



CFAES

WOMEN IN AG WEDNESDAY WEBINARS

The 2025 Series will be on the
1st WEDNESDAY of each month.
10:30 am – 11:30 am
Via Zoom Platform

Join us on February 5, 2025, for the next
session on...

Beating the Winter Blues!

Do you ever feel sad or just “blah” in the winter?
This session will discuss *Seasonal Affective
Disorder* and what you can do to beat the winter
blues.

Register at this link one time for all the series.
go.osu.edu/wiawednesdaywebinars2025

EVENT SPONSORS: Ohio State University Extension, Ohio Women in Agriculture Learning Network Team



THE OHIO STATE UNIVERSITY
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College of Food, Agricultural,
and Environmental Sciences

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