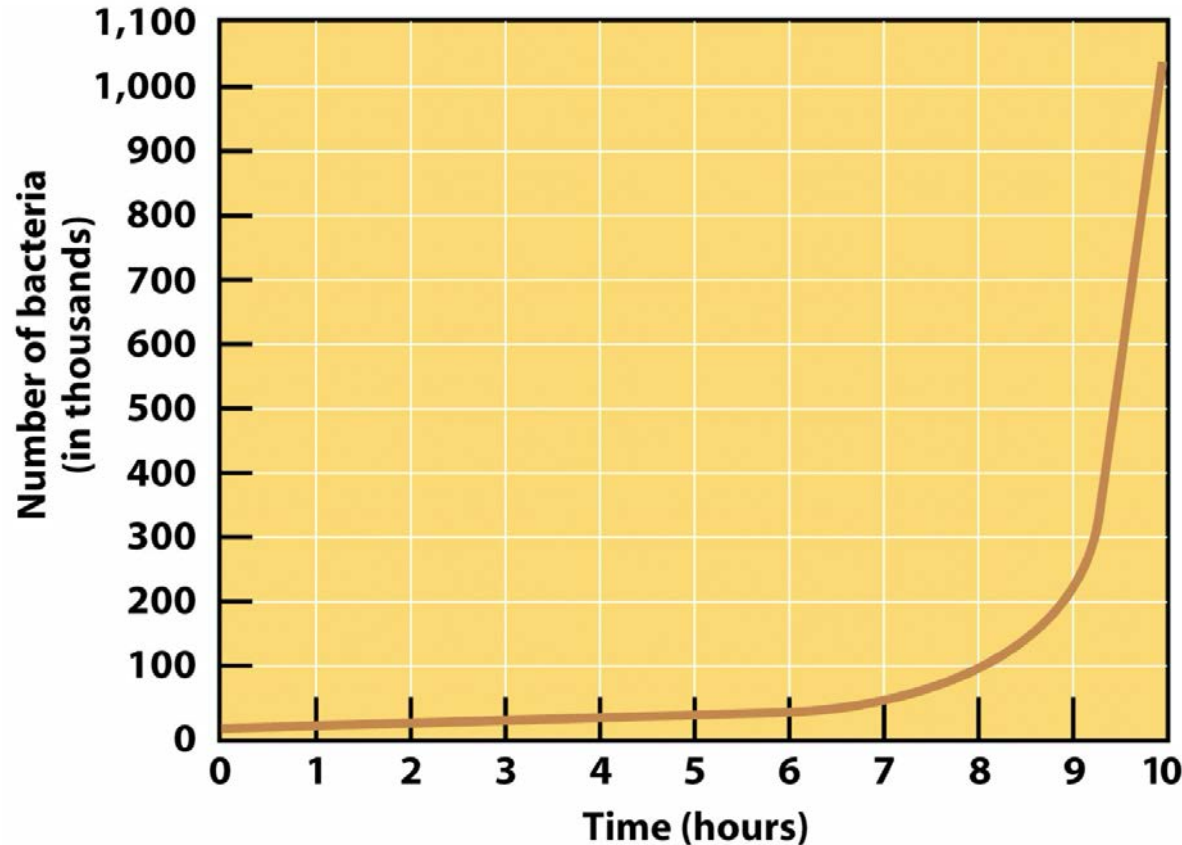
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# Exponential Population Growth

- Also known as logarithmic growth
- Growth depends on size of population
  - Small population = small growth
  - Large population = large growth







**Population of bacteria =  $2^n$**

**$n$**  = number of doubling times that have passed

**Doubling Time** = amount of time required for the population to double in size, assuming the current growth rate remains constant

# What is the bacteria population after 24 hours?

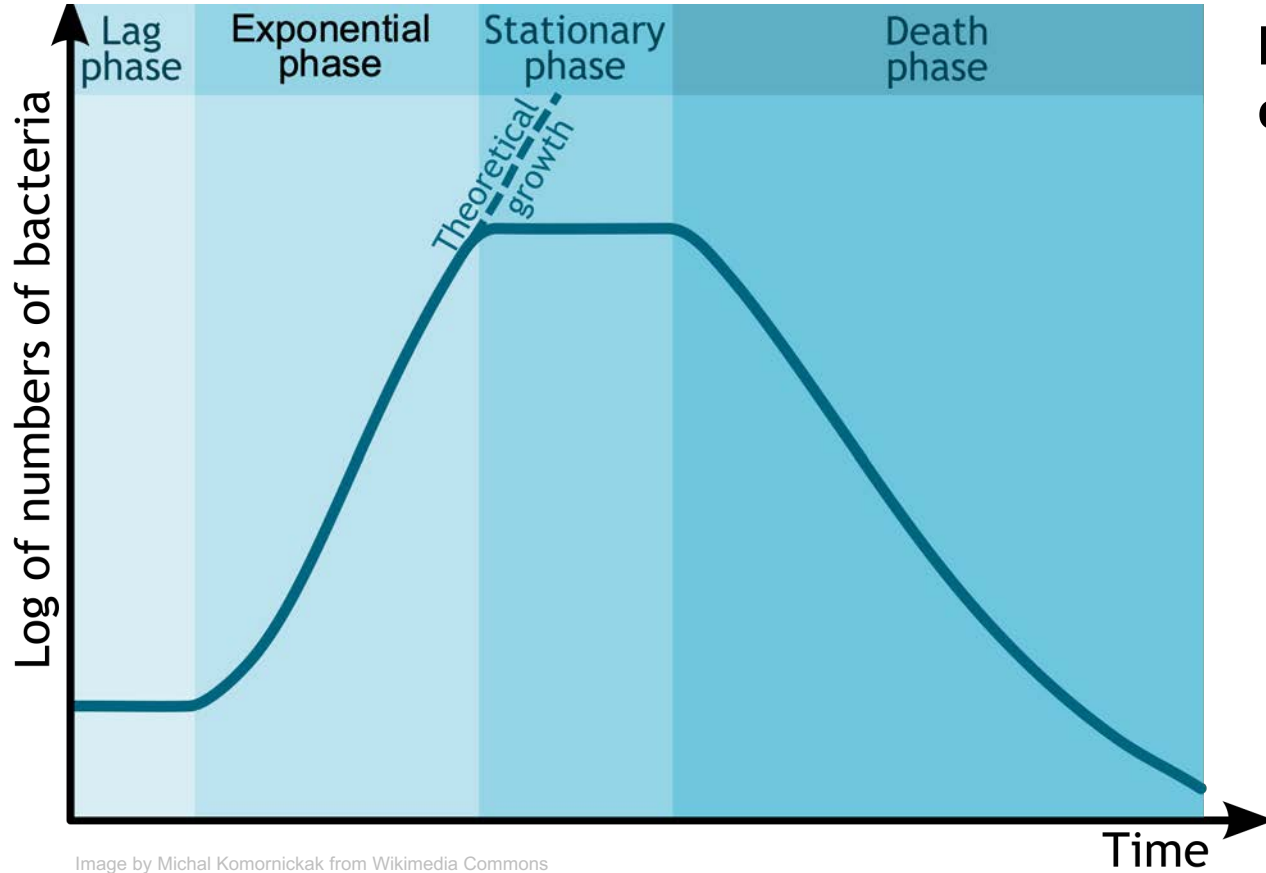
**Population of bacteria =  $2^n$**

**Bacteria doubling time = 30 minutes**

$$n = \frac{24 \text{ hours}}{1} \times \frac{2 \text{ doubling times}}{1 \text{ hour}} = 48 \text{ doubling times}$$

**Therefore the population of bacteria after 24 hours of growth is:**

$$\text{Population of bacteria} = 2^{48} = 281,474,976,710,656$$



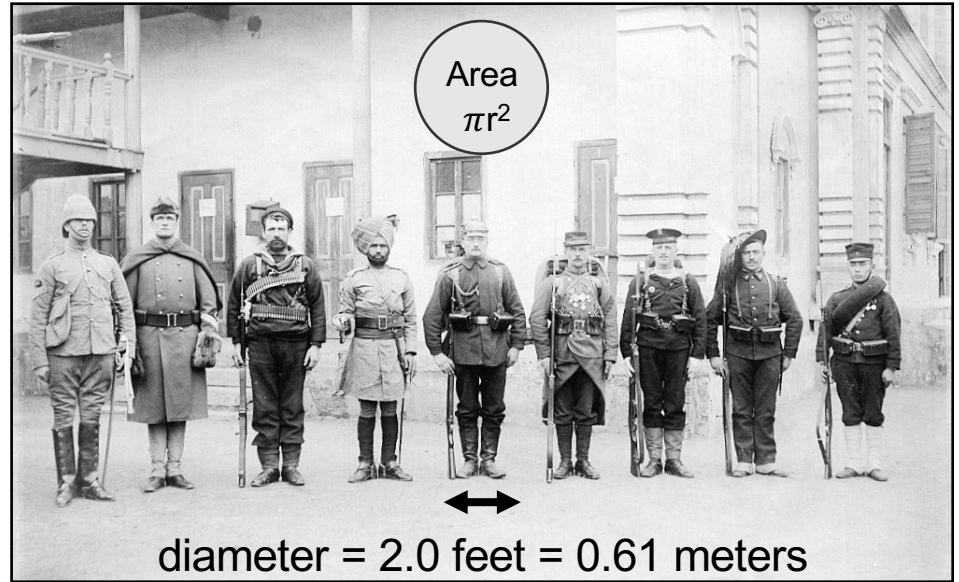
**Exponential growth cannot last forever!**



# How much space does one human occupy?

$$Area = \pi \left( \frac{1}{2} \times 0.61 \text{ m} \right)^2$$

**Area of one human = 0.292 m<sup>2</sup>**



Yamagawa shuppan via Wikimedia Commons

# How much space do 8 billion humans occupy?

$$8,000,000,000 \text{ humans} \times 0.292 \text{ m}^2 \approx 2,300,000,000 \text{ m}^2 = \mathbf{2,300 \text{ km}^2}$$

New York City  $\approx 1,500 \text{ km}^2$



Columbus  $\approx 550 \text{ km}^2$



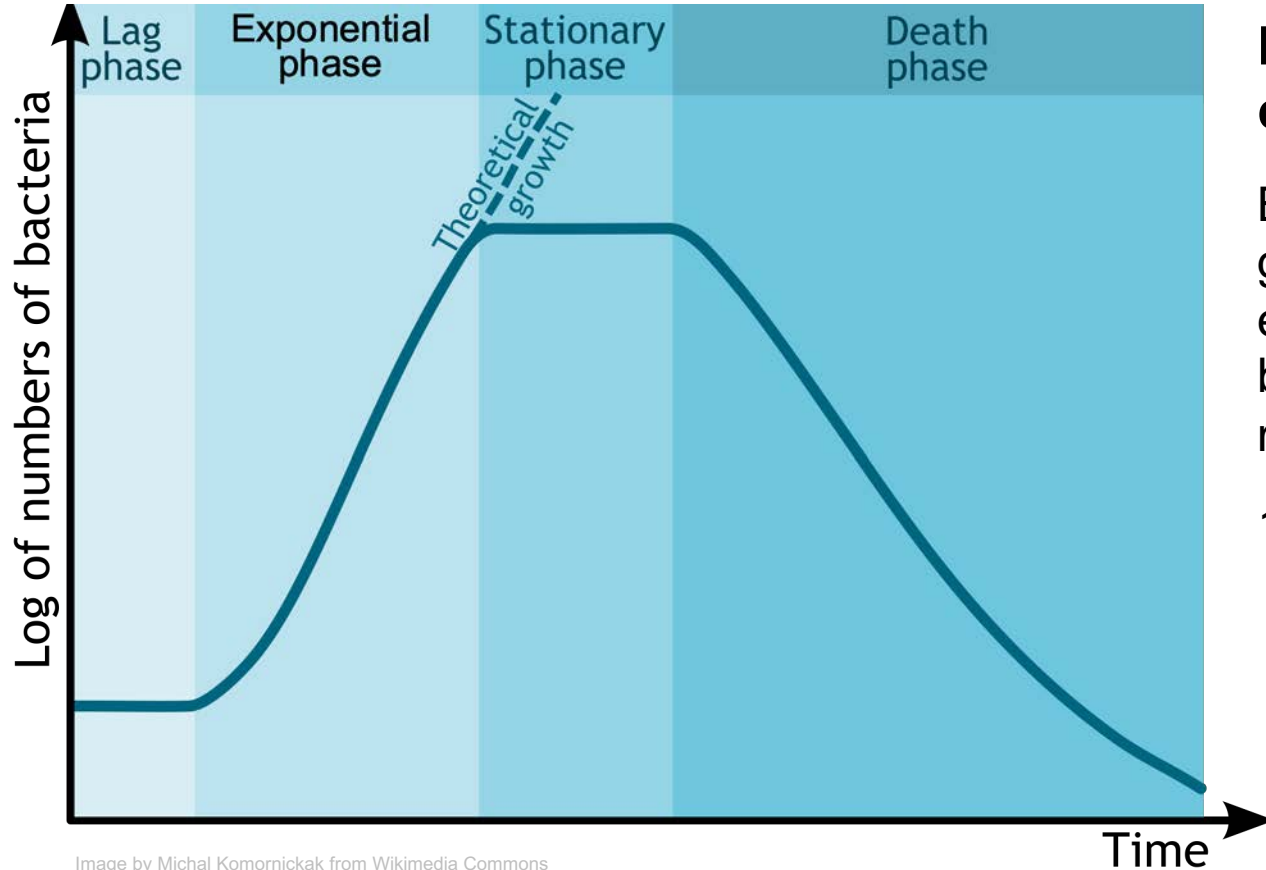


Image by Michal Komornickak from Wikimedia Commons

## Exponential growth cannot last forever!

Bacterial population growth slows and eventually declines because of two main reasons:

1. Run out of resources (*famine & war*)



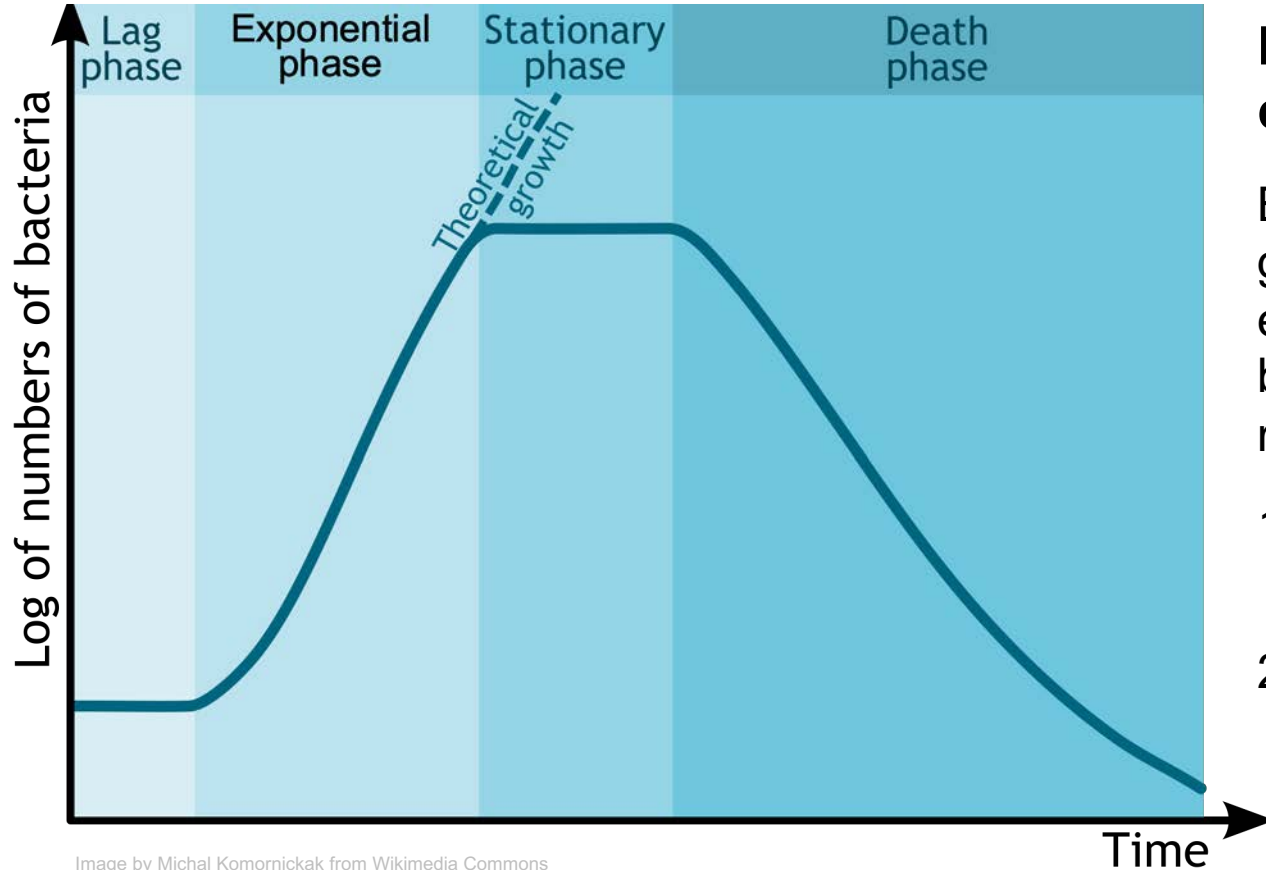


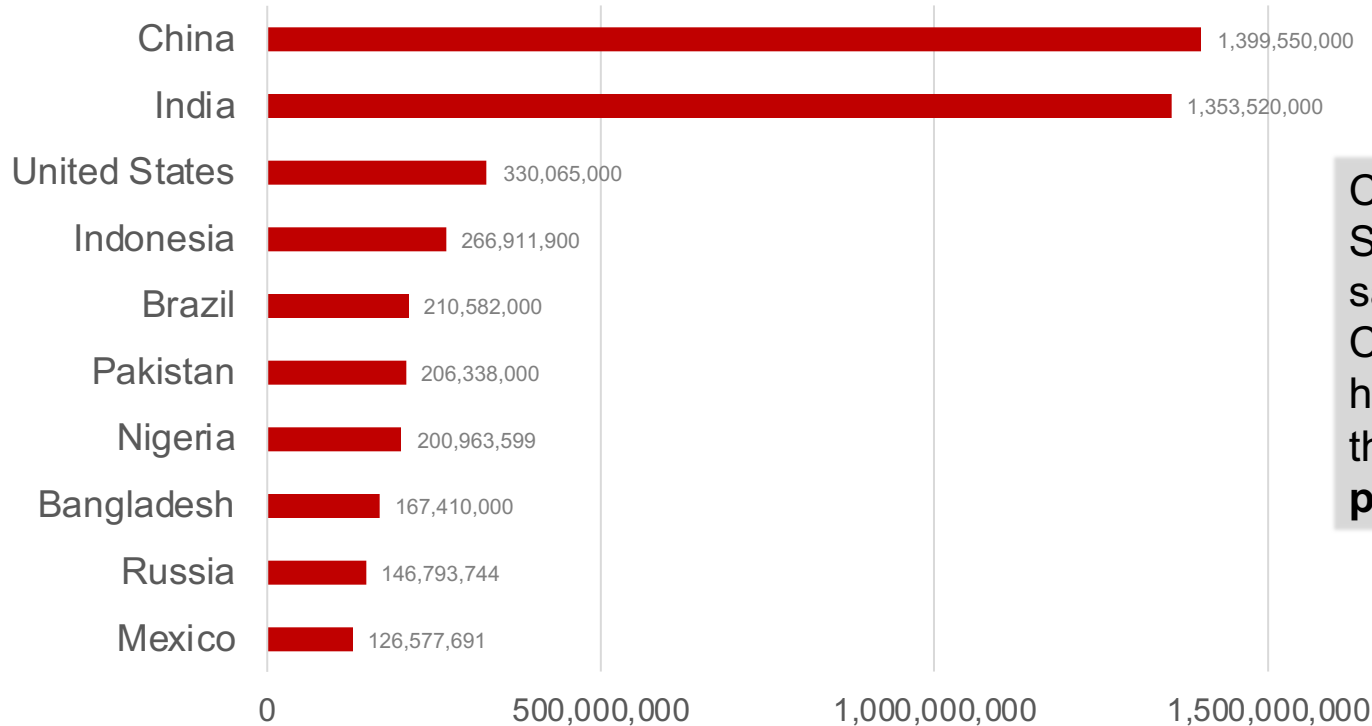
Image by Michal Komornickak from Wikimedia Commons

## Exponential growth cannot last forever!

Bacterial population growth slows and eventually declines because of two main reasons:

1. Run out of resources (*famine & war*)
2. Waste products become toxic (*pollution & disease*)

## 10 Most Populous Countries (2019)



China and the United States have about the same land area, but China has a much higher population and therefore greater **population density**.

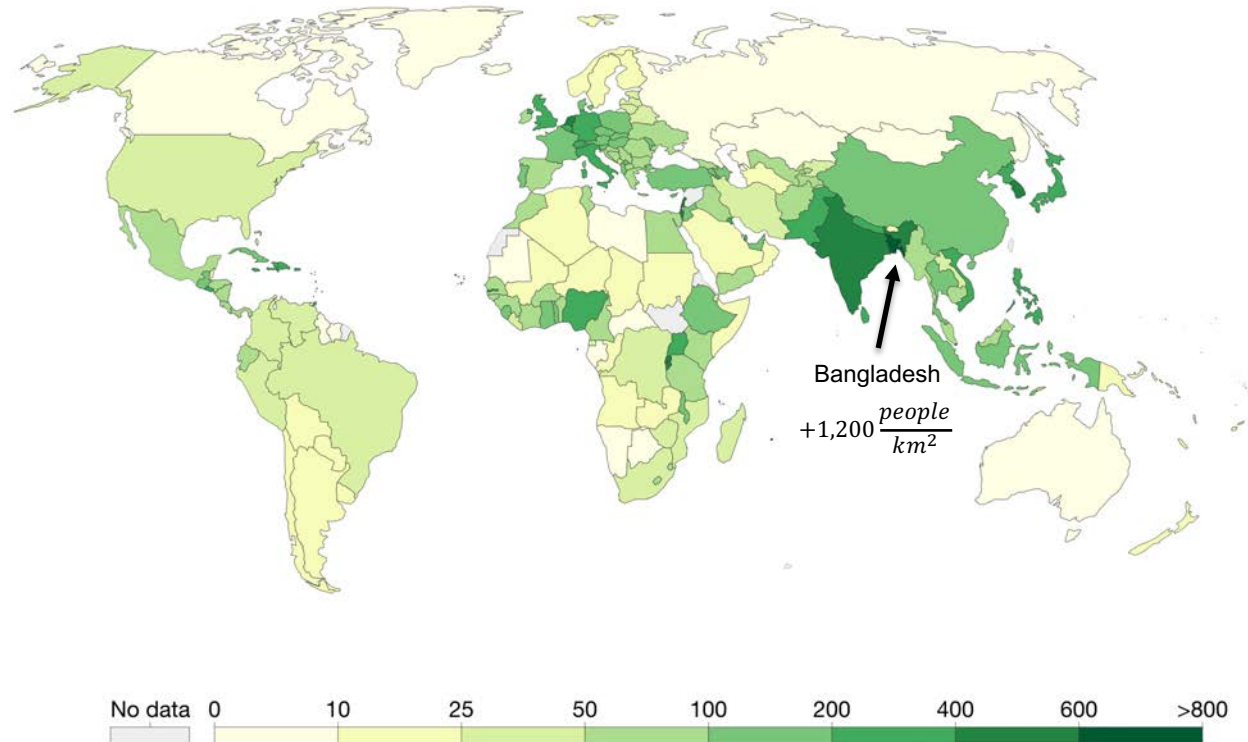
## Population density, 2017

Population density is defined as the number of people divided by land area, measured in square kilometers (km<sup>2</sup>).

Bangladesh has among the highest densities in the world.

The most densely populated areas in the world tend to be in coastal areas or close to major waterways.

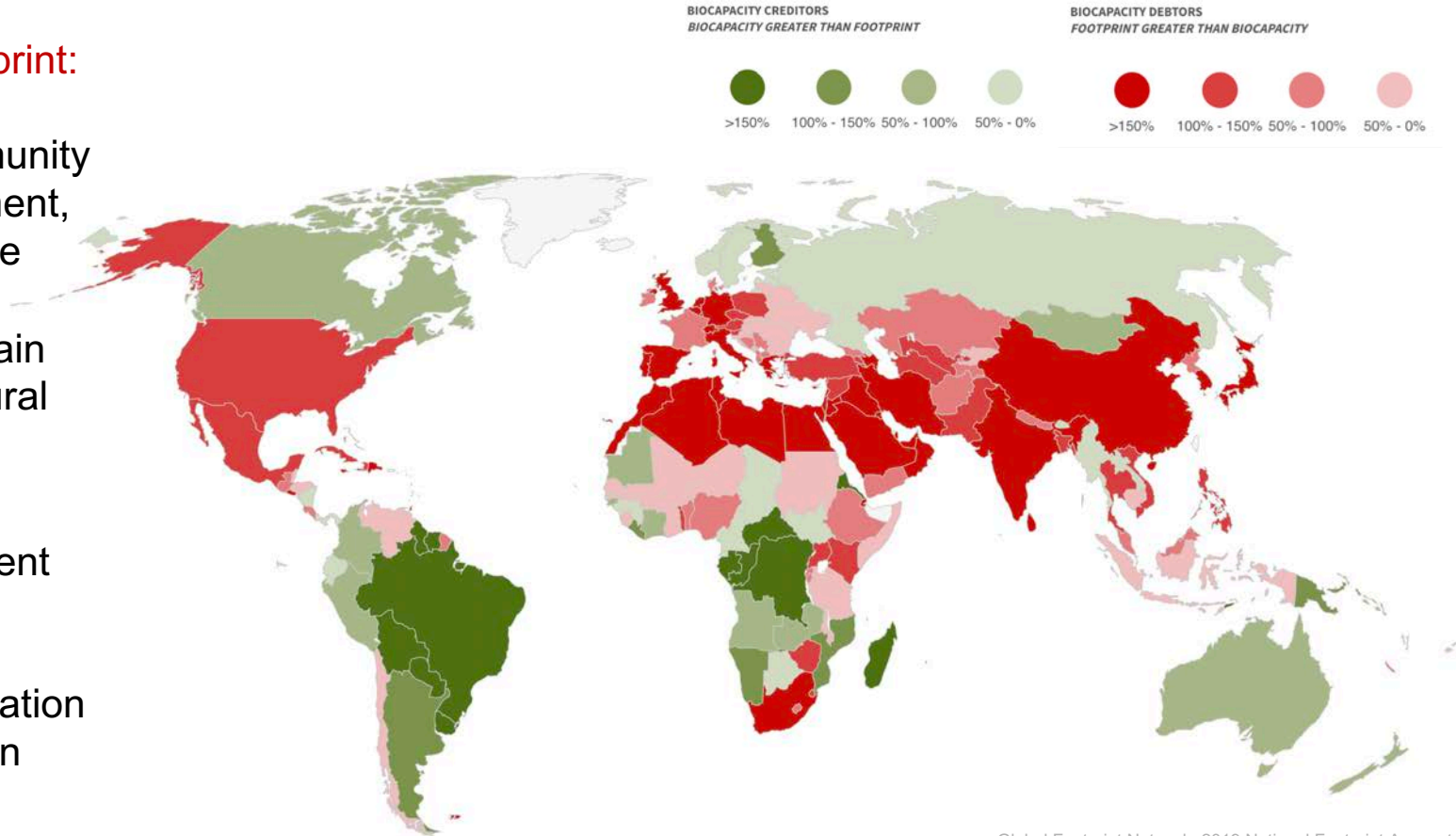
About 90% of the people on Earth live on 10% of the surface area, and most are north of the equator.



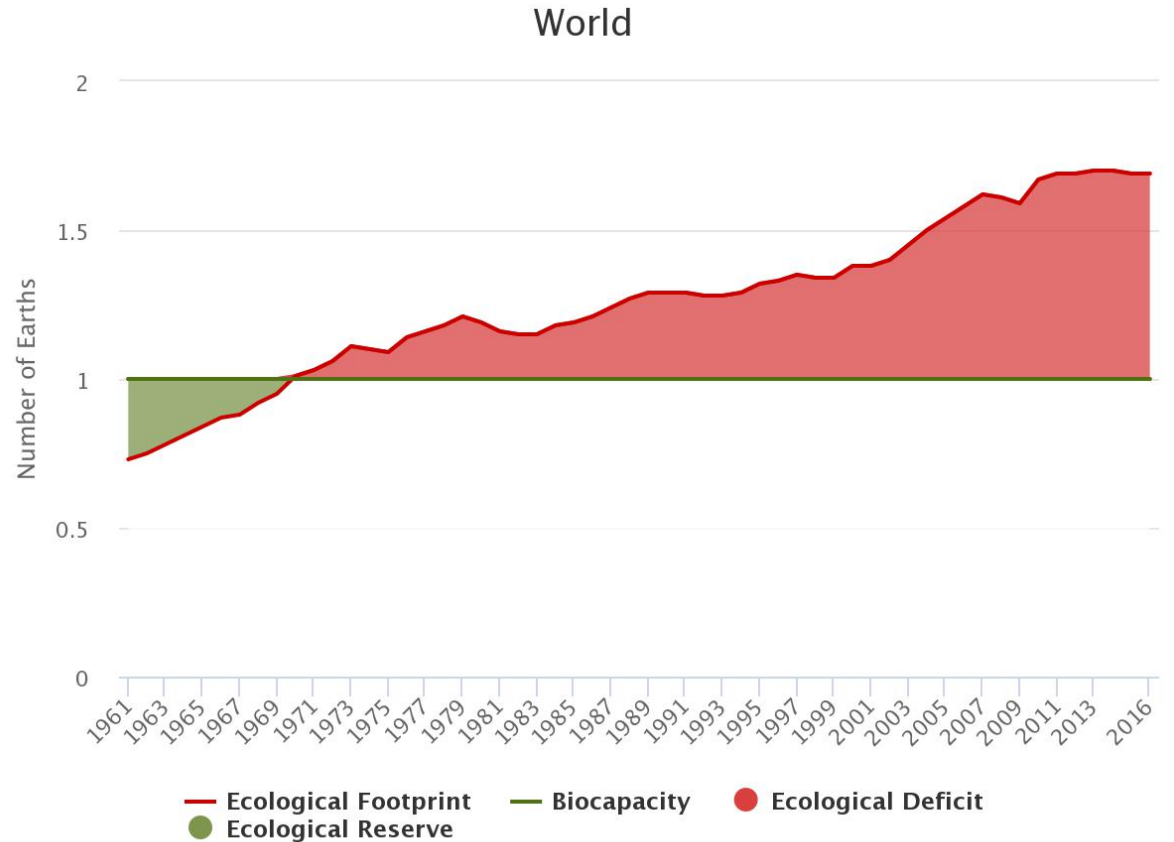


**Ecological Footprint:**  
the impact of a person or community on the environment, expressed as the amount of land required to sustain their use of natural resources.

Every environment has a **carrying capacity**: the maximum population size the area can support.



As our population grows, so does our demand for natural resources. At our current rate of consumption, the human population is using 1.75 earths worth of resources.



**Describe how and why human populations change and be able to read and interpret related graphs and diagrams.**

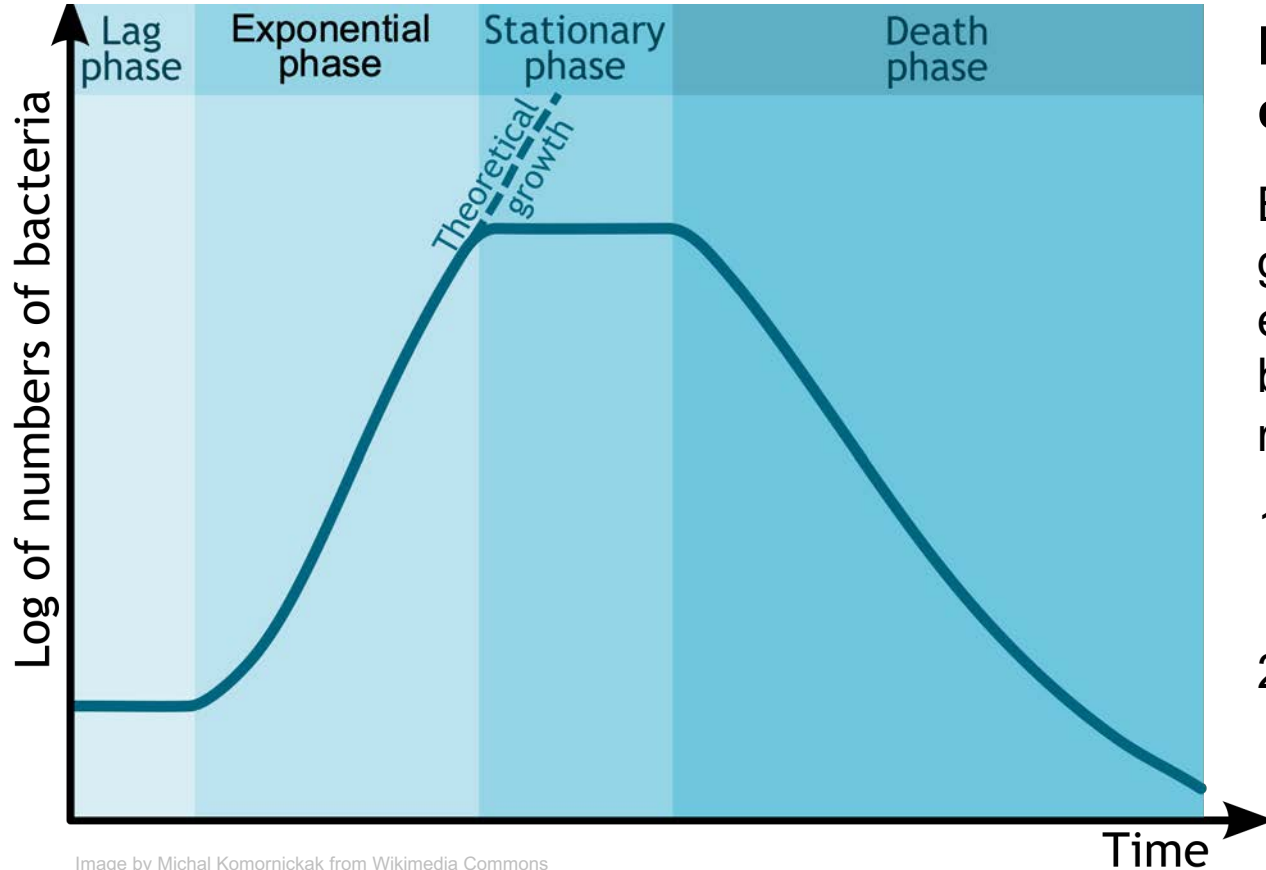


Image by Michal Komornickak from Wikimedia Commons

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# Growth Rate

- percent increase of population size over time
- affected by births, deaths, and the number of people moving into or out of a regional population

# Zero Population Growth

This occurs when the number of people born equals the number of people dying; in other words, **replacement fertility rate** is reached.

## Reaching zero population growth takes two steps:

1. Identifying why birth rates are high
2. Taking steps to reduce them

СЛАВА МАТЕРИ ГЕРОИНЕ!



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## Pronatalist Pressures

- Policies or cultural beliefs that encourage families to have more children (i.e. work the family farm, tend to household chores, care for aging parents, religious beliefs, high prestige or social status)
- Agrarian societies tend to have high pronatalist pressures
- High infant mortality rate and desire to have survivors



Demographic Factors (2013 data)	World	More Developed Nations	Less Developed Nations
Population Size	7 billion	1.3 billion	5.9 billion
% growth rate	1.2	0.1	1.40
Crude birth rate	20	11	22
Crude death rate	8	10	7
Total fertility rate	2.5	1.6	2.6
Infant mortality rate	40	5	44
Life expectancy	70	78	69
Wealth (per capita GNP)	\$11,690	\$35,800	\$6,600

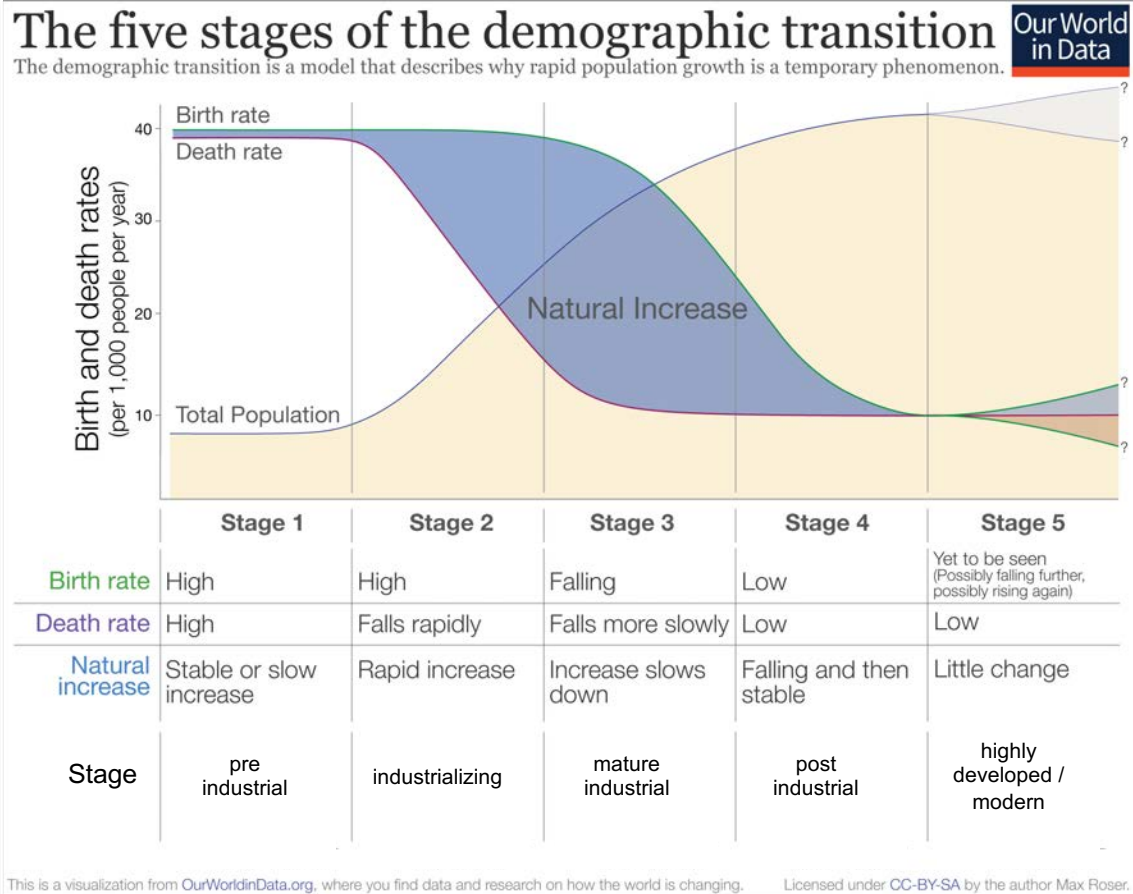
Data from Environmental Science for a Changing World

## Demographic Factors

- Health, education, economic conditions, and cultural influences
- Large differences between developed and developing nations.
- Higher death rate in developed nations due to aging population.
- Higher infant mortality rates in developing nations reveal the differences in quality of life and health care.

Demographic transition is a sequence of 5 stages. It suggests that as a country's economy changes from preindustrial to postindustrial, low birth and death rates replace high birth and death rates.

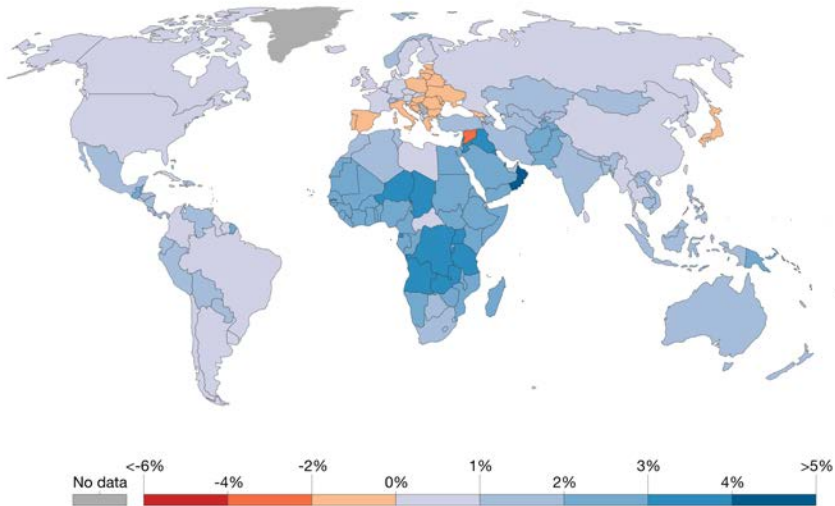
Most population growth occurs during this transition when death rates are lower than birth rates.



## Population growth rate, 2015

Annual rate of population change from 1950, including UN projections to 2100 based on its median scenario. This takes births, deaths and migration into account.

Our World  
in Data



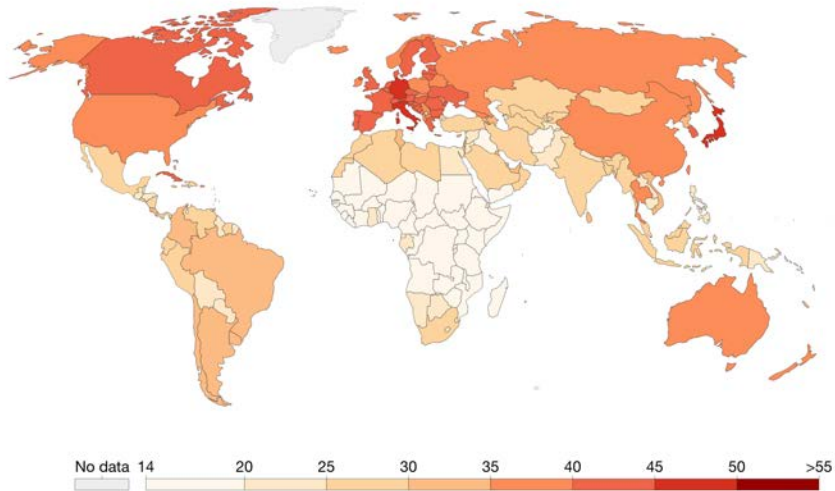
Source: UN Population Division (2017 Revision)

OurWorldInData.org/world-population-growth/ • CC BY

## Median Age, 2015

The median age divides the population in two parts of equal size: that is, there are as many persons with ages above the median age as there are with ages below the median ages.

Our World  
in Data



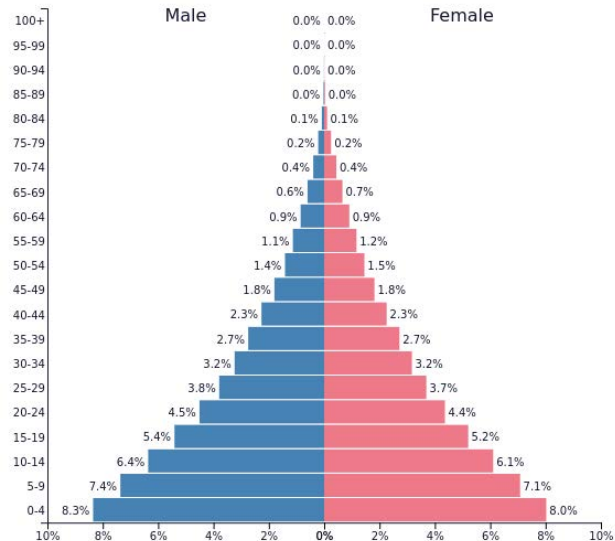
Source: UN Population Division (Median Age) (2017)

OurWorldInData.org/age-structure • CC BY

Note: 1950 to 2015 show historical estimates. From 2016 the UN projections (medium variant) are shown.

The fastest growing regions are those with a youthful or very young population.

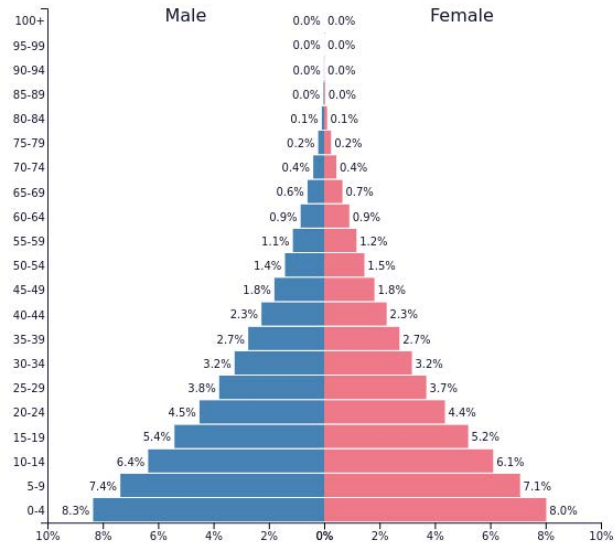
Demographers use **age structure diagrams** to predict the future growth potential of a population.



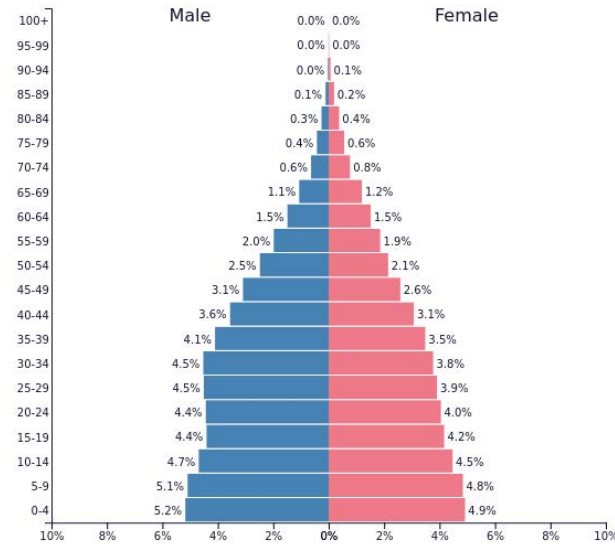
**Western Africa - 2019**  
Population: **392,553,030**



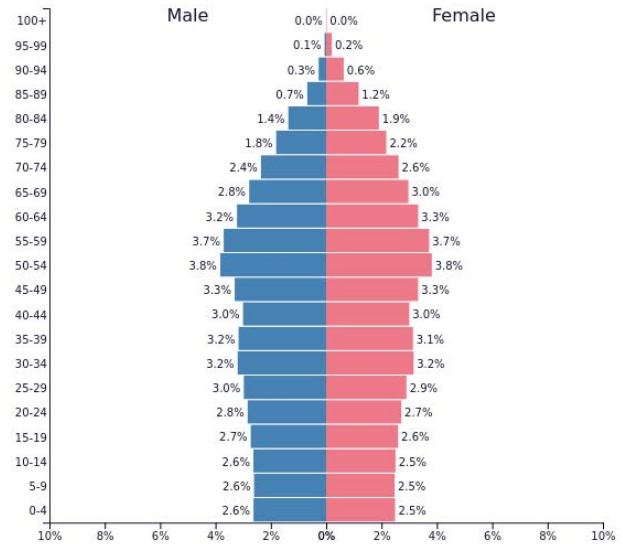
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**Western Africa - 2019**  
Population: 392,553,030

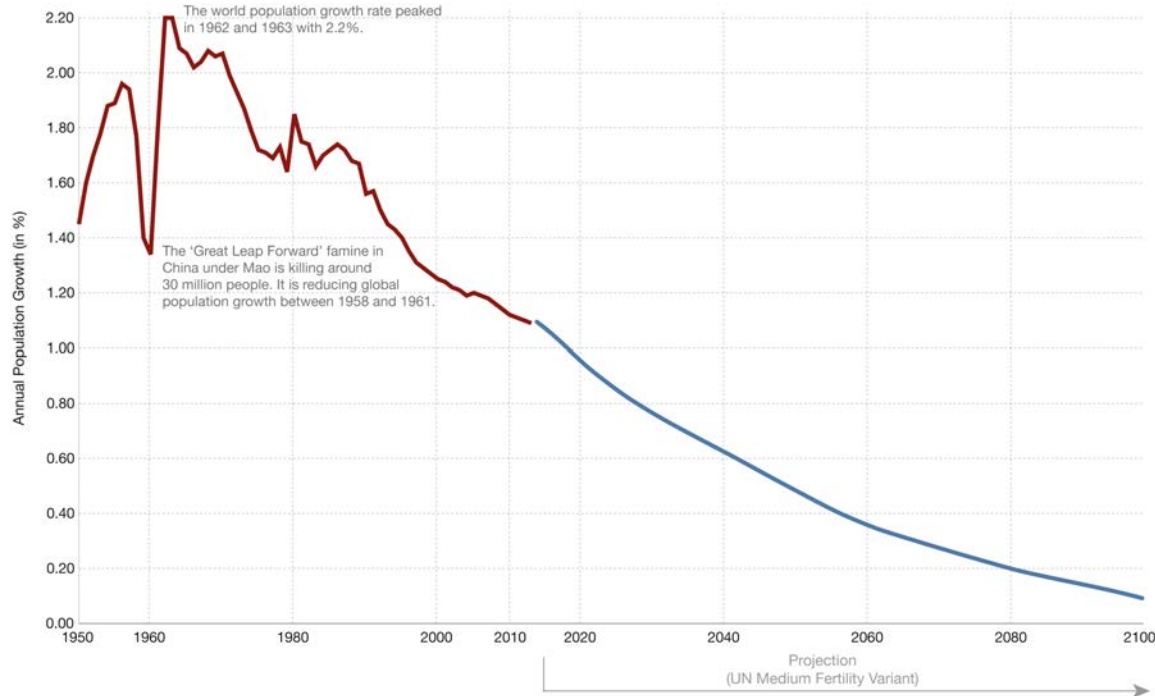


**Western Asia - 2019**  
Population: 274,788,503



**Western Europe - 2019**  
Population: 192,553,118

## Annual world population growth rate (1950-2100)



Data sources: Observations: US Census Bureau & Projections: United Nations Population Division (Medium Variant (2015 revision)).  
The interactive data visualization is available at [OurWorldinData.org](https://ourworldindata.org). There you find the raw data and more visualizations on this topic.

Licensed under CC-BY-SA by the author Max Roser.

The higher the growth rate, the more quickly a population will double

Less Developed Countries (LDCs) generally have high growth rates

Highly Developed Countries (HDCs) generally have low growth rates

### Rule of 70

Doubling Time for World Population =  $(70 / \text{annual growth rate})$

At our current rate of growth, in what year should we expect the world population to double in size?

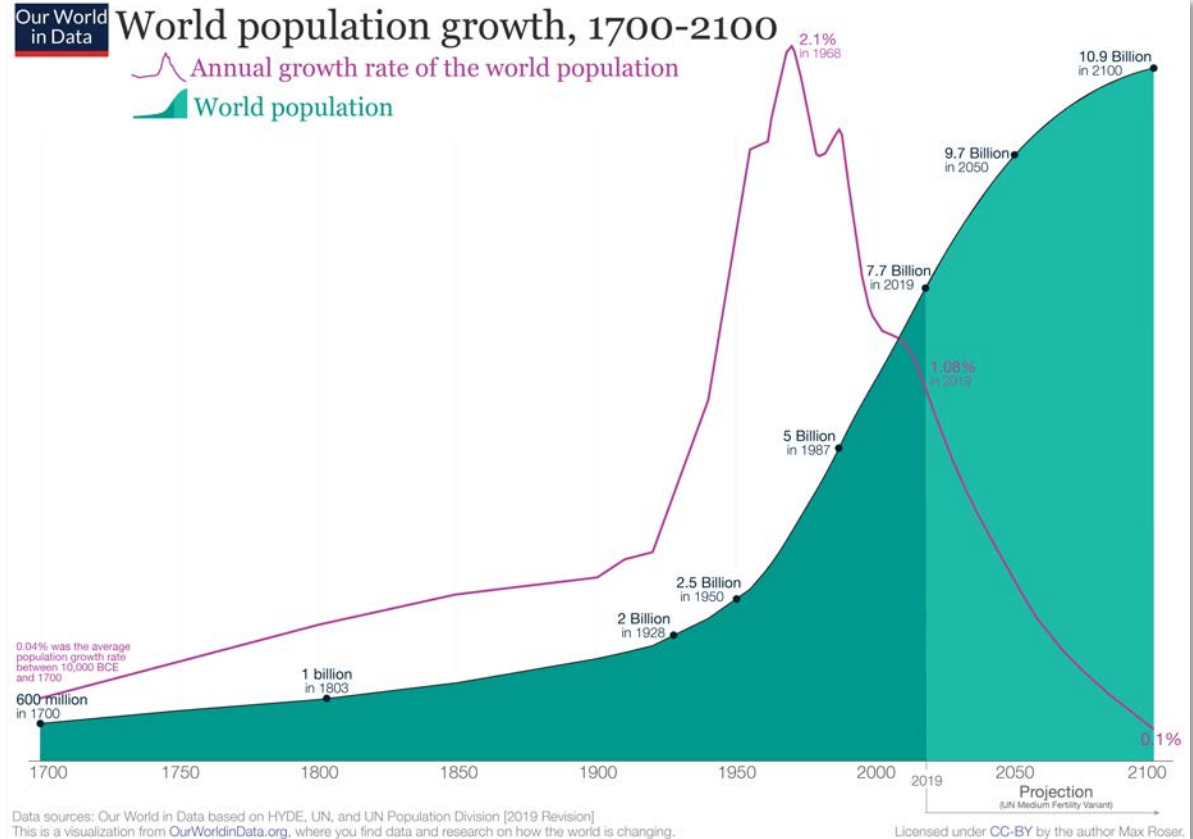
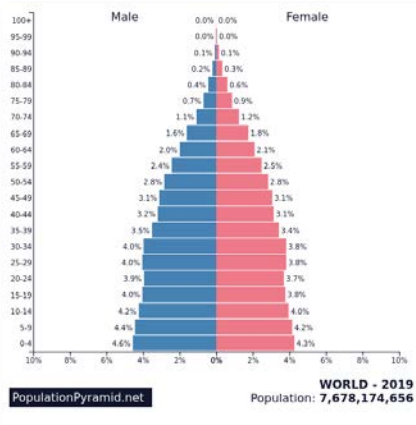
$$\text{Population doubling time} = \frac{70}{\text{annual growth rate}}$$

$$\text{Annual growth rate} = 1.08\%$$

$$\text{Population doubling time} = \frac{70}{1.08} = 64.8 \text{ years (+2020)} = 2085$$

Therefore, at our current rate of population growth of 1.08%, the human population will double to 15.4 billion people by the year 2085.

Worldwide, population growth rates are **declining**, but the **overall number is still greater than zero**, so the world population is still growing.





**Identify and explain strategies that influence population growth and why influencing human population growth is important.**

## Reaching zero population growth takes two steps:

1. Identifying why birth rates are high
2. Taking steps to reduce them



Image by Robert Scheldwy from Wikimedia Commons

# Top-Down approach to Population Planning

- 1959-1961 – Great Chinese Famine (starvation deaths = tens of millions)
- 1970's – shortage of consumer goods (i.e. soap, eggs, sugar, cotton)
- Government blamed overpopulation and so initiated the **One-Child Policy (1979)**

The Chinese Government claims that the policy prevented 400 million Chinese births.

Officials enforced the policy with controversial methods – forced sterilization and abortions, infanticide, and restriction of health care for unsanctioned children.

Experts except that due to demographic transition, the birth rates would have declined without the One-Child Policy.

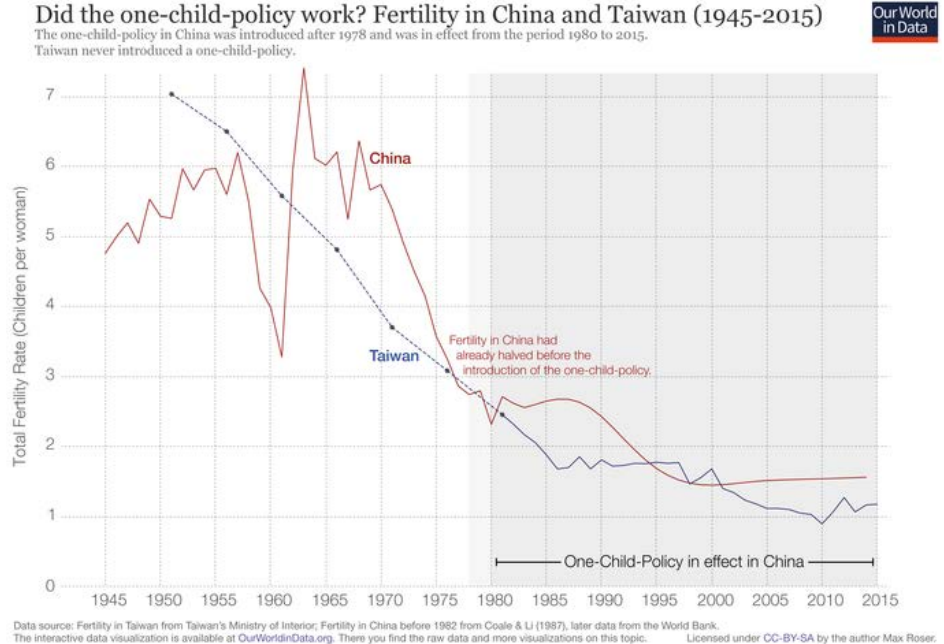




Image by Wikimedia from Pixabay

## Bottom-up approach to Population Planning

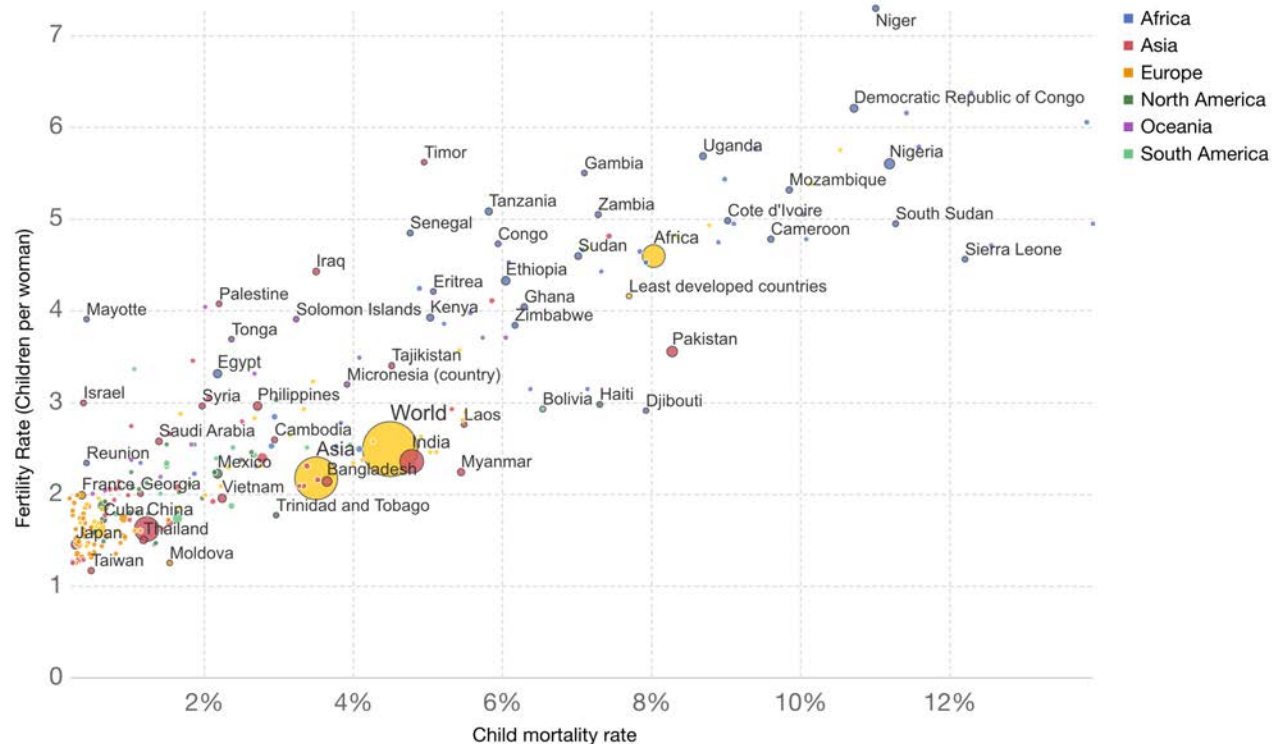
- Factors that decrease the death rate can also decrease overall population growth rates.
- Programs that address the needs of a population and work within cultural and religious traditions are the most successful for reducing pronatal pressures.
- Social justice issues associated with overpopulation must be resolved.



## Average number of children vs child mortality, 2015

Child mortality measures the share of children that die before their fifth birthday.

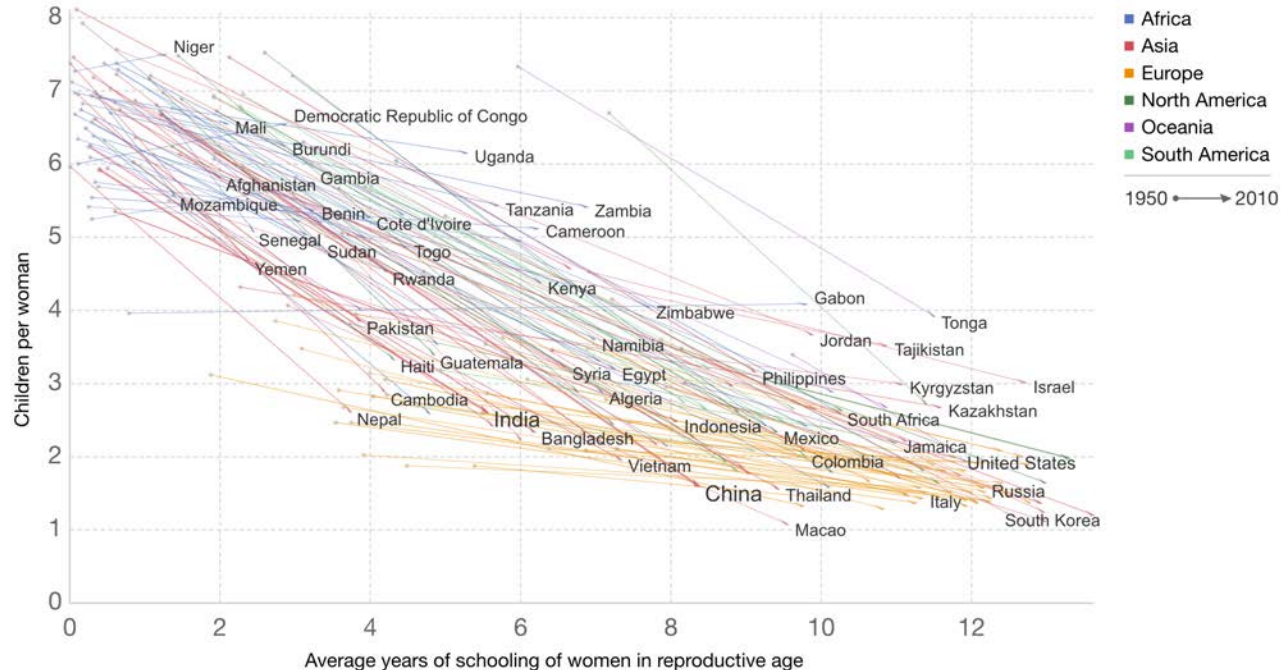
Our World  
in Data



## Women's educational attainment vs. number of children per woman, 1950 to 2010

Our World  
in Data

Shown on the x-axis is the average number of years of schooling of women in the reproductive age (15 to 49 years). On the y-axis you find the 'total fertility rate' – the number of live births per woman in reproductive age.

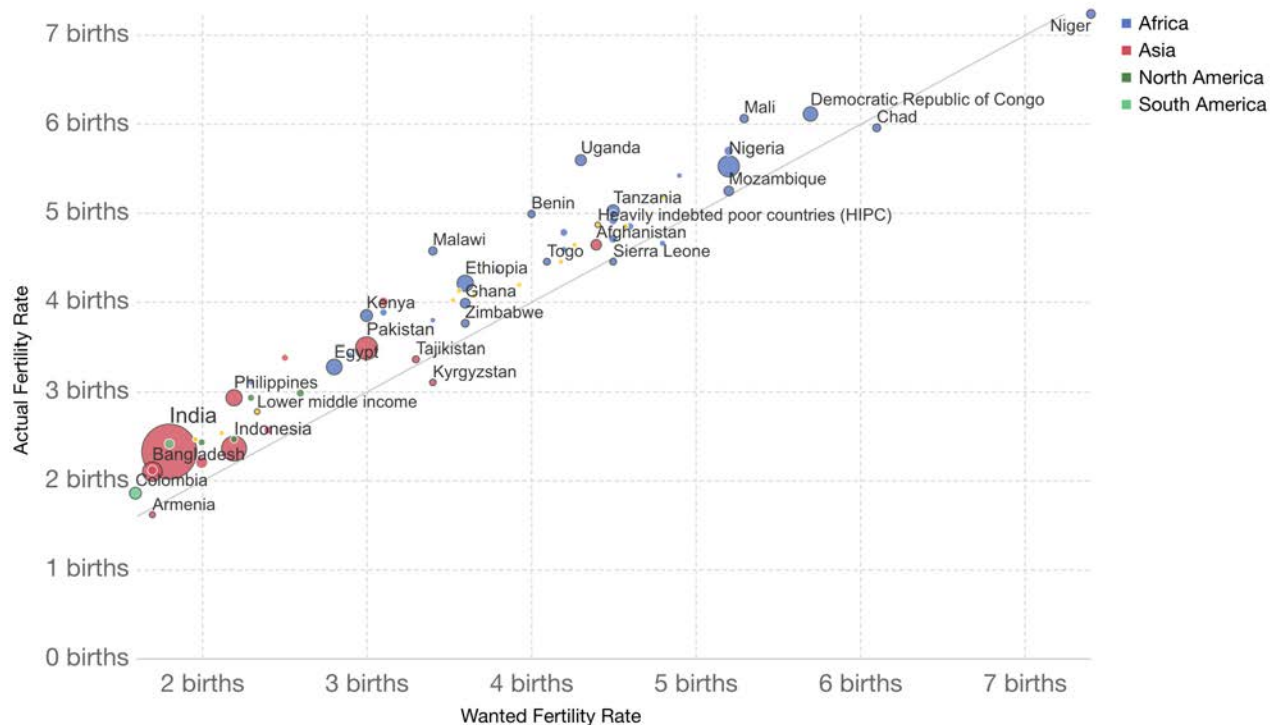


Source: Our World In Data (2017), UN Population Division (2017 Revision), Population (Gapminder, HYDE(2016) & UN (2019))  
OurWorldInData.org/fertility-rate • CC BY

## Fertility vs wanted fertility, 2016

The wanted fertility rate is an estimate – based on survey data – of what the total fertility rate would be if all unwanted births were avoided.

Our World  
in Data



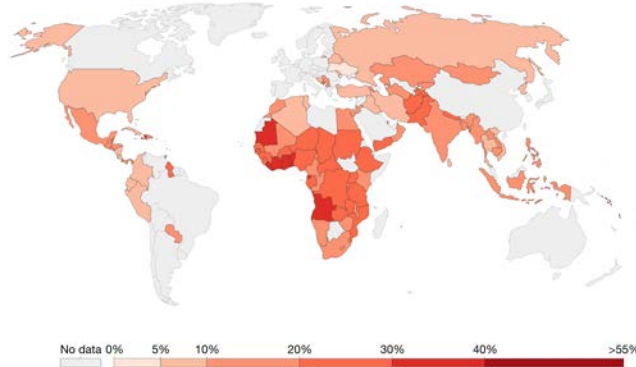
Source: World Bank, Population (Gapminder, HYDE(2016) & UN (2019))

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## Unmet need for contraception among married women of reproductive age, 2016

Our World in Data

Unmet need for contraception is measuring the share of fertile, married women of reproductive age (ages 15-49) who do not want to become pregnant and are not using contraception.



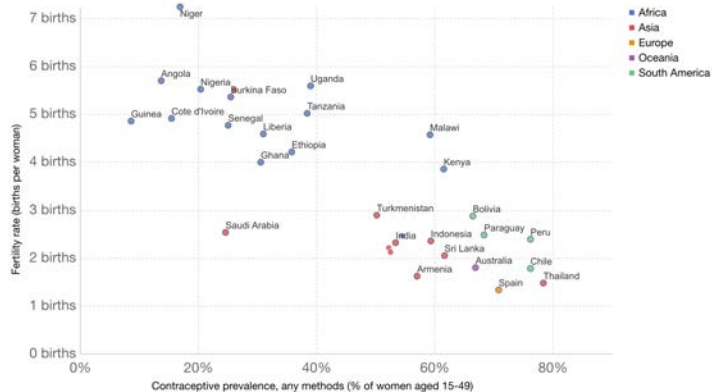
Source: World Bank

OurWorldInData.org/fertility-rate • CC BY

## Fertility rate vs. contraceptive prevalence, 2016

Our World in Data

Fertility rate is defined as the average number of births per woman during her reproductive years. Contraceptive prevalence is the percentage of women who are practicing, or whose sexual partners are practicing, any form of contraception. It is usually measured for women aged 15-49 who are married or in union.



Source: World Bank

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Family planning programs have been effective in many areas of the world. However, in countries where the desired fertility rates are high – such as Niger – providing contraceptives may have little impact on total fertility rates.

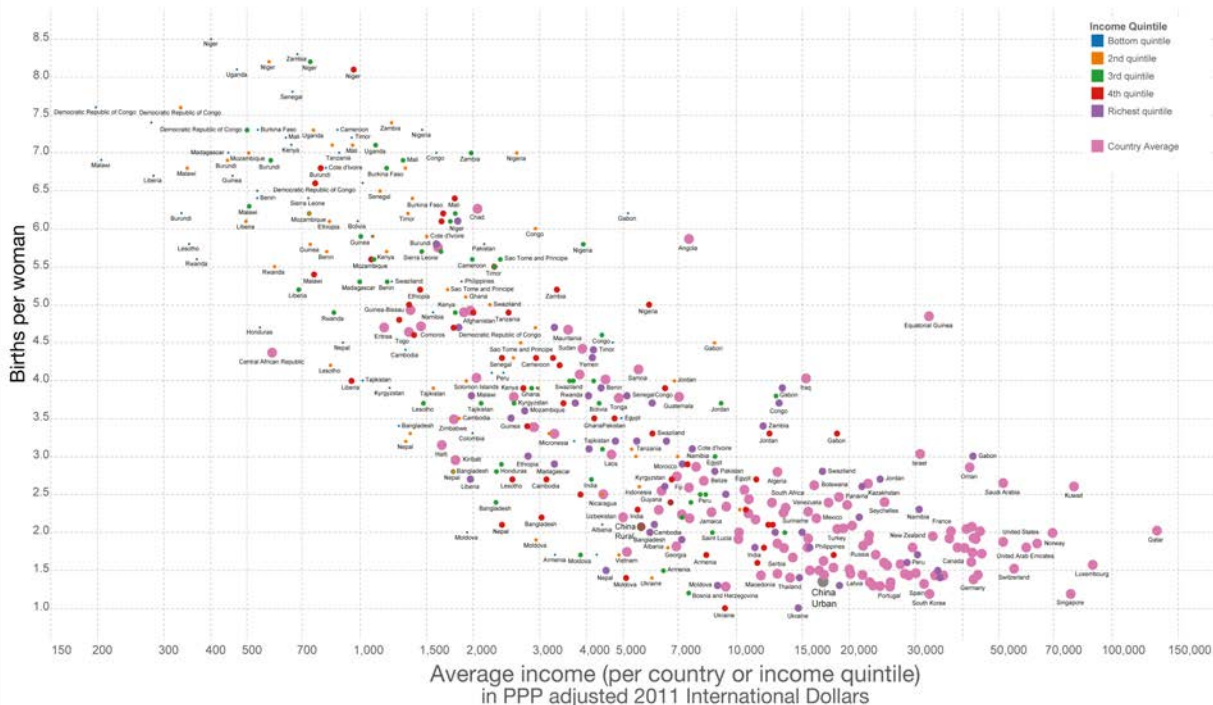
## Births per woman by income level, 2013

Pink bubbles show country averages for income (GDP per capita, PPP adjusted) and for the total fertility rate.

For all other countries the fertility rate is shown for each wealth quintile within the country. It is plotted against the average income per corresponding quintile in the same country.

Our World  
in Data

Helping low-income countries develop economically may spur a demographic transition similar to that experienced by many industrialized nations.



Data sources: World Bank for all income measures. Fertility rates: national averages from WDI. Fertility by wealth quintile from the DHS (via the WHO) – except for China for which data was added from various research papers. Most data are from 2013 – none of the data refer to a year earlier than 2005.

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Many demographers believe addressing **social justice issues**, especially improving the health and well-being of women and children, will reduce total fertility rates.





Image by bdbelhebest from Pixabay

## Resource Use – Changing Demand for Goods

As nations industrialize and incomes increase, the demand for resources also increases. However, the price that we pay for various goods does not reflect their true costs. The environmental and social costs are often left out of the ticket price.

**Solutions:** buy less, buy only from socially and environmentally responsible companies, purchase quality made items with long functional lives, buy second hand



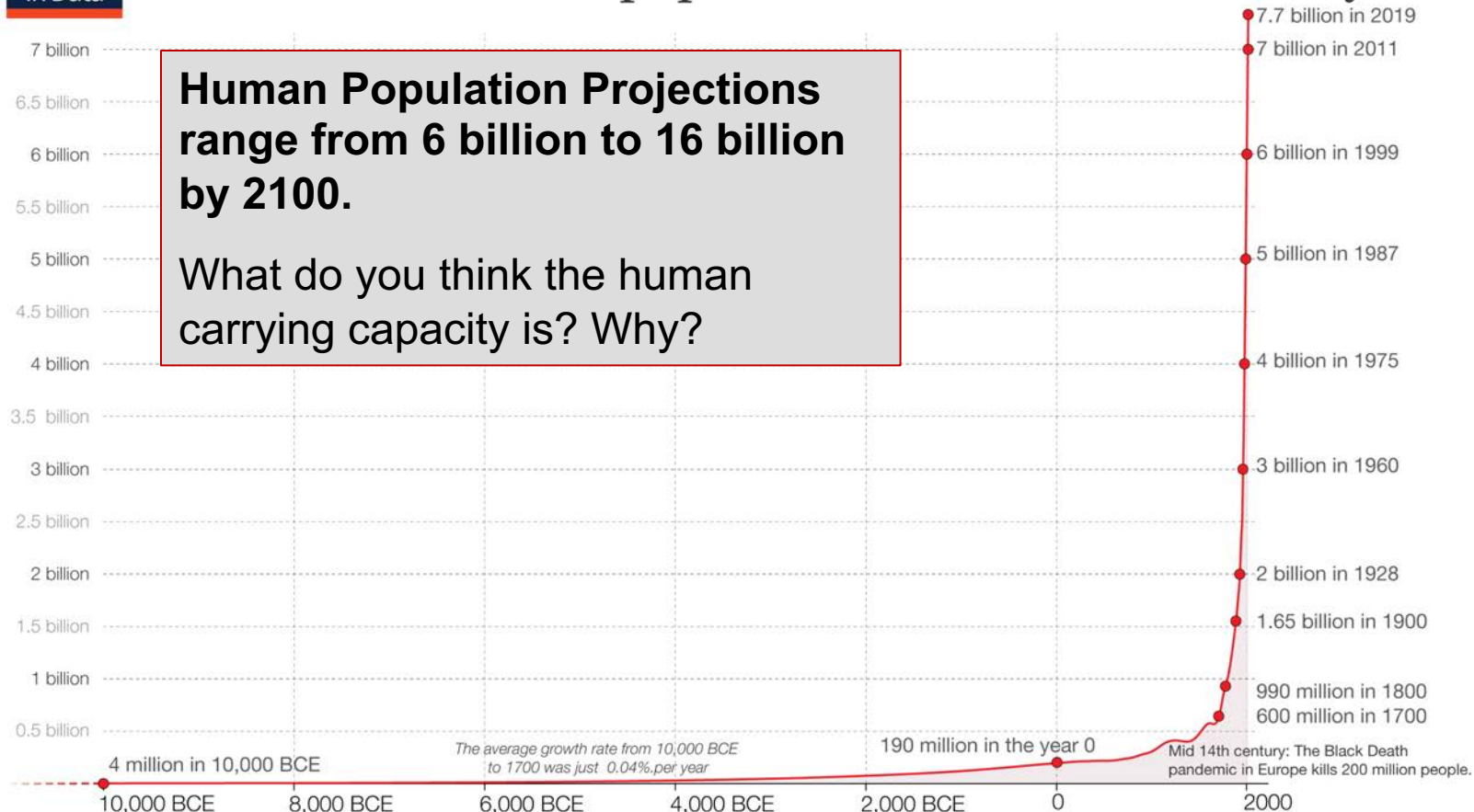
## Resource Use – Changing Diets

Higher incomes and urbanization are associated with an increased demand for meat and animal proteins. While the global meat industry provides food and a livelihood for billions of people, it also has significant environmental and health consequences for the planet.

**Solutions:** Reduce the amount of meat and other animal products that you consume. Ideally this means a vegan or vegetarian diet, but cutting meat out of even one meal/day a week will reduce your ecological footprint.

OECD (2016), Meat consumption (indicator). doi: 10.1787/fa290fd0-en (Accessed on 21 June 2016)

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