



THE OHIO STATE UNIVERSITY

COLLEGE OF NURSING



Healthy LifeStars®  
Inspiring kids for life

## Opportunity for Student Internship or Capstone Project

The Ohio State University - Ohio Childhood Wellness Advisory Board in the College of Nursing is seeking motivated undergraduate and graduate students from all Colleges interested in helping children and who are looking for an internship or capstone project opportunity.

The Ohio Childhood Wellness Advisory Board is dedicated to empowering kids to be healthy for a lifetime across the state of Ohio. The College of Nursing partnered with [Healthy LifeStars™](#), a non-profit organization dedicated to inspiring kids for life by encouraging healthy habits through the [Lifestar Challenge™](#). This program is free and is used in schools and other youth serving organizations.

In this experience, students will select an area of interest and complete a project that aligns with the priorities of the Ohio Childhood Wellness Advisory Board. Previous student interns have engaged in the following experiences:

- Developing health program content
- Teaching kids about healthy habits
- Spreading awareness about concerns of childhood obesity via
- Developed healthy habit videos
- Engaged with individuals, groups, and corporations to raise awareness
- Developing marketing plan Marketing plan development
- Evaluating program
- Quality Improvement and Research
- Reviewing of Literature
- Fundraising

Interested students should contact Dr. Jeanie Bochenek at [bochenek.15@osu.edu](mailto:bochenek.15@osu.edu) or Kelly King at [kelly.king@healthylifestars.org](mailto:kelly.king@healthylifestars.org) from the College of Nursing to further discuss this great opportunity.