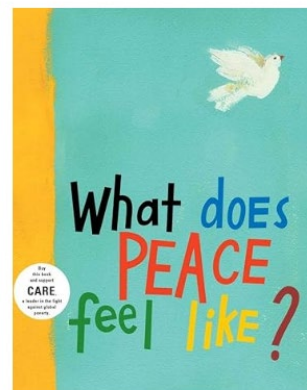


CLOVERBUD READING ADVENTURES

What Does Peace Feel Like?

By Vladimir Radunsky, Illustrated by Vladimir Radunsky

This is a beautiful book that explores the meaning of peace from the perspective of our five senses, using a smile for each. It provides the word for “peace” in many of the world’s languages. It reflects on the peace that different children around the world experience.



ACTIVITIES AND CRAFTS

Peace Plate



Materials: White paper plates, masking tape, watercolors, paint brush, marker

What to do: Create a peace sign on the paper plates using the masking tape. Then allow the children to paint with the watercolors and cover the entire plate. Allow the plates to dry and then carefully peel off the tape. Outline with a marker.

Salt Dough Dove

Materials: 1 cup salt, 2 cups all-purpose flour, 1 cup warm water, paint, ribbon, straw*

*This dough is not edible.

What to do: Make salt dough. Mix the flour and salt in a bowl. Stir in warm water. Mix until combined. Put on floured surface and knead until it is like play-dough. If the dough is sticky, add a little more flour. If it is crumbly, add a little more water. Roll until it is about 1-2cm thick. Form a circle. Have the children stretch their fingers away from their thumb. Their thumb will be the dove’s neck and head and the other fingers will be the body and feather. Four fingers should be close together with no gaps. Using the straw, make two holes at the top to put ribbon through. Place the handprint onto a baking sheet to dry. You can bake in an oven at 200 degrees, or you can air dry. Drying time is based on how thick the handprint is, so be sure to watch the oven if you are using it to dry the dough. Paint the doves at your next meeting.



GAME



If You Are Angry and You Know it

How to play: Ask if everyone knows the song “If You’re Happy and You Know It.” As a group, you are going to work on changing it to “If you’re angry and you know it.” Brainstorm what you can do that would be constructive. Some examples include “talk it over,” “count to ten,” “stop and think,” “go outside,” “just relax,” or “go on a walk.” Then you can sing “If your angry and you know it, that’s ok, you can control it.” This song

reminds children that they are in charge of their emotions, and they choose how to respond to their anger. It is important to make sure children understand that it is ok to be upset but it is of course not ok to be mean or hurt anyone when angry. It is ok to have different views from others, but it is never ok to be mean or hurt people. When they have their song figured out, see if you can add in gestures. As adults, we need to help children manage emotions constructively and this song can help.

SNACKS



Apple Snack with Toppings

Ingredients: Apples, cutting board, apple corer or knife, variety of toppings (peanut butter or other nut butter, granola, mini chocolate chips, coconut, chocolate spread, small candies, yogurt, crushed nuts, sunflower seeds, raisins, cinnamon, etc.)

What to do: Help the children cut the apples. Then they can spread the toppings and enjoy the apple snack.

OTHER BOOKS TO READ ALOUD

A Bowl Full of Peace by Caren Stelson

Paths to Peace: People Who Changed the World by Jane Breskin Zalben

Peace is an Offering by Annette LeBox

The Peace Tree from Hiroshima by Sandra Moore

4-H CLOVERBUD READING ADVENTURES

Reading Adventures are part of the Ohio 4-H Cloverbud program. This adventure was developed by Rebecca Supinger, Extension Educator, 4-H Youth Development, Ohio State University Extension. It contains well-known activities, games, and snacks. Sources are indicated where appropriate. Find more reading adventures online at ohio4h.org/cloverbudresources.



TIP:

This 4-H Cloverbud Reading Adventure works well with Chapter 30 ‘Building Character’ in *The Big Book of 4-H Cloverbud Activities* available through OSU Extension offices or online at extensionpubs.osu.edu. Ohio residents get the best price when they order and pick up their purchases through local Extension offices.

EVALUATION

We value your input! After completing a Reading Adventure with your Cloverbuds, please click on this [link](#) and tell us what you think. Your feedback will be used to improve the Reading Adventure program. Or type the link in your browser and navigate to the evaluation site: go.osu.edu/evaladventures

SOURCES:

Peace Plates: Adapted from gradeonederful.com/peace-plates

Salt Dough: unsophisticook.com/salt-dough-recipe/

Teaching Tolerance Lessons: Adapted from learningforjustice.org/classroom-resources/lessons/if-youre-angry-and-you-know-it

