

## **START Binders – Section Descriptions**

**Courtesy of Brown County CDJFS**

- 1) Cover page has the Ohio START Logo and is entitled “(Client’s Name) Journey. “Susie’s Journey”
- 2) My Journey
  - We take before and after pictures: Before Detox, After Detox, Before Treatment, After Treatment.
  - We encourage journaling thoughts, feelings, etc.
  - Family pics.
  - Special memories, dates that are significant in their recovery, etc.
- 3) Scheduling
  - We include blank calendars for clients to keep all of their appointments organized.
  - They can keep appointment reminders etc. here also.
  - Schedules from providers.
- 4) Contact Information
  - We inserted baseball card pages for them to put all of their contact and provider business cards.
- 5) Legal (CPS and Court communication)
  - Weekly CPS encounters (we have contact sheets they sign for their records).
  - Court notices

The following sections are areas we a purposeful in assisting each client with. We pull resources, worksheets, etc. They can store all of this information in these sections for easy access:

- 6) Goal Setting
- 7) Recovery/Treatment Information
- 8) Self
- 9) Health
- 10) Family
- 11) Finances
- 12) Education
- 13) Resources (housing, transportation, and employment)
- 14) Crime Victim Information (Rights booklet, VINE Brochure, Compensation application)