

Jane Adair Klinger

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409 West 8th Ave
Columbus, OH 43201

Education

2013-present Ph.D. Candidate in Social Psychology, University of Waterloo
Currently a Visiting Scholar at the Ohio State University

2012-2013 M.A. in Social Psychology, University of Waterloo
Thesis: *Examining mechanisms of self-control improvement*

2007-2011 Bachelor of Arts in Psychology, Cornell University

Primary Research Interests

Self-regulation, self-control, motivation, lay beliefs, authenticity, meaning

Awards

Winner of the 2014 SPSP Student Poster Award
Dean's List at Cornell University, 2008 - 2010

Papers-in-Progress

Klinger, J. A., Scholer, A. A., Hui, C. M., & Molden, D. C. (in preparation). Effortful experiences of self-control foster lay theories that self-control is limited.

Conference Presentations

Klinger, J. A., Spencer, S.J., & Scholer, A. A. (2017, January). *Not Just Looking the Part: The Satisfaction of "Being" Goals*. Poster presented at the Society for Personality and Social Psychology Conference, San Antonio, TX.

Klinger, J. A. & Spencer, S.J. (2016, January). *The Two Faces of the Quantified Self: Tracking Habits for the Self vs. the Self-Image*. Poster presented at the Society for Personality and Social Psychology Conference, San Diego, CA.

Klinger, J. A., Scholer, A. A., Hui, C. M., & Molden, D. C. (2015, August). *Effort & Success in Self-Control Practice Affect Key Self-Control Beliefs*. Poster presented at the American Psychological Association Convention, Toronto, ON.

Klinger, J. A., Scholer, A. A., Hui, C. M., & Molden, D. C. (2015, February). *Perceived Ease of Self-Control Practice Affects Lay Theories and Performance*. Poster presented at the Society for Personality and Social Psychology Conference, Long Beach, CA.

Klinger, J. A., (2014, May). *Mechanisms of Self-Control: Capacity vs. Motivation*. Talk presented at the Waterloo-Western Conference, London, ON.

Klinger, J. A., Scholer, A. A., Hui, C. M., & Molden, D. C. (2014, April). *Perceived Instrumentality of Self-Control Predicts Self-Control Performance*. Poster presented at the Discovery Conference, Waterloo, ON.

Klinger, J. A., Scholer, A. A., Hui, C. M., & Molden, D. C. (2014, February). *Perceived Instrumentality of Self-Control Predicts Self-Control Performance*. Poster presented at the Society for Personality and Social Psychology Conference, Austin, TX. Recipient of SPSP Student Poster Award.

Teaching Experience

2016 TA for Social Psychology, Social Cognition

2015 Instructor for Social Statistics at Renison University
TA for Social Psychology and Social Cognition
Delivered guest lecture on group attitudes and behaviour
Delivered guest lecture on self-regulation

2014 TA for Social Psychology, I/O Psychology, and Cultural Psychology
Delivered guest lecture on motivation across cultures

2013 Completed Fundamentals of University Teaching Program

2013 *Delivered social psychology crash course at local retirement home*

2013 TA for Cultural Psychology, I/O Psychology, and Social Cognition
Delivered guest lecture on regulatory focus and social comparison

2012 TA for Social Psychology

Community Involvement

2015-2016 Co-organizer of the Waterloo-Western-Wilfrid Laurier Conference, extending it for the first time to include Wilfrid Laurier University

2015-2016 Lab Manager for the Social Area of the Waterloo Psychology Department

2014-2015 President of University of Waterloo Graduate Association of Students in Psychology (GASP)

2014 *Invited to give guest lecture on attentional and motivational strategies for financial success at the Office of Financial Empowerment, New York, NY.*

2013-2014 Social Area Representative for GASP

2012-2016 Tutor for English Conversation Partners program at University of Waterloo

2012-2015 Mentor for International Student Office Shadow program at University of Waterloo

Professional Membership

Midwestern Psychological Association, Society for Personality and Social Psychology