



## Youth Mental Health First Aid Course Registration Form

November 20, 2019, 8:00 a.m. – 5:00 p.m.

Washington County Behavioral Health Board

1115 Gilman Avenue, Marietta, second floor conference room

### Important Youth Mental Health First Aid Course Information

Youth Mental Health First Aid is an 8-hour course designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis. Of course, adolescence does not always begin precisely at 12 years of age nor end at 18 years of age, so this can be applied to adolescents out of the 12-18 years range. There are some common components and many different components in the Adult and the Youth Mental Health First Aid courses, so if you have already taken one you can still benefit greatly from the other. Class participants who successfully complete the course will receive Youth MHFA certification for three years and a Youth Mental Health First Aid manual.

**Certification in Youth Mental Health First Aid is only possible if a trainee attends the entire 8 hours of the course.** This is a firm rule set forth by Mental Health First Aid.

Lunch and light refreshments will be provided. Class size is limited to 30 people; **we anticipate that the class will fill up quickly, so register as soon as possible.** *If at some time after registering you find that you are unable to attend, please let me know as soon as possible so someone on the waiting list can take your place.*

For more information about the course, contact Miriam Keith at (740) 374-6990 or [miriamkeith@wcbhb.org](mailto:miriamkeith@wcbhb.org) or visit the Mental Health First Aid Website: [www.mentalhealthfirstaid.org](http://www.mentalhealthfirstaid.org)

**Please fill out the below registration information and snail mail, email or fax to Miriam Keith by February 27, 2018.**

Miriam Keith Washington Co. BHB 344 Muskingum Drive Marietta, OH 45750	miriamkeith@wcbhb.org	Fax: (740) 374-6927
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Name \_\_\_\_\_

Address \_\_\_\_\_

Town/City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Day Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Any special accommodations needed \_\_\_\_\_

*This Mental Health First Aid training is being provided at **no cost** to you courtesy of the Washington County Behavioral Health Board.*

