

# My Journey



To get through  
the hardest journey  
we need take only  
one step at a time,  
but we must  
keep on stepping.

Chinese Proverb

# Scheduling



# Contact Info



# Legal

## Children's Protective Services & Court Communications

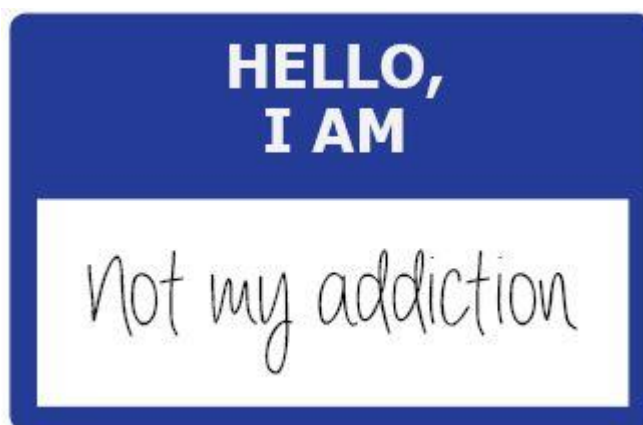


# Goal Setting



# Recovery

## Treatment Info



## STAGES OF RECOVERY



# Self



You cannot *drink*  
from an empty cup.

FILL YOURSELF UP. YOU'RE WORTH IT.





# Family



# Finances



# Education



# Resources

## Housing, Transportation, & Employment



# **Crime Victim Info**

**Ohio Attorney General's Office**

**You are not a victim.**

No matter what you have been through,  
you're still here. You may have been challenged,  
hurt, betrayed, beaten, and discouraged,  
but nothing has defeated you. You are still here!  
You have been delayed but not denied.  
You are not a victim, you are a victor.  
You have a history of victory.

- Dr. Steve Maraboli