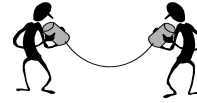




# Ohio 4-H Cloverbud Connections



Fall 2003 Issue

For 4-H Cloverbud Volunteers working with grades K - 2

## Ohio Apple Education Activity Guide

The Ohio Apple Marketing Program (OAMP) has contracted with EDUCATION Projects & Partnerships of Columbus to develop an eight-page activity guide to be used by educators and farm marketers. The purpose of this activity guide is to heighten the awareness of Ohio's apple crop and to increase outreach and education opportunities related to Ohio apples for teachers and students. By connecting to families, this effort attempts to increase the awareness of educational opportunities available through orchard and farm market visits here in Ohio.

This education tool is designed to meet the Ohio Curriculum Model for social studies, science, math and language arts and utilize Johnny Appleseed themes of horticulture, character and service. The guide is designed for students grades K – 3 and is appropriate for classroom use and non-traditional learning environments, such as scout troops, after-school programs, home-school groups, church groups and families.

The activity guide is user-friendly, activity-based and designed with the following characteristics:

- Written for teachers, parents, orchard and farm market owners and students
- Provides student activities geared for K – 3 audience
- Includes many references, resources and web site information related to Ohio apples, orchards and farm markets
- Outlines an orchard visit with suggestions for pre- and post- visit plans
- Provides an activity which outlines a visit to a farm market and grocery store produce section
- Written to meet Ohio-based curriculum requirements: math, language arts, character education, service learning (community service)
- Emphasizes Johnny Appleseed's good character traits:  
brave, responsible, respectful, gentle, helping, giving,  
enterprising, independent spirit who followed his dreams



*Continued on page 2...*



*Ohio Apple Marketing Program continued from page 1 ....*

EDUCATION Projects & Partnerships will conduct a series of workshops, professional development conferences and train-the-trainer sessions. Training sessions will be:

- directly with teachers who will have immediate impact on students and parents.
- for parents who will involve their children in orchard and farm market visits.
- in a train-the-trainer format for the network of agriculture staff and volunteers who have local connections to teachers, libraries, day-care centers, home-school networks, etc.
- for orchard and farm market owners who will be interacting with teachers, parents and families.

Orchard and farm market owners may choose to make the activity guide available to teachers as a pre-visit preparation or a post-visit follow-up. They may also arrange to provide on-site training for teachers in their local area in an attempt to facilitate fall orchard visits.

*Source: Carol Warkentien, Education Projects & Partnerships LLC & Ohio Apple Marketing Program*

*This Ohio Apple Education Activity Guide is available for educators free of charge. Please visit the Ohio Apple website: [www.ohioapples.org](http://www.ohioapples.org). Information is also available by contacting OAMP office at 614-246-8290. For information regarding training workshops contact EDUCATION Projects & Partnerships at 614-436-4171 or [Cwark6763@aol.com](mailto:Cwark6763@aol.com).*

## 4-H Cloverbud Holiday Craft Party

The Cloverbud Holiday Craft Party is one of Guernsey County's most popular cloverbud programs. Crafts, stories, refreshments, and fun provide the right mix for children to practice decision-making skills, social skills, and creativity.

The 1 ½ hour program consists of 6 to 8 activity stations, offering a variety of craft projects, story-telling, and cookie decorating. Teen and adult volunteers man each station, enabling cloverbuds to proceed at their own pace. Projects adapt to short attention spans, requiring an average of 5 to 10 minutes to complete. Craft ideas come from books, craft shows, cloverbud advisors, craft shops, tv programs, and magazines. Some of the craft projects have included: recycled greeting cards, decorating cookies, bucket snowmen, airplane treats, gift bags, cinnamon stick trees, apples for the teacher, candy trains, door knob hangers, bean bags, candy cane mice, magnets and ornaments.

The program is held the week after Thanksgiving and attracts about 60 to 80 children annually. Boys and girls in Kindergarten through 2<sup>nd</sup> grade are invited. Registration is \$2.00 per child to help cover expenses. Parents and adult chaperones are free. Children need to be accompanied by an adult at the party.

This program can easily be adapted for club or multi-club groups. Consider these planning tips to get you started.

- ▶▶ Recruit a volunteer for every 4-5 children.
- ▶▶ Keep activities simple & easy to complete within 5-10 minutes.
- ▶▶ Complete a sample(s) of the craft so children can see the end product & you can determine the appropriate level of difficulty.
- ▶▶ Organize your supplies by making a supply list for each station.
- ▶▶ Provide a drying area for painted or glued crafts. Children can begin the evening by decorating a paper grocery bag with their name to hold their completed craft projects.
- ▶▶ Keep the fee for children affordable through sponsors and low-cost crafts.

Evaluations of the program have been positive. Parents and children thank us repeatedly for providing this program for their family. Children love the hands-on crafts and making gifts and decorations. Parents love the relaxing atmosphere, the quality of craft projects, and the opportunity to enjoy a fun evening with their children. As an organizer of a craft party, you can expect lots of excitement, creativity and energy as children try their hand at new experiences.

*Carolyn Wilson, Extension Agent,  
4-H Youth Development, Guernsey County, Ohio*

# Ohio Apple Growers Information

## Johnny Appleseed: American Hero

Long ago, there lived an American hero named John Chapman. You might know him as Johnny Appleseed. When he was young, he decided to spend his life helping other people.

**Johnny kept that promise.** He planted apple trees so travelers would not be hungry. He cut wood, built houses and cleared land.

**Johnny was brave.** He traveled without guns or weapons and slept out in the woods. He stopped fights between settlers and Native Americans.

**Johnny was friendly.** He was kind to everyone he met. He told stories about his travels to young children.

**Johnny was a caretaker.** He took care of the trees that he planted. He knew all about the birds and animals in the woods. Johnny was a simple man. Sometimes he wore his cooking pot on his head and went without shoes. He carried books and apple seeds in a pack on his back. He walked everywhere he went. We remember Johnny Appleseed because he was a man of good character. He lived for others.

Source: Ohio Apple Marketing Program

### Apple Books

Johnny Appleseed  
By S. Kellogg

10 Apples Up on Top  
By T. LeSeig

An Apple a Day  
By D. Patent

The Apple Pie Tree  
By Zoe Hall

Source: Ohio Apple  
Marketing Program



### Encourage Children to Taste-Test Apple Products

Apple Jelly  
Apple Pie  
Apple Dips  
Caramel Apples  
Apple Cider  
Apple Juice  
Apple Sauce  
Apple Butter  
Apple Pastries



Source: Ohio Apple Marketing  
Program

### Apple Information on the Web

#### Ohio Apple Orchards:

[www.ohioapples.org](http://www.ohioapples.org)  
[www.farmtomarkets.com](http://www.farmtomarkets.com)  
[www.ohioproud.org/pubs.html](http://www.ohioproud.org/pubs.html)

#### More Information and Related Links:

[www.ohiofruit.org](http://www.ohiofruit.org)  
[www.5aday.org](http://www.5aday.org)  
[www.usapple.org](http://www.usapple.org)

#### Other Activities for Kids

[www.ohioapples.org](http://www.ohioapples.org)  
[www.jahci.org](http://www.jahci.org)  
[www.educationworld.com](http://www.educationworld.com)

Source: Ohio Apple Marketing Program

## Campus Connections

Hello Cloverbud Volunteers!!!

What do you think about giving parents ideas of things they can do with their children at home after 4-H Cloverbud get-togethers? Remember that at the end of most 4-H Cloverbud Curriculum Pieces there is a "Going Beyond" section which often recommends books for parents to read to their child or a continuation of activities to do at home.

Well here are a few more ideas that you may want to suggest to parents or caregivers when they pick up their child(ren). Under the "Community Expressive Arts" section, how about a Music and Movement Theme. Children can use a harmonica, tambourine, rattle, dancing ribbon, or drumstick to excite children about music and movement. Also include some singing with simple songs familiar to the child and family.

The "Consumerism and Family Science" curriculum pieces suggest parents include children in activities around the house such as watering the yard or flowers (talk about why plants need water or that too much might hurt the plants). Have the 4-H Cloverbud children participate in grocery shopping, picking out fruits and vegetables, looking at prices, etc.

By having children involved with these "Going Beyond" activities they are spending fun time with their parent(s) or caregiver(s), feeling good about themselves, working on social-interaction skills, and making decisions. All of these aspects are life skills to help children prepare for the future.

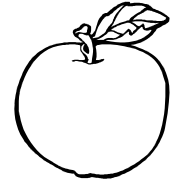
Well until next time, take care and have fun. I look forward to sharing more ideas with you soon.

Thanks for all that you do as Cloverbud Leaders and Advisors.

*Scott D. Scheer  
State Extension Specialist,  
4-H Youth Development, Preadolescent Education  
The Ohio State University*

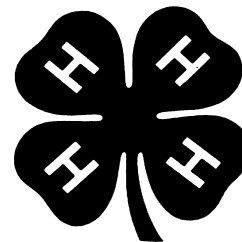
## Apple Smoothies

- 2 cups applesauce
- 1 cup apple cider
- 1 cup orange juice
- 2 tablespoons maple syrup
- 1/2 teaspoon nutmeg
- 1/2 teaspoon cinnamon



Combine all ingredients in blender; blend until smooth. Pour into glasses and serve.

*Source: The Market Bulletin, Fall 2002  
West Virginia Department of Agriculture*



## Ohio State University Extension

**Cloverbud Connections** is published four times annually by OSU Extension in Monroe and Hocking Counties, providing volunteers and teachers working with kindergarten through second grade access to unbiased, research-based information.

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