

MakerMovement:

Family and Consumer Sciences

Baking Making Adulthood



Impact areas

Health and wellness

Importance

It may not come as much of a surprise that a 2014 study from the University of Missouri-Columbia found that far fewer millennials know basic sewing skills such as hemming, button repair, and general laundry practices than baby boomers. This lack of knowledge resulted in more than 14.3 million tons of textile waste in 2012 along due to easily-repairable damages like stains or missing buttons. Additionally, more than any other generation, millennials are more likely to purchase pre-made meals from grocers and are more likely to rely on frozen meals than older generations. Our young generations are in dire need of basic adulthood skills and Extension can help!

Ideas for Extension Events

Coordinate life skills workshops for millennials featuring skills in home cooking and sewing.

Offer training on cooking, canning, and food preservation.

Connect with local volunteers or seamstresses to teach workshops on sewing, knitting, crocheting, or costume design.

Connect large-scale makers with entrepreneurial resources to help take their products to market.



THE OHIO STATE UNIVERSITY

COLLEGE OF FOOD, AGRICULTURAL,
AND ENVIRONMENTAL SCIENCES