

Using Family Life Education Methodology in Extension for Strong Family and Consumer Sciences Programming



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Underlying Premises:

- Every person attending is **well qualified** for the position they hold
- Our academic **diversity**, based on our degrees in various areas, **strengthens** our Family and Consumer Sciences team
- Everyone has a “full plate” - the only way we can commit to using another resource is if it makes our **work responsibility easier and better**

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Once upon a time...



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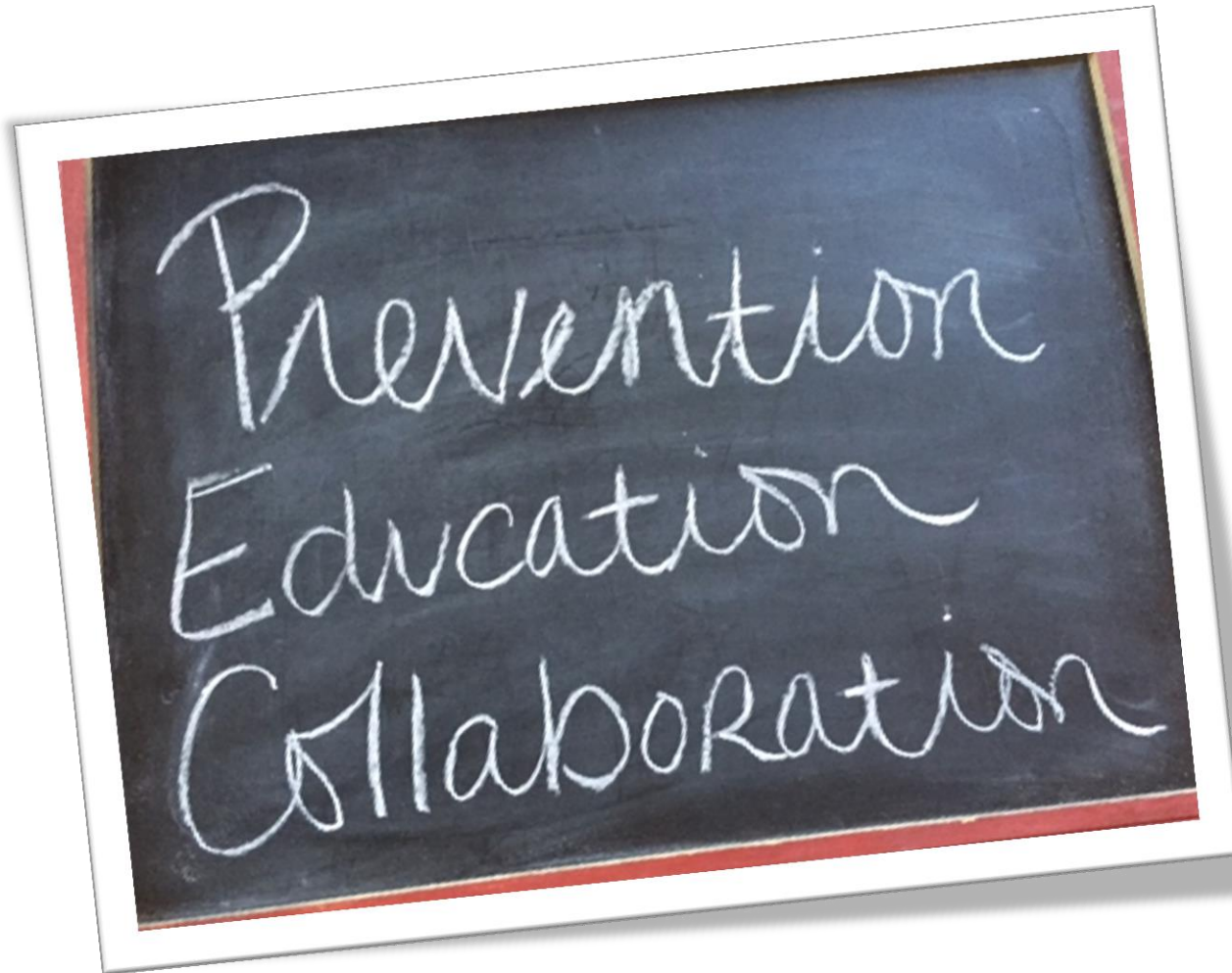


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Family Life Education (FLE)



Principles of Family Life Education





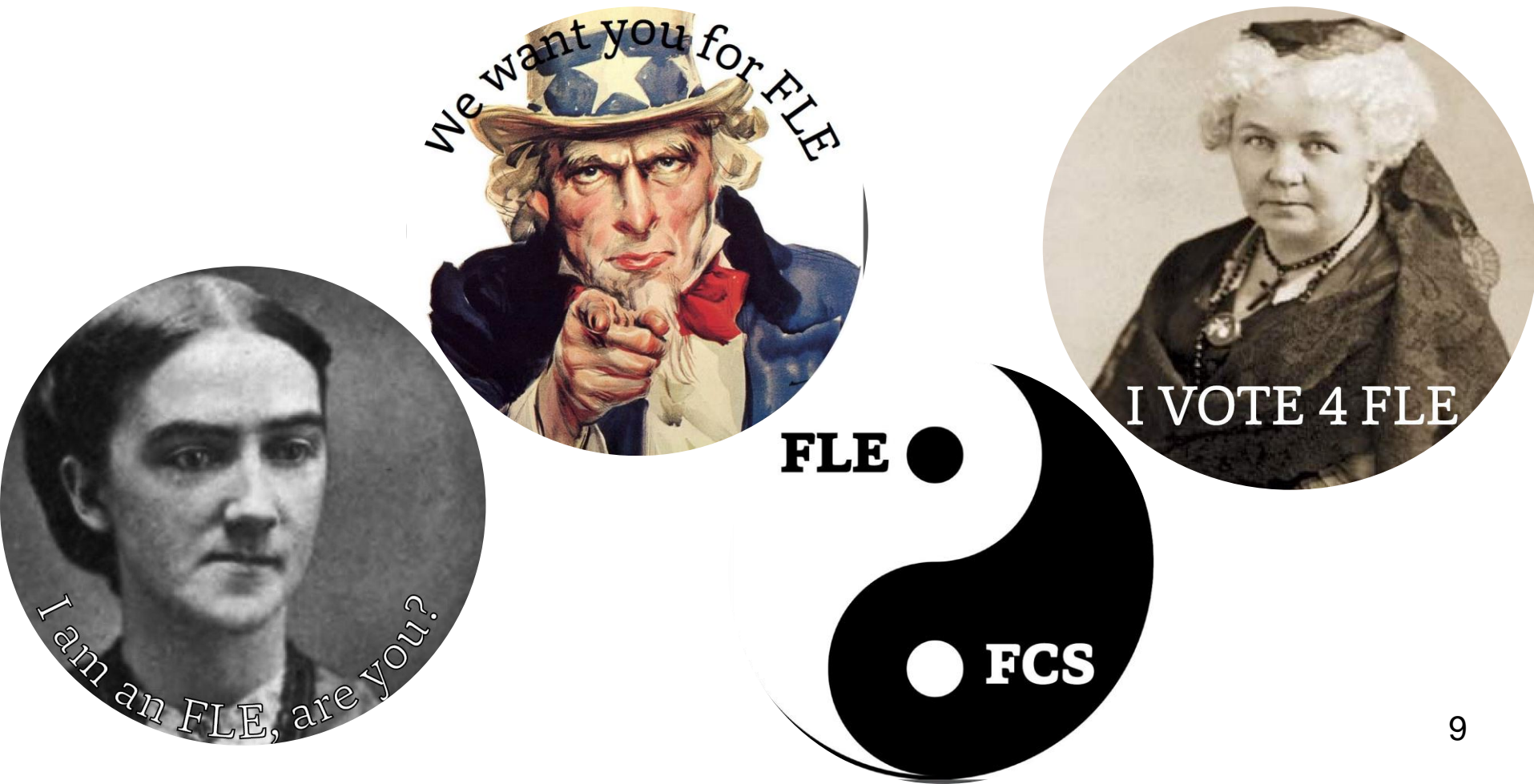
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Family Life Education



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You are a Family Life Educator





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The National Council on Family Relations is the premier professional association for the multidisciplinary understanding of families.

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Jobs For Family Life Educators

- Human Services
- Community Education
- Parenting Education
- Faith-based Settings
- Healthcare
- Family Law
- Premarital and marriage education
- Adoption support
- Caregiver support and long-term care programs
- Curriculum development
- Grant writing & public policy
- Colleges and universities
- Divorce mediation
- Extension!

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Business, Consumer & Family Resource Services

Employee Assistance
Corporate Childcare
Family Financial Counseling & Planning
Vocational Guidance
Consumer Protection
Family Resource Management
Food Assistance
Child and Family Poverty Research
Work Life Balance
Family Business Consultation
Academic Advising



Community-Based Social Services

Youth Development Programs
Adoption Agencies
Foster Care
Teen Pregnancy Prevention & Assistance
Family Preservation
Welfare Assistance
Vocational Rehabilitation & Job Training
4-H Youth Development
YMCA/YWCA
Scouting Programs
After-school Programs
Adult Day Care
Gerontology Programs



Education

Public Schools
Cooperative Extension
University & Colleges
Research
Family Life Education
Community Education
Parent Education
Family Peace & Justice Education
Children's Museum Education
Marriage & Family Enrichment & Education
High School Guidance Counseling
Program & Curriculum Development
College Student Life Programs.



Family Intervention

Individual & Family Therapy
Case Management
Crisis & Hotline Services
Court-Mandated Parent Education
Divorce Mediation
Abuse Protection Services
Sexual Violence Prevention
Drug & Alcohol Prevention
Residential Treatment Programs
Victim/Witness Support Services



Faith-Based Organizations

Clergy
Family Mentor
Parent Education
Youth Programs
Budgeting and Money Management
Marriage and Relationship Programs



Early Childhood Education

Childcare Centers
Head Start Programs
Preschools
Early Childhood Family Education

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Government & Public Policy

Family Policy Analysis
Advocacy/Lobbying
Military Family Support Services
Child & Family Services
Juvenile Justice
Family Court



Healthcare & Family Wellness

Public Health Programs & Services
Child Life
Nutrition, Wellness and Sexuality Education
Prenatal and Maternity Services
Disability Services
Long-Term Care Programs
Hospice
Funeral Services



International Education & Development

International Family Policy Analysis
Peace Corps and NGO Leadership
Global Family Planning Programs
Community & Sustainable Development
International Human Rights Advocacy
Immigration & Migrant Families Services



Research

Grant Proposal Writing
Academic and Government-Related Research
Population Studies & Demographic Research
Research for Community Non-Profit Agencies
Program Evaluation & Assessment



Writing & Communication

Curriculum & Resource Development
Public Service Radio and TV Programming
Newspaper & Magazine Journalism
Blogging & Social Media

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FLE 10 Content Areas

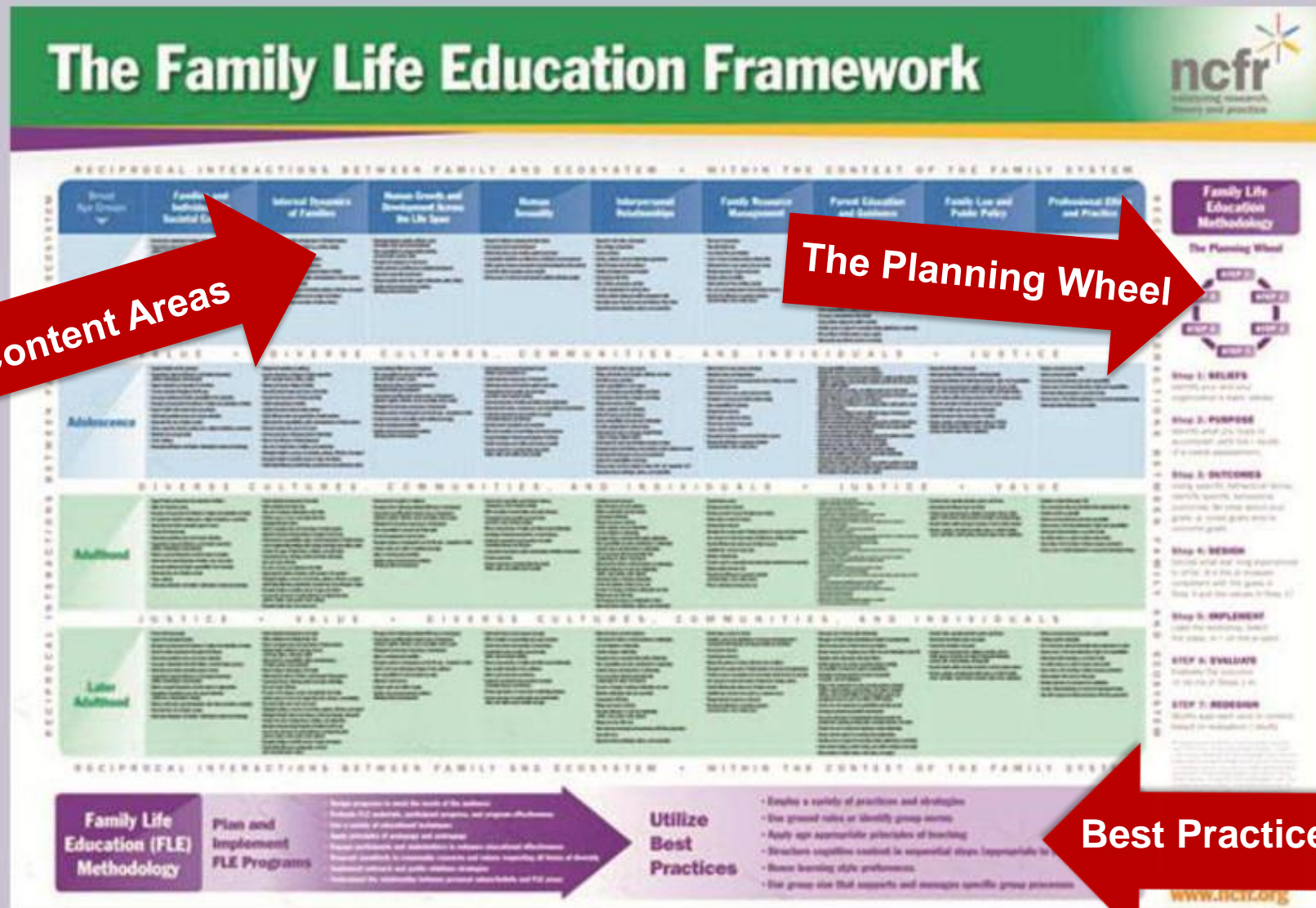
1. Families and Individuals in Societal Contexts
2. Internal Dynamics of Families
3. Human Growth and Development Across Lifespan
4. Human Sexuality
5. Interpersonal Relationships
6. Family Resource Management
7. Parent Education and Guidance
8. Family Law and Public Policy
9. Professional Ethics and Practice
- 10. Family Life Education Methodology*

Family Life Education

- Research based **content**
- Research based **methodology** of development, delivery and assessment



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Family Life Education (FLE) Methodology | The Planning Wheel

Clarke, J. I. (1984). *Who, Me Lead a Group?* Seattle, WA: Parenting Press, Inc.

Bredehoft, D.J., & Walcheski, M.J., Eds. (2011). *Family Life Education Framework Poster and PowerPoint—3rd Ed.* Minneapolis, MN: National Council on Family Relations.



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Family and Consumer Sciences
College of Education and Human Ecology
College of Food, Agricultural, and Environmental Sciences

Infographic created by: Chelsea Rye

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FCS

Plan and Implement FLE Programs

- ✓ ☐ Design programs to meet the needs of the audience
- ✓ ☐ Evaluate FLE materials, participant programs, and program effectiveness
- ✓ ☐ Use a variety of educational techniques
- ✓ ☐ Apply principles of pedagogy and andragogy
- ✓ ☐ Engage participants and stakeholders to enhance educational effectiveness
- ✓ ☐ Respond sensitively to community concerns and values respecting all forms of diversity
- ✓ ☐ Implement outreach and public relations strategies
- ✓ ☐ Understand the relationship between personal values/beliefs and FLE areas



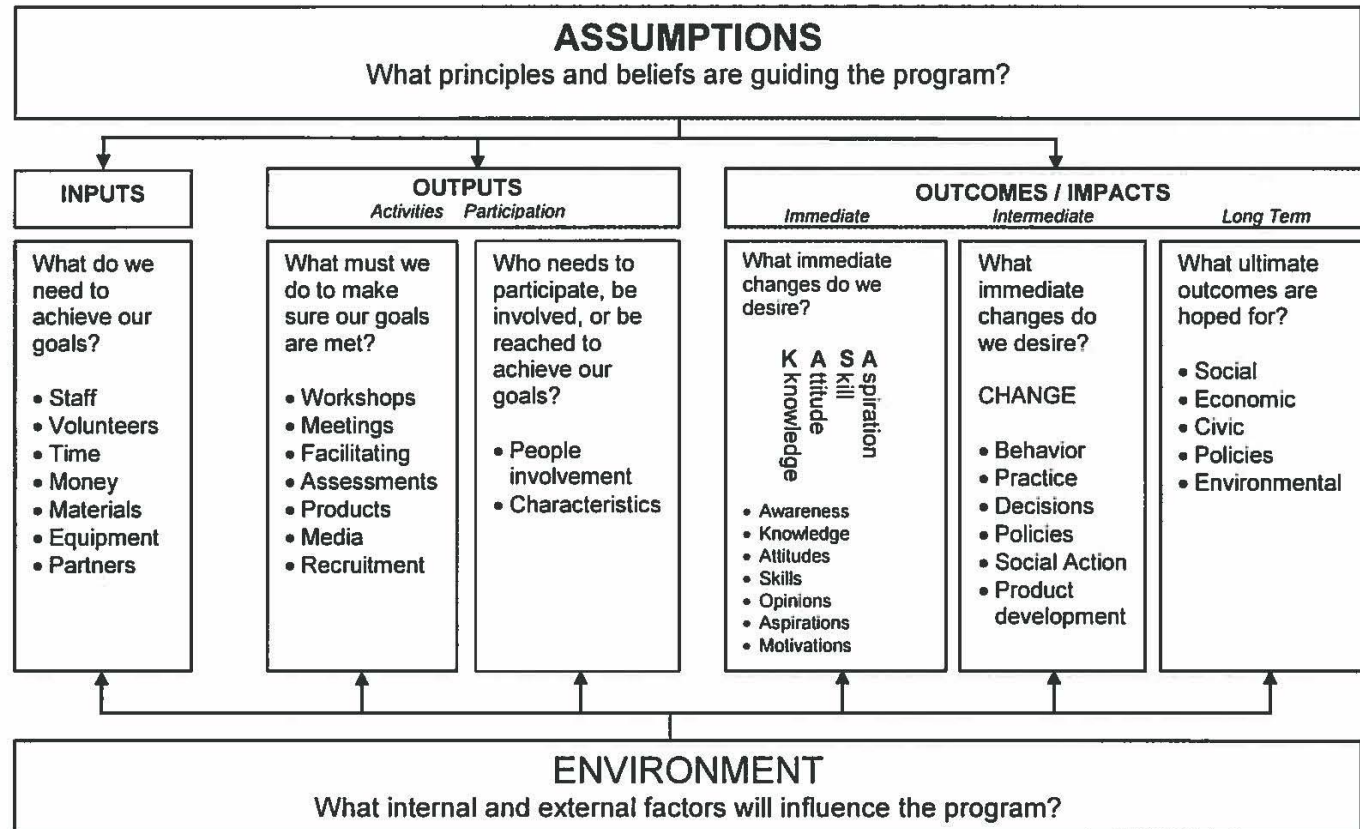
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Extension

Utilize Best Practices

- ✓ ☒ Employ a variety of practices and strategies
- ✓ ☒ Use ground rules or identify group norms
- ✓ ☒ Apply age appropriate principles of teaching
- ✓ ☒ Structure cognitive content in sequential steps
(appropriate to your audience)
- ✓ ☒ Honor leaning style preferences
- ✓ ☒ Use group size that supports and manages specific
group processes

Extension Program Logic Model



go.osu.edu/fcsfle

Resources: Taylor-Power, E. (2013). Extension Program Logic Model. UW EX-Cooperative Extension.



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COLLEGE OF FOOD, AGRICULTURAL, AND
ENVIRONMENTAL SCIENCES

COLLEGE OF EDUCATION AND
HUMAN ECOLOGY

FAMILY AND CONSUMER SCIENCES

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"When all you own is a hammer, every problem starts looking like a nail."
Abraham Maslow

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Compatible Tools

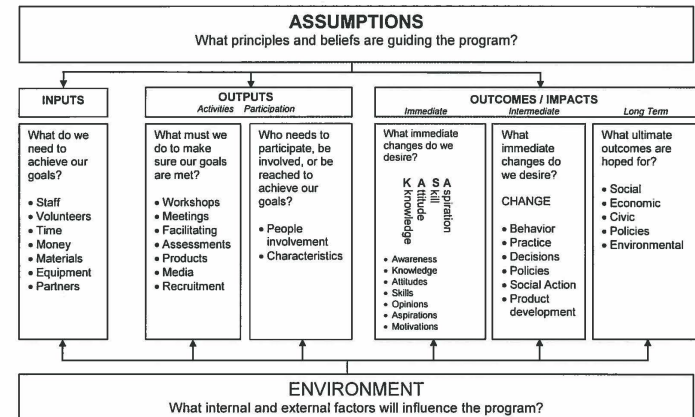
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Using the FLE Planning Wheel at OSU Extension



- *Real Money Real World* youth financial **county programming** in 4-H Youth Development, Family and Consumer Sciences and Agriculture and Natural Resources (ANR).



- *Aging Smart* **curriculum development**. A multifaceted program and partnership between county Extension FCS Educators and the Office of Gerontology and Geriatrics.



- *Breakfast on the Farm*, **on-farm tour event**. Partnership between Extension (4-H, FCS, ANR) and partners in neighboring rural and urban counties. Event and survey completed, publications and presentations forthcoming.

Teaching Families, Changing Lives



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Using the FLE Planning Wheel in Your Work

Current State



Future State

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What Would We Like You to Do?

- **Identify** yourself as an FLE
- **Use** planning wheel for all aspects of planning
- **Learn** more about FLE and tell others
- **Advocate** this as a valuable means to promote both FCS and FLE



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University of Wisconsin – Extension, Program Development and Development, Logic Model.
<http://www.uwex.edu/ces/pdande/evaluation/evallogicmodel.html>