



CFAES

Ohio 4-H
Cloverbuds

4-H Pledge Activity

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Background

Learning to recite the 4-H Pledge and understand the history of our 4-H Flag is a foundational step of membership. 4-H members should learn the 4-H pledge to instill a sense of responsibility and commitment by encouraging them to uphold the values of Head, Heart, Hands, and Health. The pledge serves as a unifying force, creating a sense of community and shared purpose among 4-H members. Understanding and reciting the pledge fosters personal development, as it reinforces positive qualities such as leadership, empathy, and a dedication to making a positive impact in their communities.

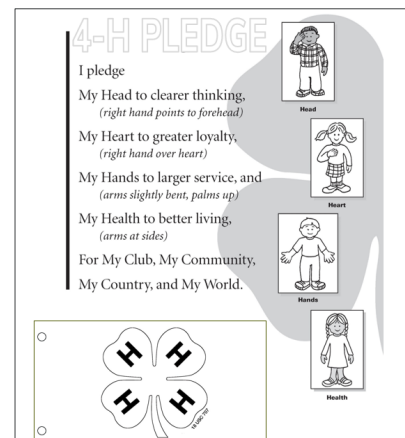
4-H Pledge Coloring Page

Materials Needed:

- Copies of 4-H Pledge Coloring Page
- Crayons or markers

Instructions:

Have Cloverbuds color the title, children, and 4-H Flag on the 4-H Pledge Coloring Page



Other Ideas and Activities:

- Let the 4-H Cloverbuds take turns leading the 4-H Pledge.
- Purchase a 4-H and U.S.A. Flag set to display at your 4-H Cloverbud Club meetings This can be purchased from the on-line at shop4h.org or check with your local Extension Office.

About the 4-H Flag:

- The white in the 4-H flag symbolizes purity.
- The green, nature's most common color, is emblematic of life, springtime, and youth.



History of the Pledge:

The pledge tells what 4-H is all about. 4-H has a goal of four-fold development of youth: Head, Heart, Hands and Health. The pledge was adopted by the delegates to the 1927 National 4-H Club Camp in Washington, DC. Otis Hall, State 4-H Leader from Kansas, wrote the pledge. The phrase "and my world" was added in 1973. The saying of the pledge has prominent place in 4-H activities at regular 4-H meetings, achievement events, camps and other club events.

History of the 4-H Motto:

The official 4-H motto is: "To Make the Best Better." The 4-H members and leaders attending National 4-H Camp in 1927, also adopted the 4-H motto. The motto was proposed by Miss Carrie Harrison, a botanist in the Bureau of Plant Industry.

How 4-H Started:

4-H began in Clark County, Ohio. On January 15, 1902, Mr. Albert Belmont Graham, the superintendent of the Springfield Township Schools at that time, organized a meeting with some thirty boys and girls in the county courthouse basement. The intent behind the meeting was to learn more about harvesting corn, planting a garden, testing soil samples, tying knots in rope and identifying natural wildlife such as weeds and insects. Eventually, the group came to be called the "Boy's and Girl's Agricultural Club".

The 4-H Emblem:

The 4-H Emblem, Colors, and the four H's—The original symbol of the Boys and Girls Clubs was a three leaf clover with the words Head, Heart, and Hands. Early in 1911, a meeting of club leaders in Washington adopted a committee recommendation approving the present 4-H emblem design. O.B. Martin, who was directing club work in the South, is credited with suggesting that the 4-H's stand for Head, Heart, Hands and Health.

**Learn to Weave and Make a 4-H Flag:****Materials needed:**

- Copy of 4-H flag template for each 4-H Cloverbud member. This should be copied onto white paper or white card stock. White card stock works best. You could also glue white paper onto a piece of construction paper.
- Green crayons or markers.
- Yellow or gold yarn. Each member will need 8 feet to complete one flag.
- Yard stick or measuring tape.
- Scissors.
- Hole punchers.
- Masking tape.

**Instructions:**

1. Have Cloverbuds use a hole puncher and punch-out each black dot around the edge of the flag.
2. Use a green crayon and color the clover.
3. Give each Cloverbud an 8 foot piece of yarn. If you find that 8 foot is too much yarn for them to manage, it can be cut into smaller pieces and then tied back together during the weaving process.
4. Help the Cloverbuds tape one end of the yarn to the back of the flag. It is best to tape this close to edge where they will begin weaving.
5. On the other end of the yarn, wrap a small piece of tape around the yarn to help stiffen the yarn. This will make weaving easier for the Cloverbuds and keep the yarn from fraying.
6. Now begin weaving. Start by bringing the yarn up through the hole closest to where it is taped. Snug all the yarn up through the hole. Again, weave the yarn up through the next hole and snug. Continue doing this until the outside of the flag is woven.
7. When weaving is complete you might need to help the Cloverbuds "re-snug" the yarn. Then snip off any extra yarn and tape it down the end on the back of the flag.
8. Make sure the Cloverbuds put their name on the back of the flag.



4-H PLEDGE

I pledge

My Head to clearer thinking,
(right hand points to forehead)

My Heart to greater loyalty,
(right hand over heart)

My Hands to larger service, and
(arms slightly bent, palms up)

My Health to better living,
(arms at sides)

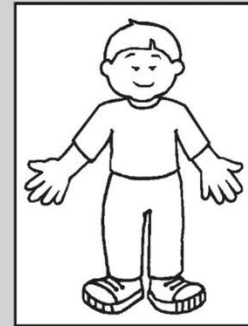
For My Club, My Community,
My Country, and My World.



Head



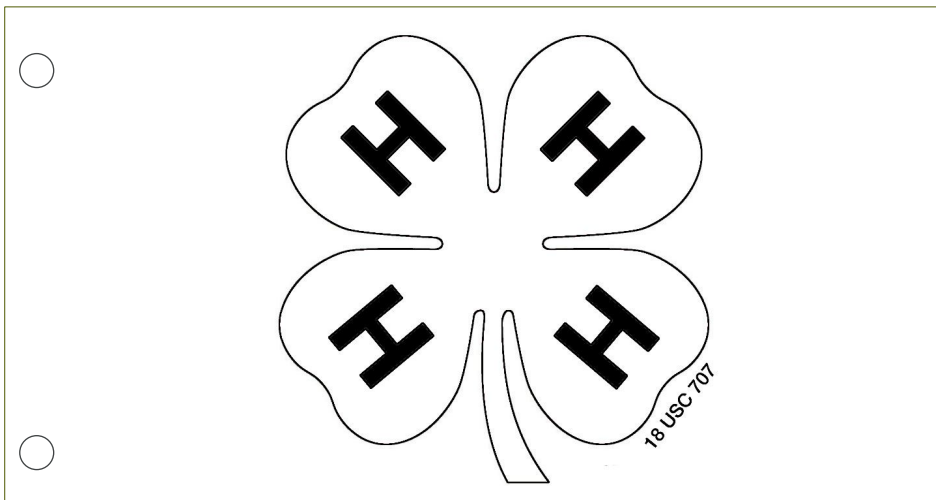
Heart

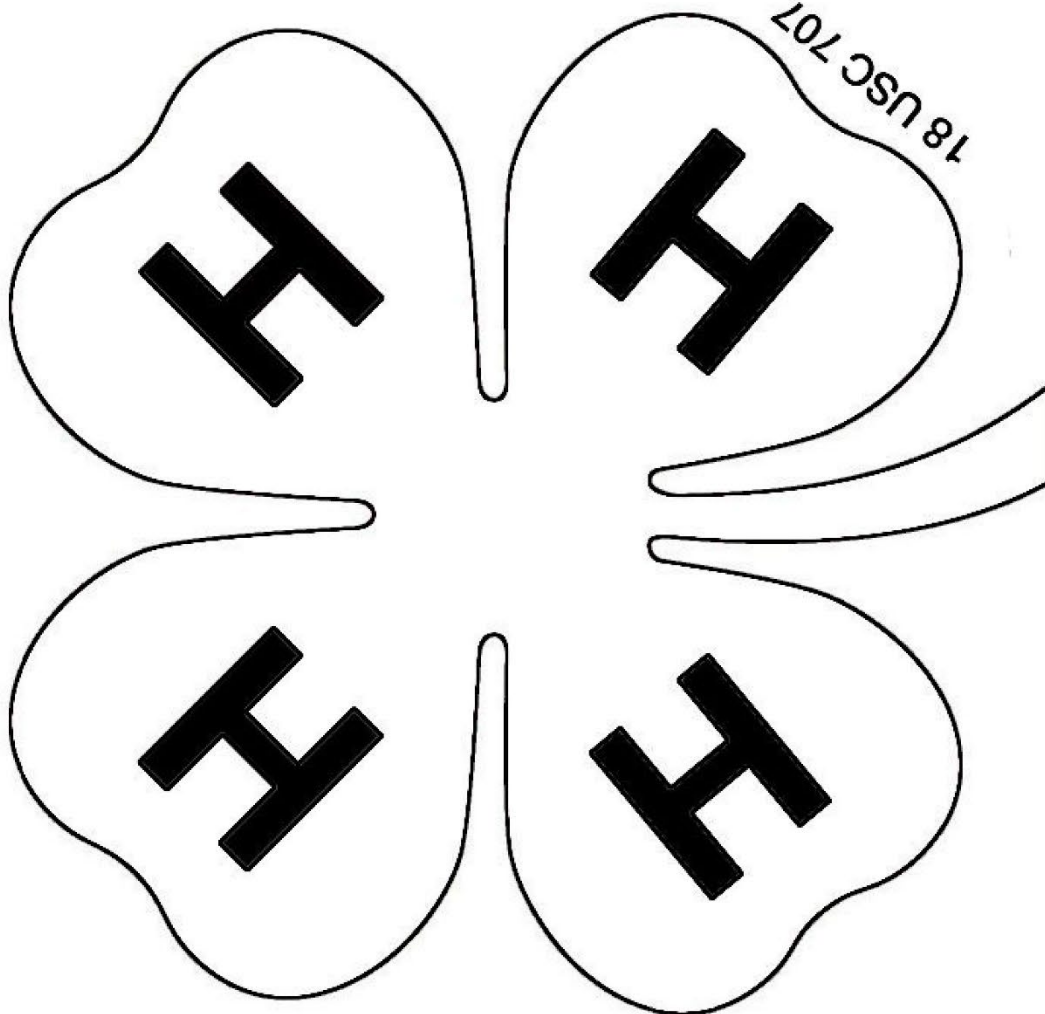


Hands



Health





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