

OHIO STATE UNIVERSITY EXTENSION

What projects can you take in 4-H?

We're glad you asked!

Whether you are new to 4-H or just want a handy list of project opportunities, we're here to help. These two pages are a complete list of available projects. For a peek inside each book and to see how they are rated, go to projectcentral.ohio4h.org.

About 4-H

- Discovering 4-H
- 4-H Around the Globe

Animal Sciences

Beef

- Beef Breeding
- Beef Feeder
- Dairy Beef Feeder
- Market Beef

Companion Animals and Rabbits

- All About Dogs
- You and Your Dog
- Obedience
- Showmanship
- Performance
- Working Dogs
- Dog Achievement Program
- Cavy (Guinea Pig)
- Cat, Levels 1, 2, and 3
- Pocket Pets
- Breeding Rabbit
- Market Rabbit
- Pet Rabbit

Dairy Cattle

- Dairy Heifer
- Dairy Cow

Goats

- Breeding—Dairy Goats
- Breeding—Meat Goats
- Fiber Goats
- Harness Goats
- Market—Dairy, Meat, or Cross
- Pack Goats

- Pygmy Goats
- Companion—Pet Goats

Horses

- Horseless Horse
- Beginning Horse Management
- Light Horse Selection
- Horse Training: How to Talk to Your Horse
- Learning to Jump
- Draft Horse
- Small Equine
- Standardbred Horses
- Equine Reproduction and Genetics
- Trail Riding
- Dressage
- Horse Nutrition

Llamas and Alpacas

- Llama and Alpaca

Poultry

- Chicken, Exhibition
- Chicken, Market
- Chicken, Egg Production: Hens and Pullets
- Duck, Exhibition
- Duck, Market
- Goose, Exhibition
- Goose, Market
- Turkey, Exhibition
- Turkey, Market

- Helmeted Guinea Fowl

Sheep

- Market Lamb
- Sheep Breeding

Swine

- Market Hog
- Swine Breeding

Veterinary Science

- From Airedales to Zebras, Level 1
- All Systems Go! Level 2
- On the Cutting Edge, Level 3

Clothing and Textile Science

- Clothes for High School and College
- Accessories for Teens
- Creative Costumes
- Sew Fun
- Designed by Me
- em•bel•lish: A 4-H Guide to Wearable Art
- Sew for Others
- Sundresses and Jumpers
- Ready, Set, Sew Active
- Dress-Up Outfit
- Loungewear
- Terrific Tops
- Outerwear for Anywhere

- Clothing for Middle School
- Look Great for Less
- Clothing for Your Career
- Shopping Savvy

Communication

- Finding Your Voice: Public Speaking Made Easy

Creative and Leisure Arts

Cake Decorating

- Beginner, Intermediate, and Advanced

Collecting

- My Favorite Things

Fine Arts

- Quilting the Best Better
- You Can Quilt!
- Get Started in Art
- Seeing Through Graphic Design

Genealogy

- Family History Treasure Hunt

Photography

- Photography, Books 1, 2, and 3
- Photography Master

Scrapbooking

- Scrapbooking: A 4-H Guide to Preserving Memories

Specific projects offered in your county may vary from those listed here.



THE OHIO STATE UNIVERSITY

COLLEGE OF FOOD, AGRICULTURAL,
AND ENVIRONMENTAL SCIENCES



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Writing

- The Writer in You

Food and Nutrition

- Let's Start Cooking
- Let's Bake Quick Breads
- Yeast Breads on the Rise
- Sports Nutrition: Ready, Set, Go!
- You're the Chef
- Global Gourmet
- Grill Master
- Beyond the Grill
- Star Spangled Foods
- Pathways to Culinary Success
- Party Planner: A 4-H Guide to Quantity Cooking
- Everyday Food and Fitness
- Snack Attack!
- Racing the Clock to Awesome Meals
- Dashboard Dining: A 4-H Guide to Healthful Fast Food Choices
- Take a Break for Breakfast

Healthy Living

- You're the Athlete
- Staying Healthy
- Keeping Fit
- First Aid in Action
- Medicine Science and Safety
- Tracking Your Health and Fitness
- Alcohol and Drug Abuse
- The Truth About Tobacco
- Your Thoughts Matter: Navigating Mental Health

Home Living

- The Laundry Project
- It's My Home
- Makeover My Space
- Your First Home Away from Home

Leadership and Citizenship

- One on One Mentoring
- Club Leadership 1 and 2
- Diversity: The Source of Our Strength
- My Hands to Larger Service: Teen Leaders Building Our Communities
- Teens on Board
- Leadership Road Trip: Where Are You Going?
- Leadership Road Trip iBook
- Pantry Panic

Money Management

- Becoming Money Wise
- Teens on the Road to Financial Success

Natural Resources**Gardening and Plant Science**

- Canning and Freezing
- How Does Your Garden Grow?
- Edible Landscapes
- Grow Your Own Vegetables
- Growing with the Seasons

The Natural World

- Explore the Outdoors
- Geology: Can You Dig It?

- Explore the Poles
- Exploring Ponds
- Why Trees Matter
- Ohio Birds
- Trapping Muskrats in Ohio
- Beginning and Intermediate Fishing
- Beekeeping
- Insect Adventures 1, 2, and 3

Shooting Sports

- Safe Use of Guns
- Basic Archery

Science, Technology, Engineering, and Math**Aerospace Science**

- Rockets Away (2-liter Bottle Rockets)
- Science Fun with Flight
- Rockets Away (Solid-Fuel Model Rockets)
- Solid-Fuel Rocketry Master

All-Terrain Vehicle

- ATV Safety
- **Bicycle**
- Bicycling for Fun, Level 1
- Wheels in Motion, Level 2

Chemistry

- Science Fun with Kitchen Chemistry

Electricity

- Electricity Levels 1, 2, 3, and 4
- Science Fun with Electricity

Energy

- Young Engineers in Solar Energy

Food Science

- Science Fun with Dairy Foods

Knots

- Not Just Knots

Physics

- Science Fun with Physics

Robotics

- Robotics 1 with EV3
- Robotics 2: EV3N More
- Robotics Master

Small Engines

- Small Engines Level 1, 2, and 3

Tractor and Machinery**Operation**

- Tractor Level A, B, C, and D

Self-Determined

Explore a topic of your choosing! Need some ideas?

- amateur radio
- American Sign Language
- arrowheads
- astronomy
- babysitting
- bats
- camp counseling
- chinchillas
- climate change
- clowning
- composting
- computers
- crop production
- ferrets
- flower gardening
- genetics
- hedgehogs
- local foods
- miniature gardens
- model railroading
- music
- paddle water sports
- paper craft
- pigeons
- plant diseases
- reptiles and amphibians
- shale gas extraction
- skateboarding
- string art
- water quality
- water supply
- weather
- workforce prep

Learn more at ohio4h.org/selfdetermined

- National Safe Tractor and Machinery Operation Program

Welding

- Arcs and Sparks—Shielded Metal Arc Welding

Woodworking

- Woodworking Levels 1, 2, 3, and 4
- Woodworking Master

Workforce Preparation

- Am I Ready for Work?
- Here, There, Ag Careers Are Everywhere

Group Projects

These projects are offered through a variety of group programs that may or may not be offered in your area.

Animal Sciences**Companion Animals and Rabbits**

- 4-H PetPALS

Natural Resources**Junior Master Gardener**

- Junior Master Gardener

Shooting Sports

- Rifle
- Archery
- Shotgun
- Pistol
- Hunting and Wildlife
- Muzzleloader
- Living History
- Crossbow
- Western Heritage