

Ohio 4-H Conference



*Greater Columbus Convention
Center*

March 9, 2024



THE OHIO STATE UNIVERSITY
EXTENSION



Conference Information

Full-Time Registration

To register for the 2024 Ohio 4-H Conference, complete a registration form and return it to your county Extension office by the deadline. The registration fee is \$40. The cost of parking at the convention center is not included in the registration fee.

Cancellation Policy

Registration fees will be fully refunded if your cancellation is received by February 9, 2024. No refunds will be available after March 1. Send cancellation requests in writing to: Allen Auck, State 4-H Office, 2201 Fred Taylor Drive, Columbus, OH 43210.

Educational Programs Registration

- To register indicate your first, second, and third choices for each time period on the registration form. Keep in mind that workshops overlap sessions.
- **Please note that some sessions are for Teens, Adults, or Both Adults and Teens. If you are an adult, you cannot sign up for a Teen session.**
- All workshops/sessions will be filled on a first-come basis.
- Sessions will last 45 minutes. The workshops numbered 600 and higher will last 90 minutes.
- You'll want to wear comfortable walking shoes because rooms are located throughout the convention center. All facilities are accessible to people with disabilities.

Luncheon Options

On the registration form you must indicate which luncheon you will be attending. All youth (age 13 and older) are encouraged to select the Teen Luncheon. The Volunteer Luncheon highlights the extraordinary accomplishments of volunteers. The teen luncheon recognizes their peers and features a keynote speaker.

4-H Market Place & Silent Auction

The **4-H Market Place** will feature fundraising ideas and promotional materials. The **Silent Auction** will have items from across the state, and door prize drawings. Cash or checks are accepted for payment. Proceeds from the Silent Auction benefits future conferences.

Conference Schedule

(Subject to change)

8:00 a.m.	Registration Desk Open 4-H Market Place Open
9:00 a.m.	Session I
9:00 a.m. – 10:30 a.m.	Workshop A
10:00 a.m.	Session II
10:00 a.m. – 11:30 a.m.	Workshop B
11:00 a.m.	Session III
12:00 p.m.	Luncheons
2:00 – 3:30 p.m.	Workshop C
2:00 p.m.	Session IV
3:00 p.m.	Session V
3:00 p.m.	Silent Auction Closes
4:00 – 4:30 p.m.	Pick-up Silent Auction Items

Educational Program Choices

Workshop A - 9:00 - 10:30 a.m.

- 601 Collections: Buttons Buttons Who has the Buttons? Both**
Do you have a collection of buttons or are you an eclectic collector? Learn how to organize your collection and different ways to display your collections. We'll help with project selection using your collection. You'll make something to take home. Limited to: 50 participants. Presented by: Diane Westfield and Roberta Klaus
- 602 Real Money. Real World. Teens**
Real Money. Real World. (RMRW) is a financial literacy program for youth, from Ohio State University Extension. Don't let the words "financial literacy" scare you, the program is FUN!!! Youth will learn about basic financial choices and participate in an interactive spending simulation that provides the opportunity to make lifestyle and budget choices similar to those made by young adults. Limited to: 50 participants. Presented by: Allison Cooper
- 603 The 5 Dysfunctions of a Team Both**
Come along on an interactive journey through Patrick Lencioni's "5 Dysfunctions of a Team." Learn the most important aspects of a productive team while gathering team-building activities and facilitation skills for your back pocket. Whether training teens or working with adults, these activities are sure to help build a stronger team while having fun! Each participant will leave with knowledge and understanding of the five dysfunctions that commonly plague teams and real-life activities that help bring these concepts to life for all groups. All camp counselors, volunteers, and professionals alike are encouraged to attend this hands-on workshop. Limited to: 50 participants. Presented by: Alex Kennedy
- 604 Veteran's Honor Quilts Both**
Come sew a square and contribute to a statewide veteran's honor quilt service project! Members involved in this project have the potential to connect with veterans and gain a greater appreciation for their personal sacrifice. Session attendees will learn how to become involved in QoV (personally or as a club), specifications for quilts, and how to award quilts to veterans. The quilt squares (beginning level) made during the session will be sewn into a quilt for presentation at the 2024 Ohio State Fair Quilt Day. Limited to: 50 participants. Presented by: Christine Kendle
- 605 Strategies For Good Behavior During Club Meetings Adults**
PAXIS Institute is an international prevention science company that utilizes evidence based strategies and tools to prevent behavioral related health outcomes with youth. PAX Tools for Community Educators uses universal prevention strategies and trauma-informed practices to support caring adults who work with youth. PAX has been shown to improve mental health outcomes and students have demonstrated fewer problematic behaviors. PAX has reduced risk for mental, emotional, and behavioral disorders, reduced symptoms of depressions, and bullying rates. By learning how to reinforce techniques used within local school districts, 4-H volunteers will learn new strategies to reduce behavioral outbursts at club meetings and in community-based settings. Limited to: 50 participants. Presented by: Holly Bandy and Misty Harmon

Session 1 - 9:00 - 9:45 a.m.

- 101** **4-H Projects! What's New, What's Revised, What's Discontinued? Both**
Meet the 4-H Editorial team from Extension Publishing and join our session to learn about 2024 4-H Projects. See what's new, revised, and discontinued in animal sciences, healthy living, food and nutrition, and STEM. Do you have an idea for a new Self-Determined Idea Starter or a new 4-H project? We'd love to hear about it! This session is also an opportunity to share your thoughts about curriculum concerns. Feedback from volunteers and members informs our work as we develop new curriculum. We look forward to meeting you! Limited to: 50 participants. Presented by: Rhonda Williams and Carrie Davisson
- 102** **4-H Animal Sciences Update** **Both**
Come learn the latest information regarding 4-H livestock and poultry from the Ohio Department of Agriculture (ODA), including updates pertaining to exhibition. Find out what is new with 4-H Animal Sciences programming: youth quality assurance, livestock, companion and small animals, judging clinics and contests. Limited to: 100 participants. Presented by: Elizabeth Share, MacKenzie Dore, Andrea Hershey, and Cindy Bodie
- 103** **Bridging JFB, Committees, and Extension Utilizing FairEntry** **Both**
The fair can be hectic. Ensuring that correct results are recorded can be a challenging task. The show binders that we have developed are an amazing communication tool for getting results. Building partnerships between department committees, junior fair board, and Extension has ensured that the binders return with needed information. The binders are created with FairEntry judging sheets and have added award lines for trophies. Junior fair board members are empowered with the responsibility of gathering results. Come see our binders and FairEntry settings to help you get clean results back, too! Limited to: 100 participants. Presented by: Jacci Smith, Laryssa Hook and Delaware County Junior Fairboard members
- 104** **Building Skills for Life** **Teens**
4-H members are constantly gaining skills applicable to future careers. How do they translate the tasks at a 4-H meeting, as a teen leader, or even during the fair to the professional world? We will practice writing statements in resumes and applications, prepare teens for interviews, and strengthen professional skills to prepare them for success beyond 4-H! Limited to: 50 participants. Presented by: Frances Foes and Lydia Flores
- 105** **Digging Deeper into the Big Book of Cloverbud Activities** **Adults**
The Big Book of Cloverbud Resources is your go to resource for 4-H Cloverbud activities. Join us as we explore the curriculum and how to use it in a club setting. Hands-on activities will be included. Limited to: 50 participants. Presented by: Christy Millhouse and Rebecca Supinger
- 106** **Discover Tiny Worlds With a Portable Paper Microscope** **Both**
Curious about exploring the tiny world that is invisible to the naked eye without the need for a bulky and expensive microscope? Join this session to get your very own Foldscope, a foldable and portable paper microscope! Learn about its origins and its foundation in frugal science, an approach all about making science simple, affordable, and accessible. Discover how technology can be integrated into frugal science design as you learn to connect a device for photo and video documentation. You will leave with a Foldscope and have the knowledge to implement activities and program ideas using this incredible tool. Limited to: 30 participants. Presented by: Cynthia Canan

- 107 How to Have an AWARD Winning Project/Project Book Both**
 Navigating 4-H projects can be an overwhelming, yet rewarding part of a club's year. Come to this session to learn everything about projects! We will touch on EVERYTHING from selecting projects to judging etiquette. Discussion will also include group projects and the incorporation of project work into club meetings. Limited to: 50 participants. Presented by: Alexa and Alicia Fulk
- 108 Healthy Living Resources for 4-H Clubs Both**
 Health is our 4th H and we regularly pledge our health to better living but what does health look like at the 4-H club level? Are your youth and volunteers living out this pledge? We will review some resources and simple practices you can add to your 4-H club meetings and events. Learn About the 4th H Club Challenge and how your club can participate. Limited to: 60 participants. Presented by: Justin Bower, Theresa Ferrari and Healthy Living Design Team Members
- 109 More Than "Just Crafts" Grab-N-Go Cloverbud Kits! Adults**
 Ross County created a library of grab-n-go kits for 4-H volunteers to "check out" of the Extension office for two weeks to use in their club meetings. Kits are age-appropriate, educational, theme-based and come complete with a related book, lesson plan, and all the supplies needed to successfully complete the activities. When the kits are returned, supplies are restocked by the office and available again. Providing kits has helped alleviate the burden of developing quality programming for volunteers who want assistance and has enhanced Cloverbud meeting content to be "more than just crafts." Come check out our lesson plans and kit options so you can replicate Grab-N-Go Cloverbud Kits in your county! Limited to: 50 participants. Presented by: Sally Bluck
- 110 Santa's Workshop! Both**
 Santa's Workshop is an annual event for younger youth in kindergarten-4th grade to make gifts for their family members for the holidays. Join us as we share our event with you, including the logistics, resources, and takeaways that will enable your county to easily implement it. Participants will participate in hands-on experiences by creating a gift while learning craft/gift ideas! Limited to: 60 participants. Presented by: Seneca County Junior Leadership Club
- 111 Taking My Presentation Skills From Good to Great! Both**
 Many 4-H'ers express the need that public speaking is an area where they need the most improvement. This session will focus on communication skill development for teens that could be helpful for 4-H CARTEENS instructors, junior leaders, camp counselors, junior fair board members, king/queen candidates, and scholarship applicants. We'll provide motivation for teens and refinement for experienced speakers. Individual and small group exercises are included. Adult volunteers will learn how to teach similar skills in a local club or county teen leadership program. Limited to: 50 participants. Presented by: Judy Villard Overocker, Allison Cooper, Kathryn Hartline and Brenda Sandman-Stover
- 112 Talk Money, Marketing, and More With the Ohio 4-H Foundation Adults**
 Join Ohio 4-H Foundation board members to understand the benefits of beginning or adding to a county endowment fund, how to tap into funds already available, and to learn about marketing resources that could be used to market the 4-H program in your county. During this session we will lead a round-table discussion on ways you can fundraise for your county endowment fund and provide examples of how the 4-H Foundation can support you in marketing 4-H locally. Please bring your ideas to share. You will go home with new ideas and resources to benefit your county. Everyone who attends will also receive a 4-H giveaway. Limited to: 80 participants. Presented by: Crystal Ott, Carolyn Eselgroth, Mary Roediger and Kristin Patterson

- 113 Thriving 4-H: How We Make The Best Better Both**
 4-H has adopted the 4-H Thriving Model to guide our youth development efforts. The 4-H Thriving Model predicts that participation in high-quality youth development programs helps youth thrive, and thriving youth achieve key developmental outcomes. While 4-H is over 100 years old, we must keep striving to make the best better by improving our practices and grounding those practices in solid youth development theory. Ohio 4-H is actively working to integrate the 4-H Thriving Model into our positive youth development practices with new resources and you'll learn more in this session. Limited to: 60 participants. Presented by: Nate Arnett
- 114 Unpacking the S.W.E.A.T Pledge Both**
 As an apprentice on the hit TV series "Dirty Jobs", Mike Rowe traveled to every state and worked with plumbers, electricians, steamfitters, pipefitters, brick layers, farmers, fishers, and other skilled workers who help keep our polite society humming along. From his experiences he ended up writing the S.W.E.A.T Pledge to articulate the qualities he values most. Come get a glimpse of the work ethic program and explore why every student can benefit from embracing it, regardless of their job or skill set. Limited to: 50 participants. Presented by: Margo Overholt-Seckel
- 115 Upcycling: Getting Creative With Your Clothing Both**
 Is your closet full of things you don't wear anymore? Would you like a new wardrobe, but your wallet says no? Do you have a school dance coming up and mom doesn't want to spend a fortune? Need a creative Halloween costume? Trying to find your own style? Come learn about how to creatively and affordably expand your wardrobe while being a good steward of our world. Gain tips for fast fashion, watching sales, checking local thrift shops, or just shopping from your own family's closets to make something old new again! Try your hand at giving a new spin to an old look. Perhaps you'll walk away with inspiration for a future 4-H clothing project! Limited to: 50 participants. Presented by: Eva Kopis
- 116 Waffles With Wells: Monthly Policy and Presentation TidBits Adults**
 Starving for new club programming ideas? Hungry to better understand 4-H rules? Ross County's new offering is a virtual meet up for volunteers to snack on ONE new club programming idea and ONE policy highlight each month. Session policy and programmatic ideas are emailed out following the sessions. Drop-in guest speakers provide unique perspectives from 4-H Advisory Committee members, barn superintendents, to 40-year advisors! Hear how these bite-size info drops help build community, re-energize ideas, and reduce knowledge gaps for new and experienced volunteers. Programming ideas and policies covered in the last six months of Waffles with Wells will be shared. Limited to: 100 participants. Presented by: Kate Wells
- 117 Walk the Walk Teens**
 First impressions are formed within 7-17 seconds of meeting someone and can last a lifetime. Learn more about making a good first impression and how the impression you leave is based on how you conduct yourself beyond your physical appearance. Limited to: 50 participants. Presented by: Jenna Hoyt
- 118 What? There's More Than Livestock 4-H Projects? Both**
 Are your members selecting only livestock projects? Let's explore fun ways to learn what other 4-H projects Ohio has to offer! When working with your club, community stakeholders, or recruiting members we will give you ideas and tools to create awareness of the many projects and their awesomeness! Limited to: 60 participants. Presented by: Becky Barker, Russ Mayer and Amanda Staley

- 119** **Activities for Building Self-Awareness** **Both**
Are you interested in learning about your personality and what it means? Growing healthy awareness is critical when exploring where to go to college, determining a career path, interacting with others, and building your future in an ever-changing world! We cannot know where we are going until we take time to explore who we are! During this session participants will take a brief online questionnaire to explore their preferences and learn aspects of their personality, participate in engaging group activities, and explore ties between personality, self-awareness, and decision making! Join us as we engage in fun activities and discussion to learn about our personalities, and boost awareness about who we are and what we want to do with our futures. Limited to: 50 participants. Presented by: Tyler Kessler and Crystal Sheppard

Workshop B - 10:00 - 11:30 a.m.

- 701** **10 Minute Science for 10 Club Meetings** **Both**
Join Dr. Bob for some fast paced ten-minute science activities you can do over the course of ten club meetings. These hands-on activities are guaranteed fun, engaging and easy on the budget. They are simple for teen leaders and non-science adults to conduct. Learn how to lead all ten activities at your club meetings. Limited to: 60 participants. Presented by: Dr Bob Horton
- 702** **2024 Livestock Quality Assurance Certification** **Teens**
Quality Assurance training is an annual requirement for youth livestock exhibitors to complete in order to exhibit their animals at the county or state fair. This workshop will go through a full Quality Assurance training. If teens attend this session they will have completed their training for 2024 and receive a certificate of completion to exhibit to their county professional. Limited to: 50 participants. Presented by: Andrea Rees
- 703** **Back to the Basics - Working With Wood** **Both**
Discover the different woodworking projects that are available in 4-H. We will be working with tools that will help you complete your woodworking project and complete a wood project to take home. Find out what woodworking project judges are looking for in a finished project. Limited to: 50 participants. Presented by: Tom Ganou
- 704** **Communicating Beyond the Cell Phone** **Both**
Communication is the key to success in all 4-H projects and activities. This workshop will take the phone out of your hand and put a focus on learning public speaking. Many 4-H members and volunteers are apprehensive about public speaking. You will learn concrete and creative ideas in getting 4-H volunteers and members to have fun speaking in front of others. You will learn how to teach and implement communication and public speaking learning experiences in local club and group situations, and learn tips for developing demonstrations and project evaluations. Don't miss learning how to make communicating with others (including public speaking) fun, educational, and worthwhile for all. Limited to: 80 participants. Presented by: Judy Villard Overocker

705 Sew and Go! Both
Adults and youth will collaborate on this fun and friendly program that is suitable for all ages who may want to learn basic sewing skills. Come ready to construct a 4-H pin pillow and learn how to teach this project at your next club meeting or youth event. You'll learn about operating a sewing machine in a safe manner, reading and cutting out a pattern and hand stitching. Holding a "Sew in Go" in your county teaches a life skill that can be applied for everyday use - including sewing on a button or even hemming a pair of pants or formal dress. This workshop will show that sewing is a fun art that is still relevant in the 21st Century! Limited to: 50 participants. Presented by: Erin Simpson-Sloan, Emily Masters and Claire Linepense!

706 Milestone Volunteer Tenure Reception Adults
Ohio 4-H volunteers with 40, 45, 50, 55, 60, 65, and 70 years of service will be honored for reaching these impressive milestones in their 4-H career. Individual recognition of these volunteers will highlight a short program. Photos of each tenure group will follow. Volunteers to be honored will receive an invitation from the State 4-H Office for this workshop. Presented by: O4HC Recognition Subcommittee

Session 2 - 10:00 - 10:45 a.m.

201 2024 Cloverbud Engineering Adventure Both
The Ohio 4-H Cloverbud Engineering Adventure provides Cloverbuds the opportunity to work cooperatively in teams to problem-solve using STEM (science, technology, engineering, and math) skills with interlocking bricks (e.g.e. Mega Bloks, LEGOS). Learn how your Cloverbuds can participate in this engineering adventure and how they can attend a regional showcase to share their experience in a model or poster with an interview team. We will share this year's theme and tips on how to organize and prepare your Cloverbuds for the 2024 adventure. Limited to: 60 participants. Presented by: Bruce Zimmer, Christy Millhouse and Rebecca Supinger

202 Are YOU Interview Ready? Teens
Do you have a job interview coming up or will you be interviewing for scholarships, awards, or older youth opportunities? If so, then this session is for you! Having great interview skills is always a must. Scholarship and award selection committees are looking for the best of the best. We will explore dressing and preparing for an interview. Participants will leave with the ability to prepare interview questions, develop answers, and know how to practice. If there is time we will practice!! Are YOU interview ready? Limited to: 60 participants. Presented by: Angela Holmes and Mary Beth Albright

203 Creating a Culture of Commitment in Your Camp Counselors Teens
Great camp counselors lead by example and demonstrating commitment to your camp team will influence others to do the same. Take that commitment a step further by learning ways YOU can create a culture that is fun, engaging and rewards everyone for doing their part. Limited to: 60 participants. Presented by: Jamie McConnell

- 204 Find Out What's Next with BuckeyeNext Both**
 BuckeyeNext provides clearly defined pathways for 4-H community clubs, projects, events and programs available for Ohio's young people. Built like a game, the program is fun, engaging, and impactful. It gives youth a way to easily identify the opportunities available through Ohio 4-H, organize categories of participation, and track cumulative progress in real-time. Bring a mobile device with you to complete and submit the BuckeyeNext Enrollment Form. Before you leave, you will be set up and ready to go! Limited to: 50 participants. Presented by: Margo Overholt-Seckel
- 205 Kicking Off Your Meetings on the Right Foot Adults**
 Tired of members coming to your meetings distracted or disconnected? Does limited space or resources stop your club from planning games or ice breakers? Come learn some simple, out of the box, attention grabbing games. These games will engage everyone and not make people get out of their comfort zone. Limited to: 100 participants. Presented by: Beth Guggenbiller
- 206 Leaders Growing Leaders Teens**
 As 4-H'ers, we wholeheartedly embrace our slogan, "learn by doing," but how do we apply the leadership skills developed in 4-H, beyond the 4-H program? Between time management and financial responsibility, the Ohio 4-H Teen Leadership Council will prepare you to use what you learn in 4-H in the future. TLC members will teach you how to use your skills to become a successful leader in your club, community, country, and world! Limited to: 60 participants. Presented by: Haven Hileman, Matthew Swearingen and Ohio 4-H Teen Leadership Council Members
- 207 Livestock Project Opportunities at the Ohio State Fair Both**
 Come learn about the latest information regarding state fair youth opportunities and contests like skillathons, judging contests, and Outstanding Exhibitor Competitions. Limited to: 100 participants. Presented by: MacKenzie Dore, Andrea Hershey and Elizabeth Share
- 208 Leadership Opportunities for Teens to Take on Health Both**
 Health – it's the 4th H! 4-H Health HEROES (Health Education Resources for Outreach, Education, and Service) teens have the opportunity to represent 4-H and promote healthy living in their communities. 4-H Health HEROES, promote healthy eating and encourage people to engage in physical activities. They promote social, emotional, and mental wellness, raise awareness about substance use, and making healthy decisions. Learn how to become involved, experience a sampling of healthy living activities; and become inspired by how our members are taking on health in their families, clubs, schools, and communities. Limited to: 50 participants. Presented by: Justin Bower, Theresa Ferrari and Ohio 4-H Health HEROES
- 209 Raising Game Birds: A How To Both**
 Learn how to raise game birds in a backyard setting that includes pheasants, pigeons, and quail. Learn the methods in which game birds are raised and used in Ohio. Participants will learn about species, raising methods, feeding methods, and use of these game birds. Limited to: 50 participants. Presented by: Leeoria Willis
- 210 Serving Up Skills With a 4-H Cooking Challenge Both**
 Do you love watching those cooking shows where contestants are given mystery ingredients to cook and prepare a meal? Are you looking for new ways to challenge your youth and get them excited about learning new life skills? Come and learn how Mahoning County 4-H created a 4-H Youth Cooking Challenge in which participants are given a mystery bag of must use ingredients along with a pantry of basic ingredients that they can choose to use and are given a challenge of what

they must create in a given amount of time. You will leave the session with the knowledge of how to recreate this challenge in your county which will include a list of resources needed and the step-by-step process of doing the challenge, and you will leave excited to share this idea with your county. Limited to: 60 participants. Presented by: Beth Smith and Kristen Eisenhauer

- 211 One Pathway to 4-H Project Success With SPIN Clubs Adults**
Find out how Ross County used the Special Interest club model to teach 4-H project members the basics, preparing them for project success and retention. With the help of the 4-H/FCS educator, 4-H volunteers, and The Ohio 4-H Foundation, two spin clubs were started that focused on cake decorating and sewing and construction. Over four weeks members learned new skills and gained real hands-on experience. The youth had materials to take home at the end of the SPIN Club thanks to the generosity of the Ohio 4-H Foundaion. Learn more about how take new ideas and apply them to existing programs as a volunteer. Limited to: 60 participants. Presented by: Ryan Kline
- 212 Stand Up and Speak Out Both**
This session will provide club advisors and teens ideas that will get 4-H members to step out of their comfort zone and become more comfortable speaking in front of a group. Limited to: 60 participants. Presented by: Joy Bauman, Connor Snyder and Landon Williams
- 213 Clothing Judging Do's and Don'ts Teens**
Clothing judging, especially at the Ohio State Fair, can be a little more complicated than other projects because there are several aspects involved in the judging process. Between wearing a total look outfit and modeling it, youth need to be ready for interviews and book judging. The 2024 State Fashion Board will provide demonstrations on putting your best foot forward to be ready for judging day. Limited to: 50 participants. Presented by: Laryssa Hook, Danielle Combs and State Fashion Board Members
- 214 Thriving 4-H: How We Make the Best Better Both**
4-H has adopted the 4-H Thriving Model to guide our youth development efforts. The 4-H Thriving Model predicts that participation in high-quality youth development programs helps youth thrive, and thriving youth achieve key developmental outcomes. While 4-H is over 100 years old, we must keep striving to make the best better by improving our practices and grounding those practices in solid youth development theory. Ohio 4-H is actively working to integrate the 4-H Thriving Model into our positive youth development practices with new resources and you'll learn more in this session. Limited to: 60 participants. Presented by: Nate Arnett

Session 3 - 11:00 - 11:45 a.m.

- 301 "Taking the Leap" in Leadership Both**
In 2019, planning for the first ever Ohio 4-H Take the Leap: Career Readiness Day began by a teen and her colleagues. Over the years, more hard-working teens continue the program to prepare them to enter the workforce and consider their future career. Attendees will learn the basics of planning, organizing, and marketing an event for a teenage audience while learning about the mission of Take the Leap: Career Readiness Day. The event has helped over 120 participants walk away with knowledge that assists them in their workforce development skills provides them with a network of connections to refer to for advice and friendship. Limited to: 50 participants. Presented by: Adrianna Meyer

- 302 2024 4-H Dog Program Review and Update Both**
 2024 4-H Dog Program Review and Update. This is a general overview of the 4-H Dog Program and Ohio State Fair Dog Show including 2024 updates and rule changes. Limited to: 60 participants. Presented by: Renee Clark, Sara Deakin, Barb Cline, and Shelly Harris
- 303 4-H Projects! What's New, What's Revised, What's Discontinued? Both**
 Meet the 4-H Editorial team from Extension Publishing and join our session to learn about 2024 4-H Projects. See what's new, revised, and discontinued in animal sciences, healthy living, food and nutrition, and STEM. Do you have an idea for a new Self-Determined Idea Starter or a new 4-H project? We'd love to hear about it! This session is also an opportunity to share your thoughts about curriculum concerns. Feedback from volunteers and members informs our work as we develop new curriculum. We look forward to meeting you! Limited to: 50 participants. Presented by: Rhonda Williams and Carrie Davison
- 304 4-H Shooting Sports Teen Opportunities Both**
 The State 4-H Shooting Sports Coordinator, level 2 Shooting Sports Instructors and our 2023-2024 Shooting Sports Ambassadors will provide information on shooting sports opportunities for teens. Learn how to become a camp counselor for our state shooting sports camps and how to apply for the State 4-H Shooting Sports Ambassador program, and what it means to be a Shooting Sports Junior Leader. Participants will also get information on Ohio's Shooting Sports competition teams, and tips on taking their Shooting Sports projects to the state fair. The session is open to those who would like to learn more about this unique program. Limited to: 60 participants. Presented by: Tracy Winters, Caitly Romshak, Austin Clark, and Cadence Richard
- 305 Can You Hear Me Now? Teens**
 It's great that you are listening, but can you hear and understand what I'm saying? What does communication mean? How well do we communicate with one another? Speaking the same language doesn't mean we understand the same things. Join us as we interact with one another without always talking. Limited to: 50 participants. Presented by: Molly Avers
- 306 Can You Spot the Spot - Spotted Lanternfly? Both**
 The Spotted Lanternfly (SLF) is a non-native, invasive insect, making Ohio home since its introduction into the US in 2014, and first detected in Ohio in 2022. We need your help to look for this planthopper across Ohio and in spreading the word about this unwanted insect through your important community connections. Learn about the insect's life-cycle, its favorite host plants, the impact the insect can have on our community and agriculture, and how to report the pest. Learn about the educational materials created to increase awareness through Extension and the Ohio Department of Agriculture, and try your skills at an indoor SLF scavenger hunt utilizing 3-D printed SLF stages including nymphs, adults and egg masses. You will leave with your own SLF kit to engage others at 4-H club meetings, your county fair, and other educational opportunities. Limited to: 100 participants. Presented by: Amy Stone, Jess Soffee and Jonathon Shields, ODA
- 307 Engaging Cloverbuds**
 In this session, we will share the Union County Cloverbud program. We'll also share meeting themes to engage cloverbuds, and the learning activities to bring each theme to life. Limited to: 60 participants. Presented by: Megan Taylor and Christie Leeds

- 308 Having Fun and Building Connections Adults**
Come and learn ways to bring an element of fun to all club meetings and build strong connections with youth! The session will help volunteers create a 4-H Club Recreation Supply Bag, an easy tool to store and use. From icebreakers to leadership building, club members will love interacting with each other using these fun supplies! Limited to: 50 participants. Presented by: Audrey Dimmerling and Ashlee Meardith
- 309 Integrating STEM with Cloverbuds Adults**
Cloverbuds love exploration so it is the perfect age to introduce STEM concepts. Join us as we explore why teaching STEM to Cloverbuds is important and hands-on activities to use with your Cloverbuds. Limited to: 50 participants. Presented by: Christy Millhouse and Rebecca Supinger
- 310 Let's Grab and Go: Strategies for Promoting a Wellness Mindset! Both**
Are you searching for new activities to boost engagement, connection, and emotional wellness during your 4-H meetings and events? No matter your group goals, connection is key! Because we carry our thoughts and feelings with us to every club meeting, it is important to take the opportunity to include activities that build our participants' social and emotional competencies. If we cultivate a connection mindset, we add fun while building healthy heads and hearts. Join Adventure Central as we explore how we connect with 4-H members, and how to do it even better! Jump in as we demonstrate intentional Grab-n-Go activities you can use to set the tone during meetings and events, and build social and emotional wellness skills to support healthy relationships. Limited to: 60 participants. Presented by: Tyler Kessler
- 311 Ohio State Fair Clothing Judging and Related Opportunities Both**
Ohio State Fair clothing judging can be a little daunting, especially for those who are early in their 4-H clothing career! During this session, participants will learn about the in's and out's of clothing judging including what to bring to the Ohio State Fair and what to expect during the judging event. Participants will also learn about additional opportunities for awards and involvement that goes beyond their project books. Limited to: 50 participants. Presented by: Christine Kendle, Shannon Carter, Jamie Dellifield, and Laryssa Hook
- 312 Professionalism for Camp Counselors Teens**
Camp counselors need a variety of skills to be effective. Discover the meaning of professionalism and how characteristics like maturity, flexibility, honesty, respect, and a positive attitude make you more respected and impactful as a camp counselor! Participants will connect this information to future success in personal and professional pursuits. Limited to: 60 participants. Presented by: Jamie McConnell
- 313 Reflection & Direction Both**
It is easy to see areas where other people can grow and mature, but have you recently taken some time to evaluate yourself? When we assess where we are with our character traits and interaction with others, it helps us have direction about what needs to improve. If you are eager to learn about YOUR strengths and weaknesses, you will leave with a fresh understanding of yourself and a personal action plan that will aid you and your future character development. Our goal is to become a person of integrity. Personal development is at the heart of this session through guided lecture and a self-evaluation booklet you will complete during the class. Limited to: 100 participants. Presented by: Amy Fleshman

- 314 Create a Poultry and Egg Judging Contest on a Budget Both**
 You can create a Poultry and Egg Judging Contest and learn how to set up practice sessions without the expense. We will present ideas that you can use to develop your contest practice sessions. Meet the young people who attended the National Poultry and Egg Contest in Louisville, and, they will answer questions about their experiences. Limited to: 50 participants. Presented by: C Diane Waits, and Youth Poultry Team Members
- 315 Sharing Successful Sales Adults**
 Livestock and other auctions are an exciting part of many county fairs. Come prepared to share some of the highlights that make your sale a success. We will discuss bidder recruitment, buyer appreciation, and more. This will be a facilitated discussion group. Limited to: 50 participants. Presented by: Cheryl Hagerty
- 316 The Total Solar Eclipse is Coming – Are You Ready? Both**
 April 8, 2024, brings an extraordinary event to most of Ohio – a total solar eclipse! This rare and awe-inspiring event occurs when the moon passes directly between the Earth and the sun, temporarily blocking out all of the sun's light. This once-in-a-lifetime phenomenon is a great opportunity for 4-H members to learn about the relationship between the sun, the moon, and the Earth. Join us to explore the science behind the eclipse and learn how light, shadows, and distance play a role in creating this spectacular event. We'll also discuss ways to safely view the solar eclipse even if you do not have solar viewing glasses. You will receive resources to teach these concepts, ensuring this incredible learning experience can be shared and enjoyed by all. Limited to: 60 participants. Presented by: Cynthia Canan
- 317 Unlocking the Power of Teen Communication Teens**
 This session will equip teens with essential communication skills. Participants will learn the significance of active listening, non-verbal cues, and body language in conveying messages accurately. Conflict resolution strategies will help teens handle disagreements constructively. Additionally, the session focuses on enhancing public speaking abilities, nurturing empathy, and mastering conversation starters. After this session, teens will possess practical tools to boost their confidence as communicators. Join Adventure Central as we explore communication through fun and engaging activities! Limited to: 50 participants. Presented by: Crystal Sheppard, Angela Collie and Adventure Central Teens
- 318 Why Camp? What is My Role as a Counselor at Camp? Teens**
 Camp counselors are typically passionate about camp and their role as a counselor, but will often have a blank look when asked, "Why do we have 4-H camp?" Both new counselors and tenured counselors will gain a greater understanding of the goals and objectives of the of the 4-H camping program and the skills and abilities we aspire to develop in youth campers. We will also discuss responsibilities of camp counselors and how those help us meet our camping programming objectives. Limited to: 50 participants. Presented by: Mary Beth Albright
- 319 You're Out of 4-H, Now What? Both**
 Are you nearing the end of your career as a 4-H member? Are you worried about the next steps after graduating from the 4-H program? Join Collegiate 4-H members from The Ohio State University as they discuss ways to stay involved in 4-H after your final year. You'll meet a panel of students from several colleges within OSU ready to address questions about attending college, provide resources for youths, and promote opportunities through Collegiate 4-H. Limited to: 60 participants. Presented by: Haven Hileman, Elizabeth Fannin, Sara Newsome, and Matthew Swearingen

Workshop C - 2:00 - 3:30 p.m.

- 801 Back to the Basics - Working with Wood Both**
Discover the different woodworking projects that are available in 4-H. We will be using tools that will help you complete your woodworking projects and complete a wood project to take home. Find out what woodworking project judges are looking for in a finished project. Limited to: 50 participants. Presented by: Tom Gano
- 802 Carpet Square Team Building Both**
Carpet squares are easily accessible and can be used in a variety of fun ways to promote team building, encourage problem solving skills, and just have fun! Participants will leave with ideas to teach tried and true carpet square activities they can incorporate into their club recreation time, junior leader meetings, and even camp activities. Limited to: 50 participants. Presented by: Christine Kendle, Michelle Moon and Tuscarawas County Junior Leaders
- 803 Line Dancing in the Online World Both**
Join Adventure Central as we explore how line dancing, a beloved dance style, has adapted and thrived in the age of technology. We'll learn the basics of line dancing, discuss its cultural significance, and try out a few moves together! Participants will gain a greater appreciation for line dancing's history, its adaptation to the digital age, and a few dance moves to show off at their next 4-H gathering! Limited to: 50 participants. Presented by: Crystal Sheppard
- 804 Dealing with Those Difficult People Both**
They are out there those people who never seem to be satisfied with the program, judging, fair activities, etc. While there are many great people to work with in the 4-H program, there are those individuals who present a challenge to volunteers, Extension staff and committee members. Volunteers need to be educated to identify sensitive situations to maintain their integrity and cool. Through role-playing and small group discussion, participants will practice ways to deal with people who offer a challenge to 4-H leadership. Limited to: 100 or more. Presented by: Judy Villard Overocker
- 805 Public Speaking? Sign Me Up! Teens**
Are you looking to improve your public speaking skills? Are you someone who would like to speak in public, but the whole idea seems too scary? Join us! We will cover basic public practices of a good public speaker, then dive further into techniques that will help you become a great public speaker. You will receive materials to take home to work on perfecting your skills. Limited to: 50 participants. Presented by: Katrina Nitz
- 806 Strategies For Good Behavior During Club Meetings Adults**
PAXIS Institute is an international prevention science company that utilizes evidence based strategies and tools to prevent behavioral related health outcomes with youth. PAX Tools for Community Educators uses universal prevention strategies and trauma-informed practices to support caring adults who work with youth. PAX has been shown to improve mental health outcomes and students have demonstrated fewer problematic behaviors. PAX has reduced risk for mental, emotional, and behavioral disorders, reduced symptoms of depressions, and bullying rates. By learning how to reinforce techniques used within local school districts, 4-H volunteers will learn new strategies to reduce behavioral outbursts at club meetings and community-based settings. Limited to: 50 participants. Presented by: Holly Bandy and Misty Harmon

Session 4 - 2:00 - 2:50 p.m.

- 401 Building Partnerships and Forging Relationships Both**
The Animal and Me program is a partnership between 4-H, the senior fair board, and our local Board of Developmental Disabilities. 4-H members with animal projects are paired with differently-abled youth and young adults, and work together prior to fair, building relationships and teaching about animals. Mentors and participants join in the special "Animal and Me" show at the county fair to show off their new skills. In five years, participation has tripled and it has become one of the favorite events at our fair. Learn how to organize an Animal and Me program, share ideas for success, how to address challenges, and how to build community partnerships, as well as make the program meaningful for participants and families. Limited to: 60 participants. Presented by: Kara Colvin
- 402 Finding the Steps Needed to Help YOU First Both**
At some point in your life you will have to address conflict. For most of us, conflict is an obstacle we struggle with and try to avoid at all costs. Resolving conflict is a trait sought after in many social roles and something that we are taught to navigate and "fix" as quickly as possible; but what about the stress that we feel while we manage this external conflict? We will take control and recognize the importance of caring for our personal and mental wellbeing, the consequences of when we neglect our stress, and the tools we can use to bounce back mentally before, during, and after a conflict is resolved. This session will offer open discussion and hands-on activities that guarantee helpful results to address and cope with stress from conflict. Limited to: 50 participants. Presented by: Caitlyn Romshak
- 403 City Immersion Project - Washington DC Both**
Ever thought about getting outside your comfort zone? What better way than to travel with 4-H teens from across Ohio to be part of the 4-H Urban Immersion Project – Washington DC. You will learn about this exciting 4-day cross-cultural learning, teamwork, and service-learning experience in the city of Washington DC. In its 11th year, the UIP project involves doing works of service for those less fortunate, exploring life in the city, a group scavenger hunt challenge through among the DC monuments, and experiencing different culture events and ethnic foods. Teens ages 15-18 are eligible for this exciting trip that will build skills and abilities to prepare youth for success in a diverse workplace and build cultural understanding of those who are different. This trip will occur in mid-late September 2024. Limited to: 100 or more. Presented by: Steve Brady
- 404 Cultivating Camp Culture Teens**
Whether you realize it or not, your 4-H camp has a culture. As a camp counselor, you and your fellow counselors have the opportunity to influence and shape that culture. This session digs deeper into the culture of your 4-H camp through a guided analysis to discover how you can do your part at camp to make it a fun experience for all. Attendees will receive tools and ideas to share with fellow counselors as they continue their planning of camp throughout the spring. Limited to: 100 participants. Presented by: Beth Boomershine and Rachel Stoneburner
- 405 Exploring STEM at Camp Both**
Join us for STEM Camp at Canter's Cave June 10-12! Get a taste of what camp has to offer in the areas of Science, Technology, Engineering, and Mathematics. Science is one of three national 4-H mission mandates designed to develop an awareness of and appreciation for careers necessary to compete in a high-tech global society. STEM Camp at Canter's Cave provides authentic STEM experiences with OSU Extension and STEM professionals sharing career and educational requirements. The camp focuses on workforce skills including

teamwork, problem-solving, communication, and leadership. Join us for hands-on activities from STEM Camp. Limited to: 50 participants. Presented by: Maddie Allman and Joy Bauman

- 406** **Friendships** **Both**
Friendships can be complicated. We'll discuss the foundation of friendship and the qualities for healthy relationships. Trust is an important word when it comes to friends. What are some ways we earn trust and what happens when we make mistakes that damage that trust? How can that bring us closer, or potentially drive a wedge between us? There are different types of friends that we may be seeking. A friendship that has caused pain might have lingering consequences that spill into other relationships, so what should we do with those experiences? We will explore the exciting, messy, complicated world of friendship and consider who we are and who we are connected to along the way. Limited to: 100 participants. Presented by: Amy Fleshman
- 407** **Good Dining Manners Matter!** **Teens**
Oh no, which fork should I use? Does it matter? I can hear you chewing close your mouth! How much should I tip? It's one thing to eat pizza from a box with your friends; it's another to join your friend for dinner at their grandmother's house. Good manners and etiquette are important. Let us help! Join our session to learn proper etiquette for dining. We'll cover table setting, table manners, dining out, and other general tips. Good manners are always in style and will benefit you on a date or in an interview. Come dine with us!! Limited to: 50 participants. Presented by: Angela Holmes and Mary Beth Albright
- 408** **How to Have an AWARD Winning Project/Project Book** **Both**
Navigating 4-H projects can be an overwhelming, yet rewarding part of a club's year. Come to this session to learn everything about projects! We will touch on EVERYTHING from selecting projects to judging etiquette. Discussion will also include group projects and the incorporation of project work into club meetings. Limited to: 50 participants. Presented by: Alexa and Alicia Fulk
- 409** **Interactive, Fun Activities at the County Fair** **Both**
Are you looking for ideas for activities to offer during your county fair? Would you like to offer fun, hands-on opportunities for 4-H and non-4-H youth? Do you want to show that 4-H is so much more than just livestock at the county fair? If you said yes, then this session is just for you! Come learn about new activities and events offered by the Scioto County 4-H Program as a part of the Junior Fair activities at the Scioto County Fair. Events have been designed and led by a combination of Extension professionals, 4-H volunteers, teens, and Junior Fair Board members. Session participants will leave with one completed activity, lesson plans, schedules, and ideas for replication in their own counties. Limited to: 50 participants. Presented by: Jo Williams, Abbie Mowen and Rachael Slone
- 410** **Kicking Off Your Meetings on the Right Foot** **Adults**
Tired of members coming into your meetings distracted or disconnected? Do limited space or resources stop your club from planning games or ice breakers? Come learn and play some simple, out of the box, attention grabbing games. These games will engage everyone and not make people get out of their comfort zone. Limited to: 100 participants. Presented by: Beth Guggenbiller
- 411** **Looking Outside Ohio for Cloverbud Resources** **Adults**
Have you ever wondered what resources are appropriate to use with your Cloverbud audience? Join us as we explore resources from Ohio 4-H and beyond. Limited to: 50 participants. Presented by: Christy Millhouse and Rebecca Supinger

- 412 Past Community Service Award Winners Adults**
Attend this session to learn about award winning projects from those who received recognition in 2023 for their Community Service projects. Limited to: 50 participants. Presented by: Kate Wells and Members of the Ohio 4-H Conference Planning Committee
- 413 Saving Monarchs Both**
Let's learn about the life cycle of the Monarch Butterfly! Learn how to provide a life sustaining environment, from pollen producing plants for the adult Monarch to the foods (plants) they need to lay their eggs. Adult leaders can make it a group project and youth members taking a self-determined project. You can become a host to the Monarchs from what you learn today. Limited to: 50 participants. Presented by: Beverly Stives
- 414 What is a Scrapie ID and Why Do I Need It? Both**
Each year, the Ohio Department of Agriculture, receives many questions from across Ohio from sheep and goat owners who are unclear if their livestock has the correct identification to meet the requirements of having a Scrapie Identification. The National Scrapie Eradication Program Standards are designed to prevent, monitor, and eradicate classical scrapie disease from domestic sheep flocks and goat herds. Attendees in this session, presented by the Ohio Department of Agriculture, will learn about the National Scrapie Eradication Program Standards and how the program applies to junior fair sheep and goat exhibitors. Limited to: 50 participants. Presented by: Roberta White
- 415 Older 4-H Youth Opportunities Both**
There are so many opportunities for 4-H'ers once they turn 13-14 years old! Come to the Ohio 4-H Teen Leadership Council session to learn about all the different opportunities that you can get involved in to "make the best better." Learn application details, responsibilities, and deadlines associated with each opportunity and hear from 4-H members who have participated in them! TLC is ready to provide you with the information on all the older 4-H opportunities for YOU! Limited to: 60 participants. Presented by: Haven Hileman, Matthew Swearingen and Ohio 4-H Teen Leadership Council Members
- 416 So, You're Thinking About Attending Ohio 4-H SparkEXPO? Both**
What is Ohio 4-H SparkEXPO and why should I attend? Attend this session to get the teen perspective of the four-day, three night program on Ohio State's Columbus campus and learn why it's important to help kick-start your career exploration journey! Learn more: go.osu.edu/4hsparkexpo. Limited to: 100 participants. Presented by: Campbell Reese, Sophia Preston and Margo Overholt-Seckel
- 417 The Total Solar Eclipse is Coming – Are You Ready? Both**
April 8, 2024, brings an extraordinary event to most of Ohio – a total solar eclipse! This rare and awe-inspiring event occurs when the moon passes directly between the Earth and the sun, temporarily blocking out all of the sun's light. This once-in-a-lifetime phenomenon is a great opportunity for 4-H members to learn about the relationship between the sun, the moon, and the Earth. Join us to explore the science behind the eclipse and learn how light, shadows, and distance play a role in creating this spectacular event. We'll also discuss ways to safely view the solar eclipse even if you do not have solar viewing glasses. You will receive resources to teach these concepts, ensuring this incredible learning experience can be shared and enjoyed by all. Limited to: 60 participants. Presented by: Cynthia Canan

418 **What? There's More Than 4-H Livestock Projects?** **Both**
Are your members selecting only livestock projects? Let's explore fun ways to learn what other 4-H projects Ohio has to offer! When working with your club, community stakeholders, or recruiting members we will give you ideas and tools to create awareness of the many of the projects and their awesomeness! Limited to: 60 participants. Presented by: Becky Barker, Russ Mayer and Amanda Staley

419 **Youth Family and Consumer Sciences Board** **Adults**
Come discuss different formats of teen boards that specialize in Family and Consumer Sciences, including fashion boards. Topics will cover the application process for each of their respective boards, timeline of active duties, board responsibilities, community service and fun activities. Youth and 4-H professionals will share how boards look different across the state but work towards a common goal of sharing the importance of Family and Consumer Sciences. Limited to: 100 participants. Presented by: Danielle Combs, Laryssa Hook, Christine Kendle, and Youth Board Members

Session 5 - 3:00 - 3:50 p.m.

501 **Fundamentals of 4-H Club Management** **Adults**
Paperwork, deadlines and documentation! In this session, 4-H club volunteers will explore the ins and outs of 4-H club management best-practices. Participants will discuss the importance of managing and maintaining active club files, maintaining important IRS documents, club constitutions and by-laws, insurance and the best way to manage clubfunds. Limited to: 100 participants. Presented by: Jenna Hoyt

502 **4-H Master Clothing Educator Volunteer Update** **Adults**
Ohio 4-H Master Clothing Educator Volunteers will explain the statewide program and how to get involved during the first 20 minutes of this session. The last part of the session will be dedicated to a meeting for current 4-H Master Clothing Educators to hear updates and make plans for future events. Limited to: 50 participants. Presented by: Pamela Montgomery

503 **A 4-H Kick-off: How We Grow 4-H!** **Both**
Growing 4-H membership and knowledge of 4-H opportunities is an ongoing challenge for 4-H programs. Perry County addresses this challenge annually through a countywide public promotional effort called 4-H Kick-off. At this event, potential members learn what 4-H has to offer and current members often learn about a project or opportunity of which they were not previously aware. Join us to learn more about how we make this work, what else we have tried, and share your county's successes as well! Limited to: 60 participants. Presented by: Jessica Rocky and Perry County 4-H Committee Members

504 **ABC's of Interviewing** **Teens**
Interviewing for a leadership position? Trying to get your first job? Daunted by eye contact alone? This session will review the ABC's of a giving your best interview. Twenty-six suggestions and quick activities will help you get the basics of first impressions, reading your audience, and selling yourself. Limited to: 50 participants. Presented by: Kate Wells

505 **Advisors - You Are the Hub of the Wheel** **Adults**
As an advisor you are KEY to the success of the 4-H program! You are the "Hub of the Wheel" for 4-H members, parents, and the county educator. Advisors have many responsibilities and sometimes there is so much coming at us, we can get derailed. Come to celebrate your role as a club advisor, jr. fairboard advisor, and 4-H committee/council member! We will review the purpose of 4-H, our unique

roles, the relationship between an advisor and educator, and how to balance it all. Add some tools to your toolbox with tips on club communication, ways to support your educator, ideas on having valuable and efficient 4-H meetings, and staying on track towards positive youth development! Limited to: 100 participants. Presented by: Amy Fleshman

- 506** **Confronting the Criticism** **Both**
No matter how many times you've been subject to it: criticism—good or bad can feel like an attack. For many, criticism is scary and often times met with mixed results. If you are one of the millions of people who shudder at the thought of criticism no matter how constructive it's meant to be then this session is for YOU! In this next installment of the "Caring Through Conflict" series, we take an honest look at what criticism really means. We will unpack our own interpretation behind the act of critiquing, the power behind the words you speak, and the tools we can use to fully assess our actions and the accountability we bring to the table. Limited to: 50 participants. Presented by: Caitlyn Romshak
- 507** **Discover Tiny Worlds with a Portable Paper Microscope** **Both**
Curious about exploring the tiny world that is invisible to the naked eye without the need for a bulky and expensive microscope? Join this session to get your very own Foldscope, a foldable and portable paper microscope! Learn about its origins and its foundation in frugal science, an approach all about making science simple, affordable, and accessible. Discover how technology can be integrated into frugal science design as you learn to connect a device for photo and video documentation. You will leave with a Foldscope and have the knowledge to implement activities and program ideas using this incredible tool. Limited to: 30 participants. Presented by: Cynthia Canan
- 508** **Exploring Ohio 4-H Cloverbud Resources** **Adults**
Join us as we take an interactive look at Ohio 4-H Cloverbud resources. Find out what is available and take time to experience hands-on lessons you can use with your Cloverbuds. Limited to: 50 participants. Presented by: Christy Millhouse and Rebecca Supinger
- 509** **Extension in the Classroom: Hands on Educational Experiences** **Adults**
Looking to create more fun and engagement at your 4-H club meetings? Interested in bringing 4-H programming to the schools in your county? Extension in the Classroom is a fun and exciting way to expand your 4-H impact by bringing hands-on STEM learning to youth in any venue. Mahoning County developed the program to help better market 4-H programs to local schools, community-based organizations, and partners by making the content bite-sized and convenient for teachers, after-school coordinators, and volunteers. We will cover Extension in the Classroom, how we got it jump-started in our county, and the marketing that brought the program county-wide. Limited to: 100 participants. Presented by: Kristen Eisenhauer and Alex Kennedy
- 510** **Favorable Skills of Team Player and Leader** **Teens**
Can anyone be a team player? Does everyone have leadership skills? Let's look at some of our favorite movie character and see how they fit the role. Limited to: 100 participants. Presented by: Beth Guggenbiller
- 511** **Having Fun and Building Connections** **Adults**
Come learn ways to bring an element of fun to all club meetings and build strong connections with youth! This session will help volunteers create a 4-H Club Recreation Supply Bag. An easy club tool to store and use. From icebreakers to leadership building, club members will love interacting with each other using these fun supplies! Limited to: 50 participants. Presented by: Audrey Dimmerling and Ashlee Meardith

- 512 Horse Bowl? I Didn't Know You Could Teach Horses to Bowl! Both**
 Are you interested in learning more about horses or have youth members who are? Are you looking for fun horse activities to do beyond showing? Have you seen information about state horse contests such as Horse Bowl or Hippology but weren't sure what it was or how to organize a team? Learn more about this fun and interactive event and get some hands-on experience with the buzzers! Limited to: 50 participants. Presented by: Kara Colvin
- 513 How CARTEENS Host Seatbelt Safety Week Both**
 Join CARTEENS members as they present how they have raised seatbelt usage in our county by hosting Seat Belt Safety Weeks at area high schools. Members will share daily events, programs, partnerships, and rewards to help your club host an event in your county. Limited to: 60 participants. Presented by: Kathryn Hartline and CARTEENS Members
- 514 Let's Talk Money! Both**
 With the cost of goods and services going higher and higher, it is more important than ever to teach our youth at a young age about money. We'll talk about some creative ways for youth to make money, how to save it, and we'll do activities that will help them with their money saving goals. We'll even give them an example of how fast adults spend money from their paychecks for basic necessities. Limited to: 60 participants. Presented by: Amanda Staley
- 515 Showing Appreciation to Create a Winning Team Both**
 Do you feel appreciated by your co-workers? If so, then you probably enjoy going to work or volunteering each day. If you do not feel appreciated, then you might not be receiving appreciation for your efforts. The number one factor in job satisfaction is not the amount of pay we receive, but whether we feel appreciated and valued for the work we do. What makes one person feel appreciated does not necessarily make another person feel appreciated. According to the US Department of Labor, 65% of Americans who leave their jobs do so because they don't feel appreciated. This session will review key concepts from *The 5 Languages of Appreciation in the Workplace* by Gary Chapman & Paul White. Participants will take an assessment quiz to determine their appreciation style and then learn how to apply that knowledge with their coworkers/ teammates! Limited to: 50 participants. Presented by: Janessa Hill and Jenny Strickler
- 516 Professionalism for Camp Counselors Teens**
 Camp counselors need a variety of skills to be effective in their role. Discover the meaning of professionalism and how characteristics like maturity, flexibility, honesty, respect, and a positive attitude make you more respected and impactful as a camp counselor! Participants will connect this information to future success in personal and professional pursuits. Limited to: 60 participants. Presented by: Jamie McConnell
- 517 Resources and Statewide Events for Rabbit Project Members Both**
 Come join us and try some hands-on learning activities to help build the interest and knowledge of rabbit project 4-H members. Information will be shared about statewide opportunities open to all Ohio 4-H rabbit project members, including events at the 2024 Ohio State Fair. Limited to: 60 participants. Presented by: Bridget Weigly Moore Travis West and Don Howard

- 518** **One Pathway to 4-H Project Success With SPIN Clubs** **Adults**
Find out how Ross County used the Special Interest club model to teach 4-H project members the basics, preparing them for project success and retention. With the help of the 4-H/FCS educator, 4-H volunteers, and The Ohio 4-H Foundation, two spin clubs were started that focused on cake decorating and sewing and construction. Over four weeks members learned new skills and gained real hands-on experience. The youth had materials to take home at the end of the SPIN Club thanks to the generosity of the Ohio 4-H Foundaion. Learn more about how take new ideas and apply them to existing programs as a volunteer. Limited to: 60 participants. Presented by: Ryan Kline
- 519** **Teen Leadership - What, How, & Why?** **Teens**
You're here today, so do you consider yourself a teen leader? What does teen leadership mean to you? How does it happen in your county and why do you participate? While today's conference is a networking event, rarely is there time to chat and share ideas with teens from other counties. With the help of the Ohio 4-H Teen Leadership Design Team, we will focus on some guiding discussion topics and give teens the chance to do just that - truly network! Be prepared to gather info from the new friends you meet and note any new ideas you learn! Limited to: 100 participants. Presented by: Jessica Rockey